

**FREE**

**January 27 - February 2, 2023**

# Jersey Cape

**609-729-9311**

**MAGAZINE**

FULL TV LISTINGS • DINING GUIDE • NIGHTLIFE • HOROSCOPES • COUPONS • CROSSWORD PUZZLE & MORE!

EMAIL: TVJERSEYCAPE@COMCAST.NET

CHECK US OUT ON 



**EAGLES/  
49ERS  
SUNDAY  
ON FOX  
SEE PAGES 10 & 26**

**NEW SEASON  
OF SWAMP PEOPLE  
THURSDAYS  
ON HISTORY  
SEE PAGE 32**



**CHECK OUT THE GREAT SPECIALS AT  
VINCENTO'S LITTLE ITALY II • SEE PAGE 4**

**OLD MOVIES BY THE SEA**  
4001 Pacific Ave  
Wildwood, NJ

**COMEDY NIGHT**

January 28  
7:30 Seating  
\$25

OLDMOVIESBY  
THESEA.COM

**HOST**  
  
Lora

**FEATURE**  
  
Kiana Peluca

**HEADLINER**  
  
Anthony Pascale

**SPECIAL GUEST**  
  
Loren Leary

**COMEDY NIGHT - SATURDAY AT OLD MOVIES  
BY THE SEA IN WILDWOOD • SEE PAGE 15**

## HEARING TESTS SET FOR SENIOR CITIZENS

**CALL 465-9199 or  
1-800-290-3277**

**CAPE MAY COUNTY  
HEARING AID DISPENSARY**

204 S MAIN ST • CAPE MAY COURT HOUSE  
609-465-9199 • 1-800-290-3277

NJ LIC HEARING AID DISPENSERS –  
JAMES L. SAAD, JR. LIC. #171; RICHARD J. SAAD, LIC. #324

Free electronic hearing test will be given at the Cape May County Hearing Aid Dispensary, 204 S. Main Street, Cape May Court House on Monday, Tuesday, Wednesday, Thursday & Friday, Jan. 30, 31, Feb. 1, 2 & 3. Please call for an appointment. Anyone who has trouble hearing or understanding speech or words clearly is welcomed to have a test using the most modern electronic equipment to determine if their hearing loss is one which may be helped.

Everyone should have a hearing test at least once a year if there is any trouble at all hearing clearly. Even people not wearing a hearing aid or those who have been told nothing could be done for them should have a hearing test and find out whether the modern methods of hearing correction can help them hear better. The Free Hearing Tests will be given by factory-trained Hearing Aid Specialists licensed by the State of New Jersey on Monday, Tuesday, Wednesday, Thursday & Friday, Jan. 30, 31, Feb. 1, 2 & 3.

 SantuccisPizza

 @Santuccispizza

 santuccis\_pizza



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Our New Lunch Specials!**

**402 E. 26th Ave.  
Wildwood, NJ**

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LUNCH • DINNER**

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PAJITAS • TACOS  
CHIMICHANGAS • FISH TACOS**

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**WOW!! Over 28 Varieties of  
Specialty Milkshakes**  
**Enjoy our delicious  
Grab & Go  
Homemade Baked Goods**

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For All Occasions!**

**All Cakes Must Be Pre-Ordered  
Ask for Joanie!**

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WITH DJ THE  
STEAKMAN**  
**Between now & Feb. 14th  
Post it on our  
Facebook page...  
Best expression  
WINS A \$50 GIFT  
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for all military,  
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& municipal workers**



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FRI & SAT TILL 10PM

**SOFT SERVE & HAND DIPPED ICE CREAM**

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**FRI & SAT 7:30 - 8:00**  
**SUN 7:30 - 7:00**



**EARLY BIRD SPECIALS**

Sun-Thurs 3-5:30pm • Fri & Sat 3-5pm

Chicken Parm \$10.99 • Chicken Pot Pie \$10.99  
Roast Turkey w/ Stuffing \$12.99 • Fettuccini Alfredo \$12.99  
plus many more to choose from

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**PICK-UP • DELIVERY**

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*Little Italy II Ristorante*

*Check Out These Great Deals From Vincenzo!*

**BUY 1 LARGE  
CHEESE PIZZA  
& AN ORDER OF  
10 WINGS  
GET A 2L SODA**

**FREE**

Take Out Only  
With coupon only. Coupon cannot be  
combined with any other offers or specials.  
Expires April 3, 2023.

**BUY 1 LRG  
CHEESE PIZZA  
GET 1 TOPPING**

**FREE**

Take Out Only  
With coupon only. Coupon cannot be  
combined with any other offers or specials.  
Expires April 3, 2023.

**BUY 1 DINNER  
AT FULL PRICE  
AND GET A  
SECOND  
DINNER**

**1/2 PRICE**

(OF EQUAL OR LESSER VALUE)

Eat-In or Take-Out  
With coupon only. Coupon cannot be  
combined with any other offers or specials.  
Expires April 3, 2023.

**15% OFF**

**YOUR TOTAL  
DINNER CHECK  
(DINING ROOM ONLY)**

With coupon only. Coupon cannot be  
combined with any other offers or specials.  
Expires April 3, 2023.

**BUY ANY  
3 SANDWICHES  
FOR**

**\$27.50**  
+tax

Take Out Only  
With coupon only. Coupon cannot be  
combined with any other offers or specials.  
Expires April 3, 2023.

**\$2 OFF**

**ANY TAKE  
OUT ORDER**

(MINIMUM \$20.00)

With coupon only. Coupon cannot be  
combined with any other offers or specials.  
Expires April 3, 2023.

**3704 BAYSHORE ROAD, N. CAPE MAY • 889-6610**

**CAPE PLAZA SHOPPING CENTER**

*Download our mobile app for additional coupons & specials!*

# TV CHALLENGE



The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

## ACROSS

1. Jungle animal
9. Pal of Winnie the Pooh
10. "\_\_\_ \_\_\_ jungle out there!"
11. Southern state
13. Hayes or Hunt
15. Polite refusal (2)
17. Jungle animal
18. Sedaka's initials
20. Undergrad degree
21. Bird of prey
23. Important family member
24. So-so mark
25. Geisha's accessory
26. Mr. Sullivan
29. \_\_\_ Paso
30. Jungle animal
34. Man \_\_\_ \_\_\_ words; motormouth's opposite
36. "The Gem State"
38. Fem. title
39. OPEC member
42. Taxing agency
43. Jungle animals

## DOWN

1. Runner Sebastian
2. Gap
3. Dig for ore
4. 1/8 of a gal.
5. "Be that \_\_\_ it may ..."
6. Grandma

7. TV's "\_\_\_ New York"
8. Samuel's mentor
9. Jungle animal
12. Jungle animals
14. Bark beetle's victim
16. Late bedtime
19. European nation
20. Baseball's Ruth
22. 24 Hours of \_\_\_  
Mans; annual race
23. Hairstyle
27. Ending for Clement or Joseph
28. Ruby or cerise
30. At a great distance
31. Bed size
32. Slight coloring
33. Parade spoiler
35. To and \_\_\_  
abbr.
40. Goulet's initials
41. Gold's chemical symbol



## Firehouse Tavern

"We're just a Little Bar on a Big Island"



**OPEN DAILY FOR TAKE-OUT, INSIDE & OUTSIDE DINING & LIBATIONS FULL MENU & PACKAGED GOODS**

Try Our Fresh Homemade Pork & Spinach Sandwich!  
**PARK BLVD AT PINE • WILDWOOD • 729-9487**

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## Anglesea Pub

SERVING LUNCH & DINNER INSIDE MON-FRI FROM 11:30AM • SAT-SUN FROM 11AM  
TAKE OUT AVAILABLE

**THURS: FAMILY NIGHT**  
CHOICE OF CHICKEN PARM OR EGGPLANT PARM  
2 FOR \$25 • 4 FOR \$35

**FRI & SAT: SEAFOOD SPECIALS**  
IRISH HAPPY HOUR • FRIDAYS @ 4:30PM

**SUN: ROAST TURKEY DINNER WITH ALL THE TRIMMINGS \$16**

**MON: PRIME RIB NIGHT • \$20**

**TUES: 50¢ BUFFALO WINGS**

**WED: MEATLOAF DINNER • \$14**

EXCLUDES HOLIDAY WEEKENDS

**LIVE ENTERTAINMENT**

**609-729-1133**  
116 W 1<sup>st</sup> AVE - NORTH WILDWOOD



## Become a Gilda's Club Member.

Gilda's Club South Jersey is a cancer support community where men, women, teens and children with cancer, and their families and friends, are always welcome free of charge.

To learn more, call 609-926-2699 or visit [www.gildasclubssouthjersey.org](http://www.gildasclubssouthjersey.org).



[www.gildasclubssouthjersey.org](http://www.gildasclubssouthjersey.org)

## WORD SEARCH

V I F A T D S A F O B R G I D  
 I S D E K Y H J I E O L M F Y  
 C A Z V N L A X G H D I A F T  
 T R L N S R S Z T L E D G Z J  
 E B A Z C A L I F O R N I A E  
 E M T S Z C E A I R I R A N U  
 S O I R H A V W E T B E L N Y  
 B D M W T R E Y H I L F E I E  
 D U E A X H M G N L N F J T V  
 E Q R L Z G I Z K V A Z A G F  
 A U D K K F N E H I N M N R I  
 T N O Q E S H A R O N T D T R  
 C N P R V X Z F R I T M R I B  
 L V I N C E E O P V O S O Z W  
 A F E S T C H V Y L E T V A H

### "Fire Country" on CBS (Words in parentheses not in puzzle)

- |                |                   |                       |
|----------------|-------------------|-----------------------|
| Bode (Donovan) | (Max) Thieriot    | Firefighting          |
| Vince (Leone)  | (Billy) Burke     | (Prison) Inmate       |
| Manny (Perez)  | (Kevin) Alejandro | (Northern) California |
| Sharon (Leone) | (Diane) Farr      | (Plane) Crash         |
| Eve (Edwards)  | (Jules) Latimer   | Blaze                 |

# HOROSCOPE

JANUARY 26 - FEBRUARY 1, 2023

### ARIES (Mar. 21-April 20)

Be careful not to push your luck or take too much for granted when dealing on either a personal or professional level. You'll be able to break bad habits if you put your mind to it. Love can be heightened if you sit down and discuss your future plans. Your loved ones could set you off.

### TAURUS (Apr. 21-May 21)

It might be time to shake a leg and do a personal makeover. Dream a little this week. Plan your social events carefully. Focus on your own domestic problems.

### GEMINI (May 22-June 21)

Try to mix business with pleasure while traveling. Don't divulge secret information. Your home may be in an uproar and you are best to stay out of the line of fire if at all possible. You will have to be careful not to fall into traps set by jealous colleagues.

### CANCER (June 22-July 22)

Don't allow your personal problems to interfere with your professionalism. You can come up with future trends in creative fields. A residential move may be in order. Your ability to work with detail will bring recognition.

### LEO (July 23-Aug 22)

Be cautious and use your head wisely in situations that deal with the use of machinery or vehicles. Be prepared to make changes to your personal documents. Money problems will get worse if your partner hasn't been playing by the rules. Try to convince a good friend to take a holiday with you.

### VIRGO (Aug. 23-Sept. 23)

Concentrate on work and on making money. Your charm and generosity will bring new friends and romantic opportunities. Deception in your home is evident. Don't beat around the bush. Don't let your personal partner hold you back.

### LIBRA (Sept. 24-Oct. 23)

Mingle with those who can help you get ahead. You can make adjustments in your domestic scene this week. They will not be in the right frame of mind to put up with tactless comments. You will be quite excitable this week.

### SCORPIO (Oct. 24 - Nov. 22)

You need more space for the whole family. You're apt to make a move or experience changes at home. Changes in your home will be positive. Try not to lose your cool, and make your point known.

### SAGITTARIUS (Nov. 23-Dec. 21)

Your uncanny insight will help you make the right choices. You must lay down ground rules so that you can complete a job. You might be a tad over-indulgent this week. You can make favorable real estate offers this week.

### CAPRICORN (Dec 22 - Jan. 20)

Take care of the needs of elders in your family. Call a good friend. You must try to help. You should be making plans to spend some time with the ones you love.

### AQUARIUS (Jan. 21 -Feb. 19)

You may not want to spend time around family or your home. Inharmonious situations at home may be extremely upsetting for you this week. Don't expect the whole family to be overjoyed. Your talents might just be discovered.

### PISCES (Feb. 20-Mar. 20)

Problems with relatives and friends could surface. Friends and relatives may not understand your needs. If you can put some work into home improvements, you should. Chances are they are jealous.

Horoscopes Provided by: [astrology-online.com](http://astrology-online.com)

# Jake's Bar & Grill

## SUNDAY FOOTBALL SPECIALS

**1/2 PRICE PIZZA**  
**\$2 DRAFT BEERS**

### **6 Fried Shrimp**

w/ Baked Potato, Vegetable & Salad

**\$19.99** w/coupon

Limit 1 coupon per order.  
Exp. 2/28/23

### **Crab Cakes**

(Broiled or Fried)

w/ Baked Potato, Vegetable & Salad

**\$19.99** w/coupon

Limit 1 coupon per order.  
Exp. 2/28/23

### **Cheesesteak w/French Fries Platter**

**\$14.99** w/coupon

Limit 1 coupon per order.  
Exp. 2/28/23

### **2 Large (14") Pizzas**

**\$19.99** w/coupon

Limit 1 coupon per order.  
Exp. 2/28/23

**WE DELIVER**  
**609-886-2442**  
**1075 Bayshore Rd., Villas**

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## Los Servicios

### Gratisos incluyen:

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- Examen de la Vista
- Chequeo de diabetes, presión arterial y colesterol
- Examen ortopédico
- Vacunas
- Actividades divertidas
- **ALMUERZO GRATIS**
- Y mucho más

Todos son bienvenidos pero se dará prioridad a los no asegurados.



## Viernes

## Diez de Febrero

## 12:00 a 6:00

## Centro de

## Convenciones

## de Wildwood



**Volunteers  
in Medicine**

FREE CARE FOR THE UNINSURED

## Información:

## (609) 778-2706

## [info@vimsj.org](mailto:info@vimsj.org)



# PRODUCE PLACE & DELI

ACCEPTING ALL MAJOR CREDIT CARDS and FAMILY FIRST CARDS

3714 Bayshore Road at Townbank Road • North Cape May  
(609)889-9045

OPEN YEAR ROUND • SALE PRICES GOOD NOW TIL TUES, JANUARY 31<sup>st</sup> @ 3PM

HOURS  
MON-SAT 9AM-5PM  
SUN 9AM-4PM

MOZZARELLA CHEESE  
**\$4.99** /LB

NOW FEATURING RIBEYE CHOPPED STEAK  
**\$9.99** /LB

SPECIAL BUFFALO CHICKEN  
**\$4.99** /LB

NOW FEATURING CHICKEN STEAK  
**\$6.99** /LB

OUR OWN STORE COOKED TURKEY  
**\$12.99** /LB

DOMESTIC HAM.....\$3.99/lb  
COOKED SALAMI.....\$3.99/lb  
HAM CAPICOLA.....\$3.99/lb  
PEPPERED HAM.....\$3.99/lb  
VIRGINIA HAM.....\$5.99/lb  
HONEY HAM.....\$5.99/lb  
"LAND O LAKE"  
AMERICAN CHEESE.....\$5.99/lb

**SPECIAL GOURMET TURKEY PASTRAMI ROAST BEEF \$5.99/LB**

GRAPE TOMATOES.....99¢/lb  
ZUCCHINI SQUASH.....69¢/lb  
YELLOW/RED ONIONS.....\$1.29/2lb bag  
RED PEPPERS.....\$1.59/lb  
RED POTATOES.....5lb/\$2.49  
ANJOU PEARS.....\$1.59/lb

WE ARE OPEN 7 DAYS A WEEK FOR ALL YOUR RETAIL & WHOLESALE NEEDS

DIETZ & WATSON PICKLES  
32oz/\$4.49ea

PLEASE CALL AHEAD FOR ALL LARGE HOAGIE AND BREAD ORDERS.

## THIS WEEK'S NFL SPREADS

FAVORITE      SPREAD      UNDERDOG

**SUNDAY**

**2.5**

**EAGLES** vs **49ERS**

**1.5**

**BENGALS** vs **CHIEFS**

THIS WEEK'S GUEST PROGNOSTICATOR:

DAVE FROM

STEAKS, SHAKES, & CAKES



**OUR PICKS CHAMPIONSHIPS**

49ERS **+2.5 OVER**

EAGLES

EAGLES **-2.5 OVER** 49ERS

BENGALS **-1.5 OVER**

CHIEFS

BENGALS **-1.5 OVER** CHIEFS

2022 SEASON RUNNING TOTAL

LAST WEEK'S GUEST

STEVE FROM BIG TIME VENDING: 4-0

GUESTS: 30-29-2

US: 30-26-4

AVALON



COFFEE AND GRILLE

3167 Rt. 9 in Rio Grande

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SERVICE CALLS  
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**CALL AHEAD FOR TAKE-OUT**  
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**OPEN TUES-SUN • 6AM-2PM**  
**GRILL CLOSSES AT 1:30P**  
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**OPEN**

**Mon-Sat 11am - 7pm**  
**Sun 10am - 5pm**

**Sunday is a GREAT WASH DAY!**

- Dirty Dog Self Wash - All-inclusive \$10.00
- Food & Pet Supplies
- Large Variety of Holistic Pet Foods



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11 Court House S. Dennis Rd. - CMCH

# Marie's

♥ FLOWER SHOPPE

REMEMBER VALENTINE'S DAY  
IS TUESDAY, FEBRUARY 14<sup>TH</sup>!  
ORDER EARLY!

OPEN SUNDAY, FEB. 12  
10-2 FOR YOUR CONVENIENCE



5918 New Jersey Avenue  
Wildwood Crest, NJ 08260  
609-729-0199  
www.mariesflower.net

# Algie's Place Bikes

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**FRI: NOON-5PM**  
**SAT: 10AM-3PM**

6207 New Jersey Ave.  
(at Wisteria Rd.)  
Wildwood Crest

729-5669  
www.algiesplace.com



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- LINE COOKS
- DRIVERS
- ALL POSITIONS

**DOLCE ITALIA**

210 NEW JERSEY AVE  
NORTH WILDWOOD  
CALL: 609-231-0838  
ASK FOR EMANUELA

# PHILLY TEAMS ON TV THIS WEEK



**VS SAN FRANCISCO**  
49ERS  
SUN, JAN 29  
3:00PM • FOX



**VS DENVER NUGGETS**  
SAT, JAN 28  
3:00PM • ABC

**VS ORLANDO MAGIC**  
MON, JAN 30  
7:00PM • NBCSP

**VS ORLANDO MAGIC**  
WEDS, FEB 1  
7:00PM • NBCSP



**@ MINNESOTA WILD**  
THURS, JAN 26  
8:00PM • ESPN+

**@ WINNIPEG JETS**  
SAT, JAN 28  
7:00PM • NBCSP

# Owen's Pub

## MONDAY

Cheese Steak \$2.95

## TUESDAY

Chicken Parm \$6.95  
Eggplant Parm \$6.95

## WEDNESDAY

Wings \$5 All Day  
Chicken Pot Pie \$10.95  
Meatloaf Dinner \$10.95

Served with Potato & Vegetable  
(Served from 2pm)

## THURSDAY

Cheese Burger \$3.95  
Prime Rib Sandwich \$7.99 w/Fries & Coleslaw

## SUNDAY

(Served from 2pm)  
Turkey Dinner \$10.95  
Pasta Sunday Sausage, Meatballs & Garlic Bread \$10.95

FRIDAY  
DJ Luper • 8pm

SATURDAY  
Name That Tune • 9pm

SUNDAY  
Eagles/49ers • 3pm  
Eagles Tailgate Quizzo w/Mikey D • 2pm \*Prizes\*

WEDNESDAY  
Quizzo • 8pm

Serving Breakfast Sunday 11am-1pm

\$5 DRINK MENU • Bloody Mary • Mimosa • Orange Crush • Grapefruit Crush

\$5 Appy Hour Menu • Every Day 3pm-6pm (At the bar.)

17TH AVE, NORTH WILDWOOD BETWEEN NJ & CENTRAL  
OPEN DAILY FROM 11:30AM • SUNDAY FROM 11AM  
Call at (609) 729-7290 • Menu online at owens.pub

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75 Years in the Wildwoods!

Est. 1947



Founders  
Duffy & Mary  
Asselta

# Duffinetti's

## RESTAURANT & LOUNGE



OPEN THURS-SUN • DINNER FROM 4PM  
HAPPY HOUR THURS, FRI & SUN 4-6PM

**DUFFINETTI'S WILL BE  
CLOSED THIS WEEK  
FOR REVOLUTIONS.  
WE WILL REOPEN ON  
THURSDAY, FEBRUARY 2.**

4600 Pacific Ave., Wildwood | 609-522-0002  
www.duffinettis.com

## OPEN HOUSE

8 MOCKINGBIRD LN • PETERSBURG, NJ 08270



SAT, JAN 28 1-4PM • SUN, JAN 29 11AM-3PM  
5 br/3.5ba, Large Corner Lot, 3-Car Garage, Finished Basement  
\$749,900

Julietta Tocci, CRS, SRS

Associate Broker/Salesperson

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**kw** JERSEY SHORE  
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One Bite & We Gotcha

**MR. D'S**  
Pizzeria • Steaks • Subs

OPEN 7 DAYS!

OPEN FOR EAT-IN, TAKE-OUT & DELIVERY!

Delivery To All Wildwoods & Shawcrest  
**609-522-2026**

MONDAY-FRIDAY 11AM-2PM  
LUNCH SPECIALS STARTING AT \$5.99

**DAILY PIZZA SPECIALS**

3 LARGE CHEESE PIZZAS \$38 <sup>99</sup> +TAX	2 LARGE CHEESE PIZZAS \$26 <sup>99</sup> +TAX
3 MEDIUM CHEESE PIZZAS \$33 <sup>99</sup> +TAX	2 MEDIUM CHEESE PIZZAS \$23 <sup>99</sup> +TAX

TOPPINGS EXTRA • PLEASE MENTION SPECIALS WHEN ORDERING • DELIVERY CHARGE MAY APPLY  
CHECK OUR FB FOR MORE SPECIALS

View Our Menu: [www.MrDsPizzeria.com](http://www.MrDsPizzeria.com)  
4611 New Jersey Ave • Wildwood  
(Between Burk & Andrews Aves. - Next to Revolution Liquors)  
OPEN ALL YEAR | OPEN LATE

# CHECK OUT THE BREWS, BOOZE, & WINES TO CHOOSE

*Around the Cape*



**LUDLAM ISLAND BREWERY**  
9 STONEY CT  
OCEAN VIEW  
NOON-8P



**COLD SPRING BREWERY**  
733 SEASHORE RD  
N. CAPE MAY  
THUR-SUN



**ANGLESEA ALEWORKS**  
3401 NEW JERSEY AVE  
WILDWOOD  
COMING SOON



**MUDHEN BREWING COMPANY**  
127 W RIO GRANDE AVE  
WILDWOOD  
OPEN DAILY

**WALK-IN HUMIDOR**

2022 WINNER  
VOTED "BEST CIGAR SHOP"

OPEN DAILY  
MON-SAT: 10A-7P  
SUN: 10A-6P

DISPOSABLES AVAILABLE

**SEA GARS**

**HANDCRAFTED CIGARS  
TOBACCO & ACCESSORIES**  
CARRYING ALL OF YOUR FAVORITE BRANDS  
"ROLL YOUR OWN TOBACCO"  
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## CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE

### SNAPPER SOUP

**INGREDIENTS:**

- 2 lbs Fresh Snapping Turtle
- 1/2 cup Butter
- 1/4 cup Diced Onions
- 1/4 cup Diced Celery
- 1/4 cup Diced Carrots
- 4 Cloves Minced Garlic
- 1 Tbsp Tomato Paste
- 1 Tbsp Smoked Paprika
- 1 tsp Worcestershire Sauce
- 1/2 tsp Kitchen Bouquet
- 3/4 cup Sherry Wine
- 64 oz Beef Broth
- 2 Bay Leaves
- 1/4 cup Flour
- Salt & Fresh Cracked Black Pepper to Taste

**Garnish:**

- Fresh, Finely Chopped Parsley

**PREPARATION:**

In a large pot, bring 1 gallon of salted water to a boil. When the water is boiling add in the turtle meat. Allow water to come back to a boil for a minute. Reduce heat to low. Skim the scum off the top and discard. Cover with lid and allow to cook for about 2-1/2 hours or tender. In the meantime, melt butter in another pot over medium low heat. Add in; onions, celery, carrots and garlic. Cook until translucent and soft. Stir in tomato paste and cook for about 2 more minutes. Deglaze with half a cup of sherry wine. Reduce liquid by half. Add in remaining ingredients and allow to cook on low setting for about 2-1/2 hours. Remove bay leaves and puree everything with an immersion blender. Remove meat from pot to a cutting board. Allow to cool down and rest for 10 minutes. Dice meat into 1/4" cubes. Add meat to soup and allow to cook for at least another half hour before serving. Pour in remaining sherry right before serving. Garnish with parsley. Enjoy! *Hint: You can pour mixture into a food processor or blender if you don't have an immersion blender.* History: I grew up on many types of snapper soup and this one is bomb! I'd like to pay tribute to the Pennsylvania Dutch with my version of this PA classic.

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<p><b>Thursday, Jan. 26</b> 9PM • BRIDGES OF MADISON COUNTY</p>	<p><b>Friday, Jan. 27</b> 3PM • GOODFELLAS 6PM • GOODFELLAS 9PM • GOODFELLAS</p>	<p><b>Saturday, Jan. 28</b> 12PM • GOODFELLAS    3PM • GOODFELLAS <b>8PM • COMEDY NIGHT</b></p>
<p><b>Sunday, Jan. 29</b> 10AM • GOODFELLAS 3PM • FOOTBALL 6PM • FOOTBALL</p>	<p><b>Monday, Jan. 30</b> 8PM • GOODFELLAS</p>	<p><b>Tuesday, Jan. 31</b> 7PM • GOODFELLAS</p>
<p><b>Wednesday, Feb. 1</b> 6PM • GOODFELLAS 9PM • GOODFELLAS</p>		<p><b>Thursday, Feb. 2</b> 9PM • GOODFELLAS</p>

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## FRIDAY EVENING

JANUARY 27, 2023

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
<b>3-CBS</b>	PGA Golf				S.W.A.T. "Cry Foul"		Fire Country ☑		Blue Bloods		News	Late Show-Colbert	
<b>6-ABC</b>	News	ABC	Auto Show		Shark Tank			20/20 (In Stereo) ☑		News	Jimmy Kimmel Live!		
<b>10-NBC</b>	News	NBC	News	Eagles	Figure Skating U.S. Championships, Women's Free Skate. ☑				News	Tonight Show			
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10		Seinfeld	Two Men	Two Men
<b>23-PBS</b>	NJ Spotl	Newsline	One/One	NJ Spotl	River ☑		Midsomer	Midsomer	Murders	Mike	NJ Spotl	One/One	World
<b>29-FOX</b>	The Six	Props	TMZ ☑	You Bet	WWE Friday Night SmackDown				News	Special	News	Feed	Extra
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Penn & Teller		Criss Angel		News Philly		Law & Order: SVU		Neighbor
<b>A&amp;E</b>	The First 48 ☑		The First 48 ☑		The First 48 ☑		The First 48 ☑		The First 48 ☑		The First 48 ☑		First 48
<b>AMC</b>	** "Christine" (1983) Keith Gordon. ☑		*** "The Goonies" (1985) Sean Astin. ☑			*** "The Lost Boys" (1987, Horror) ☑							
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight ☑		CNN Tonight ☑		AC 360
<b>DISC</b>	(5:00) Gold Rush		Gold Rush: Pay Dirt		Gold Rush		Gold-Videotape		Gold Rush: F. Dodge		Gold Rush: F. Dodge		Gold
<b>DISN</b>	Jessie	Jessie	Bunk'd	Bunk'd	***½ "Cars" (2006) (In Stereo) 'G' ☑			Bunk'd	Bunk'd	Jessie	Jessie	Jessie	
<b>ESPN</b>	SportsCenter ☑		NHL Hockey Detroit Red Wings at New York Islanders.				X Games (Live) ☑						
<b>ESPN2</b>	Daily Wager ☑		College Basketball Saint Louis at Davidson.			College Basketball						SportsCenter ☑	SportCtr
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) ☑		The Ingraham Angle		Gutfeld! ☑		Fox News
<b>FX</b>	** "Skyscraper" (2018) Dwayne Johnson.			***½ "Bad Boys for Life" (2020) Will Smith. ☑				***½ "Bad Boys for Life" (2020) ☑					
<b>HBO</b>	(5:50) ** "Sarah's Key"		** "Amsterdam" (2022) Christian Bale. 'R' ☑				Real, Bill Maher		Game	Real, Bill Maher			
<b>HIST</b>	Ancient Aliens		Ancient Aliens		Ancient Aliens: Declassified "Mysteries of our Alien Ancestors" (In Stereo) ☑						Aliens		
<b>ION</b>	Hawaii Five-0 ☑		Hawaii Five-0 ☑		Hawaii Five-0 ☑		Hawaii Five-0 ☑		Hawaii Five-0 ☑		Hawaii Five-0 ☑		Hawaii
<b>LIFE</b>	Castle "Kill Shot"		Castle "Cuffed" ☑		*** "Pretty Woman" (1990) Richard Gere, Julia Roberts. ☑						"Let's Get Physical" (2022) ☑		
<b>MAX</b>	** "Conan the Barbarian" (2011) ☑			*½ "Geostorm" (2017) Gerard Butler.				*** "Pacific Rim" (2013) (In Stereo) ☑			"Arbi		
<b>NBCSPA</b>	Birds	Birds	NLL Lacrosse Buffalo Bandits at Philadelphia Wings.			Birds	Football	Wm. Basketball		What's Brewing ☑			
<b>NICK</b>	The Tidal Zone		Sponge.	Rugrats	Sponge.	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	***½ "A Star Is Born" (2018) Bradley Cooper.				***½ "A Star Is Born" (2018) ☑				
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	***½ "Ocean's 8" (2018) Sandra Bullock.			*** "Ocean's Eleven" (2001) George Clooney.					
<b>TCM</b>	*** "Oscar Wilde" (1959) Robert Morley.			*** "Hell to Eternity" (1960) Jeffrey Hunter. ☑						***½ "Ring of Fire" (1961)		"20Plus2"	
<b>TNT</b>	"Quantum-Sol."		***½ "Knives Out" (2019) Daniel Craig, Chris Evans. ☑				All Elite Wrestling		** "Point Break" (2015)				
<b>USA</b>	Figure Skating		9-1-1 "Kids Today"		9-1-1 "Sink or Swim"		9-1-1 ☑ (DVS)		9-1-1 "Triggers"		9-1-1 "Rage"		9-1-1



# SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

			4		6	7		
		3	7			1		
9	6			5	8	3		
	9		6	2	5			
		8	4		7	1		
		2	5	9			4	
	1	4	9				2	6
	3			2		4		
7	2		8					

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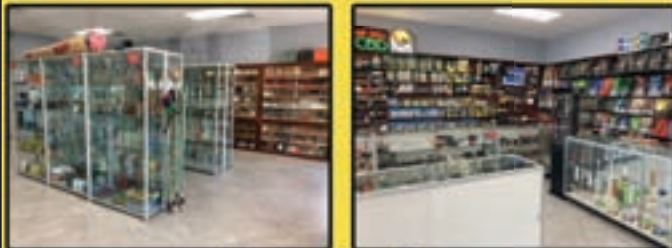
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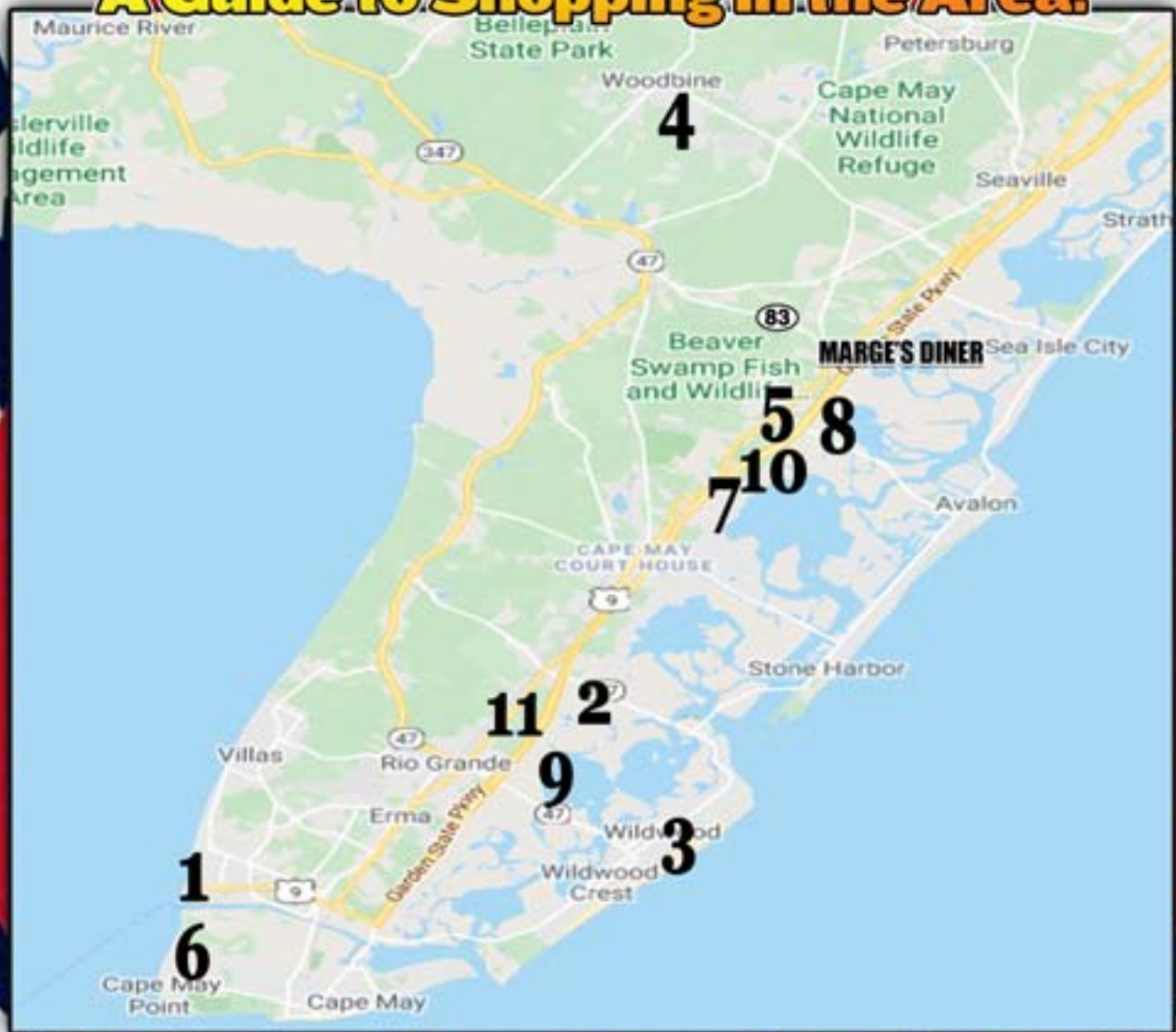
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**BIRTHDAY PARTIES**  
at the Indoor Waterpark & Recreation Area  
**PARTY PACKAGE INCLUDES:**

- Reserved Seating
- Goody Bag for each Child
- Free Admission for Parents
- Unlimited Use of Waterpark Area (3 hours)
- 12oz Soft Drink, Slice of Pizza & Ice Cream Dixie Cup for each Child
- \$21 per Child (8 Minimum)

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Prices Subject to Change without Notice

# AROUND THE CAPE

**SOME COOL PLACES TO CHECK OUT THIS WEEK ON THE JERSEY CAPE**  
**THE FIREHOUSE TAVERN**



ENJOY A FAMOUS PORK ROLL AND CHEESE SANDWICH WITH FRIENDS AT THE FIREHOUSE TAVERN

## LA PIAZZA



THE FABULOUS TOMMY C  
 FRIDAY AT LA PIAZZA IN WILDWOOD

## MARGE'S DINER



BREAKFAST & LUNCH DAILY AT  
 MARGE'S DINER IN CLERMONT

## This Week's Weather

**THURSDAY,  
 JANUARY 26**



**HIGH 54**

**LOW 37**

**FRIDAY,  
 JANUARY 27**



**HIGH 41**

**LOW 34**

**SATURDAY,  
 JANUARY 28**



**HIGH 46**

**LOW 36**

**SUNDAY,  
 JANUARY 29**



**HIGH 48**

**LOW 37**

**MONDAY,  
 JANUARY 30**



**HIGH 46**

**LOW 36**

**TUESDAY,  
 JANUARY 31**



**50%**

**HIGH 43**

**LOW 32**

**WEDNESDAY,  
 FEBRUARY 1**



**60%**

**HIGH 45**

**LOW 37**



SATURDAY AFTERNOON													JANUARY 28, 2023			
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30			
<b>3-CBS</b>	Hope-	College Basketball Xavier at Creighton.				College Basketball Cincinnati at Houston. Ⓢ				PGA Golf						
<b>6-ABC</b>	oh baby!	Hearts of	X Games Aspen 2023 (In Stereo Live) Ⓢ			NBA	NBA Basketball Denver Nuggets at Philadelphia 76ers.						Basket			
<b>10-NBC</b>	One	Paid Prg.	Paid Prg.	Paid Prg.	IMSA Weathertech	Figure Skating U.S. Championships. Ⓢ				Horse Race						
<b>17-MNT</b>	BCSBN	Women's College Basketball: Lions at Vikings				BCSBN	College Basketball Virginia State at Bowie State. (Live)				Sheldon					
<b>23-PBS</b>	John Sebastian	Ed Slott's Retirement Freedom!			Forever Painlss	Table	Moveable	Lucky Ch	Christina	NJ Busin	State-Aff					
<b>29-FOX</b>	DraftK	Paid Prg.	Paid Prg.	Women's College Basketball			College Basketball Illinois at Wisconsin.				Hoops	Basket				
<b>57-CW</b>	DraftK	Weather Gone Viral	World's	Women's College Basketball				Sports	College Basketball							
<b>A&amp;E</b>	Zombie	Triple Digit Flip Ⓢ	Neighbor.	Neighbor.	Neighbor.	Neighbor.	★½ "The A-Team" (2010) Liam Neeson. (In Stereo)				"An					
<b>AMC</b>	"The Lost Boys"	★½ "Rocky V" (1990) Sylvester Stallone. Ⓢ				★★ "Road House" (1989) Patrick Swayze. Ⓢ				"Red						
<b>CNN</b>	News	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom						
<b>DISC</b>	Naked	Naked and Afraid XL			Naked and Afraid XL Ⓢ (DVS)				Naked and Afraid XL Ⓢ (DVS)							
<b>DISN</b>	Big City	Ladybug	Ladybug	Hamster	Hamster	Big City	Big City	Big City	Big City	Big City	Big City	Ladybug	Ladybug			
<b>ESPN</b>	GameDay	College Basketball Auburn at West Virginia.				College Basketball Alabama at Oklahoma.				College Basketball Arkansas at Baylor.						
<b>ESPN2</b>	Tennis	College Basketball				College Basketball Iowa State at Missouri.				College Basketball						
<b>FNEWS</b>	Cavuto	Fox News Live Ⓢ	Fox News Live Ⓢ	Fox News Live Ⓢ	Fox News Live Ⓢ	Journal Editorial Rpt.	Fox News Live Ⓢ	Fox News Live Ⓢ	Saturday Show							
<b>FX</b>	★★½ "Spider-Man: Into the Spider-Verse" (2018)				★★★ "Thor" (2011) Chris Hemsworth. (In Stereo) Ⓢ				"Captain America-Avgr"							
<b>HBO</b>	(10:35)	"Robin Hood"	★★ "Moonfall" (2022) Halle Berry. 'PG-13'		Real, Bill Maher		The Last of Us Ⓢ		★★★ "Gemini" (2017) 'R' Ⓢ							
<b>HIST</b>	Cnt. Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars					
<b>ION</b>	Law-SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU					
<b>LIFE</b>	Cellmate	"Bad Behind Bars: Jodi Arias" (2023) Ⓢ			★★ "Kidnap" (2017) Halle Berry. Ⓢ			"Cleveland Abduction" (2015) Ⓢ								
<b>MAX</b>	"Little	★★ "Ride Along" (2014) Ⓢ		★½ "That Awkward Moment"		★★ "Stephen King's Thinner"		★★ "Old" (2021) (In Stereo)								
<b>NBCSPA</b>	Oxygen	Women's College Basketball				Women's College Basketball				Immortals	World Poker	TBA				
<b>NICK</b>	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.				
<b>PARMT</b>	NCIS	★★★ "Spider-Man" (2002) Tobey Maguire. (In Stereo)				★★★ "Spider-Man 2" (2004) Tobey Maguire. Ⓢ				"Spider-Man 3" Ⓢ						
<b>TBS</b>	★★½ "Bad Moms" (2016) Mila Kunis.			★★ "Bad Teacher" (2011) Cameron Diaz.			★★★ "Pitch Perfect" (2012) Ⓢ			"Pitch 2"						
<b>TCM</b>	"Alice in"	★★★ "Flower Drum Song" (1961) Nancy Kwan. Ⓢ				★★½ "Larceny, Inc." (1942)			★★★ "The Fastest Gun Alive" (1956) Ⓢ							
<b>TNT</b>	"X-Men: Days"	★★½ "Star Wars: The Force Awakens" (2015) Harrison Ford.				★★½ "Star Wars: The Last Jedi" (2017)										
<b>USA</b>	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D.	IMSA Weathertech Sportscar Championship Rolex 24 at Daytona. (Live) Ⓢ											

SATURDAY EVENING													JANUARY 28, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00			
<b>3-CBS</b>	PGA Golf				NCIS: Los Angeles	48 Hours Ⓢ			48 Hours Ⓢ		News	Inside Ed.	Magnum			
<b>6-ABC</b>	NBA Basketball: Knicks at Nets				NBA	NBA Basketball Los Angeles Lakers at Boston Celtics.				News	News	Jeopardy!				
<b>10-NBC</b>	News	NBC	Paid Prg.	1st Look	The Wall Ⓢ	Dateline NBC Ⓢ			Saturday Night Live		News	Saturday Night Live				
<b>17-MNT</b>	Big Bang	Big Bang	Big Bang	Big Bang	DraftKings Casino	Chicago P.D.			Action News at 10	Philler	Delco	Mom				
<b>23-PBS</b>	Reporters	Chat Box	NYC Arts	The Arts	Old	House	Show Me	McLeod	La Otra Mirada "Fear of the Other" Ⓢ			Miss				
<b>29-FOX</b>	College Basketball			Hoops	College Basketball Ohio State at Indiana.				The 10 News	Name That Tune		Feed				
<b>57-CW</b>	iCRIME	iCRIME	FamFeud	FamFeud	Criss Angel	Animals	Animals	News Philly	WOW - Women		Neighbor					
<b>A&amp;E</b>	(5:30)	★★½ "San Andreas" (2015) Ⓢ			★★ "White House Down" (2013) Channing Tatum. (In Stereo)				Road	Road	"White					
<b>AMC</b>	(5:45)	★★½ "Red Dawn" (1984) Patrick Swayze. Ⓢ			★★½ "Days of Thunder" (1990) Tom Cruise. Ⓢ				★★★ "The Fifth Element" Ⓢ							
<b>CNN</b>	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Special Report	Stanley Tucci		Stanley Tucci		Stanley						
<b>DISC</b>	Naked and Afraid XL "Legendary Fail"				Naked and Afraid XL Ⓢ (DVS)				Naked and Afraid XL "You Left Us to Rot"				Afraid XL			
<b>DISN</b>	Ladybug	★★½ "Inside Out" (2015)			The	The	Big City	Big City	Hamster	Hamster	The	The	Ladybug			
<b>ESPN</b>	College Basketball Texas at Tennessee.				College Basketball Kansas at Kentucky.				X Games (Live) Ⓢ		SportCtr					
<b>ESPN2</b>	College Basketball Florida at Kansas State.				College Basketball				College Basketball Saint Mary's at BYU.					Basket		
<b>FNEWS</b>	Fox Report		Gutfeld! Ⓢ		One Nation		Dan Bongino		Lawrence Jones		One Nation		Unfiltered			
<b>FX</b>	"Capt. America"		★★½ "Black Panther" (2018) Chadwick Boseman. (In Stereo)				★★★ "Black Panther" (2018) Chadwick Boseman.									
<b>HBO</b>	"Gemini"	★★ "American Ultra" (2015) 'R'		"The Cabin in the Woods" 'R'			The Last of Us Ⓢ		Game	★★★ "Captain Phillips"						
<b>HIST</b>	Barrett-Jackson Live Auction The auction of the year from the World's Greatest Collector Auction Company reaches its peak. Ⓢ												Auction			
<b>ION</b>	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU				
<b>LIFE</b>	"The Gabby Petito Story" (2022) Ⓢ				"Hoax: The Kidnapping of Sherri Papini"				"Framed by My Husband" (2021) Ⓢ		"Hoax"					
<b>MAX</b>	"Old"	★★★ "Nobody" (2021) Ⓢ			★★½ "Non-Stop" (2014) Liam Neeson.			★ "12 Rounds" (2009) Ⓢ		"Knock Knock" Ⓢ						
<b>NBCSPA</b>	Birds	Pregame	NHL Hockey Philadelphia Flyers at Winnipeg Jets. Ⓢ				Flyers Postgame		Football	Brewing	Wm. Basketball					
<b>NICK</b>	Sponge.	Sponge.	★★½ "Minions" (2015) (In Stereo) Ⓢ			Friends	Friends	Friends	Friends	Friends	Friends	Friends				
<b>PARMT</b>	(5:00) ★★½ "Spider-Man 3" (2007) Ⓢ				★★★ "Spider-Man" (2002) Tobey Maguire. (In Stereo)				★★★ "Spider-Man 2" (2004) (In Stereo)							
<b>TBS</b>	(5:45) ★★½ "Pitch Perfect 2" (2015)				Burgers	Burgers	Burgers	Burgers	★★★ "Pitch Perfect" (2012) Ⓢ			"Pitch 2"				
<b>TCM</b>	★★★ "The Three Musketeers" (1973) Ⓢ				★★★½ "The Black Swan"			★★½ "The Black Rose" (1950) Tyrone Power. Ⓢ		"Hwy						
<b>TNT</b>	"Star Wars: Jedi"	Pregame	Soccer: International Friendly				Postgame	★★½ "Star Wars: The Rise of Skywalker" (2019)								
<b>USA</b>	IMSA Weathertech Championship			Figure Skating			IMSA Weathertech Championship				Chicago					

SUNDAY AFTERNOON											JANUARY 29, 2023				
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30		
<b>3-CBS</b>	CBS3	College Basketball Michigan State at Purdue. Ⓢ					Basket	Bull Riding		Ent. Tonight		Athlete	Game		
<b>6-ABC</b>	Inside	NFL Inspire		X Games Aspen 2023 (In Stereo Live) Ⓢ					Vets-Pets	Carpet	Action News 5PM				
<b>10-NBC</b>	Issue	IMSA Weathertech Championship				Chasing Gold		Figure Skating U.S. Championships. From San Jose, Calif. Ⓢ							
<b>17-MNT</b>	In Touch	Paid Prg.	Paid Prg.	In Focus	This	RVing	Raw Trav.	black-ish	black-ish	black-ish	black-ish	Philler	Sheldon		
<b>23-PBS</b>	Think Tk	State-Aff	Class	Lidia	Milk	Cook	Darley	Deepak Chopra-Metahuman			Unlock the Secret				
<b>29-FOX</b>	Paid Prg.	NFL Championship		FOX NFL Kickoff		FOX NFL Sunday		NFL Football San Francisco 49ers at Philadelphia Eagles. Ⓢ							
<b>57-CW</b>	DraftK	SOS: How to Survive		Storm of Suspicion		The First 48 Ⓢ		Paid Prg.	Paid Prg.	Major Crimes Ⓢ		SEAL Team			
<b>A&amp;E</b>	Zombie	Zombie Flip		The First 48 Ⓢ		The First 48 Ⓢ		The First 48 Ⓢ		The First 48 Ⓢ		The First 48 Ⓢ			
<b>AMC</b>	(9:45) "Red Dawn"		*** "The Fifth Element" (1997) Bruce Willis, Gary Oldman. Ⓢ					**½ "Days of Thunder" (1990) Tom Cruise. Ⓢ							
<b>CNN</b>	News	State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		CNN Newsroom			
<b>DISC</b>	Rescue	Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		Dirty Jobs Ⓢ		Dirty Jobs Ⓢ			
<b>DISN</b>	Big City	Ladybug	Ladybug	Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Hamster	Hamster	Big City	Big City	Big City		
<b>ESPN</b>	SportCtr	Postseason NFL Countdown (Live) Ⓢ					Women's College Basketball					ESPN Films Ⓢ			
<b>ESPN2</b>	Australian Open	Women's College Basketball					College Basketball Drake at Belmont. Ⓢ					College Basketball			
<b>FNEWS</b>	Medi	Fox News Live Ⓢ		Fox News Live Ⓢ		FOX News Sunday		Maria Bartiromo		Fox News Live Ⓢ		Sunday Show			
<b>FX</b>	(11:00) *** "Thor" (2011) (In Stereo) Ⓢ			*** "Captain America: The First Avenger" (2011)					*** "Enemy of the State" (1998) Ⓢ						
<b>HBO</b>	Sports	Game Theory		***½ "Belfast" (2021) Ⓢ			** "Divergent" (2014) Shailene Woodley. 'PG-13'			Real, Bill Maher					
<b>HIST</b>	Marvels	Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars			
<b>ION</b>	NCIS	NCIS Ⓢ (DVS)		NCIS "So It Goes"		NCIS "Choke Hold"		NCIS Ⓢ (DVS)		NCIS Ⓢ (DVS)		NCIS Ⓢ (DVS)			
<b>LIFE</b>	"How to Lose"		"Deranged Granny" (2020) Ⓢ			"Honeymoon From Hell" (2016) Ⓢ			"Killer Vacation" (2018) Alexa Havins. Ⓢ						
<b>MAX</b>	"One for the Money"		** "The Other Woman" (2014)			***½ "Atonement" (2007) James McAvoy. Ⓢ					**½ "Quigley Down Under"				
<b>NBCSPA</b>	Paid Prg.	Paid Prg.	Theft	The Case for 88		Women's College Hockey Quinnipiac at Princeton.					NLL Lacrosse: Bandits at Wings				
<b>NICK</b>	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.			
<b>PARMT</b>	Rescue	Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ			
<b>TBS</b>	"Justice League"		***½ "Wonder Woman" (2017, Action) Gal Gadot. Ⓢ (DVS)					**½ "Wonder Woman 1984" (2020) Gal Gadot.							
<b>TCM</b>	***½ "Woman of the Year" (1942)			**½ "One on One" (1977, Drama) Ⓢ			*** "The Last Time I Saw Paris" (1954)			"Unsink					
<b>TNT</b>	"Star Wars: For"			**½ "Star Wars: The Rise of Skywalker" (2019) Carrie Fisher.					*** "Captain America: Civil War" (2016)						
<b>USA</b>	IMSA	College Basketball				Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			

SUNDAY EVENING											JANUARY 29, 2023				
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00		
<b>3-CBS</b>	NFL	NFL Football Cincinnati Bengals at Kansas City Chiefs. (In Stereo Live) Ⓢ						Fire Country Ⓢ		News	Sports	J. Osteen			
<b>6-ABC</b>	News	ABC	Funny Home Videos			***½ "The Avengers" (2012) Robert Downey Jr. (In Stereo)					News	Sports	Auto		
<b>10-NBC</b>	News	NBC	*** "Sing" (2016) (In Stereo) Ⓢ				America's Got Talent: All-Stars Ⓢ				News	Eagles	Bensinger		
<b>17-MNT</b>	Two Men	Two Men	Gold	Gold	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action News at 10		Seinfeld	Seinfeld	Outdoors		
<b>23-PBS</b>	Evening With Lerner and Loewe		Henry Louis Gates Jr. -- Uncovering				*** "Concert for George" (2003) Ⓢ				Here's	Show Me			
<b>29-FOX</b>	Postgame	News	Hell's Kitchen		Special Forces: World's Toughest Test			The 10 News		News	Extra Ⓢ				
<b>57-CW</b>	Magnum P.I. Ⓢ	FamFeud		FamFeud	Animals	Animals	Whose?	Whose?	News Philly		WOW - Women		King		
<b>A&amp;E</b>	The First 48 Ⓢ		The First 48 Ⓢ		The First 48 "Chain of Death" Ⓢ				The First 48 Ⓢ		The First 48 Ⓢ		First 48		
<b>AMC</b>	*** "True Lies" (1994, Action) Arnold Schwarzenegger. Ⓢ					Mayfair Witches			Mayfair Witches		"Abraham Lincoln: Vampire"				
<b>CNN</b>	CNN Newsroom		Who's Talking		CNN Newsroom		Anthony Bourd.		Anthony Bourd.		Anthony Bourd.		Anthony		
<b>DISC</b>	Dirty Jobs Ⓢ		Dirty Jobs Ⓢ		Dirty Jobs (In Stereo)		Sewer Divers Ⓢ		Dirty Jobs Ⓢ		Dirty Jobs Ⓢ		Dirty Jobs		
<b>DISN</b>	Big City	Big City	***½ "Wreck-It Ralph" 'PG'			Bunk'd	Bunk'd	Jessie	Jessie	Jessie	Big City	Big City	Big City		
<b>ESPN</b>	Films	X Games (Live) Ⓢ					SportCtr		NFL PrimeTime Ⓢ		SportsCenter W/Van Pelt				
<b>ESPN2</b>	College Basketball		Premier Hockey Federation All-Star Game. (Live) Ⓢ					2023 Australian Open Tennis Men's Final. Ⓢ							
<b>FNEWS</b>	Fox Report		Sunday Night		Life, Liberty & Levin		The Next Revolution		Sunday Night		Life, Liberty & Levin		Revolu		
<b>FX</b>	"Enemy-State"		**½ "Jurassic World: Fallen Kingdom" (2018) Chris Pratt. Ⓢ					**½ "Jurassic World: Fallen Kingdom" (2018) Ⓢ							
<b>HBO</b>	(5:52) ***½ "The Batman" (2022) Robert Pattinson. 'PG-13'					The Last of Us (In Stereo) Ⓢ			The Last of Us Ⓢ		The Last of Us Ⓢ				
<b>HIST</b>	Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn Stars		Pawn		
<b>ION</b>	NCIS Ⓢ (DVS)		NCIS "Grounded"		NCIS "Check"		NCIS Ⓢ (DVS)		NCIS Ⓢ (DVS)		NCIS "Cadence"		NCIS		
<b>LIFE</b>	"Disappearance in Yellowstone" (2022)					"Vacation Home Nightmare" (2023) Ⓢ			"Hoax: The Kidnapping of Sherri Papini"			"Vaca			
<b>MAX</b>	"Quigley"		**½ "Killers" (2010) (In Stereo)		** "Anna" (2019) Sasha Luss. (In Stereo)			*** "Lone Survivor" (2013) (In Stereo)					"6 Days"		
<b>NBCSPA</b>	NLL Lacrosse		Brewing	Bensinger	Women's College Hockey Quinnipiac at Princeton.				Snow	In. Golf	Golfer	Poker			
<b>NICK</b>	**½ "Minions" (2015) (In Stereo) Ⓢ					** "Ice Age: Collision Course" (2016)			Friends	Friends	Friends	Friends	Friends		
<b>PARMT</b>	Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Bar Rescue Ⓢ		Rescue		
<b>TBS</b>	"Wonder 1984"		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	**½ "Aquaman" (2018) Jason Momoa. Ⓢ (DVS)						
<b>TCM</b>	(5:45) "The Unsinkable Molly Brown" Ⓢ				*** "Dangerous" (1935) Ⓢ			***½ "Mildred Pierce" (1945) Joan Crawford.			"Beverly"				
<b>TNT</b>	"Captain America"		*** "Thor: Ragnarok" (2017) Chris Hemsworth.					***½ "Avengers: Endgame" (2019) Robert Downey Jr.							
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU		

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SATURDAY NIGHT AT OWEN'S PUB IN  
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5 COURSES:  
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**SATURDAY, JANUARY 28**



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TIME**

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### Which Roof Rack Is Right For You?

Roof racks can mean different things to different people. For some it's a chance to head out into the outdoors with skiing, snowboarding or biking gear. For others, it's a way to carry more work-related items such as tools, ladders or plywood. Maybe it's to haul some cherished new additions home after a day of antiquing. Everyone has different requirements when it comes to vehicle rooftop storage. Whatever your needs, there are numerous options in style and size of roof racks. You may see storage systems referred to as rails, luggage racks or cargo carriers and they come in countless designs. So where should you start in your search for your perfect roof rack?

Ask yourself these important questions before you invest:

**1. What do I want to carry?** Think about what you want to transport. Does your cargo need to be protected from the elements? How can it be secured? Is it fragile or durable? If you want to transport sporting goods such as skis, surfboards or bicycles, you are going to have different requirements than if you are hauling camping gear. Some people may just need a bit of extra storage for weekend shopping. All of these factors need to go into your decision. Also consider how often you'll use the rack, the weather in your area and if you want to be able to remove it easily or make it a semi-permanent part of your vehicle. Plus, if you are taking it off between uses, how are you going to store it? Do you need something that can be broken down into pieces or can you store a larger hard-shell style?

**2. Will it fit my car?** Consider what style and size of cargo carrier is the proper fit for your vehicle. A large enclosed hard shell carrier is probably not the right pick if you drive a small sports car. Pay close attention to load restrictions for not only the carrier you choose, but also your vehicle. Some trucks or jeeps may have special size requirements due to unique designs. While many cargo racks are advertised as "universal" and claim they will fit any car, there may be exceptions. Make sure your vehicle is able to support the carrier, especially if it is a foreign or older model car. Sometimes off-brands try to be one-size fits all, when they in reality are not. Take measurements, check how the carrier is connected and consider brand names that stand behind their product with a return policy. Make sure you take stock of where you park your vehicle. If your car stays in a garage or underground structure, make sure clearance levels will allow you to enter with your rack in place, loaded or unloaded.

**3. How much do I want to spend?** There are a wide range of price points for roof racks and cargo carriers, from under a hundred dollars up into the thousands. Obviously, the more you spend, the more features will be included and usually higher quality construction and parts. Versatility is also going to be a factor in price. If you are simply looking for something to use for an occasional load versus the weekend warrior or sports enthusiast who is going to put in some serious wear and tear, factor this into your decision. If you just need some simple rails to carry the occasional cargo, you might not need to opt for the top of the line cargo carrier.

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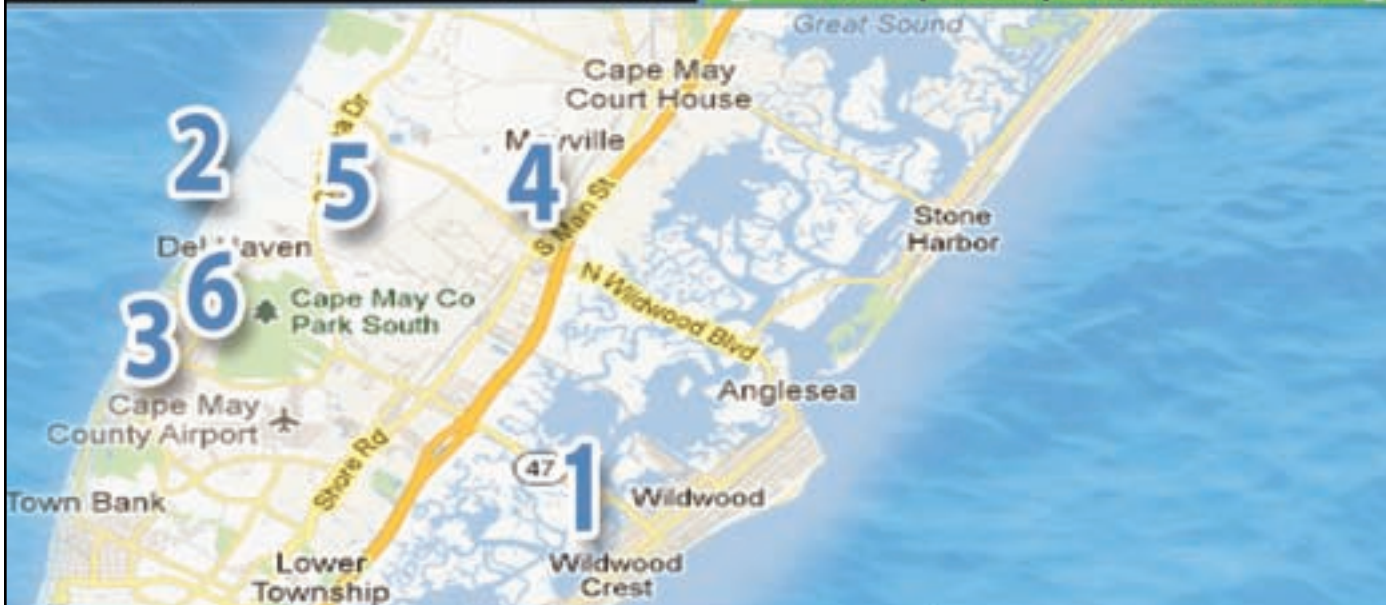
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MONDAY EVENING											JANUARY 30, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	Neighbor	Bob Heart	NCIS "Unearth"	NCIS: Hawai'i		News	Late Show-Colbert			
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	The Bachelor (In Stereo) [CC]			The Good Doctor		News	Jimmy Kimmel Live!			
<b>10-NBC</b>	News	NBC	News	Holly	America's Got Talent: All-Stars [CC]			Quantum Leap		News	Tonight Show			
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Two Men	Two Men		
<b>23-PBS</b>	NJ Spotl	Newsline	One/One	NJ Spotl	Walking Victorian			The Water of Life [CC]		Gover	NJ Spotl	One/One	World	
<b>29-FOX</b>	The Six	The Pulse	TMZ [CC]	You Bet	Fantasy Island		Alert: Missing		The 10 News	News	Feed	Extra		
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	All American [CC]		All American		News Philly	Law & Order: SVU		Neighbor		
<b>A&amp;E</b>	The First 48 [CC]		The First 48 [CC]		The First 48 [CC]		The First 48 [CC]		The First 48 [CC]		The First 48 [CC]		First 48	
<b>AMC</b>	(4:00) "True Lies"				***½ "Gladiator" (2000) Russell Crowe, Joaquin Phoenix. [CC]				***½ "Gladiator" (2000) Russell Crowe.					
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight [CC]	CNN Tonight [CC]		AC 360		
<b>DISC</b>	Street Outlaws		Street Outlaws		Street Outlaws "Imports Strike Back" (In Stereo) [CC]				Street Outlaws		Outlaws			
<b>DISN</b>	Ladybug	Ladybug	Hamster	Big City	***½ "Up" (2009) 'PG' [CC]			Hamster	Big City	Hamster	Ladybug	Ladybug	Jessie	
<b>ESPN</b>	SportsCenter [CC]		College Basketball Virginia at Syracuse.				College Basketball Baylor at Texas. [CC]				SportsCenter		SportCtr	
<b>ESPN2</b>	Wager	Award	Women's College Basketball				College Basketball				NFL Live [CC]		Bad	
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) [CC]		The Ingraham Angle	Gutfeld! [CC]		Fox News		
<b>FX</b>	(5:00) "Mission: Impossible -- Fallout" [CC]				*½ "Gone in 60 Seconds" (2000) Nicolas Cage.				*½ "The Waterboy" (1998) (In Stereo)					
<b>HBO</b>	"47"	The Last of Us (In Stereo) [CC]			***½ "Cold Pursuit" (2019) Liam Neeson.			The Last of Us (In Stereo) [CC]		"Captain Phillips"				
<b>HIST</b>	History's-Mysteries		History's Greatest Mysteries [CC]			History's-Mysteries		History's-Mysteries		History's-Mysteries		Mysteries		
<b>ION</b>	Criminal Minds		FBI (In Stereo) [CC]		FBI "Compromised"		FBI (In Stereo) [CC]		FBI "Identity Crisis"		FBI "A New Dawn"		FBI [CC]	
<b>LIFE</b>	Castle [CC]		Castle [CC]		Castle "Pandora"		Castle "Linchpin"		Castle [CC]		Castle [CC]		Castle	
<b>MAX</b>	*½ "Geostorm" (2017) Gerard Butler.				*** "Danny Collins" (2015) Al Pacino.				"What's Eating Gilbert Grape"		**½ "Profile"			
<b>NBCSPA</b>	Birds	Sixers	NBA Basketball Orlando Magic at Philadelphia 76ers.				Sixers Post.		Birds	Fantasy Football		Basket		
<b>NICK</b>	Loud	Loud	Loud	Sponge.	Sponge.	Sponge.	Friends	Friends	Friends	Friends [CC]	Friends	Friends		
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	Movie (In Stereo) [CC]						Movie (In Stereo) [CC]			
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	American	American	
<b>TCM</b>	**** "The Maltese Falcon" (1941)				**** "Zorba the Greek" (1964) Anthony Quinn.				Movie					
<b>TNT</b>	(4:45) *** "Thor: Ragnarok"			***½ "Avengers: Endgame" (2019) Robert Downey Jr., Chris Evans. [CC] (DVS)						** "Gemini Man"				
<b>USA</b>	Chicago Fire		Chicago Fire		WWE Monday Night RAW (In Stereo Live) [CC]					Nikki Bella Says I Do		Chi. Fire		

TUESDAY EVENING											JANUARY 31, 2023			
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	FBI "Victim" [CC]		FBI: International		FBI: Most Wanted		News	Late Show-Colbert		
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	The Rookie			The Rookie: Feds		Will Trent (In Stereo)	News	Jimmy Kimmel Live!		
<b>10-NBC</b>	News	NBC	News	Holly	Night	American	La Brea "Stampede"		La Brea [CC] (DVS)		News	Tonight Show		
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Seinfeld	Two Men	Two Men		
<b>23-PBS</b>	NJ Spotl	Newsline	One/One	NJ Spotl	Agatha Christie's Marple [CC]		Great Performances		Variety	NJ Spotl	Here's	World		
<b>29-FOX</b>	The Six	The 215	TMZ [CC]	You Bet	9-1-1: Lone Star		Accused [CC] (DVS)		The 10 News	News	Feed	Extra		
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	The Winchesters		The Winchesters		News Philly	Law & Order: SVU		Neighbor		
<b>A&amp;E</b>	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	
<b>AMC</b>	(4:30) ***½ "The Departed" (2006)				** "U.S. Marshals" (1998, Action) Tommy Lee Jones. [CC]				That Dirty Black Bag "Demoli"					
<b>CNN</b>	Situation Room		E. B. OutFront		Anderson Cooper		Anderson Cooper		CNN Tonight [CC]	CNN Tonight [CC]		AC 360		
<b>DISC</b>	Bering Sea Gold "The Miner's Code" [CC]				Bering Sea Gold "There Will Be Blood"				Ice Cold Catch [CC]		Sewer Divers [CC]		Sea Gold	
<b>DISN</b>	Ladybug	Ladybug	Hamster	Big City	"Chipmunks-Squeakquel"			Hamster	Big City	Hamster	Ladybug	Ladybug	Jessie	
<b>ESPN</b>	SportsCenter [CC]		College Basketball Teams TBA. (Live) [CC]				College Basketball Teams TBA. (Live) [CC]				SportsCenter		SportCtr	
<b>ESPN2</b>	The Point [CC]		College Basketball Teams TBA. (Live) [CC]				College Basketball Teams TBA. (Live) [CC]				Basket	NFL Live [CC]		
<b>FNEWS</b>	Special Report		Jesse Watters		Tucker Carlson		Hannity (Live) [CC]		The Ingraham Angle	Gutfeld! [CC]		Fox News		
<b>FX</b>	"Gone in 60 Sec"				*** "Iron Man 3" (2013) Robert Downey Jr. (In Stereo) [CC]				*** "Iron Man 3" (2013) Robert Downey Jr. [CC]					
<b>HBO</b>	(5:35) "The Unborn"		The Last of Us [CC]		The Last of Us (In Stereo) [CC]		*½ "Law Abiding Citizen" 'R'		"The Cabin in the Woods" 'R'					
<b>HIST</b>	Curse of Oak Island		Curse of Oak Island		Curse of Oak Island		Curse of Oak Island		Beyond Oak Island		Curse of Oak Island		Oak Is	
<b>ION</b>	Chicago Fire [CC]		Chicago Fire "2112"		Chicago Fire [CC]		Chicago Fire [CC]		Chicago Fire [CC]		Chicago Fire [CC]		Chi. Fire	
<b>LIFE</b>	Rizzoli & Isles [CC]		Rizzoli & Isles [CC]		Rizzoli & Isles [CC]		Rizzoli & Isles [CC]		Rizzoli & Isles [CC]		Rizzoli & Isles [CC]		Rizzoli	
<b>MAX</b>	(5:58) *** "Lone Survivor" (2013) [CC]				**½ "Alpha Dog" (2006) Bruce Willis.				**½ "RocknRolla" (2008) Gerard Butler.				"Mule"	
<b>NBCSPA</b>	Birds	Birds	The Best Show Ever? [CC]				Birds	Brewing		United				
<b>NICK</b>	Loud	Loud	Loud	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	Movie (In Stereo) [CC]						Movie (In Stereo) [CC]			
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sheldon	Sheldon	Sheldon	
<b>TCM</b>	**½ "Angel Face" (1952) [CC]				***½ "Breathless" (1959)				*** "Le petit soldat" (1963) Anna Karina		"Masculin féminin"			
<b>TNT</b>	"Star Wars: The"		Pregame	NBA Basketball: Lakers at Knicks				NBA Basketball: Pelicans at Nuggets						
<b>USA</b>	Law & Order: SVU		Law & Order: SVU		WWE NXT (In Stereo Live) [CC]				Chicago P.D. "Gone"		Chicago P.D.		Chicago	

WEDNESDAY EVENING											FEBRUARY 1, 2023		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	Price Is Right	Lingo "Episode 4"	Tough as Nails	News	Late Show-Colbert				
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	Schoolhouse Rock!	Abbott	Abbott	Black in Vegas	News	Jimmy Kimmel Live!			
<b>10-NBC</b>	News	NBC	News	Holly	Chicago Med	Chicago Fire	Chicago P.D.	News	Tonight Show				
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Sports	Action News at 10	Seinfeld	Two Men	Two Men	
<b>23-PBS</b>	NJ Spot!	Newsline	One/One	NJ Spot!	NJ Busin	Price-Sil	Miss Scarlet	All Creatures Great	NJ Spot!	Class	World		
<b>29-FOX</b>	The Six	ClassH	TMZ	You Bet	Name That Tune	Special Forces	The 10 News	News	Feed	Extra			
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Penn & Teller	Kung Fu "Betrayal"	News Philly	Law & Order: SVU	Neighbor				
<b>A&amp;E</b>	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	The First 48	First 48		
<b>AMC</b>	"National Lamp."	★½ "Vegas Vacation" (1997)				"National Lampoon's European Vacation"			"Christmas Vacation"				
<b>CNN</b>	Situation Room	E. B. OutFront			Anderson Cooper		Anderson Cooper		CNN Tonight		CNN Tonight		AC 360
<b>DISC</b>	Moonshiners	Moonshiners			Moonshiners "Folly of Felonies" (In Stereo)				Master Distiller		Moon		
<b>DISN</b>	Raven	Raven	Jessie	Jessie	"Alvin-Chipwrecked"			Big City	Owl Hse.	Amphibia	Big City	Big City	Jessie
<b>ESPN</b>	SportsCenter	NBA		NBA Basketball Brooklyn Nets at Boston Celtics.				NBA Basketball Atlanta Hawks at Phoenix Suns.					
<b>ESPN2</b>	Daily Wager	College Basketball Tennessee at Florida.				College Basketball				SportsCenter		SportCtr	
<b>FNEWS</b>	Special Report	Jesse Watters			Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News
<b>FX</b>	(5:30) ★★ "Pacific Rim Uprising" (2018)				★★½ "Central Intelligence" (2016) Dwayne Johnson.				★★½ "Central Intelligence" (2016)				
<b>HBO</b>	"Hitman's Wife"	REAL Sports			★★★ "Sleepy Hollow" (1999) 'R'				Game	★★★½ "The Banshees of Inisherin" 'R'			
<b>HIST</b>	American Pickers	American Pickers			American Pickers		American Pickers		Dirty Old	Dirty Old	American Pickers		Pickers
<b>ION</b>	Blue Bloods	Blue Bloods			Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue
<b>LIFE</b>	Celebrity Wife Swap	Celebrity Wife Swap			Married at First Sight				Married at First Sight		Married at First Sight		Married
<b>MAX</b>	★½ "Abduction" (2011) Taylor Lautner.			★★ "Johnson Family Vacation"			★★ "Let's Be Cops" (2014) Jake Johnson.			"Throw Momma"			
<b>NBCSPA</b>	Birds	Sixers	NBA Basketball Orlando Magic at Philadelphia 76ers.				Sixers Post.		Birds	In. Golf	Bensinger	Basket	
<b>NICK</b>	Loud	Loud	Slimetime	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	Movie (In Stereo)					Movie (In Stereo)			
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite (Live)				Power Slap		Sheldon	Sheldon	Sheldon
<b>TCM</b>	"The World, the Flesh and the Devil"				★★★ "10" (1979) Dudley Moore.				★★★½ "Arthur" (1981) Dudley Moore.				"Bedaz
<b>TNT</b>	Lucifer (DVS)	NHL	NHL Hockey Carolina Hurricanes at Buffalo Sabres.				Postgame ★★½ "A Knight's Tale" (2001)						
<b>USA</b>	Law & Order: SVU	Law & Order: SVU			Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU

THURSDAY EVENING											FEBRUARY 2, 2023		
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
<b>3-CBS</b>	News	CBS	Inside Ed.	ET	Sheldon	Ghosts	So Help Me Todd	CSI: Vegas	News	Late Show-Colbert			
<b>6-ABC</b>	News	ABC	Jeopardy!	Wheel	Celebrity Jeopardy!	The Parent Test	The Chase	News	Jimmy Kimmel Live!				
<b>10-NBC</b>	News	NBC	News	Holly	Law & Order	Law & Order: SVU	Law & Order	News	Tonight Show				
<b>17-MNT</b>	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action News at 10	Paid Prg.	Two Men	Two Men	
<b>23-PBS</b>	NJ Spot!	Newsline	One/One	NJ Spot!	Finding Your Roots	Ida B. Wells	A Once Busy Earth	NJ Spot!	The Arts	World			
<b>29-FOX</b>	The Six	Kelly	TMZ	You Bet	Hell's Kitchen	Flatch	Kat	The 10 News	News	Feed	Extra		
<b>57-CW</b>	FamFeud	FamFeud	FamFeud	FamFeud	Walker	Walker Ind.	News Philly	Law & Order: SVU	Neighbor				
<b>A&amp;E</b>	The First 48	The First 48	The First 48	After the First 48	Accused: Guilty			Taking the Stand		The First 48		After	
<b>AMC</b>	"Ground"	★★★½ "Groundhog Day" (1993) Bill Murray.				★★★½ "Groundhog Day" (1993) Bill Murray.				"Groundhog Day"			
<b>CNN</b>	Situation Room	E. B. OutFront			Anderson Cooper		Anderson Cooper		CNN Tonight		CNN Tonight		AC 360
<b>DISC</b>	(5:00) BattleBots	BattleBots			BattleBots "Bad Blood" (In Stereo)				BattleBots		Battle		
<b>DISN</b>	Raven	Raven	Holly H.	Holly H.	"Alvin and the Chipmunks"			Bunk'd	Bunk'd	Bunk'd	Sydney	Sydney	Jessie
<b>ESPN</b>	SportsCenter	2023 Pro Bowl Skills Showdown				Women's College Basketball				College Basketball Oregon at Arizona.			
<b>ESPN2</b>	Daily Wager	College Basketball				College Basketball				SportsCenter		SportCtr	
<b>FNEWS</b>	Special Report	Jesse Watters			Tucker Carlson		Hannity (Live)		The Ingraham Angle		Gutfeld!		Fox News
<b>FX</b>	(3:00) "Interstellar"	★★★½ "The Martian" (2015) Matt Damon. (In Stereo)				★★★½ "The Martian" (2015) Matt Damon.							
<b>HBO</b>	(5:45) ★★ "The King's Man" (2021) 'R'	★★★½ "Hereditary" (2018) Toni Collette.				The Last of Us (In Stereo)				"Armageddon"			
<b>HIST</b>	Swamp People	Swamp People			Swamp People (DVS)			Swamp People	Swamp People "Pig Head"		Swamp		
<b>ION</b>	Chicago P.D.	Chicago P.D.			Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago
<b>LIFE</b>	Castle	Castle			"Reba McEntire's The Hammer" (2023)				★★½ "27 Dresses" (2008)		"Ham		
<b>MAX</b>	"Purge"	★★★ "The One I Love" (2014)			★★ "Tommy Boy" (1995)			★½ "Black Sheep" (1996)		★★ "Halloween Kills" (2021)			
<b>NBCSPA</b>	Birds	Birds	College Basketball				Birds	Fantasy Football	College Basketball				
<b>NICK</b>	Loud	Loud	Loud	Fairly	Slimetime	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
<b>PARMT</b>	Two Men	Two Men	Two Men	Two Men	★★★ "Top Gun" (1986) Tom Cruise. (In Stereo)				★★★★ "Forrest Gump" (1994) (In Stereo)				
<b>TBS</b>	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	NFL Tailgate	"Gemini"	
<b>TCM</b>	★★ "Dr. Gillespie's Criminal Case" (1943)				★★½ "The Ring" (1952)			★★★★ "Singin' in the Rain" (1952)				"Fabulous Sen."	
<b>TNT</b>	"Juras	Game	Tip-Off	NBA Basketball: Grizzlies at Cavaliers				NBA Basketball: Clippers at Bucks					
<b>USA</b>	Law & Order: SVU	Law & Order: SVU			★★★ "John Wick" (2014) Keanu Reeves.			★★★ "Enemy of the State" (1998) Will Smith.					



# CHARACTER Of The Week



**Answer:**  
**Joey M from La Piazza**  
**Winner:**  
**Debbie Scaltrito**

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### Jersey Cape Character of the Week Contest

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Guess for Character: \_\_\_\_\_ from \_\_\_\_\_

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## THE BIG YELLA FELLA & HIS PTSD COMPANION ROBERT MACPHERSON

Submitted by Patsy Nelson  
from The Wagging Tail

You may have read my article in September of 2022 about understanding psychiatric service dogs. My interest was inspired when I read the books by Luis Carlos Montavan, who had been a Captain in the U.S. Army where he served two combat tours in Iraq receiving two Bronze Stars and The Purple Heart. Montavan & his PTSD rescue dog, Tuesday, publicly advocated for benefits of service dogs to veterans & others with disabilities, even speaking before Congress. The following story is about another veteran who benefited from his relationship with a service dog named Blue.

Robert MacPherson hailed from Pittsburgh, PA. In his senior year in high school he decided to join the Marines. (Some of you may remember my deceased husband's granddaughter, Stephanie, who worked for me before joining the Marines & is currently stationed in Japan.) After retiring from the Marines, Robert spent 20 years fighting global poverty & world hunger, leading the emergency response team in war-torn places like Bosnia, Rwanda, Somalia, Darfur, Haiti, Iraq & Afghanistan. Robert had a difficult time adjusting to "normal" civilian life. He was suffering from the devastating, invisible & crushing disease of post traumatic stress disorder. It is something that affects so many veterans of war, but because it is not physically-apparent like a lost limb, many victims try to ignore its presence or self-medicate. "Initially," says MacPherson, "the clash between my ego & reality made me hesitant to want a trained companion." When you have a dog by your side with a vest that says Service Dog, it is an announcement to everyone that you have admitted to a problem that requires assistance.

Robert decided to contact Southeastern Guide Dogs, whose motto is "Serving those who cannot see & those who have seen too much." In his interview, he said he wanted a labrador-retriever like the one who greeted him at home each time he returned during his tours of duty, the bigger the better. Before he met Blue, he was told that since the creation of the school in 1984, the dog chosen for Robert was the biggest lab ever born in the facility. A yellow lab weighing ninety pounds with "ears the size of dinner plates." Robert watched the dog bound over to him as he crouched down for the impact & was plastered with a wet tongue and a whizzing, wagging tail. The love bond was immediate.

Blue had graduated with 23 months of training which was demonstrated to Robert over the next 12 days in their interactions. "On the fifth night of training, I had a nightmare. They were becoming more frequent and severe. While still in the nightmare, I felt a sudden pressure across my chest." Once Robert became fully awake, he realized that Blue had placed pressure over his chest to restrain him & planted kisses on his face to awaken him. In many ways like this, Blue has helped Robert manage his anxieties, anger & depression. Robert is able to fulfill his writing career, having written a book honoring the humanitarians with whom he worked in those impoverished countries, and thanks to Blue, he's written a book about the incredible comfort courted by service dogs.

Thank you for your feedback on my articles, and for supporting The Wagging Tail.

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