

**FREE**

January 6-12, 2023

# Jersey Cape

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**MAGAZINE**

FULL TV LISTINGS • DINING GUIDE • NIGHTLIFE • HOROSCOPES • COUPONS • CROSSWORD PUZZLE & MORE!

EMAIL: TVJERSEYCAPE@COMCAST.NET

CHECK US OUT ON 



**FISHING & BOATING EXPO**  
**SAT & SUN**  
**IN WILDWOOD**  
**SEE PAGE 10**

**SINDI RAYMOND BAND**  
**SATURDAY AT**  
**THE WATERFRONT**  
**SEE PAGE 19**



HIGHEST QUALITY MEAT, GREAT HOAGIES & SO MUCH MORE AT GAISS' MARKET • SEE BACK COVER



ENJOY BREAKFAST & LUNCH DAILY AT MARGE'S DINER IN CLERMONT • SEE PAGE 16



**BAGEL PLATTERS**  **BAKED FRESH DAILY**

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 OPEN TUES-SUN • 6AM-2PM  
 GRILL CLOSES AT 1:30P  
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11AM-3PM (In the Pizzeria)

Dining Room

Open Daily 4-9pm

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**THURSDAY**  
CUSTOMER APPRECIATION  
4PM - CLOSE  
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# Anglesea Pub

SERVING LUNCH & DINNER INSIDE MON-FRI FROM

11:30AM • SAT-SUN FROM 11AM

TAKE OUT AVAILABLE

## THURS: FAMILY NIGHT

CHOICE OF CHICKEN PARM OR EGGPLANT PARM

2 FOR \$25 • 4 FOR \$35

## FRI & SAT: SEAFOOD SPECIALS

IRISH HAPPY HOUR • FRIDAYS @ 4:30PM

SUN: ROAST TURKEY DINNER WITH

ALL THE TRIMMINGS \$16

MON: PRIME RIB NIGHT • \$20

TUES: 50¢ BUFFALO WINGS

WED: MEATLOAF DINNER • \$14

EXCLUDES HOLIDAY WEEKENDS

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## CELEBRATING NEW YEAR'S EVE 2023 AT THE ANGLESEA PUB



# TV CHALLENGE



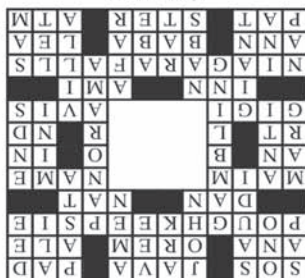
The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

## ACROSS

1. Brillo competitor
4. Indonesian island
8. Cushion
11. Santa \_\_, Calif.
12. City in Utah
13. Brewed beverage
14. City in New York
17. \_\_ Rather
18. Natalie Cole's dad
19. Injure
21. TV's " \_\_ That Tune"
24. Least-used article
25. Shoo-\_\_; likely winner
26. Initials for Liz's Todd
27. Bismarck's state: abbr.
28. 1958 Oscar-winning film
30. Rental car agency
32. Lodge
34. " \_\_ my brother's keeper?"
35. City in New York (2)
41. Curry, for one
42. Rum-soaked cake
43. Meadowland
44. Boone or Benatar
45. Suffix for gang or young
46. Source of quick cash, for short

5. Flood refuge
6. Singer Bobby
7. Sherman Hemsley sitcom
8. Ziti or penne
9. Muhammad \_\_
10. Shameful grade
15. Casino activity
16. Scenic view
19. \_\_ Helgenberger
20. "Nay" voter
22. Skimpy skirt
23. Finishes
29. "Jack and the Beanstalk" ogre
31. Country estate
33. Arrests
34. Off in the distance
35. Siesta
36. "Time \_\_ Bottle"; Jim Croce hit
37. Traitor
38. Presidential nickname
39. Allow
40. Houston, for one

Geneva  
Solution



## DOWN

1. Gullible fool
2. Beatle wife
3. Riyadh resident
4. Adams, Tyler or Kennedy

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DINING & LIBATIONS  
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## Become a Gilda's Club Member.

Gilda's Club South Jersey is a cancer support community where men, women, teens and children with cancer, and their families and friends, are always welcome free of charge.

To learn more, call 609-926-2699 or visit [www.gildasclubsouthjersey.org](http://www.gildasclubsouthjersey.org).



[www.gildasclubsouthjersey.org](http://www.gildasclubsouthjersey.org)

## WORD SEARCH

V A H M U C R A N S T O N W G  
 A L O W P S V E R M P Y E O R  
 R A I R J I D A V I S L W N I  
 E W Q L G E R P R E A R O C E  
 D R H K Z A S O G D N V R K F  
 E V E I A D N R N I L G L Y S  
 M L P N L K A I W C I K E F T  
 P C I J G B T T Z H V F A Q R  
 T G C Z L R V R L A P I N U I  
 I Q W H A P Z E X R T J S A C  
 O J U M Y B A D K L H I E O K  
 N T I G X H E G R I V M O I E  
 S E M P C M Y T T E U M U N N  
 P W F I U L B A H R G Y Z N S  
 C O M W H I T L O C K J R V L

### "Your Honor" on Showtime

(Words in parentheses not in puzzle)

Michael (Desiato)	(Bryan) Cranston	Grief-Stricken
Gina (Baxter)	(Hope) Davis	Redemption
Jimmy (Baxter)	(Michael) Stuhlbarg	Revenge
Charlie	(Isiah) Whitlock Jr	New Orleans
Elizabeth (Guthrie)	(Margo) Martindale	(Crime) Organizations

# HOROSCOPE

JANUARY 5 - JANUARY 11, 2023

### ARIES (Mar. 21-April 20)

Catch up on correspondence. It might be best not to spend your money on luxuries this week. Join a club to work off that excess energy, but consider ways of doing that without spending the money. This is not the best day to visit relatives who get on your nerves.

### TAURUS (Apr. 21-May 21)

You can dazzle members of the opposite sex with your quick wit and aggressive charm. Make changes regarding your status in society. You may be more emotional than usual. Any attractions toward clients will be one sided and must be put right out of your head.

### GEMINI (May 22-June 21)

You might have a problem juggling your time. Don't hesitate to come right out and ask for the pertinent information. Your ability to charm others will put you in the limelight at social functions. You hard work and dedication will payoff, so stick to your guns and do your job well.

### CANCER (June 22-July 22)

Don't let your anger consume you and don't allow important matters go unattended to. Your outgoing charm and obvious talent will be admired. Don't let relatives get the better of you. Business or pleasure trips will be knowledgeable as well as highly successful.

### LEO (July 23-Aug 22)

Don't let situations get out of control. You'll look guilty if you don't lay your cards on the table. You must deal with an emotional problem with your loved one that you have been avoiding for some time now. Acceptance is the key.

### VIRGO (Aug. 23-Sept. 23)

You can invest in profitable ventures. You may have personal problems, but professional duties might be pressing. Talk to an older, established individual about your present situation. Do your chores and get on with the things you enjoy doing.

### LIBRA (Sept. 24-Oct. 23)

If you keep busy you won't feel the personal pressures you are going through. Someone you like may be receptive and actively seeking your company. You must not let fellow workers take advantage of your fine talents. Do not be surprised if your partner doesn't understand your needs.

### SCORPIO (Oct. 24 - Nov. 22)

Social events held in your home will be successful and entertaining for all. Keep your ears open, especially to those who care about you. Your talent will be recognized. You need to keep the peace and you will have to bend in order to do so.

### SAGITTARIUS (Nov. 23-Dec. 21)

Don't overreact to someone's advances. Be ready to explain your actions. Your leadership qualities will come in handy. You can gain distinction; however, it may be for the wrong reasons.

### CAPRICORN (Dec 22 - Jan. 20)

It's doubtful anyone will try to stand in your way or cut you off at the pass this week. You will be subject to pushy individuals if you get involved in uncertain organizations. Implement your ideas into your projects at work. You may want to get involved in some kind of creative group.

### AQUARIUS (Jan. 21-Feb. 19)

Talk to employers in order to promote your career objectives. Look into events that you might find interesting, and compromise by doing a few things that you both like to do. Do things with your children and avoid situations that make you feel as if you've neglected the ones you love. Travel could be in order.

### PISCES (Feb. 20-Mar. 20)

You'll look guilty if you don't lay your cards on the table. Things may not be as they sound. Take care of any dealings with government agencies. Take advantage of moneymaking ventures.

Horoscopes Provided by: [astrology-online.com](http://astrology-online.com)

# Jake's Bar & Grill

**THURSDAY: WING NITE!!!**

• **\$2 DRAFTS** • **1/2 PRICE WINGS**

**FRIDAY: LASAGNA NITE**

**SATURDAY: PRIME RIB**

**SUNDAY: 1/2 PRICE PIZZA**

## Jake's Pizza

**Delivery 4pm - 10pm • Wednesday - Sunday**

**2 Large  
(14") Pizzas**

**\$19.99** w/coupon

Limit 1 coupon per order.  
Exp. 1/31/23

**Large Pizza  
& 8 Wings**

**\$19.99** w/coupon

Limit 1 coupon per order.  
Exp. 1/31/23

**Cheesesteak  
w/French Fries Platter**

**\$14.99** w/coupon

Limit 1 coupon per order.  
Exp. 1/31/23

**Cheeseburger  
w/French Fries Platter**

**\$14.99** w/coupon

Limit 1 coupon per order.  
Exp. 1/31/23

**Hot Roast Beef  
w/ Melted Provolone &  
French Fries Platter**

**\$14.99** w/coupon

Limit 1 coupon per order.  
Exp. 1/31/23

**Wing Dings  
w/French Fries Platter**

**\$14.95** w/coupon

Limit 1 coupon per order.  
Exp. 1/31/23

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**1075 Bayshore Rd., Villas**

# MULLIGANS

## SHORE BAR AND GRILL

RESTAURANT/BAR  
OPEN 7 DAYS FROM 11:30AM

INDOOR DINING & TAKE-OUT  
HAPPY HOUR  
MON - FRI • 3-5PM

SPECIALS DURING THE EAGLES GAMES

**FRIDAY**  
NAME THAT TUNE  
9PM

**SATURDAY**  
TONY BECK  
8-11PM

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One Bite & We Gotcha

**MR. D'S**  
Pizzeria • Steaks • Subs

OPEN 7 DAYS!  
OPEN FOR EAT-IN, TAKE-OUT & DELIVERY!

Delivery To All Wildwoods & Shawcrest  
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**MONDAY-FRIDAY 11AM-2PM**  
LUNCH SPECIALS STARTING AT \$5.99

**DAILY PIZZA SPECIALS**

<b>3 LARGE CHEESE PIZZAS</b> \$38 <sup>99</sup> +TAX	<b>2 LARGE CHEESE PIZZAS</b> \$26 <sup>99</sup> +TAX
<b>3 MEDIUM CHEESE PIZZAS</b> \$33 <sup>99</sup> +TAX	<b>2 MEDIUM CHEESE PIZZAS</b> \$23 <sup>99</sup> +TAX

Toppings Extra • Please Mention Specials when Ordering • Delivery Charge May Apply  
CHECK OUR FB FOR MORE SPECIALS

View Our Menu: [www.MrDsPizzeria.com](http://www.MrDsPizzeria.com)  
4611 New Jersey Ave • Wildwood  
(Between Durr & Andrews Aves. - Next to Revolution Liquors)  
**OPEN ALL YEAR | OPEN LATE**

# THIS WEEKS NFL SPREADS


FAVORITE	SPREAD	UNDERDOG
	<b>SATURDAY</b>	
Chiefs	7.5	RAIDERS
JAGUARS	6.5	Titans
	<b>SUNDAY</b>	
BENGALS	7.5	Ravens
FALCONS	4	Buccaneers
BILLS	7.5	Patriots
Vikings	5.5	BEARS
COLTS	2.5	Texans
DOLPHINS	1	Jets
SAINTS	3.5	Panthers
STEELERS	2.5	Browns
Chargers	3	BRONCOS
EAGLES	14	Giants
49ERS	14	Cardinals
SEAHAWKS	7	Rams
Cowboys	5.5	COMMANDERS
PACKERS	4.5	Lions

~HOME TEAM IN CAPS~

## OUR PICKS WEEK 18

LIONS	+4.5 OVER	PACKERS
SAINTS	-3.5 OVER	PANTHERS
TEXANS	+2.5 OVER	COLTS

THIS WEEK'S GUEST PROGNOSTICATOR:  
**DAVE FROM STEAKS, SHAKES, & CAKES**



49ERS	-14 OVER	CARDINALS
CHARGERS	-3 OVER	BRONCOS
CHIEFS	-7.5 OVER	RAIDERS

LAST WEEK'S GUEST  
CHRISTIAN FROM THE WATERFRONT  
2-1  
NFL 2022 SEASON  
RUNNING TOTAL  
GUESTS: 22-28-1  
US: 25-22-3



# PRODUCE PLACE & DELI

ACCEPTING ALL MAJOR CREDIT CARDS and FAMILY FIRST CARDS

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HOURS  
MON-SAT  
9AM-5PM  
SUN 9AM-4PM

OPEN YEAR ROUND • SALE PRICES GOOD NOW TIL TUES, JANUARY 10<sup>th</sup> @ 3PM

AMERICAN CHEESE  
**\$5.99** /LB  
PRE-SLICE \$4.99

NOW FEATURING  
RIBEYE CHOPPED  
STEAK  
**\$9.99** /LB

SPECIAL  
OVEN ROASTED  
HOMESTYLE TURKEY  
\$4.99/LB

NOW FEATURING  
CHICKEN STEAK  
**\$6.99** /LB

OUR OWN STORE COOKED  
HAM  
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DOMESTIC HAM.....\$3.99/lb  
LIVERWURST.....\$3.99/lb  
PEPPERED HAM.....\$3.99/lb  
HAM CAPICOLA.....\$3.99/lb  
MOZZARELLA CHEESE.....\$4.99/lb  
PROVOLONE CHEESE.....\$4.99/lb  
HONEY HAM.....\$5.99/lb

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GOURMET  
TURKEY  
\$5.99/LB**

GRAPE TOMATOES.....\$1.59/ea  
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PEELED CARROTS.....\$1.99/ea  
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GARLIC.....5pk/\$1.99

WE ARE OPEN 7 DAYS  
A WEEK FOR ALL YOUR  
RETAIL &  
WHOLESALE NEEDS

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POTATO CHIPS  
2 LARGE BAGS \$7.00

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ALL LARGE HOAGIE  
AND BREAD ORDERS.

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**Open Year 'Round Lunch & Dinner**

**Let Us Cater Your Holiday Party!**

**EVERYDAY LUNCH SPECIALS**  
Only **\$8.50** each • Served 11am-3pm  
*Served with Garlic Rolls*

- Pasta with Meatballs or Sausage
- Baked Ziti
- Chicken Fettuccine Alfredo
- Shrimp Scampi
- Eggplant Parmigiana over Pasta
- Chicken Parmigiana over Pasta
- Tortellini a la Carlo  
*Blush Sauce, Shrimp & Crab Meat*
- Crab Meat Marinara over Linguini
- Shrimp Marinara over Linguini
- & MORE!

**CHECK OUT OUR NEW LUNCH MENU ITEMS!**

**\$11.95** each  
*(Includes French Fries)*

- Buffalo Chicken Salad
- Wraps**
- Grilled Chicken w/Roasted Peppers & Mozzarella
- Chicken Caesar • Italian Combo
- Italian Sub w/French Fries **\$10.95**
- Cheeseburger Sub w/French Fries **\$10.95**

**NEW SOUPS!**  
• PASTA FAGIOLI  
• TORTELLINI • CHICKEN

**Pizza Special**  
2 LARGE PIES **\$25.99**  
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**WILDWOODS: Sat & Sun, Jan. 7 & 8**  
Fishing & Boating Expo

We've expanded to 40,000 square feet of exhibit space with over 90 booths, which means more boats, more tackle, more boating items, more of the things you want for the upcoming Fishing, Boating and Summer Season. Special Guest Local New Jersey Fishing Legend Nick Honachefsky will be hosting a seminar, be available to meet, ask questions and learn from one of the best. Expo hours are Saturday 9 a.m. - 5 p.m. & Sunday: 9 a.m. - 2 p.m. Adult admission is \$7, children 6-13 are \$3,

and children under 6 are free. Those under the age of 18 must be accompanied by a parent or legal guardian.

**CAPE MAY: ROLLER SKATING AT CONVENTION HALL**

Roller Skating has returned to the Cape May Convention Hall at 714 Beach Ave Fridays from 4 to 6 p.m. and 6:30 to 8:30 p.m. If Fridays don't work for you, don't fret, because you can also skate on Saturdays and Sunday from 1 to 3 and 4 to 6. Admission is just 5 BUCKS!! and skate and blade rentals are available.

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**PHILLY TEAMS ON TV THIS WEEK**

 **VS NEW YORK GIANTS**  
SUN, JAN 8  
4:25PM • CBS

 **VS CHICAGO BULLS**  
FRI, JAN 6  
7:00PM • NBCSP

**@ DETROIT PISTONS**  
SUN, JAN 8  
3:00PM • NBCSP

**VS DETROIT PISTONS**  
TUES, JAN 10  
7:00PM • NBCSP

 **VS ARIZONA COYOTES**  
THURS, JAN 5  
7:00PM • NBCSP

**VS TORONTO MAPLE LEAFS**  
SUN, JAN 8  
7:00PM • NBCSP

**@ BUFFALO SABRES**  
MON, JAN 9  
7:00PM • NBCSP

**VS WASHINGTON CAPITALS**  
WEDS, JAN 11  
7:00PM • NBCSP

# Owen's Pub

**MONDAY**

Cheese Steak  
\$2.95

**TUESDAY**

Chicken Parm \$6.95  
Eggplant Parm \$6.95

**WEDNESDAY**

Wings \$5 All Day  
Chicken Pot Pie \$10.95  
Meatloaf Dinner \$10.95

Served with Potato & Vegetable  
(Served from 2pm)

**THURSDAY**

Cheese Burger \$3.95

Prime Rib Sandwich \$7.99  
with Fries & Coleslaw

**SUNDAY**

(Served from 2pm)  
Turkey Dinner \$10.95

Pasta Sunday  
Sausage, Meatballs & Garlic Bread  
\$10.95

**FRIDAY**  
DJ Luper 8pm

**SATURDAY**  
NFL FOOTBALL  
Name That Tune 9pm

**SUNDAY**



Eagles/Giants 4:25

**MONDAY**  
NCAA FOOTBALL  
CHAMPIONSHIP

**WEDNESDAY**  
Quizzo • 8pm

Serving Breakfast Sunday 11am-3pm

15 DRINK MENU • Bloody Mary • Mimosa • Orange Crush • Grapefruit Crush

\$5 Appy Hour Menu • Every Day 3pm-6pm (At the bar.)

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## Annual Polar Bear Plunge to Benefit Special Olympics New Jersey Returns to the Wildwoods Saturday, January 14

Ready for a beach day in January? Dig out your bathing suit and join in the fun! Special Olympics New Jersey returns to the Wildwoods to kick off 2023 with an icy plunge into the Atlantic Ocean during the annual Polar Bear Plunge on Saturday, January 14 at 1 p.m. on the beach behind the Wildwoods Convention Center.

The Polar Bear Plunge in the Wildwoods is a FREE event for spectators to watch, but plungers pay donations in tiered levels. Early Bear plungers must raise a minimum of \$100 in pledges by December 31, 2022 to participate in the event. Late Bear plungers must raise \$110 in pledges by January 13, 2023. Early registration is available online by visiting [www.plungewildwood.org](http://www.plungewildwood.org). Additional registrations will be accepted on-site the day of the event for a minimum of pledge of \$125. Immediately following the plunge, participants and children under the age of 12 can enjoy a free lunch inside the warm Wildwoods Convention Center.

The Polar Bear Plunge in the Wildwoods is so much more than a chilling swim in the ocean. Special Olympics New Jersey provides year-round sports training, competitions, leadership opportunities, and health screenings to thousands of athletes. All these programs and services are always completely FREE thanks to fundraising events like the Polar Bear Plunge in the Wildwoods. The Polar Bear Plunge is a family-friendly event benefiting more than 26,000 athletes of Special Olympics New Jersey. There are incentives based on the total funds raised, and there will be special recognition for the top three people who raise the most money, as well as the top three highest fundraising teams.

Check-in will take place from 10 a.m. – 12:45 p.m. inside the Wildwoods Convention Center before the event. The plunge is at 1 p.m. with lunch immediately following.

The New Jersey Law Enforcement Torch Run, along with the New Jersey State Fraternal Order of Police, is sponsoring the Polar Bear Plunge in the Wildwoods and is comprised of Law Enforcement officers who volunteer and are dedicated to raising funds and awareness for Special Olympics New Jersey. Each year the Law Enforcement Torch Run hosts major fundraising events across the state, along with hundreds of local events, and raises in excess of \$4 million for the 26,000 athletes of Special Olympics New Jersey.

Year after year, the Polar Bear Plunge at the Wildwoods Convention Center continues to grow in popularity and is just one of the many FREE events to attend in the Wildwoods. Beat the winter blues by showing support for a worthy cause and come join in the excitement of the January Polar Bear Plunge.

For additional information regarding Special Olympics New Jersey, visit [www.sonj.org](http://www.sonj.org). For additional information regarding the Polar Bear Plunge at the Wildwoods Convention Center, call 609-896-8000 or visit [www.plungewildwood.org](http://www.plungewildwood.org). For additional information about the Wildwoods, visit [www.WildwoodsNJ.com](http://www.WildwoodsNJ.com) or call 800-992-9732.



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**CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE**  
**SAUTEED SKATE WINGS W/ WHITE WINE SAUCE**

**INGREDIENTS:**

- 2 Cleaned Skate Wings
- 1 Cup Flour
- 1/4 Cup + 1 Tsp Clarified Butter
- 1 Tbs Canola Oil
- 1 Tsp Minced Shallots
- 1 Tsp Fresh Chopped Garlic
- 1/2 Cup White Wine
- 1/2 Tsp Fresh Squeezed Lemon Juice
- 1 Tbs Cold, Unsalted Butter
- 1 Tbs Fresh Chopped Chives
- Kosher Salt & Fresh Cracked Black Pepper To Taste

**PREPARATION:**  
 In a saute pan, heat oil & 1/4 cup clarified butter over medium high heat. Season skate with salt & pepper. Dredge skate wings into flour. Place wings into preheated fat. Sear each side of wings golden brown until almost cooked through. Gently remove wings to a plate. Add 1 tsp clarified butter to saute pan over medium heat. Add in shallots & garlic; cook until translucent. Add in white wine, lemon juice, skate wings, salt, & pepper. Gently reduce the liquid down by half until wings finish cooking through. Remove pan from burner & plate wings with a spatula. Whisk cold whole butter & chives into saute pan. Pour over skate wings & serve. Enjoy!



## Historic Cold Spring Village News

Historic Cold Spring Village is pleased to welcome Sherry Sheldon as the new proprietor of the Cold Spring Grange Restaurant. Sherry has managed Cold Spring Brewery since November 2017. She has always embraced her passion for cooking, beginning at 9 years old when she learned the art of baking in her Swedish grandmother's kitchen. Her past food-related experiences include prep cook at The Golden Eagle Hotel, now known as the Grand Hotel of Cape May, and then a similar position at 410 Bank Street the year they opened. This was followed by a five-year career with her own business, "Catering by Sherry." In 2000, she ran the Cold Spring Village Bakery and was known for her monster cookies, onion rolls, orange Danish and homemade muffins. A five-year culinary position followed at the Merion Inn as the pastry chef. The "farm to table" concept will feature produce from the Village's 19th-century farm and local seafood, reflecting Cape May County's early economy, which was based on fishing and farming. The projected opening for the restaurant is late winter/early spring with initial takeaway offerings followed by table service when the museum begins its official season.

Cold Spring Grange Restaurant is located at Historic Cold Spring Village in the Cold Spring section of Lower Township. The Cape May County grange movement began its life in the late 1800s when Cold Spring Grange #132 was formed with a charter member of 32. Formally known as the Patrons of Husbandry, the Grange is America's oldest farm organization and the only rural fraternity in the

world. The c.1912 building, was constructed for an approximate cost of \$6,000.00. On the 10th anniversary of its dedication, the mortgage was said to have been burned at a special meeting. During the early 20th century, the Cold Spring Grange was the focus of many Township of Lower activities, serving as a school, voting site and meeting hall in addition to supporting projects and programs relating to the Grange Association.

The Village is located on Route 9, three miles north of Victorian Cape May and a mile and a half west of the southern terminus of the Garden State Parkway. Admission during the season is \$14 for adults and \$12 for children ages 3-12. Children under 3 are admitted free. Unlimited free admission is available with Village membership.

The Village Nature Trail at Bradner's Run is located on the south side of the museum is open to the public for free self-guided tours. Visit the Country Store, Village Bakery, Ice Cream Parlor, The Eatery, Cold Spring Brewery and Cold Spring Grange Restaurant. For more information on events, membership, volunteering, or booking private affairs, please call (609) 898-2300, ext. 10, or visit the Village website at [www.hcsv.org](http://www.hcsv.org)



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**Friday, Jan. 6**

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6PM • WHEN HARRY  
MET SALLY  
9PM • BLACK CHRISTMAS

**Saturday, Jan. 7**

1PM • SPACE JAM 2  
4PM • SPACE JAM 2  
7:30PM • WHEN HARRY  
MET SALLY  
10PM • WHEN HARRY  
MET SALLY

**Sunday, Jan. 8**

12PM • SPACE JAM 2  
4:30PM • FOOTBALL  
GAME \$20

**Monday, Jan. 9**

8PM • WHEN HARRY  
MET SALLY

**Tuesday, Jan. 10**

7PM • WHEN HARRY  
MET SALLY

**Wednesday, Jan. 11**

6PM • SPACE JAM  
9PM • WHEN HARRY  
MET SALLY

**Thursday, Jan. 12**

9PM • WHEN HARRY  
MET SALLY

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## FRIDAY EVENING

**JANUARY 6, 2023**

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	S.W.A.T. "Pariah"		Fire Country		Blue Bloods		News	Late Show-Colbert	
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	Shark Tank		20/20 (In Stereo)		News	Jimmy Kimmel Live!			
<b>10-NBC</b>	News	NBC	News	Holly	Lopez vs	Rock	Dateline NBC (In Stereo)		News	Tonight Show			
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10		Seinfeld	Two Men	Two Men
<b>23-PBS</b>	NJ Spotl	Newsline	One/One	NJ Spotl	River		Midsomer	Midsomer	Murders	Mike	NJ Spotl	One/One	World
<b>29-FOX</b>	The Six	Props	TMZ	You Bet	WWE Friday Night SmackDown			News	Year	News	Feed	Extra	
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Penn & Teller		Whose?	Whose?	News Philly		Law & Order: SVU		Neighbor
<b>A&amp;E</b>	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		First 48
<b>AMC</b>	(5:15) ** "Passengers" (2016) Premiere.				**** "Jaws" (1975) Roy Scheider, Robert Shaw.				**½ "Jaws 2" (1978)				
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		CNN Tonight		CNN Tonight		Anderson Cooper		CNN
<b>DISC</b>	Gold Rush "FUBAR"		Gold Rush: Pay Dirt		Gold Rush "Who's the Boss" (In Stereo) (DVS)				Gold Rush: F. Dodge		Gold	Gold	
<b>DISN</b>	Big City	***½ "Monsters, Inc." 'G'			Monsters	Monsters	Hamster	Hamster	Big City	Big City	Monsters	Monsters Jessie	
<b>ESPN</b>	SportsCenter		NBA	NBA Basketball Chicago Bulls at Philadelphia 76ers.				NBA Basketball Miami Heat at Phoenix Suns.					
<b>ESPN2</b>	Basket	Pardon	College Basketball				Women's College Gymnastics		SportsCenter (Live)		SportCtr		
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News
<b>FX</b>	(5:30) *** "Ted" (2012) Mark Wahlberg.				** "The Hangover Part II" (2011) Bradley Cooper.				** "The Hangover Part II" (2011)				
<b>HBO</b>	"The Man From U.N.C.L.E."		***½ "The Master" (2012) Joaquin Phoenix. 'R'				This Place Rules		Hard		"Ultra"		
<b>HIST</b>	Ancient Aliens		Ancient Aliens		Ancient Aliens		Ancient Aliens		Proof-There		Ancient Aliens		Aliens
<b>ION</b>	Hawaii Five-0		Hawaii Five-0		Hawaii Five-0		Hawaii Five-0		Hawaii Five-0		Hawaii Five-0		Hawaii
<b>LIFE</b>	Castle		Castle "Ghosts"		*** "Pretty Woman" (1990) Richard Gere, Julia Roberts.				"The Husband She Met Online"				
<b>MAX</b>	*** "Arbitrage" (2012) Richard Gere.				** "Old" (2021) Gael García Bernal.				*** "Thoroughbreds" (2017)		"The Assignment"		
<b>NBCSPA</b>	Birds	Birds	Sixers	NBA Basketball Chicago Bulls at Philadelphia 76ers.				Sixers Post.		Birds	Football	Basket	
<b>NICK</b>	Sponge.	Sponge.	"SpongeBob SquarePants"		Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	*** "Dirty Dancing" (1987) Jennifer Grey. (In Stereo)				***½ "Ghost" (1990) Patrick Swayze.				
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	***½ "Star Wars: The Force Awakens" (2015)				***½ "Star Wars: The Last Jedi"				
<b>TCM</b>	***½ "The Mortal Storm" (1940)				"Nancy Drew"		"Nancy Drew -- Reporter"		"Nancy Drew"		"Nancy Drew"		
<b>TNT</b>	"Star Wars: The"			*** "Doctor Strange" (2016) Benedict Cumberbatch.				All Elite Wrestling		All Elite Wrestling		"Pitch"	
<b>USA</b>	(5:55) 9-1-1		9-1-1 (DVS)		9-1-1 (DVS)		9-1-1 (DVS)		9-1-1 (DVS)		9-1-1 (DVS)		9-1-1



# SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

9	3		4					
2				9	8	5	4	
	4	7		8		9	3	
8	3	2		6				
	1						2	
			2		3	4	8	
1	8		6		7	3		
6	9	4	7					1
			9		4			2

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**Boston Celtics**

**By George Dickie**

**Questions:**

- 1) What distinction does the Boston Celtics have in NBA annals?
- 2) In what year did the Celtics begin play?
- 3) What player - and future TV Western star - delayed the franchise's first home game with a backboard-splintering slam dunk?
- 4) For what team did point guard Bob Cousy play prior to coming to the Celtics?
- 5) In 1956, the Celtics drafted center Bill Russell with a pick they acquired from the St. Louis Hawks. What two players did they trade for that pick?
- 6) In what year did the Celtics win their first NBA championship?
- 7) That same year, the Celtics began a record run of championships. How many did they consecutively win?
- 8) In what year did the Celts draft forward Larry Bird?
- 9) In 1993, the Celtics lost this star forward to a heart condition. Can you name him?
- 10) In what year did the Boston Garden close?

**Answers:**

- 1) Along with the Los Angeles Lakers, they have the most championships (17) in league history.
- 2) In 1946, as charter members of the Basketball Association of America, which later became the NBA.
- 3) Center Chuck Connors, future star of "The Rifleman", and forward Cliff Hagan.
- 4) The Chicago Stags, which was disbanded in 1950 in a league reorganization.
- 5) Center Ed Macauley and forward Cliff Hagan.
- 6) In 1958, when the Celts defeated the Hawks, four games to three.
- 7) Eight (1958-66).
- 8) Reggie Lewis, who collapsed and died from cardiac arrhythmia while shooting baskets at Brandeis University on July 27, 1993.
- 10) 1995.

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Pantry, Get \$10  
of FREE Stuff!**



STOP IN & SAY "HI" TO SGT. HAROLD



**NOW  
OPEN  
TUESDAYS!**

**DONATIONS  
TUES-FRI  
10AM-3PM  
SAT  
10AM-1PM**

**Home of American Veterans Post 82**

VETERANS JOIN POST 82 • A DRY POST • CALL CMDR BUD LUTNER (609) 536-0596 FOR INFO.  
MEETINGS 2<sup>ND</sup> TUESDAY EACH MONTH @ 6PM

At Veterans & Patriots Thrift Store (located at 3305 Bayshore Rd in N. Cape May, NJ), we have no payroll and no one gets a penny. After we pay our rent, electric, A/C, heat and other bills, 100% of the balance of money goes to those in need. We also help support other charities in Cape May County. If you know of someone in need, please call us at (609) 884-6701. Thank You and God Bless You! ~ Bud Lutner, CMDR, VPCMC

# Hidden Treasures Around the Jersey Cape A Guide to Shopping in the Area!

## VIM THRIFT

NEW LOCATION!

2

**7 N Wildwood Ave**  
Grapevine Plaza, CMCH  
609-465-3680

Visit our other VIM THRIFT location at:  
6825 Tilton Rd, EHT • 609-277-7075

Mon-Sat: 10am - 6pm  
Sun: 11am - 4pm

Stay Connected @vimthrift  
Volunteers in Medicine  
FREE CARE FOR THE UNINSURED

## JUNK & TREASURES 3&4 3 LOCATIONS!

OPEN ALL YEAR AT  
**602 WASHINGTON AVE**  
(CAPT SCRAPS)  
WOODBINE • (609) 861-3800  
LOOK FOR THE RED SHED

NOW @ COHO ANTIQUES  
RTE 9 & SWAINTON-GOSHEN RD  
SWAINTON

**4501 PACIFIC AVE**  
WILDWOOD • (609) 214-2253  
CLOSING JAN 1 - MID FEB

## MULTIPLE VENDORS 5 TO SHOP

Wed, Thurs, Fri & Sun 11a-4p  
Sat 11a-5pm  
Closed Mon & Tues

## CoHo ANTIQUES, LLC

609-972-9424  
Rte 9 & Swainton-Goshen Rd. • Swainton  
(Across from Avalon Golf Course)

## Cheap Charlie's THRIFT STORE (AND I MEAN CHEAP!)

6

ALL SNEAKERS,  
SHOES, & BOOTS  
(MEN, WOMEN & CHILDREN)

**1/2 PRICE**  
OPEN THURS-SUN

4724 Pacific Avenue • Wildwood  
609-523-1166

7 8

## ETCETERA SHOP

CAPE REGIONAL MEDICAL CENTER ACCESSORY  
THRIFT SHOPS

**NORTH CAPE MAY**  
MONDAY - SATURDAY 10A-4P  
CLOSED SUNDAY

**CAPE MAY COURT HOUSE**  
MONDAY - SATURDAY 10A-5P  
SUNDAY 11A-3P

North Cape May Big Lots Plaza 609.846.7643  
Cape May Court House Acme Plaza 609.465.5553

## TOYS ON WHEELS OPEN ALL YEAR ROUND

**9 BIG SALE ON  
HOT WHEELS • MATCHBOX**  
2022 HESS TRUCKS ARE HERE!  
PLUS OTHER YEARS ALSO IN STOCK

**DIE-CAST CARS  
1:18 SCALE & 1:24 SCALE  
CHILDREN'S PEDAL CARS**

ACROSS FROM AVALON CC  
RTE 9 & SWAINTON-GOSHEN RD  
SWAINTON • 609-703-2518

## ST. MARY'S Thrift Shop This N' That

10

WE SELL...  
Quality Furniture,  
Collectibles, Household Items,  
Electronics, Toys, Books & Clothing

EVERYDAY LOW PRICES  
Hours: Mon-Sat 10a-4p  
Donation Hours: Tues/Thurs 10-3

1304 Route 47 • Rio Grande  
609-886-7272

Credit Cards Accepted

## Habitat for Humanity ReStore

11

A HOME GOODS THRIFT SHOP



Mon-Sat | 10a-6p  
Closed Sunday  
Donations Hours 11a-4p

20 Court House South Dennis Rd  
Cape May Court House, NJ 08210  
609.465.1626 | www.habitatcapemay.org  
(Next to Big Lots)

## FULL OF PROMISE 12 THRIFT SHOP

Open Mon-Sat • 10a-4p  
Closed Sunday

New & Like New Items  
Come by and help support  
our mission to help  
homeless children  
in Cape May County...  
One family at a time.

Family Promise  
of Cape May County  
609-827-1983  
3156 Rte 9S, Unit 6 • Rio Grande



# THE SUN LOUNGE

ON 6TH

**NOW OFFERING SPRAY TAN**

(609) 523-6712  
 THE SUN LOUNGE ON 6TH @ GMAIL.COM

THE SUN LOUNGE ON 6TH.COM  
 602 NEW JERSEY AVE  
 NORTH WILDWOOD



Open 7 Days

# HAPPY NEW YEAR! THE HUB

Work & Leisure Clothing  
 2 Locations: Somers Point & Mays Landing  
 www.SomersPointHUB.com

**20% OFF**  
**ENTIRE STORE**  
 -excludes boots-

Somers Point • (609) 926-0688 / Mays Landing (609) 625-2266  
 With this coupon. Not valid with other offers or prior purchases. Offer expires 1/31/23


Target/PetSmart Shopping Plaza Rte. 9 • Somers Point, NJ 08244 (Next to West Marine) • (609) 926-0688

Mays Landing Diner Plaza Rte. 40 • Mays Landing, NJ 08330 (609) 625-2266

Cape May Airport

OPEN 7:30AM-2PM EVERY DAY 609.886.1105

**FLIGHT DECK DINER** Fly on in

**LUNCH SPECIAL**  
 1/2 SANDWICH & CUP OF SOUP \$6.99  
 Mon.-Fri. (excludes holidays)

295 Terminal Drive Rio Grande, NJ 08242 www.flightdeckdiner.com

**CLOSED FOR VACATION DEC 31 - JAN 13 REOPENING SAT JAN 14**



OPEN YEAR-ROUND

# Joey M's LA PIAZZA CUCINA

SERVING DINNER FROM 4PM

**LIVE ENTERTAINMENT**  
 FRIDAY, JANUARY 6

JUST IN TIME



SATURDAY, JANUARY 7



TOMMY C

**FRIDAY NIGHT ALL NIGHT \$27**  
 5 COURSES:  
 Soup, Salad, Appetizers, Entree & Dessert

---

**EARLY BIRD SPECIALS**  
 4 TO 5:30 DAILY

3813 Pacific Ave • Wildwood • (609) 522-8300  
 www.LaPiazzaCucina.net  
 Free Parking Available

# 龍樓 Dragon House

CHINESE RESTAURANT

**THE FINEST CHINESE DINING IN SOUTH JERSEY!**  
 OPEN YEAR-ROUND • BYOB

**OPEN DAILY FROM 11:30AM**  
 EAT-IN • TAKE-OUT • DELIVERY

**LUNCH SPECIALS SERVED DAILY**  
 11:30AM - 3:00PM

**OVER 20 ITEMS ALL \$8.50 (TAKEOUT)**  
**CALL AHEAD \$9.95 (DINE-IN)**  
 (WITH PORK FRIED RICE OR WHITE RICE)  
 CANNOT BE COMBINED WITH OTHER OFFERS.

For Reservations or Take Out  
**Call (609) 522-2320**  
 Delivery • \$10 Minimum

www.DRAGONHOUSECHINESE.COM  
 Corner of Pacific & Lincoln Avenues, Wildwood





**10% OFF YOUR TOTAL PURCHASE**  
**OVER \$10 WITH THIS COUPON**  
NOT TO BE COMBINED WITH OTHER OFFERS NOT VALID FOR LUNCH SPECIAL  
 Prices Subject to Change without Notice

# This Week's Weather

**THURSDAY,  
JANUARY 5**  **HIGH 57**  
**LOW 41**

**FRIDAY,  
JANUARY 6**  **HIGH 48**  
**LOW 36**

**SATURDAY,  
JANUARY 7**  **HIGH 45**  
**LOW 34**

**SUNDAY,  
JANUARY 8**  **HIGH 46**  
**LOW 34**

**MONDAY,  
JANUARY 9**  **HIGH 45**  
**LOW 30**

**TUESDAY,  
JANUARY 10**  **HIGH 45**  
**LOW 32**

**WEDNESDAY,  
JANUARY 11**  **HIGH 45**  
**LOW 34**

## A CLEAR PATH TO OVERCOMING BAD HABITS THAT SABOTAGE CAREER, LOVE AND HEALTHY

If you want to gain greater control over the things you do in your life, an illuminating place to begin is in understanding how your personal brain chemistry shapes those dynamics. Your brain is constantly seeking comfort. Whether it's recovering from a stressful event that gets your adrenaline pumping or the slow drip-drip of low-lying stress, how you handle yourself boils down to how you're hardwired, by what's embedded in your inherited neurochemistry.

In *VERRIDE: Discover Your Brain Type, Why You Do What You Do, and How to Do It Better* (Citadel Press), co-authors Clinical Psychologist Dr. Connell Cowan and Physician of Internal Medicine Dr. David Kipper note that while we are biologically and psychologically predisposed to perform these comfort-seeking behaviors, we can override them if we so choose. We can decline to perform our most self-sabotaging behaviors and even reduce — if not eliminate entirely — the desire and temptation to perform them in the first place.

Understanding your brain's chemical tendencies, the authors say, explains how you set your stress relief in motion, and by understanding your tendencies, you'll be able to make healthy life decisions for the better.

In exhilarating, illuminating, and frequently funny style, you'll go from identifying your personal neurotype -- through an easy and accurate test -- to understanding your vulnerabilities, and break out of self-defeating patterns to make meaningful change with a science-based approach.

Your neurochemistry puts you into one of two tribes: Swords are coded to be particularly sensitive to stimulation, novelty, reward, and external expression, while the Shields of the world are coded to be more cautious, sensitive to avoiding harm and danger, and internalizing emotions. The coping styles we revert to under stress have evolved to help us survive, but they are also the root cause of our most destructive and stubborn behaviors.



David Kipper MD



Connell Cowan PhD

*VERRIDE* details a path to change that can start immediately and last a lifetime. Complete with easy-to-use strategies and exercises, here are engaging micro and macro insights into iconic human problems, backed up by the latest scientific research into why we are the way we are.

The authors come with topnotch credentials. Cowan co-wrote *Smart Women/Foolish Choices*, a runaway bestseller that spawned an entire genre of books dealing with male/female dilemmas. The book spent nearly a year on the New York Times bestseller list, sold millions of copies, has been published in 23 different languages, and was made into a hit musical. His second book, *Women Men Love/Women Men Leave*, also became a NYT bestseller.

Kipper has practiced internal medicine for over three decades. He has appeared as an expert commentator on all major networks, has produced numerous programs on health and health care, appeared on the Today Show, and contributes to the Huffington Post. Dr. Kipper is currently a co-host for ABC radio's *The Medical Show*, a weekly national call-in show addressing all areas of medicine.

Combining groundbreaking research with inspiring and revelatory real-life stories of struggle and transformation, *VERRIDE* will reveal the blueprint of your DNA and give you a practical, easy-to-grasp, yet revolutionary framework for achieving the life you really want. It is most definitely worth your time.

Purchase at <https://amzn.to/3QGNK4G>.



SATURDAY AFTERNOON													JANUARY 7, 2023			
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30			
<b>3-CBS</b>	Hope-	College Basketball Vanderbilt at Missouri.			College Basketball				College Basketball							
<b>6-ABC</b>	oh baby!	Hearts of	Vets-Pets	Dog Challenge	NFL City Life		NFL Countdown		Kickoff	NFL Football Teams TBA.						
<b>10-NBC</b>	One	Paid Prg.	DraftK	High School Football All-American Bowl. (In Stereo Live)					PGA Golf							
<b>17-MNT</b>	BCSBN	College Basketball				BCSBN	College Basketball Livingstone at Virginia State. (Live)					Sheldon				
<b>23-PBS</b>	You, Happier With			Suze Orman's Ultimate Retirement Guide			Table	Moveable	Lucky Ch	Christina	NJ Busin	State-Aff				
<b>29-FOX</b>	Tip-Off	College Basketball			Hoops	College Basketball				Women's College Basketball						
<b>57-CW</b>	DraftK	Weather Gone Viral		Heroes	Women's College Basketball			Sports	College Basketball							
<b>A&amp;E</b>	Zombie	Triple Digit Flip		The First 48		** "White House Down" (2013) Channing Tatum. (In Stereo)					"Hacksaw Ridge"					
<b>AMC</b>	(9:45) ***	"Scarface" (1983) Al Pacino.			**½ "The Departed" (2006) Leonardo DiCaprio, Matt Damon.				*** "Point Break"							
<b>CNN</b>	News	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom				
<b>DISC</b>	Distiller	Naked and Afraid		Naked and Afraid		Naked and Afraid "Stomping Grounds"			Naked and Afraid		Naked and Afraid					
<b>DISN</b>	Big City	Ladybug	Ladybug	Ladybug	Hamster	Hamster	Big City	Big City	Big City	Big City	Big City	Ladybug	Ladybug			
<b>ESPN</b>	SportCtr	SportsCenter		College Basketball Kentucky at Alabama.			Monday Night		Kickoff	NFL Football						
<b>ESPN2</b>	College Basketball			College Basketball Wisconsin at Illinois.				ESPN Films				Films				
<b>FNEWS</b>	Cavuto	Fox News Live		Fox News Live		Fox News Live		Journal Editorial Rpt.	Fox News Live		Saturday Show					
<b>FX</b>	(11:00) ** "The Game Plan" (2007)			*** "The Blind Side" (2009) Sandra Bullock. (In Stereo)				*** "Iron Man" (2008)								
<b>HBO</b>	(10:30) ** "Divergent" (2014)		**½ "The Divergent Series: Insurgent"			½ "The Divergent Series: Allegiant"			Hard	"Amster"						
<b>HIST</b>	Swamp	History's-Mysteries		History's-Mysteries		History's-Mysteries		History's-Mysteries		History's Greatest Mysteries						
<b>ION</b>	Law-SVU	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU				
<b>LIFE</b>	(11:00) "Tempting Fate" (2019)		"Beaches" (2017) Idina Menzel.			**½ "27 Dresses" (2008)			"Devil-Prada"							
<b>MAX</b>	"Finding Forrester"		** "The Other Woman" (2014) (In Stereo)			** "Dutch" (1991) Ed O'Neill.		** "Anna" (2019) Sasha Luss. (In Stereo)								
<b>NBCSPA</b>	Outages	Women's College Basketball			College Basketball				NBA Basketball: Bulls at 76ers							
<b>NICK</b>	Sponge.	Sponge.	Sponge.	"SpongeBob SquarePants"		** "Ice Age: Collision Course" (2016)			"The Croods: A New Age"							
<b>PARMT</b>	NCIS	NCIS (DVS)		"Indiana Jones and the Kingdom of the Crystal Skull"				**** "Raiders of the Lost Ark" (1981) (In Stereo)								
<b>TBS</b>	Friends	**½ "Terminator: Dark Fate" (2019) (DVS)			**½ "Greenland" (2020, Action) Gerard Butler.			"Ready Player One"								
<b>TCM</b>	"Thrill	"There's No Business"			**½ "The Westerner" (1940)				*** "Captain Horatio Hornblower" (1951)							
<b>TNT</b>	NCIS: LA	NCIS: New Orleans		*** "Knocked Up" (2007) Seth Rogen.			**½ "Crazy Rich Asians" (2018) Constance Wu.			"Pitch"						
<b>USA</b>	Chicago	College Basketball Davidson at VCU.			College Basketball				Chicago P.D.		Chicago P.D.					

SATURDAY EVENING													JANUARY 7, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00			
<b>3-CBS</b>	News	News	1923	Inside Ed.	CSI: Vegas		CSI: Vegas		48 Hours		News	Game	Magnum			
<b>6-ABC</b>	(4:30) NFL Football Teams TBA.			NFL	NFL Football Teams TBA. (In Stereo Live)					News	News	Jeopardy!				
<b>10-NBC</b>	News	NBC	Paid Prg.	1st Look	Password		Password		Saturday Night Live		News	Saturday Night Live				
<b>17-MNT</b>	Big Bang	Big Bang	Big Bang	Big Bang	DraftKings Casino		Chicago P.D.		Action News at 10		Philler	Delco	Mom			
<b>23-PBS</b>	2022 Rev	Chat Box	Sound	The Arts	Old	House	The Goes	McLeod	La Otra Mirada (In Stereo)		Annika					
<b>29-FOX</b>	Basket	News	TMZ (In Stereo)	Hell's Kitchen		Special Forces		News	Year	Hell's Kitchen		Feed				
<b>57-CW</b>	iCRIME	iCRIME	FamFeud	FamFeud	Criss Angel		Animals	Animals	News Philly		WOW - Women		Neighbor			
<b>A&amp;E</b>	(5:00) ***½ "Hacksaw Ridge" (2016)			*** "Deepwater Horizon" (2016) Mark Wahlberg.				Road	Road	Road	"Deep"					
<b>AMC</b>	(5:15) *** "Point Break" (1991)			*** "John Wick" (2014) Keanu Reeves.				** "U.S. Marshals" (1998) Tommy Lee Jones.								
<b>CNN</b>	CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Special Report			CNN Special Report						
<b>DISC</b>	Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid		Afraid			
<b>DISN</b>	***½ "The Incredibles" (2004) 'PG'				The	The	Big City	Big City	Hamster	Hamster	The	The	Ladybug			
<b>ESPN</b>	(4:30) NFL Football			C'ntdown	NFL Football		Postgame				SportsCenter					
<b>ESPN2</b>	(5:30) ESPN Films			ESPN Films			ESPN Films				ESPN Films	E60				
<b>FNEWS</b>	Fox Report		Gutfeld!	One Nation		Dan Bongino		Lawrence Jones		One Nation		Unfiltered				
<b>FX</b>	(4:30) *** "Iron Man" (2008)			**½ "Iron Man 2" (2010) Robert Downey Jr.				*** "Iron Man 3" (2013) Robert Downey Jr.								
<b>HBO</b>	(5:45) ** "Amsterdam" (2022) 'R'			*** "The Menu" (2022) Ralph Fiennes.				***½ "The Banshees of Inisherin" 'R'			"Belfast"					
<b>HIST</b>	History's Greatest Mysteries				History's Greatest Mysteries				History's Greatest Mysteries				Mysteries			
<b>ION</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU			
<b>LIFE</b>	(5:00) *** "The Devil Wears Prada"					** "Reba McEntire's The Hammer" (2023)			"Dirty Little Secret" (2022, Drama)				"Ham"			
<b>MAX</b>	*** "The Omen" (1976) Gregory Peck.				** "Conan the Barbarian" (2011)			½ "The Whole Ten Yards"			*** "Kick-Ass"					
<b>NBCSPA</b>	Birds	S. Joyner	Football	Greatest	Men's College Wrestling				Football	College Basketball						
<b>NICK</b>	"Croods: New"		"SpongeBob Movie"			Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends			
<b>PARMT</b>	*** "Indiana Jones and the Temple of Doom"				***½ "Indiana Jones and the Last Crusade" (1989)				"Indiana Jones"							
<b>TBS</b>	(5:00) *** "Ready Player One" (2018)			**½ "Jurassic World" (2015) Chris Pratt.				*** "Dawn of the Planet of the Apes"								
<b>TCM</b>	"Captain"	"Bad Day at Black Rock" (1955)			**** "Pygmalion" (1938) Leslie Howard.			**** "I Know Where I'm Going!" (1945)		"DontKn"						
<b>TNT</b>	(5:30) *** "Pitch Perfect"			**½ "Pitch Perfect 2" (2015) Anna Kendrick.				*** "A Simple Favor" (2018) Anna Kendrick.								
<b>USA</b>	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		AMA Supercross							

SUNDAY AFTERNOON												JANUARY 8, 2023			
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30		
<b>3-CBS</b>	CBS3	The NFL Today		NFL Football Teams TBA. (In Stereo Live)				NFL Football Teams TBA.							
<b>6-ABC</b>	Inside	Action News		Playoff	Playoff	College Football: FCS Division I Championship					Action News 5PM				
<b>10-NBC</b>	Issue	Paid Prg.	DraftK	Theft	TBA	AMA Supercr.			PGA Golf						
<b>17-MNT</b>	In Touch	Paid Prg.	Paid Prg.	In Focus	This	RVing	Raw Trav.	black-ish	black-ish	black-ish	black-ish	Philler	Sheldon		
<b>23-PBS</b>	Think Tk	State-Aff	Class	Lidia	Milk	Cook	Darley	Dr. Fuhrman's Food as Medicine				Driving While			
<b>29-FOX</b>	Kickoff	FOX NFL Sunday		NFL Football Teams TBA. (In Stereo Live)				NFL Football Teams TBA.							
<b>57-CW</b>	DraftK	SOS: How to Survive		Storm of Suspicion		The First 48		Paid Prg.	Paid Prg.	Major Crimes		SEAL Team			
<b>A&amp;E</b>	Zombie	Zombie Flip		Accused: Guilty		Accused: Guilty		Accused: Guilty		The First 48		The First 48			
<b>AMC</b>	(10:00)	** "U.S. Marshals"		*** "John Wick" (2014) Keanu Reeves.				*** "John Wick: Chapter 2" (2017) Keanu Reeves. Premiere.							
<b>CNN</b>	News	State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom			
<b>DISC</b>	Gold	Sewer Divers		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs		Dirty Jobs (In Stereo)			
<b>DISN</b>	Big City	Ladybug	Ladybug	Ladybug	Ladybug	Villains	Villains	Bunk'd	Bunk'd	Bunk'd	Big City	Big City	Big City		
<b>ESPN</b>	(10:00)	Sunday NFL Countdown		College Basketball Ohio State at Maryland.				College Basketball Houston at Cincinnati.				ESPN Films			
<b>ESPN2</b>	(10:00)	Fantasy Football Now		Women's College Basketball Teams TBA.				Women's College Basketball				College Basketball			
<b>FNEWS</b>	Medi	Fox News Live		Fox News Live		FOX News Sunday		Maria Bartiromo		Fox News Live		Sunday Show			
<b>FX</b>	** "Night School"		** "Fantastic Four: Rise of the Silver Surfer"				**½ "Iron Man 2" (2010) Robert Downey Jr.				*** "Iron Man 3"				
<b>HBO</b>	*** "Elvis" (2022) Austin Butler. 'PG-13'				* "I Love You, Beth Cooper" (2009)				Bowie: The Last		"Diver				
<b>HIST</b>	Machines	Secret Restoration		Secret Restoration		Secret Restoration		Pawn Stars		Pawn Stars		Pawn Stars			
<b>ION</b>	NCIS	NCIS "Watchdog"		NCIS (DVS)		NCIS "Gut Punch"		NCIS "Sangre"		NCIS "Misconduct"		NCIS (DVS)			
<b>LIFE</b>	"Wendy"	Surviving R. Kelly		Surviving R. Kelly		Surviving R. Kelly		Surviving R. Kelly		"Suitcase Killer: McGuire"					
<b>MAX</b>	(11:09)	**½ "Spare Parts"		** "Make Your Move" (2013) (In Stereo)				** "The Purge: Anarchy"		"Extraction" (2015) Kellan Lutz.					
<b>NBCSPA</b>	Birds	Eagles Pregame Live		Oxygen	Theft	Poker	Sixers	NBA Basketball Philadelphia 76ers at Detroit Pistons.				Sixers			
<b>NICK</b>	Sponge.	"SpongeBob SquarePants"		** "Ice Age: Collision Course" (2016)				*** "The Croods: A New Age" (2020) (In Stereo)							
<b>PARMT</b>	NCIS	NCIS (DVS)		NCIS (DVS)		**** "Raiders of the Lost Ark" (1981) (In Stereo)				"Indiana Jones & the Temple"					
<b>TBS</b>	Friends	Friends	Friends	Friends	*** "Ready Player One" (2018) Tye Sheridan. (DVS)				**½ "Jurassic World" (2015)						
<b>TCM</b>	**** "A Star Is Born" (1937)				**** "I Remember Mama" (1948) Irene Dunne.				*** "Abe Lincoln in Illinois" (1940)						
<b>TNT</b>	NCIS: LA	**½ "Ocean's 8" (2018) Sandra Bullock.				*** "Casino Royale" (2006) Daniel Craig. Premiere.				"Quantum-Sol."					
<b>USA</b>	Law-SVU	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			

SUNDAY EVENING												JANUARY 8, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00		
<b>3-CBS</b>	(4:25)	NFL Football Teams TBA.		60 Minutes		East New York		NCIS: Los Angeles		East New York		News	Sports		
<b>6-ABC</b>	News	ABC	Funny Home Videos		**** "Beauty and the Beast" (1991) (In Stereo)				Conners	News	Sports	FYI Philly			
<b>10-NBC</b>	News	NBC	Football Night		NFL Football Teams TBA. (In Stereo Live)				News		Eagles				
<b>17-MNT</b>	Two Men	Two Men	Gold	Gold	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action News at 10		Seinfeld	Seinfeld	Outdoors		
<b>23-PBS</b>	Driving While Black: Race, Space				Quincy Jones: A Musical				Doo Wop, Pop and Soul Generations (My Music)		The Goes				
<b>29-FOX</b>	(4:25)	NFL Football Teams TBA.		The OT	Alert: Missing		Burgers	Fam. Guy	The 10 News		News	Extra			
<b>57-CW</b>	Magnum P.I.		FamFeud	FamFeud	Animals	Animals	Whose?	Whose?	News Philly		WOW - Women		King		
<b>A&amp;E</b>	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		First 48		
<b>AMC</b>	***½ "John Wick: Chapter 3 -- Parabellum" (2019) Premiere.				Mayfair Witches		Mayfair Witches		"John Wick 2"						
<b>CNN</b>	CNN Newsroom		Who's Talking		CNN Newsroom		Giuliani: What		Giuliani: What		The 2000s		Giuliani		
<b>DISC</b>	Dirty Jobs (In Stereo)		Dirty Jobs		Dirty Jobs		Sewer Divers		Dirty Jobs		Dirty Jobs		Dirty Jobs		
<b>DISN</b>	Big City	Big City	*** "Lilo & Stitch" (2002)			Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Big City	Big City	Big City		
<b>ESPN</b>	(5:00)	ESPN Films		SportsCenter		Championship Drive (Live)		Playoff	Playoff	SportsCenter		SportsC.			
<b>ESPN2</b>	College Basketball		Women's College Basketball				Professional Fighters League World Championship 2022.		Spikeball						
<b>FNEWS</b>	Fox Report		Sunday Night		Life, Liberty & Levin		The Next Revolution		Midterms		Life, Liberty & Levin		Revolu		
<b>FX</b>	(5:00)	*** "Iron Man 3" (2013) (In Stereo)			*** "Guardians of the Galaxy" (2014) Chris Pratt.				*** "Guardians of the Galaxy" (2014)						
<b>HBO</b>	(5:40)	** "Divergent" (2014) 'PG-13'			*** "The Menu" (2022) Ralph Fiennes.				***½ "Dune" (2021) Timothée Chalamet. 'PG-13'						
<b>HIST</b>	Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn		
<b>ION</b>	NCIS "Blown Away"		NCIS "Rule 91"		NCIS (DVS)		NCIS (DVS)		NCIS (DVS)		NCIS (DVS)		NCIS		
<b>LIFE</b>	"House of Chains" (2022) Mena Suvari.				"My Sister's Serial Killer Boyfriend" (2023)				"Reba McEntire's The Hammer" (2023)				"Serial"		
<b>MAX</b>	**½ "Alpha Dog" (2006) Bruce Willis.				***½ "No Country for Old Men" (2007)				**½ "The Mule" (2018) Clint Eastwood.				"Fire		
<b>NBCSPA</b>	Sixers	Pregame	NHL Hockey: Maple Leafs at Flyers				Flyers Postgame		Eagles Postgame Live		Basket				
<b>NICK</b>	"SpongeBob Movie"				**½ "The Addams Family" (2019)				Friends	Friends	Friends	Friends	Friends		
<b>PARMT</b>	"Indiana Jones"		***½ "Indiana Jones and the Last Crusade" (1989)						Your Honor		***½ "A Star Is Born"				
<b>TBS</b>	"Jurassic World"		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	** "The Meg" (2018) Jason Statham.				"Kong"		
<b>TCM</b>	*** "Sunday in New York" (1963)				*** "Elvis: That's the Way It Is" (1970)				*** "Elvis on Tour" (1972) Elvis Presley.				"Pan		
<b>TNT</b>	(5:15)	"Quantum of Solace"		***½ "Knives Out" (2019) Daniel Craig. Premiere.				**½ "Ocean's 8" (2018) Sandra Bullock.							
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU		

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### Top 8 Car Care Tips

Whether your car is new or older, you can keep it in exceptional shape by giving it the treatment it deserves. Here are some car care tips to get you started:

**1. Clean your vehicle regularly.** Schedule routine wash and wax treatments once every six months to preserve the paint job, or do it yourself. You want to keep your car's appearance in tip-top shape, so it won't affect the value when it's time to sell.

**2. Get routine maintenance.** All vehicles come with a suggested routine maintenance schedule based on the miles driven, usually every 5,000 miles or six months. You can find it in the manual or request it from the dealership.

**3. Don't skip major services.** When it's time for a tune-up, you will likely need to swap out older parts for new ones, such as spark plugs, oil filters, fuel filters, PCV valves, belts and hoses.

**4. Check fluid levels often.** Select a day each month to check your fluid levels and note it in your calendar. It will only take a few minutes of your time, and you can make a handy checklist so you will know what to do when the time comes. Include engine oil, coolant, power steering fluid and windshield washer fluid. You should also check the brake fluid and transmission fluid at least twice a year.

**5. Pay attention to your tire tread.** Low tread on your tires puts you at risk of losing control of your vehicle, particularly when you're driving in the rain, sleet or snow. You can buy a tread depth gauge or use a penny. Insert the penny upside down into the tread with Abraham Lincoln's face looking outward. You probably need new tires if Lincoln's head is fully visible, but you should take the car to a tire dealer to confirm.

**6. Keep your tires inflated.** If you have a newer vehicle, you will likely get an alert on the dashboard when your tire pressure is low. But if this feature isn't available in your car, purchase a tire-pressure gauge so you can monitor your tires' air levels. Refer to the sticker directly inside the pillar of the driver door to confirm the proper inflation levels for your car.

**7. Don't ignore leaks, sounds or smells.** Is there fluid on the ground from your car? Does it make weird noises when you crank it up, accelerate to a certain speed, turn a corner, back up or sit at a traffic light? Are there strange smells coming from your vehicle that you don't recognize? These are all signs that shouldn't be ignored as they indicate that your car could need repairs.

**8. Pay attention to alerts.** Whether it is the dreaded check engine light that pops up or some other icon you have never seen, don't ignore it. Instead, take your car in to be checked out since it's trying to communicate that something isn't quite right.

The bottom line: Depending on the make and model of your vehicle, the cost of maintaining it could put a slight dent in your wallet. However, being proactive and performing preventative maintenance could save you a fortune and extend the life of your car.

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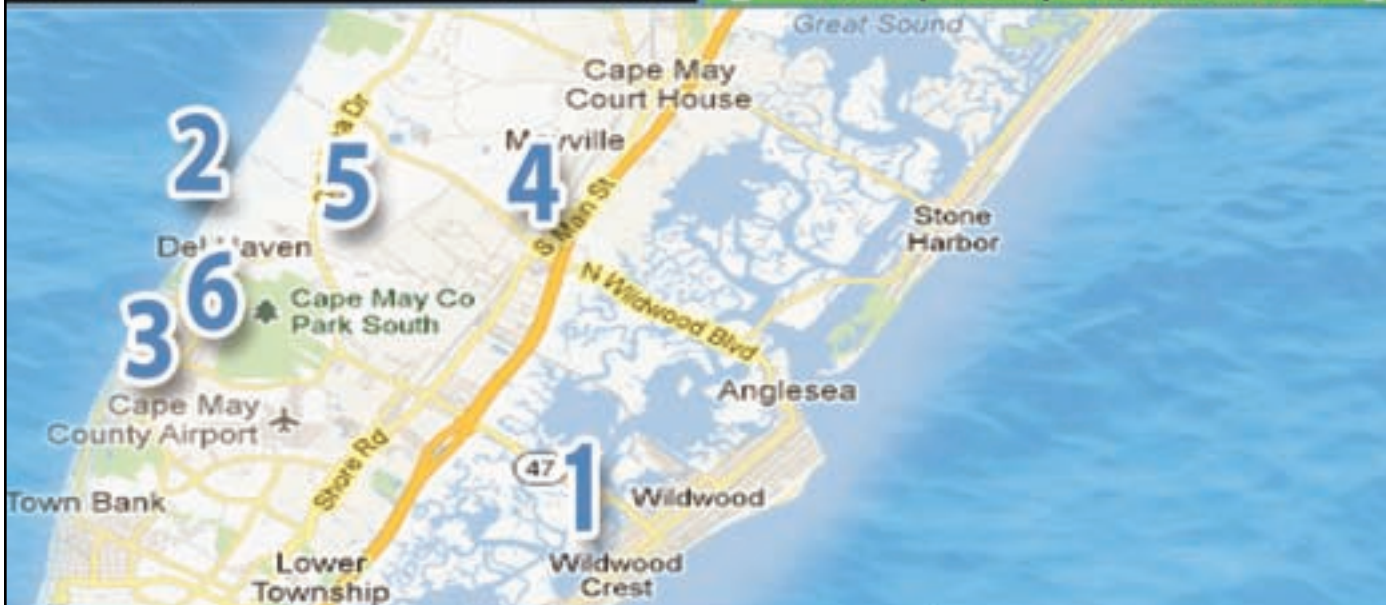
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MONDAY EVENING											JANUARY 9, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	NCIS (DVS)	NCIS: Hawai'i	NCIS: Los Angeles	News	Late Show-Colbert					
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	The Parent Test	The Parent Test	Will Trent "Pilot"	News	Jimmy Kimmel Live!					
<b>10-NBC</b>	News	NBC	News	Holly	America's Got Talent: All-Stars (DVS)			Quantum Leap (DVS)	News	Tonight Show				
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Two Men	Two Men		
<b>23-PBS</b>	NJ Spot!	Newsline	One/One	NJ Spot!	Walking Victorian			Searching: Our	A Monk Who	NJ Spot!	One/One	World		
<b>29-FOX</b>	The Six	The Pulse	TMZ (DVS)	You Bet	Fantasy Island (DVS)			Alert: Missing	The 10 News	News	Feed	Extra		
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	All American (DVS)			All American	News Philly	Law & Order: SVU	Neighbor			
<b>A&amp;E</b>	The First 48 (DVS)		The First 48 (DVS)		The First 48 (DVS)			The First 48 (DVS)	The First 48 (DVS)	The First 48 (DVS)	The First 48 (DVS)	First 48		
<b>AMC</b>	"John Wick 3"		*** "The Italian Job" (2003) Mark Wahlberg. (DVS)					***½ "Vice" (2018, Biography) Christian Bale. Premiere. (DVS)						
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper			Anderson Cooper	CNN Tonight (DVS)	CNN Tonight (DVS)	AC 360			
<b>DISC</b>	Street Outlaws (DVS)		Street Outlaws		Street Outlaws "Red River Rivalry" (In Stereo) (DVS)					Street Outlaws	Outlaws			
<b>DISN</b>	Ladybug	Ladybug	*** "Tarzan" (1999) 'G' (DVS)			Jessie	Jessie	Jessie	Big City	Big City	Ladybug	Ladybug	Jessie	
<b>ESPN</b>	College GameDay		CFP National Championship Teams TBA. (Live) (DVS)									SportsCenter		
<b>ESPN2</b>	SportsCenter (DVS)		Pregame	CFP National Championship Teams TBA. (Live) (DVS)						Postgame	Football Final			
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) (DVS)		The Ingraham Angle	Gutfeld! (DVS)	Fox News			
<b>FX</b>	** "Snatched" (2017) Amy Schumer. (DVS)				*** "Girls Trip" (2017) Regina Hall. (In Stereo) (DVS)				*** "Girls Trip" (2017) Regina Hall. (DVS)					
<b>HBO</b>	(5:40) "Terminator 2: Judgment Day" 'R'			***½ "Gone Girl" (2014) Ben Affleck. 'R' (DVS)				**½ "The Iron Lady" (2011) 'PG-13'						
<b>HIST</b>	Ancient Aliens		Ancient Aliens		Ancient Aliens: Declassified "Unidentified Aerial Phenomena" (In Stereo) (DVS)						Aliens			
<b>ION</b>	Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds	Criminal Minds	Criminal			
<b>LIFE</b>	Castle (DVS)		Castle (DVS)		Castle (DVS)		Castle (DVS)		Castle (DVS)	Castle (DVS)	Castle (DVS)	Castle (DVS)		
<b>MAX</b>	** "Old" (2021) Gael Garcia Bernal. (DVS)			** "Ride Along" (2014) (DVS)			*** "Coming to America" (1988) (DVS)			**½ "Non-Stop"				
<b>NBCSPA</b>	Birds	Pregame	NHL Hockey Philadelphia Flyers at Buffalo Sabres.					Flyers Postgame	Birds	Fantasy Football	Hockey			
<b>NICK</b>	Loud	Loud	Loud	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	*** "The Bourne Legacy" (2012) Jeremy Renner. (In Stereo) (DVS)					*** "Top Gun" (1986) (DVS)				
<b>TBS</b>	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	American	
<b>TCM</b>	** "El Condor" (1970) Jim Brown.				***½ "I Want to Live!" (1958) (DVS)				*** "The Boston Strangler" (1968) Tony Curtis. (DVS)					
<b>TNT</b>	(5:00) ***½ "Shazam!"			**½ "Aquaman" (2018, Action) Jason Momoa. (DVS)					***½ "Joker" (2019) Joaquin Phoenix.					
<b>USA</b>	Chicago Fire		Chicago Fire		WWE Monday Night RAW (In Stereo Live) (DVS)					Barmageddon	Chi. Fire			

TUESDAY EVENING											JANUARY 10, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	FBI "Heroes" (DVS)	FBI: International	FBI: Most Wanted	News	Late Show-Colbert					
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	The Rookie	The Rookie: Feds	Will Trent (In Stereo)	News	Jimmy Kimmel Live!					
<b>10-NBC</b>	News	NBC	News	Holly	80th Annual Golden Globe Awards (In Stereo Live) (DVS)					News	Tonight Show			
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Two Men	Two Men		
<b>23-PBS</b>	NJ Spot!	Newsline	One/One	NJ Spot!	Agatha Christie's Marple (DVS)			Great Performances (DVS)		NJ Spot!	Pathway	World		
<b>29-FOX</b>	The Six	The 215	TMZ (DVS)	You Bet	The Resident (DVS)				The 10 News	News	Feed	Extra		
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	The Winchesters		Mysteries Decoded		News Philly	Law & Order: SVU	Neighbor			
<b>A&amp;E</b>	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Customer	Customer	Neighbor.	Neighbor.	Neighbor.	
<b>AMC</b>	"The Italian Job"		***½ "Casino" (1995, Crime Drama) Robert De Niro, Sharon Stone. (DVS)						*** "Scarface" (1983) (DVS)					
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight (DVS)	CNN Tonight (DVS)	AC 360			
<b>DISC</b>	Bering Sea Gold "Brawl of Duty" (DVS)			Bering Sea Gold "Truce or Consequences"					Ice Cold Catch "The Void" (In Stereo) (DVS)					
<b>DISN</b>	Ladybug	Ladybug	Hamster	Big City	Big City	Big City	Villains	Villains	Big City	Hamster	Ladybug	Ladybug	Jessie	
<b>ESPN</b>	SportsCenter (DVS)		College Basketball Teams TBA. (Live) (DVS)				College Basketball (Live) (DVS)				SportsCenter	SportCtr		
<b>ESPN2</b>	The Point (DVS)		College Basketball Teams TBA. (Live) (DVS)				College Basketball Teams TBA. (Live) (DVS)				NFL Live (DVS)	DC & RC		
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) (DVS)		The Ingraham Angle	Gutfeld! (DVS)	Fox News			
<b>FX</b>	(5:30) *** "Ant-Man and The Wasp"				***½ "Iron Man 2" (2010) Robert Downey Jr. (DVS)				**½ "Iron Man 2" (2010) (In Stereo)					
<b>HBO</b>	*** "Last Night in Soho" (2021) 'R' (DVS)				** "Don't Worry Darling" (2022) 'R' (DVS)				Hard Knocks		** "Horrible Bosses 2" (2014)			
<b>HIST</b>	Curse of Oak Island		Curse of Oak Island		Digging Deeper		Curse of Oak Island		Beyond Oak Island		Curse of Oak Island		Digging	
<b>ION</b>	Chicago Fire (DVS)		Chicago Fire (DVS)		Chicago Fire (DVS)		Chicago Fire (DVS)		Chicago Fire (DVS)		Chicago Fire (DVS)		Chi. Fire	
<b>LIFE</b>	Castle (DVS)		Castle (DVS)		Castle (DVS)		Castle (DVS)		Castle (DVS)		Castle (DVS)		Castle (DVS)	
<b>MAX</b>	"The	*½ "That Awkward Moment"			** "Dear Evan Hansen" (2021) Ben Platt. (In Stereo) (DVS)				***½ "Chicago" (2002) (DVS)			"12		
<b>NBCSPA</b>	Birds	Birds	Sixers	NBA Basketball Detroit Pistons at Philadelphia 76ers.					Sixers Post.		Birds	Snow	Basket	
<b>NICK</b>	Loud	Loud	Loud	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	*** "Top Gun" (1986) Tom Cruise. (In Stereo) (DVS)					**½ "S.W.A.T." (2003) (In Stereo) (DVS)				
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sheldon	Sheldon	Sheldon	
<b>TCM</b>	***½ "Badlands" (1973) Martin Sheen.				*** "The Patsy" (1928)			*** "Show People" (1928)			** "Marianne" (1929) (DVS)			
<b>TNT</b>	(4:00) "Aquaman"		Tip-Off	NBA Basketball Detroit Pistons at Philadelphia 76ers.					NBA Basketball: Suns at Warriors					
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		WWE NXT (In Stereo Live) (DVS)				Chicago P.D.	Chicago P.D.	Chicago			

WEDNESDAY EVENING											JANUARY 11, 2023		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	Price Is Right	Lingo			Tough as Nails		News	Late Show-Colbert	
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	Conners	Gold	Abbott	Home E.	Big Sky (DVS)		News	Jimmy Kimmel Live!	
<b>10-NBC</b>	News	NBC	News	Holly	Chicago Med		Chicago Fire		Chicago P.D.		News	Tonight Show	
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	S. Joyner	Sports	Action News at 10		Seinfeld	Two Men	Two Men
<b>23-PBS</b>	NJ Spot!	Newsline	One/One	NJ Spot!	Price-Sil	Price-Sil	Annika-Mast		Annika-Mast		NJ Spot!	Class	World
<b>29-FOX</b>	The Six	ClassH	TMZ	You Bet	Name That Tune		Special Forces		The 10 News		News	Feed	Extra
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Penn & Teller		Kung Fu "Harvest"		News Philly		Law & Order: SVU	Neighbor	
<b>A&amp;E</b>	The First 48		The First 48		The First 48		The First 48		The First 48		The First 48		First 48
<b>AMC</b>	(3:00) "Casino"		*** "Tombstone" (1993, Western) Kurt Russell, Val Kilmer.						***½ "Gladiator" (2000) Russell Crowe.				
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight		CNN Tonight		AC 360
<b>DISC</b>	Moonshiners		Moonshiners		Moonshiners (In Stereo)				Moonshiners		Master Distiller		Moon
<b>DISN</b>	Ladybug	Ladybug	Hamster	Big City	Big City	Big City	Bunk'd	Bunk'd	Big City	Hamster	Ladybug	Ladybug	Jessie
<b>ESPN</b>	SportsCenter		NBA		NBA Basketball Milwaukee Bucks at Atlanta Hawks.				NBA Basketball: Rockets at Kings				
<b>ESPN2</b>	Around	Pardon	College Basketball Teams TBA. (Live)				College Basketball Teams TBA. (Live)				SportsCenter		SportCtr
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News
<b>FX</b>	(5:30) **½ "Gone in 60 Seconds" (2000)				**½ "The Fate of the Furious" (2017) Vin Diesel. (In Stereo)					"The Fate of the Furious"			
<b>HBO</b>	**½ "The Man From U.N.C.L.E." (2015)				**½ "The Hitman's Wife's Bodyguard"				Hard	REAL Sports		"Many Saints"	
<b>HIST</b>	American Pickers		American Pickers		American Pickers		American Pickers		Secret Restoration		American Pickers		Pickers
<b>ION</b>	Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue
<b>LIFE</b>	Wife Swap		Married at First Sight		Married at First Sight "Runaway Groom?"				Married	Married at First Sight			Married
<b>MAX</b>	"Thor	**½ "Safe" (2012)			*** "Total Recall" (1990) (In Stereo)					"The Day the Earth Stood Still"		"Whole 10 Yds"	
<b>NBCSPA</b>	Birds	Pregame	NHL Hockey: Capitals at Flyers					Flyers Postgame		Birds	In. Golf	Bensinger	Hockey
<b>NICK</b>	Loud	Loud	Slimetime	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	**½ "S.W.A.T." (2003) Samuel L. Jackson. (In Stereo)						"The Day After Tomorrow"		
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (Live)				Power Slap: Road to		Sheldon	Sheldon	Sheldon
<b>TCM</b>	(5:15) **½ "Ice Station Zebra" (1968)				*** "Dirty Mary, Crazy Larry" (1974)				*** "Smokey and the Bandit" (1977)		"French		
<b>TNT</b>	Lucifer (DVS)		NHL		NHL Hockey: Predators at Maple Leafs				NHL Hockey San Jose Sharks at Los Angeles Kings.				
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU

THURSDAY EVENING											JANUARY 12, 2023		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	Sheldon	Ghosts	So Help Me Todd		CSI: Vegas "Trinket"		News	Late Show-Colbert	
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	Celebrity Jeopardy!		The Parent Test		The Chase		News	Jimmy Kimmel Live!	
<b>10-NBC</b>	News	NBC	News	Holly	Law & Order		Law & Order: SVU		Law & Order		News	Tonight Show	
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10		Seinfeld	Two Men	Two Men
<b>23-PBS</b>	NJ Spot!	Newsline	One/One	NJ Spot!	Finding Your Roots		POV "I Didn't See You There"	March			NJ Spot!	The Arts	World
<b>29-FOX</b>	The Six	Kelly	TMZ	You Bet	Hell's Kitchen		Flatch	Kat	The 10 News		News	Feed	Extra
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Walker "Cry Uncle"		Walker Ind.		News Philly		Law & Order: SVU	Neighbor	
<b>A&amp;E</b>	The First 48		The First 48		The First 48		Accused: Guilty		Taking the Stand		The First 48		First 48
<b>AMC</b>	"Gladia	*** "Rocky III" (1982) Sylvester Stallone.					** "Rocky IV" (1985) Sylvester Stallone.		*½ "Rocky V" (1990)				
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight		CNN Tonight		AC 360
<b>DISC</b>	BattleBots (In Stereo)		BattleBots		BattleBots "What the Flip?"				BattleBots (In Stereo)	(DVS)			Battle
<b>DISN</b>	Ladybug	Ladybug	Hamster	Big City	**½ "Cars 3" (2017) (In Stereo) 'G'				Hamster	Hamster	Ladybug	Ladybug	Jessie
<b>ESPN</b>	SportsCenter		NHL Hockey: Maple Leafs at Red Wings					College Basketball Gonzaga at BYU.			SportsCenter		
<b>ESPN2</b>	Daily Wager		College Basketball Michigan at Iowa.				College Basketball				College Basketball		
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News
<b>FX</b>	** "xXx: Return of Xander Cage" (2017)				*** "Enemy of the State" (1998) Will Smith. (In Stereo)					*** "Enemy of the State"			
<b>HBO</b>	"Sun	*** "(500) Days of Summer"			*½ "Blended" (2014) Adam Sandler.				*** "Gemini" (2017) R'		"Ingrid Goes West"		
<b>HIST</b>	Swamp People		Swamp People		Swamp People "The Big 10"			Swamp People	Swamp People (DVS)		Swamp		
<b>ION</b>	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago
<b>LIFE</b>	Castle		Castle		*** "Pretty Woman" (1990) Richard Gere, Julia Roberts.				"The Madam of Purity Falls"				
<b>MAX</b>	(5:57) ***½ "No Country for Old Men"				"Extraction" (2015) Kellan Lutz.			**½ "Non-Stop" (2014)	** "Old" (2021) (In Stereo)				
<b>NBCSPA</b>	Birds	Sixers	NBA Basketball: Thunder at 76ers					Sixers Post.		Birds	S. Joyner	Poker	Basket
<b>NICK</b>	The Loud House		Loud	Fairly	Slimetime	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	**½ "The Day After Tomorrow" (2004) Dennis Quaid.						Movie (In Stereo)		
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	NFL Tailgate		"LEGO 2"
<b>TCM</b>	(5:30) ***½ "Objective, Burma!" (1945)				*** "Bye Bye Braverman" (1968)			*** "The Angel Levine" (1970)		"Annie			
<b>TNT</b>	(5:00) "Bad Teacher"	Tip-Off	NBA Basketball Boston Celtics at Brooklyn Nets.					NBA Basketball: Mavericks at Lakers					
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		To Be Announced				Law & Order: SVU		Law-SVU



# CHARACTER Of The Week

Joey M's  
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by Paul Matusz  
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**Answer:**  
**Dean from Flight Deck Diner**  
**Winner:**  
**Sean C**

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### Jersey Cape Character of the Week Contest

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Guess for Character: \_\_\_\_\_ from \_\_\_\_\_

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## **PPAWS - People & Puppies at Work for Sight**

# **"MEET THE PACK!"**

### **The Seeing Eye Celebrates 18,000 Seeing Eye® Teams**

In December, The Seeing Eye passed an important milestone when it paired Kyle Coon of Colorado Springs, Colo. with a 2-year-old black Labrador retriever named Hugh, making them the 18,000th team to graduate from the program since 1929. This milestone is reached as the non-profit approaches its 94th anniversary in January.

"How amazing it is to pair Kyle with Hugh, to help guide him on all of the journeys that life takes them on. Just like every team that came before, their partnership was created with careful consideration, and support from countless individuals throughout the community," said Seeing Eye President & CEO Pegg Howard. "We are so grateful for the graduates who choose our dogs, the puppy raisers and staff who lovingly care for our dogs, and all of the volunteers and donors who came together to play a part in creating 18,000 Seeing Eye partnerships over the last 94 years."

Coon, a 31-year-old triathlete, motivational speaker and author, is a member of the U.S. Paratriathlon Resident Team in Colorado Springs. In his free time, he enjoys rock climbing, downhill skiing and playing the guitar. Hugh is Coon's third Seeing Eye dog.

"From the time I was a little kid, I dreamed of being able to cruise around independently with a dog. Now I've been matched with Hugh, my third Seeing Eye Dog, and I can't begin to express how much confidence I have when we're out and about," said Kyle Coon. "As Team USA athletes we dedicate a certain portion of our lives to being the best in our chosen sport. Hugh is dedicated to making sure we travel smoothly and safely. I'm extremely honored and humbled

to be part of the 18,000th match in The Seeing Eye's history, and I can't wait to see what adventures Hugh and I experience together from here on out."

Established in 1929, The Seeing Eye provides specially bred and trained dogs to guide people who are blind. Seeing Eye dog users experience greatly enhanced mobility and independence, allowing them to retain their active lifestyles despite blindness. The Seeing Eye is a 501(c)3 non-profit supported by contributions from individuals, corporations and foundations, bequests, and other planned gifts.

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, contact Peter at (609)804-8774 or visit [seeingeye.org/raise](http://seeingeye.org/raise) for information.





## HYDRATING DOGS AND CATS

Submitted By  
Patsy Nelson  
from The Wagging Tail

The Whole Dog Journal, which I consider to be the bible of the dog food industry, believes that canned food or raw is much more beneficial to dogs (and cats) than dry kibble, even the most expensive. Dry dog food, in the processing, loses some of its nutrients which canned and frozen food does not. That is the reason almost every family-owned reputable food company, like the ones at The Wagging Tail, offer a large selection of canned foods along with their dry food varieties. And, if your pet does not have an allergy to different protein sources, using canned or frozen or freeze-dried foods, enables you to give your pet a variety, making eating more enticing, and definitely more enriching. The Fromm Food company built their own cannery so that they have complete control of their products. A seminar I took at their site in Wisconsin 4 years ago, suggested adding COLD water to the food mixture to help the food move faster through the gut for better gut health. Don't let the food soften. Give it to the pet immediately. It does not work for dogs that graze, although they may graze because they are disinterested in the food if you only give dry kibble. ~ There are three good reasons to give your cats wet food. Cats are not only finicky about their food, but they are about their water. Having (now) two dogs and three cats, it does take a concentrated effort to clean and fill all the water bowls indoors and outdoors, with clean fresh water on a daily basis. It does get away from me sometimes and then I feel guilty. Cats are prone to urinary tract infections. Thus it is important for them to drink good quantities of water, and quality, reputable food. The more wet food cats consume the less carbohydrates (which are abundant in inferior supermarket foods) leading to many health issues, like obesity. Wet food is far less fattening. Canned foods contain a lot of moisture, but you want to pick brands that have no more than 78% moisture. Be wary of the amount of ash and fillers. Wet food also contains more protein (for both dogs and cats) but check the ingredient panel so you know what kind of protein-which should not contain too much fat. Good sources of organ meat are a plus, as the more organ meats that dogs and cats get, the better. Canned tuna for human consumption is not recommended. I feed my cats a variety of dry foods like Earthborn, Fromm, and Fussie Cat dry and wet. I also will add other dry foods, like Raw or Verus, etc., and just about every variety of cans we carry. I leave out the mixture of dry food so they nibble as they want to. They get wet food in the morning and at night. If your cat or dog is overweight, lessen the amount of dry food and increase the amount of wet food and dehydrated raw. At our store cat shelter, and we do have some young cats for adoption, we give wet food in the morning only, but use the best of both wet and dry food that we sell. Periodically, I am going to include at the bottom of my article, something I read that may be helpful to you as a pet owner; or will have some influence on your own life. This is from THE STORY OF EDGAR SAWTELLE, by David Wroblewski. In reference to training dogs: REAL TRAINING MEANS WATCHING, LISTENING, DIVERTING A DOG'S EXUBERANCE, NOT SUPPRESSING IT. DON'T FORGET TO CHECK OUT THE HONEST KITCHENS GOATS MILK AND BROTHS THAT ARE DEHYDRATED AND IN POWDER FORM FOR LONGER LASTING QUALITY AND MORE BANG FOR YOUR BUCK! THEY ADD EXTRA HYDRATION AND VITAMINS WITH LITTLE EFFORT. WISHING YOU ALL A BLESSED NEW YEAR FULL OF GOOD HEALTH! BETTER PROSPERITY, TIME WITH FRIENDS AND FAMILY AND RESOLUTIONS OF ANY PROBLEMS WITHIN YOUR CONTROL. LOVING ON YOUR PETS WILL HELP!

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## WALK YOUR DOG MONTH

January is Walk Your Dog Month. Get up off that sofa, get moving and don't let those sub-zero winter temperatures drag you down. Dogs need plenty of exercise throughout the year and the best way to keep them active in winter is to take them for regular walks. Even a short walk around the block on a cold day makes a big difference. So, begin this year with a pledge - better health for you and your dog!

### HISTORY OF WALK YOUR DOG MONTH

Walk Your Dog Month is a perfect time to blend exercise with bonding time for you and your pup. The Association of Pet obesity Prevention released a clinical study in 2017, stating that 56% of dogs in the United States are obese. That equates to over 50 million dogs across the country. A statement declared that "The number of pets with clinical obesity continues to increase. Clinical obesity results in more secondary conditions such as arthritis, high blood pressure, kidney disease and certain forms of cancer. Pets with obesity also have reduced quality of life and short life expectancy."

Regular walks and exercise can help control your dog's weight and limit the chances of them becoming obese. January may seem like a cold month to be placing emphasis on dog walking, but that's why it is the right time to do it. Your dog needs walking all year round and if you can do it in January, then you can do it all the time.



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