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ENJOY BREAKFAST AND LUNCH AT THE OCEANVIEW IN CAPE MAY • SEE PAGE 6



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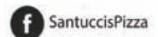
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CHALLENGE

		1	2	3 *			4	5	6	7	
	8						9				
	10				11	12		*			13
14	П	П	П		15	П	П		16	П	*
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28	П			29	30	31		32			П
33	П	П	34	П	П	П	35	П		*	
	36						37				
	38		*								

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- 1. Neighbor of Mississippi
- 8. Epiphany visitors
- 9. "Coffee, Tea 1973 TV movie
- 10. Magical chant
- 14. Lovett or Alzado
- 15. Chicken _____ king
- 16. German article
- 17. Assist in crime
- 18. Ruby or scarlet
- 19. Mrs. Truman
- 20. Bud support
- 24. Opening trio
- 27. __ Hari; WWI spy
- 28. ___-pitch softball
- 29. Head topper
- 32. Mr. Preminger
- 33. Mount Rushmore's place (2)
- 36. Spruce or sequoia
- 37. Greek letters
- 38. Night sky twinkling

DOWN

- 1. Restaurant furniture
- 2. White waders
- 3. Actress Long
- 4. Malt shop order

- 5. Feminine title
- 6. Glowing coal bit
- 7. Uncanny
- 8. Perhaps
- 11. Stanford's state: abbr.
- 12. Roker or Molinaro
- 13. Connecting word
- 14. Friendly retriever
- 20. Velvety
- 21. Rat-a-__-
- 22. Singer James & others
- 23. Famous Chairman
- 24. Mule's father
- 25. Ink stains
- 26. Woo
- 29. Half of a '60s/'70s duo
- 30. Promo
- 31. One of the Kettles
- 34. Brewed beverage Ranana Rolution

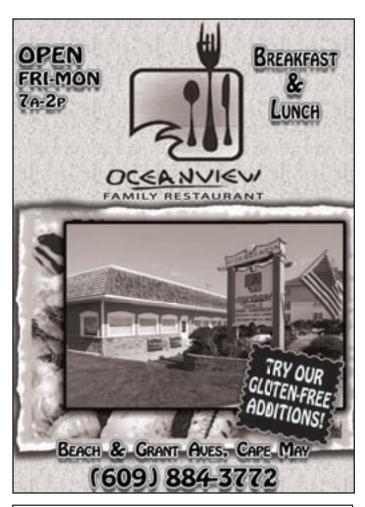
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WORD SEARCH

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"The Company You Keep" on ABC

(Words in parentheses not in puzzle) Charlie (Milo) Ventimiglia Con Man Emma (Hill) (Catherine) Haena Kim (CIA) Agent (William) Fichtner Undercover Leo David (Hill) (Tim) Chiou **Debts Families** Grace (Hill) (Freda) Foh Shen

HOROSCOPE

FEBRUARY 16 - FEBRUARY 22, 2023

ARIES (Mar. 21- April 20)

Your partner may push buttons that infuriate you. Your partner could make you angry if they steal your thunder or embarrass you in front of others. Don't hesitate to look for alternatives that will enable you to raise the kind of donations you need to do the job right. You need to concentrate on your business ventures more than on your relationship this week.

TAURUS (Apr. 21- May 21)

Don't let others bully you into agreeing with them. You will be able to get along well with colleagues. Love can be yours if you get out and about. Insincere gestures of friendliness are likely to occur.

GEMINI (May 22-June 21)

Problems with in-laws may cause friction in your personal relationship. Be sure to find out all you can before you commit to anything. Deceit with coworkers is apparent. Opportunities will come through behind the scenes activities,

CANCER (June 22-July 22)

Your diplomatic nature will help you in straightening out unsavory situations. Partnerships may be plentiful. Your mate needs extra attention and is feeling rather insecure when you're not in sight. Your support and concern will help. Your desire for excitement and adventure may be expensive.

LEO (July 23-Aug 22)

Your energetic personality will make you the center of attention at social gatherings. Educational pursuits should help you develop your hobbies. You can become obsessed with detail and must be sure to divide your time appropriately. Get together with friends and do something entertaining but not too expensive.

VIRGO (Aug. 23 -Sept. 23)

You may be able to get some good advice about your personal problems. Pleasure trips will be emotionally favorable. Don't deny yourself this week. Problems with in-laws may cause friction in your personal relationship.

LIBRA (Sept. 24 -Oct. 23)

죗

You may be likely to have difficulties with females. Changes regarding family members will set you off. Don't give them the use of your credit card. Consider a conservative investment that will stay solid when everything else govs sour.

SCORPIO (Oct. 24 - Nov. 22)

You need to spend time with friends and family. Put your efforts into your work or money making ventures rather than your emotional life. Don't be afraid to talk to close friends or relatives about pressing personal problems. Talk to 'he party involved and make sure that they are informed as to what actually happened.

SAGITTARIUS (Nov. 23 -Dec. 21)

Be careful how you deal with colleagues, this week will be rather hectic on the domestic scene. You may be ill-treated if you have to deal with institutional environments. You need an energetic outlet that will help you dissipate your anxiety.

CAPRICORN (Dec 22.- Jan. 20)

Time is money and you must be ready to take action in order to reach your highest potential. Be cautious handling tools, machinery, or dangerous objects. Travel will be exciting. You are apt to meet someone special on your jowney.

AQUARIUS (Jan. 21 -Feb. 19)

You can make money if you're willing to push your ideas on those in a position to support your efforts. Be sure to cover all the necessary groundwork before signing binding contracts. Don't let others put unreasonable demands on you. You should put in some extra hours developing that creative idea you have.

PISCES (Feb. 20-Mar. 20)

Do not be surprised if your partner doesn't understand your needs. Some of your new friends may not be that trustworthy. You may not be able to help, but your support will be favorable. It's time to reevaluate your motives.

Horoscopes Provided by: astrology-online.con











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WHAT'S SHOWING THIS WEEK:

Thursday, Feb. 16 8PM • THE NOTEBOOK

Monday, Feb. 20 TRIVIA NIGHT 7PM Friday, Feb. 17
HAIRSPRAY
SHOWTIMES:
3PM • 6PM • 9PM

Tuesday, Feb. 21
HAIRSPRAY
SHOWTIME:
7PM

Saturday, Feb. 18

HAIRSPRAY

SHOWTIMES:

1PM • 4PM • 7:30PM • 10PM

Wednesday, Feb. 22 HAIRSPRAY

SHOWTIMES: 6PM • 9PM Sunday, Feb. 19

HAIRSPRAY

SHOWTIMES:

10AM • 1PM • 4PM

• 7:30PM • 10PM

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HAM CAPICOLA....\$3.99/lb
HONEY HAM....\$5.99/lb
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PASTRAMI

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WHAT'S HAPPENING AROUND THE CAPE

Wildwoods

Spirit Brands National Cheerleading Championship Wildwoods Convention Center. Saturday & Sunday from 9 a.m. – 4 p.m. (times are subject to change) Performances will be choreographed to music and sound effects, and winning teams will be awarded prizes. An admission fee will be charged at the door the day of the event. Children under five are free. For more information call 866.52.CHEER or visit Spirit-Brands.org
Winter Makers Market – New!

Winter Makers Market – New! Come explore the local artisans of the Jersey shore on this exciting







weekend in the Wildwoods Convention Center! Admission fee is \$1. Event takes place from 9 a.m. – 4 p.m. on Saturday and Sunday. For more information malloryseats@gmail.com or mallorys-eats. mailchimpsites.com

CAPE MAY
CRAFTS & COLLECTIBLES IN WINTER
A variety of local crafters and arti-

A variety of local crafters and artisans will display their wares at the Cape May Convention Hall at 714 Beach Ave on Saturday and Sunday, February 18 and 19 from 10 a.m. - 4 p.m. Visit capemaymac. org for more information.

NATIONAL DRINK WINE DAY – Feb 18 While February 18th is observed annually as National Drink Wine

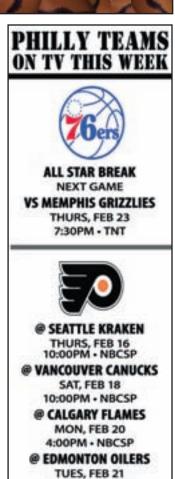






Day, it would be a shame to celebrate only one day a year. Perhaps this day is just a reminder to drink wine. Wine does have its benefits after all. Moderate drinkers of wine have lower risks of liver disease, type II diabetes, certain kinds of cancers, heart attack, and stroke. It also can reduce the bad cholesterol (LDL) and increase the good (HDI)

NATIONAL MARGARITA DAY – Feb 22 National Margarita Day rims a glass with salt and serves up a beverage that tastes like the summer sun. Whether you enjoy them on the rocks or blended, this day is for you! Known to be the most common tequila-based cocktail served in the United States, the margarita is a cocktail that consists of tequila, triple sec, and lime or lemon juice. When it comes to sorting out the legends associated with the origin of the margarita, there are many. Two things are certain; the cocktail included tequila, and the bartender edged the rim of the glass with salt. Today, lime is not the only flavor of margarita, and the specialists behind the bar have gotten creative mixing dried herbs, infused sugars, and exotic salts to enhance both the presentation of the glass and the flavor of the cocktail. Margaritas can be served on the rocks (shaken with ice), frozen (blended with ice), or straight up (without ice).



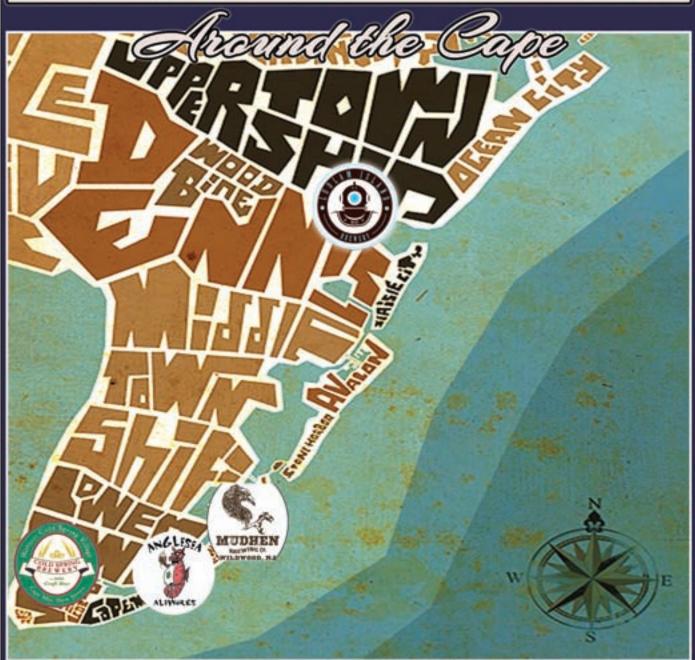
9:00PM · NBCSP

This Week's Weather HIGH 55 THURSDAY, FEBRUARY 16 60% **LOW 48** HIGH 55 FRIDAY, FEBRUARY 17 70% LOW 34 HIGH 43 SATURDAY, FEBRUARY 18 **LOW 28** HIGH 48 SUNDAY, FEBRUARY 19 **LOW 37** HIGH 52 MONDAY, FEBRUARY 20 LOW 46 HIGH 52 TUESDAY, FEBRUARY 21 LOW 41 HIGH 48 WEDNESDAY, FEBRUARY 22 30% **LOW 37**





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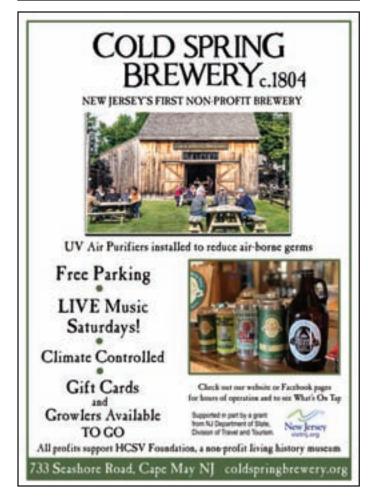
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TOMMY C IS MAKING HIS MARK

Frank Sinatra, Dean Martin, Bobby Rydell – some of the great voices of the past. Let's add Tommy C to that list as one of the great voices of the present.

Tommy Coniglio, firefighter and EMT, is definitely making his mark in the entertainment world in Cape May County and beyond. Having been discovered by Joe Montello, who is also Tommy's mentor and manager, he is also known as "The Voice of Tribute," and at just 25 years old is a talented performer bringing back the



greatest hits of Frank Sinatra, Dean Martin, Bobby Darin, Frankie Avalon, Bobby Rydell and more. "The Voice of Tribute" is truly a performer to watch, singing yesterday's music for today's ears.



Tommy C's commitment to his love of music and performing began as a young boy in Hoboken, NJ, none other than the birthplace of Frank Sinatra. The product of a family of entertainers and musicians, Tommy C has honed his craft and developed a diversity within his singing styles which he pays homage to some of our greatest musical legends.

Tommy C performed at The Wildwoods Convention Center as part of the 50s, 60s and 70s weekend in October, and I recently had a conversation with Tracey DuFault, Executive Director of The Wildwoods Chamber of Commerce about Tommy C, and she was full of praise for him, Tracey said, "He is fantastic!, I told him

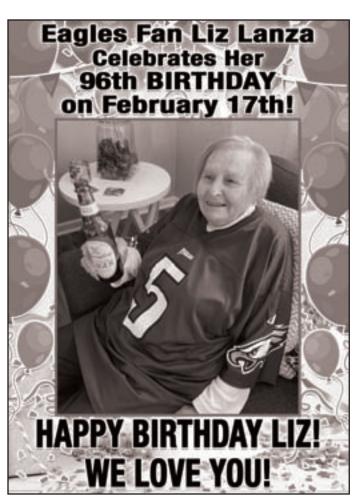
he needs to come to the office after the show, because we need help answering all the calls about you." Tracey continued, "one couple called the Chamber office and talked about how overjoyed they were to dance to their wedding song from 50 years ago that Tommy C performed during the show." Tracey also stated that Tommy C is already booked for the 2023 show, and added some MC duties to his performance.



As a tribute to Bobby Rydell, Tommy C recently recorded a song with Rydell called "Sway", visit his website: thevoiceoftribute. com and check out the video. He also recently released a Christmas Album, "Christmas Time is Here," as well as a new release hitting in April. If you are interested in checking out Tommy C, come on out to Joey Ms La Piazza at 3813 Pacific Avenue in Wildwood this Friday, February 17, or Saturday, February 25. Enjoy a great dinner at Joey M's and delight in the sounds of this wonderful entertainer. The Voice of Tribute will be appearing along with The Voques, The Trammps, Bobby Wilson, Dennis Tufano and



others at the Oldies Dance Party on Saturday, March 11 at The Grand at 818 North Market Street in Wilmington Delaware. For Tickets, call (302) 652-5577 or visit ticketsatthegrand.org. On Sunday, March 12 Tommy will perform along with the Duprees and Comedian Gina DiMaggio at The Brook Arts Center in Bound Brook, NJ. Showtime is 3 p.m. For tickets, call 732-469-7700 or visit www.brookarts.org.







SUDOKU

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

	2	5		7	9			4
4	6				5	8		1
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2		3	7				1	6
8			5	9		4	3	



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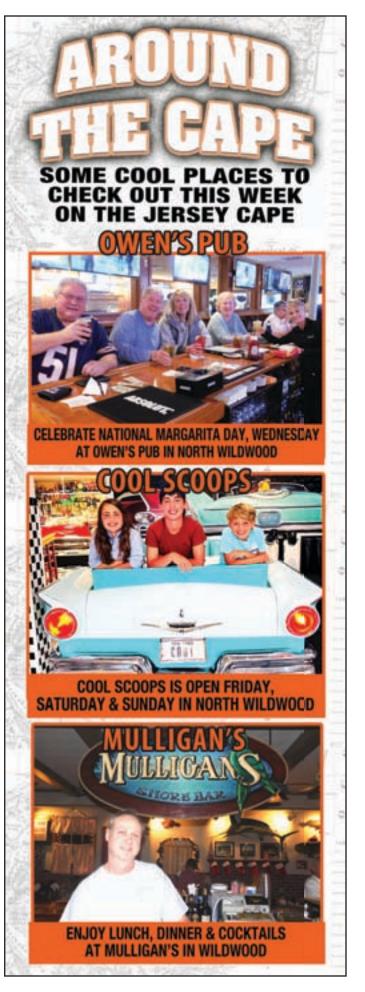
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6-ABC	News	ABC	Jeopardy!	Wheel	Shark Tan	k	20/20 (In St	tereo) 🚾			News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	Lopez vs	Rock	Dateline N	BC (In Stere	eo) 🚾		News	Tonight Sh	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	River ©		Midsomer	Midsomer	Murders	Mike	NJ Spotl	One/One	World
29-FOX	The Six	Props	TMZ CC	You Bet	WWE Frida	ay Night Sm	nackDown		News	Special	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Penn & Te	ller	Whose?	Whose?	News Phill	у	Law & Ord	er: SVU	Neighbor
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FX	(5:30) ★★½	"Iron Man 2	2" (2010) 🚾					owney Jr. (I	n Stereo) 🖾		★½ "Fantas	tic Four" (2	2015)
HBO	(5:20) ***	"Walk the I	Line"	★★½ "Race"	' (2016) Ste	phan James	s. 'PG-13' 🕮		Real, Bill N	/laher	Game	Real, Bill N	/laher
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	"Obsessio	n: Her Fina	I Vengeanc	e" (2020)		•	e" (2023) Gi	na Vitori.	"Gwen Sha	amblin: Sta	rving for Sa	Ivation"	"Escape"
MAX	(5:54) ***	"The Fault	in Our Star	s" ©	★★½ "Limit	less" (2011)) CC	★★★½ "Gra	vity" (2013)	Sandra Bul	lock.	"Remembe	er Me"
NBCSPA	Birds	Birds	College Ba	sketball Ha			Birds	Greatest	World Pok	er	Women's	College Bas	sketball
NICK	Sponge.	Sponge.	Patrick	Transform	Transform	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Law & Ord	er "Fixed"	Law & Ord	er 🖾	Yellowstor	ne "Daybrea	k" (In Stereo) [[Yellowstor	ne 🖾	Yellowstor	ne 🖾	Yellowst.
TBS	Sheldon	Sheldon	Sheldon	Sheldon	*** "Cree	d II " (2018)	Michael B. J	lordan. 🕮 ([OVS)	***½"Cre	ed" (2015) [(DVS)	
TCM	(5:45) ***	"Ziegfeld C	Girl" (1941)		**** "Hoo	op Dreams"	, ,		ve James. 🛭			Great Santi	
TNT	"Rogue Or	ne"	All Elite W	restling	Rich & Sha	ameless	2023 NBA	Jordan Ris	ing Stars (L	ive) 🖾	Postgame	Rich & Sha	
USA	9-1-1 "Dum	b Luck"	"Talladega	Nights: Th	e Ballad of	Ricky Bobb	y" (2006)	★★½ "Step	Brothers" (2008) Will F	errell.	"Talladega	a Nights:"
PΔGF 16	·		·	·	· ·		·	·	·	· ·			·











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4-6PM

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- 3. JUNKE & TREASURES 4501 PACIFIC AVE WILDWOOD • 609-214-2253
- 4. JUNKE & TREASURES 602 WASHINGTON AVE (CAPT SCRAPS) WOODBINE • 609-861-3800

- 5. COHO ANTIQUES RTE 9 & SWAINTON-GOSHEN RD SWAINTON • 609-972-9424
- 6. CHEAP CHARLIE'S 4724 PACIFIC AVE WILDWOOD • 609-523-1166
- 7. ETCETERA SHOP 3845 BAYSHORE RD, #4 N CAPE MAY - 609-465-5553
- 8. ETCETERA SHOP ACME SHOPPING CENTER CMCH · 609-465-5553

- 9. TOYS ON WHEELS RTE 9 & GOSHEN-SWAINTON RD SWAINTON • 609-703-2518
- 10. ST MARY'S THRIFT 1304 RTE 47 RIO GRANDE • 609-886-7272
- 11. HABITAT FOR HUMANITY RESTORE 20 COURTHOUSE-S DENNIS RD CMCH • 609-465-1626
- 12. FULL OF PROMISE THRIFT 3156 RTE 9 RIO GRANDE • 609-827-1983



Breakwater Plaza • 609-884-6701 Breakwater & Bayshore Rds • North Cape May

Breakwater & Bayshore Rds • North Cape May
Open Tuesday - Friday 10a-4p • Sat 10a-2p • Closed Sunday & Monday
* Donations Only Accepted During Business Hours *

TUESDAY BAG SALE

Fill a Bag of Clothes \$10 (excludes gowns, coats, shoes)

WEDNESDAY DISHES & LAMPS 1/2 PRICE

THURSDAY BAG SALE

Fill a Bag of Clothes \$10 (excludes gowns, coats, shoes)

FRIDAYS MEN'S & WOMEN'S SHOES 1/2 PRICE (EXCLUDES BOOTS)

Paperbacks 10 for \$5 Hardcovers 10 for \$10 10 DVDS \$15 10 CDS/VHS \$7 ALL TVS 50% OFF

SATURDAY

1/2 OFF MOST FURNITURE 1/2 OFF HARDWARE All Cookbooks 20 for \$5

Bring a Bag of Food for the Food Pantry, Get \$10 of FREE Stuff!



SAT SAT 10AM-UPM

Home of American Veterans Post 82

VETERANS JOIN POST 82 * A DRY POST * CALL CMDR BUD LUTNER (609) 536-0596 FOR INFO.

MEETINGS 2ND TUESDAY EACH MONTH @ 6PM

At Veterans & Patriots Thrift Store (located at 3305 Bayshore Rd in N. Cape May, NJ), we have no payroll and no one gets a penny. After we pay our rent, electric, A/C, heat and other bills, 100% of the balance of money goes to those in need. We also help support other charities in Cape May County. If you know of someone in need, please call us at (609) 884-6701. Thank You and God Bless You! ~ Bud Lutner, CMDR, VPCMC

7 N Wildwood Ave

Grapevine Plaza, CMCH 609-465-3680

Visit our other VIM THRIFT location at 6825 Tilton Rd, EHT - 609-277-7075

> Mon-Sat: 10am - 6pm Sun: 11am - 4pm

Stay Connected @vimthrift



LOCATIONS

OPEN ALL YEAR AT 502 WASHINGTON AVE (CAPT SCRAPS)

WOODBINE • (609) 861-3800 LOOK FOR THE RED SHED

OW @ COHO ANTIQUES RTE 9 & SWAINTON-GOSHEN RD SWAINTON

4501 PACIFIC AVE WILDWOOD • (609) 214-2253

MULTIPLE VENDORS TO SHOP

Wed, Thurs, Fri & Sun 11a-4p Sat 11a-5pm

Rte 9 & Swainton-Goshen Rd. . Swainton (Across from Avalon Golf Course)

6 100 ALL SNEAKERS, SHOES OOTS & WINTER COAT

OPEN SAT & SUN 10A-4P

4724 Pacific Avenue • Wildwood 609-523-1166



NORTH CAPE MAY Monday - Saturday 10a-4p closed sunday

CAPE MAY COURT HOUSE Monday - Saturday 10a-5p Sunday 11a-3p

North Cape May ig Lots Plaza

Cape May Court House

2022 HESS TRUCKS ARE HERE! PLUS OTHER YEARS ALSO IN STOCK

DIE-CAST CARS 1:18 SCALE & 1:24 SCALE CHILDREN'S PEDAL CARS

CROSS FROM AVALON CO

RTE 9 & SWAINTON-GOSHEN RD Swainton - 609-703-2518

ST. MARY'S Thrift This N' That

Quality Furniture, Collectibles, Household Items, Electronics, Toys, Books & Clothing

Hours: Mon-Sat 10a-4p Donation Hours: Tues/Thurs 10-3

1304 Route 47 • Rio Grande 609-886-7272

Credit Cards Accepted

aff Habitat for Humanity 11

A HOME GOODS THRIFT SHOP



Mon-Sat | 10a-6p Closed Sunday

Donations Hours 11a-4p

20 Court House South Dennis Rd Cape May Court House, NJ 08210 609.465.1626 | www.habitatcap (Next to Big Lots)

FULL OF PROMISE 2 THRIFT SHOP

Open Mon-Sat • 10a-4p Closed Sunday

New & Like New Items

Come by and help support our mission to help homeless children in Cape May County... One family at a time.

Family Promise

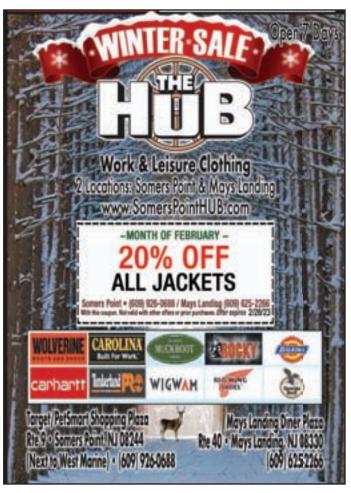
of Cape May Court 609-827-1983 3156 Rte 9S, Unit 6 • Rio Grande



















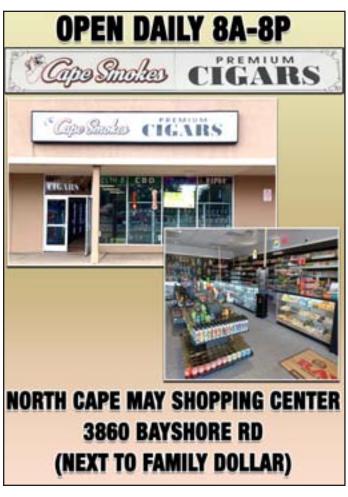


SATU	RDAY	AFTEF	RNOON							FI	EBRU <i>A</i>	RY 18	, 2023
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
3-CBS	Норе-	Home	NCAA	College Ba	sketball Te	nnessee at l	Kentucky.	PGA Tour	Golf The G	enesis Invita	tional, Third	Round. ©	
6-ABC	oh baby!	Hearts of	Vets-Pets	Localish	Paid Prg.	XFL Specia	al 🚾	XFL Footb	all Vegas Vi	pers at Arlin	igton Reneg	ades. 🚾	
10-NBC	One	Paid Prg.	Premier Le	ague Socc	er: Magpies	vs Reds	FIS Alpine	World Ski	Ch.	Track and	Field U.S. I	ndoor Cham	pionship.
17-MNT	BCSBN	College Ba	sketball Lir	icoln (Pa.) a	t Bowie Stat	e. (Live)	BCSBN	College Ba	sketball				Sheldon
23-PBS	Moments t	o Rememb	er		Ancient Re	emedies-Ax	е	Slavery by	Another N	ame (In Stei	reo) 🚾	NJ Busin	State-Aff
29-FOX	Tip-Off	College Ba	sketball			Hoops	Women's	College Bas	ketball		College Ba	asketball	
57-CW	Paid Prg.	Women on	the Move	FamFeud	Women's (College Bas	ketball		Sports	College Ba	asketball		
A&E	Flip	Triple Digi	t Flip 🚾	Biography	: WWE Leg	ends (In Ste	ereo) 🚾	★★★½ "Mad	l Max: Fury	Road" (201	5) Tom Har	dy.	"A Team"
AMC	(10:30) **	k½ "A Few C	Good Men"	CC	★★½ "Days	of Thunder	" (1990) To	m Cruise. 🖾		★★★½ "Letl	nal Weapon	" (1987) 🚾	
CNN	News	CNN News	room	CNN News	room	CNN News	room	Smerconis	sh 🚾	CNN News	room	CNN News	room
DISC	Distiller	Master Dis	tiller	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid
DISN	Ladybug	Big City	Big City	** "Ice Ag	e: The Melt	down"	Bluey	Bluey	Bluey	Big City	Big City	Big City	Big City
ESPN	GameDay	College Ba	sketball Te	ams TBA. (L	_ive) 🚾	College Ba	sketball			College Ba	asketball Ba	aylor at Kans	as. 🚾
ESPN2	SportCtr	College Ba	asketball (Li	ve) 🚾		College Ba	sketball Fl	orida at Arka	nsas.	College Ba	asketball		
FNEWS	Cavuto	Fox News	Live ©	Fox News	Live ©	Fox News	Live ©	Journal Ed	litorial Rpt.	Fox News	Live ©	Saturday S	Show
FX	"Iron Mn	*** "Iron	Man 3 " (201	3) Robert D	owney Jr. (I	n Stereo) 🖾		*** "Capt	ain America	a: The First	Avenger" (2011)	"Aveng
HBO	(11:25) "Ti	na" (2021) 1	Tina Turner.	'NR' ©	Game	*** "Gard	len State" (2004) 'R'	Marc Maro	n: Dark		The Last o	f Us 🚾
HIST	Courage	Washingto	n (In Stereo) CC		Washingto	n (In Stered	o) ©		Washingto	n (In Stered	o) CC	
ION	Law-SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU
	(11:00) **	★ "The Devi	il Wears Pra	da" (2006)	CC	"Girl in Ro	om 13" (20	22) Anne He	che. 🚾	"An Amish	Sin" (2022	2) Dylan Ratz	zlaff. ©
MAX	** "10,000	B.C. " (200	8) Steven St	rait.	★½ "Cherno	byl Diaries	" CC	★ "The Mo	d Squad" (1	1999)	"What Hap	pens in Ve	gas" 🖾
NBCSPA	Paid Prg.	Women's (College Bas	ketball		College Ba	sketball El	on at Monmo	outh. 🚾	World Pok	er	World Pok	er
NICK	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Patrick	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.
PARMT	Yellowst.	Yellowstor	ne 🚾	Yellowstor	ne 🚾	Yellowstor	ne (In Stere	o) 🚾	Yellowstor	ne 🚾	Yellowsto	ne 🖾	Yellowst.
TBS	*** "Barb	ershop 3" (2016) Ice Ci	ube.	★★½ "Pride	" (2007, Dra	ama) Terren	ce Howard.	CC	★★★½ "Cre	ed" (2015) [© (DVS)	
TCM	"Frontier"	★★½ "Sparl	kle" (1976) 🛚	20	**** "Gui	nga Din" (19	939) Cary G	irant. 🖾 (DV	S)	*** "The	Rack" (1956	6) Paul New	man.
TNT	NCIS: LA	NCIS: New	Orleans	★★½ "Solo:	A Star War	s Story" (20	018) Alden I	Ehrenreich.		College Ba	sketball		
USA	Soccer	Premier	College Ba	sketball			College Ba	asketball Fo	rdham at V0	CU. 🚾	Magnum F	P.I. ©	Magnum

SATU	RDAY	EVENI	NG							F	EBRU <i>P</i>	ARY 18	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	PGA Golf		News	America	*** "Star	Trek Beyor	nd" (2016) C	Chris Pine. (I	In Stereo) 🕮		News	Paid Prg.	Magnum
6-ABC	News	ABC	Dance	Wheel	NHL Hock	ey Washing	ton Capitals	vs Carolina	Hurricanes.	CC	News	News	Jeopardy
10-NBC	News	NBC	Paid Prg.	1st Look	America's	Got Talent:	All-Stars ©	C	Saturday I	Night Live	News	Saturday	Night Live
17-MNT	Big Bang	Big Bang	Big Bang	Big Bang	Celebratio	n	Chicago P	P.D.	Action Ne	ws at 10	Philler	Delco	Mom
23-PBS	Reporters	Chat Box	NYC Arts	The Arts	Old	House	Show Me	McLeod	La Otra Mi	rada "Forgo	tten Womer	ı" cc	Miss
29-FOX	Basket	Hoops	Back to So	chool	College Ba	sketball			The 10 Ne	ws	Name Tha	t Tune	Paid Prg.
57-CW	ICRIME	ICRIME	FamFeud	DraftK	Masters	Masters	Animals	Animals	News Phil	ly	WOW - Wo	omen	Neighbor
A&E	(5:30) ★★½	"The A-Tea	ı m " (2010) 🛚	C	★★½"San A	Andreas" (2	015) Dwayr	ne Johnson.	CC	★★½"Jack	Reacher" (2012) Tom	Cruise.
AMC	"Lethal"	***½"LetI	hal Weapon	2 " (1989) N	/lel Gibson.	CC	*** "Leth	al Weapon	3 " (1992) M	el Gibson. @	C	"Lethal W	eapon 4"
CNN	CNN News	room	CNN News	room	The People	e v. The	The Peopl	e v. The	The Peopl	e v. The	The Peopl	e v. The	The 70's
DISC	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid "Tw	inning" 🚾 (E	DVS)	Naked and	Afraid "Bit	ing Back at A	Africa"	Afraid
DISN	Big City	Big City	Hamster	Hamster	Marvel's	Marvel's	Raven	Raven	Hamster	Hamster	Big City	Big City	Bluey
ESPN	College Ba	isketball Du	uke at Syrac	use. 🚾	Films	XFL Footb	all Orlando	Guardians a	at Houston F	loughnecks.	CC	SportCtr	SportCtr
ESPN2	College Ba	isketball Te	exas A&M at	Missouri.	College Ba	isketball Co	olorado at A	rizona.	College Ba	asketball St	tanford at US	SC. @	Basket
FNEWS	Fox Repor	t	Gutfeld! ©]	One Nation	1	Dan Bong	ino	Lawrence	Jones	One Natio	n	Unfiltered
FX	(5:30) ***	½ "The Ave	ngers" (201	2) (In Stereo	<i>'</i>	1			at Houston F	loughnecks.	CC	"Avengers	s: War"
HBO	"Birdman-	Unexpected	d Virtue"		★★ "Empir	e of Light"	(2022) 'R' 🖾		The Last of	of Us 🕮	Real, Bill I	Maher	"Matrix"
HIST	Grant (In S	tereo) 🚾			Grant (In S	tereo) 🚾			(10:04) Gra	ant (In Stere	eo) 🖾		Grant
ION	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	ler: SVU	Law & Ord	ler: SVU	Law-SVU
	"Girl Who	Escaped: K	(ara Robins	on Story"	"Rose for	Her Grave:	Randy Rotl	h Story"	"Secrets of	of a Marine'	s Wife" (202	,	"Rose"
MAX	** "Trans	cendence"	(2014) John	ny Depp.	★★½"Cellu	lar" (2004)	CC	** "The F	orever Purg	je " (2021) (In Stereo)	** "Right	eous Kill"
NBCSPA	Birds	Women's	College Bas	sketball		Brewing	Birds	Pregame	NHL Hock	ey: Flyers a	t Canucks		
NICK	Sponge.	Sponge.	★★½ "Shrel	k Forever A	fter" (2010)	CC	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Yellowst.	Yellowsto	ne 🚾	Yellowsto	ne 🚾	Yellowsto	ne 🚾	Yellowsto	ne 🔯	Yellowsto	ne 🔯	Yellowsto	ne 🚾
TBS	"Creed"	*** "Cree	ed II" (2018,	Drama) Mic	hael B. Jord	an. 🖾 (DVS)	★★ "Fast &	& Furious" (2009) Vin D	iesel.	"The Bline	d Side"
TCM	★★½ "Wher	e the Spies	Are" (1966) CC	**** "In t	he Heat of t	the Night" ((1967)	*** "To S	leep With A	Anger" (199	0) 🖸	"Light
TNT	The Sum	NBA Tip-C	Off (Live) 🚾		2023 NBA	All-Star Sat	turday Nigh	nt (Live) 🖾		True Bloo	d cc	True Bloo	d cc
USA	Magnum	Magnum P	P.I. ©	Magnum P	P.I. CC	Magnum P	P.I. CC	Magnum F	P.I. @	Magnum F	P.I. @	Magnum F	P.I. ©

SUND	AY AF	TERNO	OON							FI	EBRU <i>A</i>	ARY 19	, 2023
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
3-CBS	Award	Bull Riding	9	College Ba	sketball Oh			PGA Tour	Golf The G	enesis Invita	tional, Final	Round. ©	
6-ABC	Inside	Action Nev	NS CC	Carpet	Our Ameri	Gospel Mu	ısic 🖾	XFL Footb	all St. Louis	BattleHawk	s at San An	tonio Brahm	as. 🚾
10-NBC	Issue	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	FIS Alpine	Ski	Figure Ska	ating	_	
17-MNT	In Touch	Paid Prg.	Paid Prg.	In Focus	This	RVing	Raw Trav.	S.W.A.T.	C	Battle of E	Bands	Philler	Sheldon
23-PBS	Think Tk	State-Aff	Class		s Fascism i	in Europe			he Pegan Di		Deepak Cl	hopra Your	Path
29-FOX	Paid Prg.	Paid Prg.	Paid Prg.	NASCAR F	RaceDay 🚾			,	Stereo Live)	CC			
57-CW	DraftK	SOS: How	to Survive			The First 4		DraftK	World's	Major Crin		SEAL Tea	
A&E	Zombie	Zombie Fli	ip	WWE Riva	ls 🖸	Biography	: WWE Leg	ends (In Ste	ereo) 🖾	Biography	: WWE Leg	jends "Lex L	.uger"
AMC	*** "The F	Perfect Stor	rm" (2000) (George Cloo	ney. 🖾			val" (2016)	Amy Adams	s. Premiere.	CC	_	"Avatar"
CNN	News	State of Ur	nion	Fareed Zal	caria GPS	CNN News	room	CNN News	sroom	CNN News	sroom	CNN News	room
DISC	Afraid	Naked and	Afraid	Naked and		Naked and	Afraid: Hu	nt or Be Hu	ınted 🖾	Naked and	Afraid: Hu	int or Be Hu	inted ©
DISN	Ladybug	Big City	0 , 0 , 0 ,			Bluey	Bluey	Ladybug	Ladybug	Ladybug	Raven	Raven	Villains
ESPN	SportCtr	•	rtsCenter © College Ba					College Ba	asketball Me	emphis at H	ouston.	College So	oftball
ESPN2	E60 ©	Women's	College Bas	ketball Tea	ms TBA.	College Ba	asketball			Women's	College Ba	sketball	
FNEWS	Medi	Fox News	Live ©	Fox News	Live ©	FOX News	Sunday	Maria Bart	tiromo	Fox News		Sunday SI	
FX	(11:00) ***	★ "Thor" (2	011) (In Ster	eo) 🖾	★★★½ "The	Avengers"	(2012) Rob	ert Downey	Jr. (In Stere	0)	*** "Ave	ngers: Infin	ity War"
HBO	(10:55) "Wa	ar of the W	orlds"	★★½ "The N	laze Runne	r" (2014) 'P	'G-13'	★★½ "Man	of Steel" (2	013) Henry	Cavill.	Real, Bill I	Maher
HIST	America	Built Amer	rica	Built Amer		Built Amer	rica	The Food	That Built A	merica 🚾 (DVS)	Built Ame	rica
ION	NCIS	NCIS © (D	VS)	NCIS "Love	Boat"	NCIS "Phill	y"	NCIS "She	II Game"	NCIS © (D	VS)	NCIS © (D	VS)
	"Begin	"Big Lies i	n a Small T	own" (2022) CC	"Picture P	erfect Lies"	' (2021) Lau	ırie Fortier.	"Pretty Ch	eaters, Dea	adly Lies" (2	2020) 🖭
MAX	"Heartbr	*** "Prett	ty in Pink" (1986)	** "The Po	ossession"	(2012)	** "Soul I	Plane" (2004	4) CC	"The Thor	mas Crown	Affair"
NBCSPA	MyBiotin	Nutriseal E	BOGO!	Paid Prg.	Slim Cy	Women's	College Bas	ketball		NHL Hock	ey: Flyers a	t Canucks	
NICK	"Cloudy"	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.
PARMT	Yellowst.	Yellowstor		Yellowstor		Yellowstor		Yellowsto	ne (In Stered	o) 🚾	Yellowsto	ne 🚾	Yellowst.
TBS	"Fast & Fu	rious"	** "Passe	ngers " (201	6) Jennifer I	Lawrence. 🛭	C	★★½ "Juras	ssic World"	(2015) Chri	s Pratt.		Big Bang
TCM		<u>_</u>	1938) Irene I				w " (1955) 🖸				ment" (196	,	"Up
TNT	NCIS: LA	** "Star W	ars: The Pl	nantom Mer	nace" (1999) Liam Nees	son.	Pregame	SheBelieve	es Cup Jap	an vs United	States.	Postgame
USA	Premier Le	ague Socc	er		Goal	College Ba	asketball			Law & Ord	ler: SVU	Law & Ord	ler: SVU

SUND	AY EV	ENING	ì							F	EBRU <i>A</i>	ARY 19	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	PGA Golf	News	60 Minutes	CC	The Equali	zer 🚾	East New '	York 🚾	NCIS: Los	Angeles	News	Sports	J. Osteen
6-ABC	News	ABC	Funny Hom	e Videos	American	Idol "601 (A	uditions)" 🖾		The Comp	any	News	News	"Glory"
10-NBC	News	NBC	Magnum P.	I. CC	Magnum P	.I. CC	Magnum P	.1. 00	Magnum F	P.I. CC	News	Bensinger	Holly
17-MNT	Two Men	Two Men	Gold	Gold	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action Nev	ws at 10	Seinfeld	Seinfeld	Outdoors
23-PBS	Deepak	Frankie Va	Illi & The For	ur	Becoming	Frederick [Douglass	Freedom 9	Songs: Civil	Rights	Eat Your N	/ledicine	
29-FOX	Daytona	News	The Masked	d Singer	Simpsons	The-North	Burgers	Fam. Guy	The 10 Ne	ws	News	Extra 🚾	
57-CW	Magnum F	P.I. CC	Star Trek:	DraftK	Animals	Animals	Whose?	Whose?	News Phil	ly	WOW - Wo	omen	King
A&E	Biography	: WWE Leg	ends "Goldbe	erg"	Biography	: WWE Leg	ends "nWo"	CC	WWE Riva	ls 🚾	WWE Riva	ıls 🚾	Biography
AMC	(5:30) ***	½ "Avatar" ((2009) Sam V	Vorthington	. CC		Mayfair Wi	tches	Mayfair Wi	itches	***¼"Ava	ntar" (2009)	CC
CNN	CNN News	room	Who's Talk	ing	CNN News	room	CNN Speci	ial Report	Anthony B	ourd.	Anthony E	Bourd.	Anthony
DISC	Naked and		Naked and		Naked and	Afraid "We	Icome to An	nerica!"	Naked and	l Afraid	Naked and	d Afraid	Afraid
DISN	Villains	Ladybug	, , , ,			Marvel's M	lo	Bunk'd	Jessie 🕮		Ladybug	Ladybug	Bluey
ESPN	College So	ftball	SportsCent	er 🚾	XFL Footb	all Seattle S	ea Dragons	at D.C. Def	fenders. (Liv	e) 🚾	SportsCer	nter (Live) 🚾	
ESPN2	UFC Main	Event	UFC Unleas	shed ©	College Sc	ftball: Bullo	logs vs Knig	hts	X Games	C	X Games [CC	30 for 30
FNEWS	Fox Repor	t	Sunday Nig	ht	Life, Libert	ty & Levin	The Next F	Revolution	Sunday Ni	ght	Life, Liber	ty & Levin	Revolu
FX	(4:31) ***	"Avengers	: Infinity Wa	r" 🚾	*** "Ant-l	Man and Th	e Wasp" (2	018) Paul R	ludd.	*** "Ant-	Man and Th	ne Wasp" (2	018)
HBO	Game The	ory	**** "The	Silence of	the Lambs	" (1991)	The Last o	f Us 🔯	The Last o	of Us 🕮	Last	The Last of	f Us 🕮
HIST	Built Amer	ica	The Food T	hat Built A	merica 🚾 (l	DVS)	Built Amer	ica	Built Amer	rica	The Food	That Built A	merica
ION	NCIS "Pay	to Play"	NCIS @ (DV	' S)	NCIS "Willo	oughby"	NCIS "Off t	he Grid"	NCIS "Kee	p Going"	NCIS "Non	stop"	NCIS
	"You Can'	t Escape Mo	e" (2023) Gin	a Vitori.	"Secret So	ciety of Lie	s " (2023) P	remiere.	"Hidden F	amily Secre	ets" (2018) [CC	"Secret"
MAX	"Thomas	** "Ride A	Along" (2014) CC	★★½ "Miam	i Vice" (200	6) Colin Far	rell.	*** "Live	Free or Die	Hard" (200	7) Bruce Wi	llis.
NBCSPA	Hockey	Brewing	NLL Lacros	se Philade	lphia Wings	at Buffalo B	andits.	Women's	College Bas	sketball		In. Golf	Poker
NICK	★★½ "Shrel	k Forever A	fter" (2010) [CC	"Cloudy W	ith a Chand	e of Meatb	alls" 🕮	Friends	Friends	Friends	Friends	Friends
PARMT	Yellowst.	Yellowstor	ne 🕮	Yellowstor	ne (In Stered) CC	Yellowstor	ne 🚾	Yellowsto	ne 🖾	Yellowsto	ne 🚾	"Beetle
TBS	Big Bang	Big Bang	Big Bang	NBA AII-St	tar Draft	2023 NBA	All-Star Ga	me: Inside	The All-Star	Game	Silicon	"Jurassic	World"
TCM	(5:45) ★ ★ ½	"Up the Do	wn Staircase	e"	★★★½ "Cha	riots of Fire	e" (1981) ©		★★½ "Twice	e in a Lifeti	me " (1985)	CC	"Master"
TNT	NBA AII-S	ar Tip Off (Live) ©	NBA AII-St	tar Draft	2023 NBA	All-Star Ga	me			2023 NBA	All-Star Ga	me
USA	Law & Ord	er: SVU	Law & Orde	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	ler: SVU	Law-SVU





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Fighting The Enemy: Cabin Mold, Odor, Pt. 1

PREVENT SMELLS AND MOLD

SEE THE TIPS BELOW TO HELP PREVENT INTERIOR MOLD AND SMELLS FROM OVERCOMING YOUR VEHICLE.

 IF POSSIBLE, PARK YOUR CAR IN A GARAGE OR OTHER ENCLOSED STRUCTURE WHEN NOT IN USE. THIS WILL GO A LONG WAY TO HELP IN EXPOSURE TO THE ELEMENTS AND MOISTURE.

LOOK FOR LEAKING AREAS THAT MIGHT ALLOW MOISTURE TO ENTER THE VEHICLE. CHECK THE SEALS ON THE DOORS AND WINDOWS. HAVE LEAKY AREAS REPAIRED IMMEDIATELY.

◆IF YOU HAVE A CONVERTIBLE, MAKE SURE THE ROOF IS CLOSING PROPERLY, ISN'T DAMAGED AND LIQUID ISN'T TRAPPED IN THE TOP SYSTEM.

 Run the air conditioning occasionally during cold WEATHER TO MOVE AIR THROUGH THE SYSTEM AND DRY IT OUT.

Make sure your doors and windows are securely

CLOSED WHEN NOT IN THE CAR.

• DON'T EAT AND DRINK IN THE VEHICLE. IF YOU DO, BE CAREFUL THAT NO FOOD OR DRINK IS DROPPED TO THE FLOOR

OR OTHER PLACES. IMMEDIATELY CLEAN ANY SPILLS.

• MAKE SURE FLOOR MATS AREN'T WET AFTER TRACKING IN SNOW, MUD AND RAIN. TAKE THEM OUT AND CLEAN THEM IF NECESSARY, AND DON'T RETURN THEM UNTIL THEY ARE COM-PLETELY DRY. WATERPROOF MATS ARE A GOOD OPTION FOR INCLEMENT WEATHER.

WIPE DOWN AND CLEAN THE INTERIOR OF YOUR VEHICLE

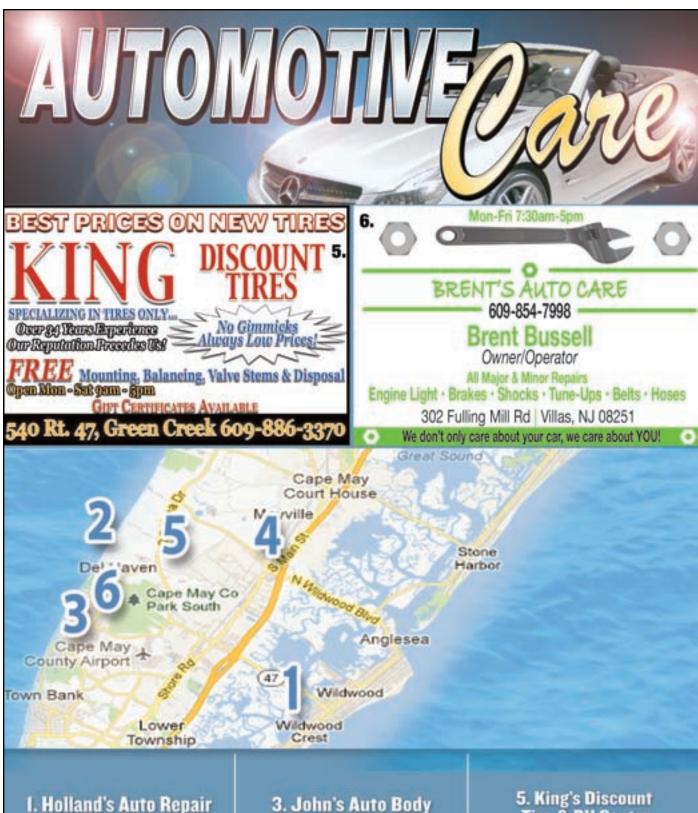
REGULARLY.

· BE CAREFUL WHAT YOU STORE IN THE CAR. SWEATY WORKOUT CLOTHES, WET TOWELS OR OTHER MUSTY ITEMS SHOULD BE REMOVED AND STORED ELSEWHERE.

• IF YOU ARE A THRIFT SHOPPER, BE VIGILANT OF OBJECTS THAT YOU BRING HOME. DO NOT STORE THEM IN THE VEHICLE LONG-TERM AND CONSIDER KEEPING THEM SEALED UNTIL YOU CAN REMOVE AND SANITIZE THEM.

•INSTALLING WATERPROOF MATS INSTEAD OF CARPET CAN GO A LONG WAY TO PREVENT MOLD. YOU STILL NEED TO CLEAN THEM BECAUSE WATER AND MOLD CAN BECOME TRAPPED IN THE CREVICES AND TROUGHS.

 BE CAREFUL OF USING AIR FRESHEIERS AND SPRAYS TO SIMPLY MASK THE SMELL. IF YOU DON'T FIND THE CAUSE AND ELIMINATE IT, YOU CAN HAVE UNDERLYING ISSUES THAT CAN DESTROY YOUR INTERIOR AND POTENTIALLY AFFECT YOUR HEALTH.



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MONE	DAY EV	'ENING	à							F	EBRUA	RY 20	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Neighbor	Bob Heart	NCIS © (D	VS)	NCIS: Haw	ai'i	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Bache	lor (In Stere	eo) 🚾		The Comp	any	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	America's	Got Talent:	All-Stars ©	C	Quantum I	eap 🚾	News	Tonight Sh	10W
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	vs at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Nature "Wi	ldHeart"	Africa with	Ade	Secrets of	the Dead	NJ Spotl	One/One	World
29-FOX	The Six	The Pulse	TMZ ©	You Bet	Fantasy Is	land	Alert: Miss	sing	The 10 Nev	ws	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	All Americ	an 🔯	All Americ	an	News Phill	у	Law & Ord	er: SVU	Neighbor
A&E	The First 4	8 00	The First 4	8 00	The First 4	8 00	The First 4	18 ©	The First 4	8 00	The First 4	8 @	First 48
AMC	(5:00) ***	"Rocky III"	(1982)	** "Rocky	IV" (1985)	Sylvester St	allone.	*** "Rock	y Balboa"	(2006, Dram	na) 🚾	★¼ "Rocky	V"
CNN	Situation F	loom	E. B. OutFi	ront	Anderson	Cooper	CNN Spec	ial	CNN Tonig	ıht 🚾	CNN Tonig	jht 🖾	AC 360
DISC	Street Out	aws	Street Out	aws	Street Out	aws "Turnt	Up Tulsa" (I	n Stereo) 🚾			Street Out	laws	Outlaws
DISN	Marvel's	Marvel's	"The Princ	ess and the	Frog"	Marvel's	Jessie	Jessie	Big City	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	ter 🔯	College Ba	sketball Lo	uisville at Du	uke. 🖾	College Ba	asketball Ka	insas at TCl	J. CC	SportsCen	ter 🔯	SportCtr
ESPN2	Daily Wage	er 🚾	College Ba	sketball			Women's (College Bas	ketball		Basket	USA Climb	oing 🕮
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Car	rlson	Hannity (L	ive) 🚾	The Ingrah	am Angle	Gutfeld! ©		Fox News
FX	"Hidden Fi	gures"	★★★½ "The	Help" (201	1) Viola Dav	is, Emma St	tone. (In Ste	reo) 🚾		★★★½ "The	Help" (201	1) Viola Dav	is.
HBO	The Last	★★½ "The Ի	lobbit: The	Battle of th	e Five Armi	es"	C.B. Strike	CC	The Last o	f Us 🕮	C.B. Strike	CC	"Golde
HIST	History's-N	/lysteries	History's-N	/lysteries	History's-N	/lysteries	History's-I	Mysteries	Greatest o	f All	History's-I	/lysteries	Mysteries
ION	Criminal M	inds	FBI "Undisc	closed"	FBI (In Ster	reo) 🚾	FBI "Salvat	tion" 🚾	FBI "Ties T	hat Bind"	FBI "Fallou	t" cc	FBI ©
	Castle "Ro	om 147"	Castle ©		Castle ©		Castle ©		Castle ©		Castle ©		Castle
MAX	★★½ "Limit	ess" (2011)	Bradley Co	oper.	★★ "Manne	equin" (198	7) CC	"Mannequ	in Two: On	the Move"	★★½ "Unfin	ished Song	y" CC
NBCSPA	Hockey	Flyers Pos	tgame	Birds	Birds	NHL Hock	ey Philadelp	hia Flyers a	Calgary Fla	imes.	Birds	Snow	Hockey
NICK	Loud	Big Nate	Dylan	Lay Lay	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Yellowstor	ne 🚾	Yellowstor		Yellowstor		Yellowstor		•	` `) Tom Cruis		,
TBS	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	ELEAGUE
TCM	"Maisie"	★½ "Up Goe	es Maisie" (1946)	*** "PT 10	09 " (1963) (Cliff Roberts	on, Ty Hardi	n. 🚾	*** "Your	ng Mr. Linco	oln" ©	"Sunrise
TNT	"Star Wars	: Jedi"	★★½ "Star \	Wars: The F	lise of Skyv	valker" (201	9) Carrie Fi	sher.	True Blood	d "Mine"	True Blood	d (In Stereo)	CC
USA	Chicago Fi	re	Chicago Fi	re	WWE Mon	day Night R	AW (In Ster	reo Live) 🚾			Chrisley	Chrisley	Chrisley

TUES	DAY E	VENIN	G							FI	EBRU	RY 21	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	FBI (In Ster	eo) 🚾	FBI: Intern	ational	FBI: Most	Wanted	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Rookid	9	The Rooki	e: Feds	Will Trent	(In Stereo)	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Discover	Night	American	La Brea 🖾	(DVS)	La Brea 🕮	(DVS)	News	Tonight SI	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	vs at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Agatha Ch	ristie's Poir	rot 🚾	Great Perf	ormances	Pioneers	NJ Spotl	Gover	World
29-FOX	The Six	The 215	TMZ CC	You Bet	9-1-1: Lone	Star	Accused ©	© (DVS)	The 10 Nev	ws	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	The Winch	esters	The Flash	CC	News Phill	у	Law & Ord	er: SVU	Neighbor
A&E	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer
AMC	(5:00) ** "	U.S. Marsh	als" (1998)	CC	*** "True	Lies" (1994	1, Action) Ar	nold Schwar	rzenegger. 🛭	0	That Dirty	Black Bag	"Mar
CNN	Situation F	Room	E. B. OutFi	ront	Anderson	Cooper	CNN Speci	ial Program	CC		CNN Tonig	ght 🚾	AC 360
DISC	Homestea	d Rescue	Homestead	d Rescue	Homestead	Rescue	Homestead	d Rescue	Homestea	d Rescue	Homestea	d Rescue	Rescue
DISN	Ladybug	Ladybug	Hamster	Big City	Big City	Big City	Villains	Villains	Marvel's	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	iter 🖾	College Ba	sketball Te	ams TBA. (L	ive) 🚾	College Ba	asketball Te	ams TBA. (I	_ive) 🚾	SportsCen	iter	SportCtr
ESPN2	Wager	The Point	College Ba	sketball Te	ams TBA. (L	ive) 🖾	College Ba	asketball Te	ams TBA. (I	_ive) 🚾	USA Climb	oing 🖾	30 for 30
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Car	Ison	Hannity (Li	ive) 🚾	The Ingrah	am Angle	Gutfeld! ©		Fox News
FX	(5:30) ★★½	"The Propo	sal" (2009)	CC	** "The Ha	angover Pa	rt II" (2011)	Bradley Cod	oper.	** "The H	angover Pa	rt II" (2011)	CC
HBO	Real Time	The Last o	f Us 🕮	★★★½ "King	g Richard"	(2021) Will S	Smith. 'PG-1	3'	REAL Spo	rts	Game	C.B. Strike	CC
HIST	Curse of O	ak Island	Curse of O	ak Island	Digging De	eper	Curse of O	ak Island	Greatest H	eists	Curse of C	ak Island	Digging
ION	Chicago F	ire 🖾	Chicago Fi	re 🚾	Chicago Fi	re 🚾	Chicago F	ire 🖾	Chicago F	ire 🚾	Chicago F	ire 🖾	Chi. Fire
	Rizzoli & Is	sles ©	Rizzoli & Is	sles 🖾	Rizzoli & Is	iles 🖾	Rizzoli & Is	sles ©	Rizzoli & Is	sles 🖾	Rizzoli & Is	sles ©	Rizzoli
MAX	"Forgot	"Chocolate	e City" (201	5) 🚾	"Jeff, Who	Lives at Ho	ome" @	** "We're	the Millers'	' (2013)	*** "Lone	Survivor"	(2013)
NBCSPA	Birds	Best Show	Ever	Brewing	Birds	Pregame	NHL Hock	ey Philadelp	hia Flyers a	Edmonton	Oilers.	Flyers Pos	tgame
NICK	Loud	Big Nate	Loud	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	•	` '	1	e. (In Stereo	1	•	Dancing"	(1987) (In St	ereo)
TBS	Sheldon	Sheldon	Sheldon	Sheldon				Big Bang	Big Bang	Big Bang	Sheldon	Sheldon	Sheldon
TCM	(5:45) ***	5: 45) *** "Purple Noon" (1960)				Lady Eve"	(1941) 🚾		**** "Two	entieth Cen	tury"	"Nothing S	Sacred"
TNT	"Star Wars	s: New"	**** "Sta	r Wars: The	Empire Str	ikes Back"	(1980) 🖭 ([OVS)	★★★½ "Stai	Wars: Ret	urn of the J	edi" (1983)	

WEDN	IESDA	Y EVE	NING							FI	EBRUA	ARY 22	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Price Is Ri	ght	Tough as I	Nails ©			News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Conners	Gold	Abbott	Not Dead	Million Litt	le	News	Jimmy Kir	nmel Live!
10-NBC	News	NBC	News	Holly	Chicago M	led	Chicago Fi	ire	Chicago P	.D.	News	Tonight SI	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Sports	Action Nev	vs at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Here's the	Story	Miss Scarl	et	All Creatur	es Great	NJ Spotl	Class	World
29-FOX	The Six	ClassH	TMZ ©	You Bet	The Maske	ed Singer	Special Fo	rces	The 10 Nev	NS	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	The Flash	CC	Kung Fu 🖾		News Phill	у	Law & Ord	ler: SVU	Neighbor
A&E	The First 4	8 @	The First 4	8 00	The First 4	18 ©	The First 4	8 00	The First 4	8 @	The First 4	18 🚾	First 48
AMC	(4:00) "Tru	e Lies"	★★★½ "Leth	nal Weapon	" (1987) Me	l Gibson. 🖾		***½"Letl	hal Weapon	2 " (1989) N	/lel Gibson.	CC	"Lethal"
CNN	Situation F	Room	E. B. OutFi	ront	Anderson	Cooper	CNN Speci	ial	CNN Tonig	jht 🚾	CNN Tonio	ght 🚾	AC 360
DISC	Moonshine	ers	Moonshine	ers	Moonshine	ers "Gold Ru	ısh Moonshi	ne" 🚾	Moonshine	ers	Master Dis	stiller	Moon
DISN	Ladybug	Ladybug	Hamster	Big City	Big City	Big City	Bunk'd	Bunk'd	Big City	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	ter 🚾	College Ba	isketball Ke	ntucky at Fl	orida.	College Ba	isketball Te	eams TBA. (I	_ive) 🚾	SportsCen	nter	SportCtr
ESPN2	Premier La	crosse	College Ba	isketball Te	ams TBA. (I	Live) 🚾	College Ba	isketball Te	eams TBA. (l	_ive) 🚾	Basket	NFL Live	C
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (Li	ive) 🚾	The Ingrah	am Angle	Gutfeld! ©]	Fox News
FX	(4:30) ***	"Iron Man"	(2008)	★★★ "Ant-I	Man and Th	e Wasp" (2	018) Paul Ri	udd.	Snowfall "	-allout"	Snowfall "	The Sit Dow	n" cc
HBO	"F9 The Fa	ıst Saga"	The Last o	f Us 🕮	The Last o	f Us 🕮	**** "The	Silence of	the Lambs	" (1991)	★★½ "Hann	ibal" (2001) 'R'
HIST	Rise Up: A	mer.	Can't Turn	Us	American	Pickers	American	Pickers	Dirty Old	Dirty Old	American	Pickers	Pickers
ION	Blue Blood	ds	Blue Blood	ds ©	Blue Blood	ds	Blue Blood	ds	Blue Blood	ds 🚾	Blue Blood	ds	Blue
	Castle ©		Castle "Chi	ild's Play"	Married at	First Sight	"Poised for I	Battle"	Castle ©		Castle ©		Married
MAX	"Lucky	** "Home	Fries" (199	8) 🚾	*** "Moo	n " (2009) (Ir	Stereo)	★★ "Trans	cendence"	(2014) John	ny Depp.	"The Card	Counter"
NBCSPA	Birds	Birds	The Best S	how Ever?	CC		Birds	NLL Lacro	sse Philade	lphia Wings	at Buffalo B	andits.	Birds
NICK	Loud	Loud	Nick	Loud	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	*** "Dirty	Dancing" (1987) Jenni	fer Grey. (In	Stereo)	*** "Grea	ise" (1978)	John Travol	ta. 🚾
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite W	restling: Dy			Power Slap	F	★★½ "The F	Replaceme	nts"
TCM	★★½ "Rose	Marie" (19	54) Ann Blyt	h.	**** "Sui	nrise" (1927) CC	**** "Of	Human Bon	dage"	**** "Do	g Day After	noon"
TNT	Shaq Life	Pregame	SheBelieve	es Cup Braz	il vs United	States.	Postgame	NHL Hock	ey Chicago I	Blackhawks	at Dallas St	ars. 🚾	Postgame
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law-SVU

THUR	SDAY	EVENI	NG							FI	EBRU <i>A</i>	RY 23	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	History	ET	Sheldon	Ghosts	So Help M	e Todd	CSI: Vegas	s cc	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Station 19	(In Stereo)	Grey's Ana	atomy	The Comp	any	News	Jimmy Kir	nmel Live!
10-NBC	News	NBC	News	Holly	Law & Ord	ler	Law & Ord	er: SVU	Law & Ord	ler	News	Tonight S	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Finding Yo	our Roots	Unforgival	ole Blackne	ss: Jack Jo	hnson	NJ Spotl	The Arts	World
29-FOX	The Six	Kelly	TMZ ©	You Bet	Next Leve	l Chef	Animal	Kat	The 10 Nev	ws	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Walker ©		Walker Ind	l.	News Phill	ly	Law & Orc	ler: SVU	Neighbor
A&E	The First 4	8 @	The First 4	8 00	The First 4	18	Accused:	Guilty	Taking the	Stand	The First 4	18 @	The First
AMC	"San Andr	eas" 🕮	*** "The l	Hunger Gar	nes" (2012)	Jennifer La	wrence. 🚾		*** "The	Hunger Ga	mes: Catchi	ing Fire" (2	013)
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Spec	ial Program) CC		CNN Tonio	ght ©	AC 360
DISC	(5:00) Batt	leBots	BattleBots	CC	BattleBots	(In Stereo)	CC				BattleBots	CC	Battle
DISN	Ladybug	Ladybug	Marvel's M	o	Big City	Big City	Raven	Raven	Big City	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	ter 🚾	Women's	College Bas	ketball		NHL Hock	ey Calgary I	Flames at Ve	egas Golder	Knights.	SportsCer	nter
ESPN2	Wager	The Point	College Ba	sketball			College Ba	asketball U	SC at Colora	ido. 🚾	College Ba	asketball	
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (L	ive) 🚾	The Ingrah	nam Angle	Gutfeld!]	Fox News
FX	★★½ "The F	ate of the F	urious" (20	17) Vin Dies	sel. (In Stere	eo)	XFL Footb	all St. Louis	BattleHawk	s at Seattle	Sea Dragon	ıs. 🚾	"Furious"
HBO	C.B. Strike	CC	REAL Spo	rts	★★ "Empir	e of Light"	(2022) 'R' 🖾]	The Last o	of Us 🚾	Marc Marc	n: Dark	"Walk
HIST	Swamp Pe	ople	Swamp Pe	ople	Swamp Pe	eople 🖾 (DV	S)	Swamp Pe	eople	Swamp Pe	eople 🖭 (DV	'S)	Swamp
ION	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago
(IFE	Castle ©		Castle ©		Married at	First Sight	Married at	First Sight	UK ©	Married at	First Sight	UK ©	Married
MAX	"Free	★★½ "Cellu	lar" (2004) [CC	★★ "Hallov	ween Kills"	(2021) (In S	tereo)	"Chernoby	/I Diaries"	★★½ "Limit	less" (2011) CC
NBCSPA	Birds	Birds	College Ba	sketball No	rtheastern a	at Drexel.	Birds	In. Golf	Brewing	The Best S	Show Ever?	CC	
NICK	Loud	Loud	Dylan	Lay Lay	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	★★½ "S.W.	A.T. " (2003)	Samuel L.	Jackson. 🚾		Movie (In S	Stereo) 🖾		
TBS	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Jokers	Jokers	Sheldon	Sheldon	"Captain"
TCM	"Street	"Hollywoo	d Without N	lakeup"	★★½ "The F	Ritz" (1976)	Jack Westo	n.	*** "The	Four Seaso	ns" (1981)		"Carnal"
TNT	"2 Fast"	Game	Tip-Off	NBA Bask	etball: Grizz	zlies at 76ers	S		NBA Bask	etball: Warı	riors at Lake	rs	
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	** "Trans	formers: Th	e Last Knig	jht" (2017)	Mark Wahlbe	erg. 🖾 (DVS	5)	Law & Ord	ler: SVU









CHARACTER Of The Week











Answer: Pasquale from La Piazza Winner: Lou latarola

DO YOU KNOW THIS PERSON?

If so you could win a \$20 Gift Certificate to JOEY M'S La Piazza @ 3813 Pacific Ave in Wildwood! Fill out the coupon below and mail to Jersey Cape Magazine, P.O. Box 885 Wildwood, N.J. 08260, or email your guess to tyjerseycape@comcast.net Each week, all coupons will be put into a drawing. The winner's name will be printed in our next issue. *PLEASE ONLY 1 WINNER PER HOUSEHOLD EVERY 30 DAYS*

Jersey Cape Character of the Week Contest	
from	-
	328



FEBRUARY IS NATIONAL PET DENTAL HEALTH MONTH

Submitted By Patsy Nelson from The Wagging Tail

Dental Health Month was established to bring awareness to pet owners about the grave importance of good dental health. Some of the following information is from an article written by, Dr. Joyce Voss, Director of Veterinary Services & Animal Care at SICSA Adoption & Wellness Center, along with my own input.

As most of you may recall, I currently have 2 dogs. Zoey is a 7-year old Maltese, appx. 10 lbs, & Ebby's a 20 lbs 6-year old rescue mix of Chihuahua with possibly Lhasa Apso or Cocker. I have never been one to brush my pets' teeth. I am just not that patient, & I disagree with some information that says once a week is generally sufficient. I also discount the value of you paying a groomer to brush your pet's teeth for you. For one, you usually would not be present for the procedure so you don't know if, or how well it was done. Secondly, if that is your once every 2-month dental treatment, that would hardly manage the dental health of your pet. I rely on other methods which I will talk about later.

Dr. Voss states that once the baby teeth are gone (often swallowed), docs have 42 adult teeth & cats have 30. The development & proper growth of the permanent teeth, including appropriate location & orientation of the teeth are important genetic & developmental factors that may affect later dental health. Zoey for example has a very small mouth & some crooked teeth. Dr. Voss adds that small dogs & those that may need braces (like Zoey), & dogs with shorter noses are more prone to dental problems. I have not chanced looking at Ebby's teeth as there are some things our fear-biter will not yet tolerate. However, when I play with her, she opens her mouth & her teeth look good, with the preventative measures I utilize. It is very important to get your pet used to you checking all of their teeth while they are still young. It is harder with rescues that have not been handled that way, so you will need dental checkups. When Ebby gets her cytopoint injection I have the Vet look at her teeth. The biggest concern with pets is the buildup of planue, a film that turns teeth yellow as a result of saliva, bacteria, & debris. The plaque eventually becomes tartar (brown), which if not treated leads to gingivitis (gum inflammation), & periodontal disease.

Only about half of pet owners brush their pets' teeth, & only about 10% brush daily. Don't rely on dry kibble or hard biscuits to clean the teeth for you. How many dogs or cats spend much time masticating their food (grinding, chewing, mashing)? How often has your cat thrown up whole pieces of kibble? Most pets gobble their food quickly, unless they are grazers, which in many cases is because the food is not that appetizing. The best diet with kibble is to add a variety of canned protein, or freeze-dried toppers, & as much COLD water as the dog can handle. Dun't let the food soften. The act of drinking WHILE eating moves food faster through the gut for better gut health. I use the example of how hard it would be for you to digest a beer pretzel without simultaneously drinking a beverage.

What I do for my cats & dogs is multi-faceted. I put dental additive in their water bowls each time I change the water. I use gel on the dogs' teeth every morning as we awaken. Zoey allows me to work the gel to the back and along the gum line over all her teeth. Ebby licks it off my finger, then they don't get anything to eat or

drink for 30 min; Zoey's teeth are still beautiful as a result. They get dental chews at bedtime, I prefer Plaque Off over Greenies, & I also use Yummy Combs (more expensive, but more effective); sometimes N-Bones. Various chew bones help as well, especially frozen raw bones, which we carry in a variety of sizes. Please stay tuned for more dental information next week.











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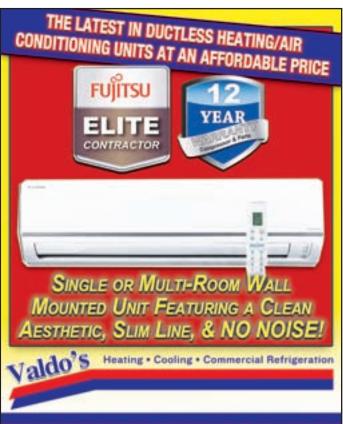


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