



ATLANTIC COUNTY MAGAZINE



"In My Opinion" by Nancy Adler



Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages. Nancy will create a personalized nutrition plan just for you to help you reach your goals.

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation.

www.NancyAdlerNutrition.com

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NUTRITION, WEIGHT LOSS & FITNESS THE IMPORTANCE OF MEAL PREP

I am a big supporter of meal prep. You don't have to be a body builder to partake, and it saves heaps of time in the week when you normally have little to spare. I know it seems like an arduous task, but it's importance in achieving your goals really can't be underestimated. Knowing what to eat, how much to eat, when to eat and then preparing your meals is one of important aspects of achieving a healthy, balanced diet. The key to getting ahead with meal prep is to have a few staple foods that you can batch-cook and use in a number of different ways. If you really don't have the time, opt for tinned fish, salads, raw veggies (think carrot sticks, cucumber, avocado, tomatoes, capsicums), fruit and nuts, which take zero time to throw in a Tupper-ware. Taking that extra time to prepare for the week ahead and you'll be rewarded with:

BETTER NUTRITION: Having your meals on hand during the day means you don't have to go to the local cafe for food. This not only saves you time, but also your waistline. You have full control over the portions and ingredients.

REGULATED METABOLISM: You'll be prepared at snack time when hunger strikes with something nourishing, so you can feed your body regularly and keep you metabolism humming. Snacking regularly will stop your body falling into a catabolic state, which results in the loss of lean body tissue (including muscle) and a depression of your metabolic rate.

For easy local food prep that's healthy try my "Nutrition Approved "meals . All are weighed and measured with keeping low sodium and low fat diets in mind. They are created by an amazing local chef. Chef Amy only uses the best ingredients supported by local farmers and butchers. Meals are created once a week and delivered or picked up at convenient locations.

Please send Chef Amy Manzione an email at stiritupmeals@gmail.com to get on her exclusive mailing list to receive her weekly menus and start your easy and delicious food prepped, no fuss meals today!

Nancy Adler C.F.T./S.S.N./S.S.C. 1201 New Road • Suite 329 • (609)653-4900 Cornerstone Executive Suites • Linwood, NJ 08221 Follow Nancy Adler Nutrition on



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ATLANTIC COUNTY MAGAZINE



'ROUND THE REGION with Sharon



Hello Atlantic County:

TREES WILL BLOOM

What happens to the local trees when the weather goes O'Neill from the Tree-Man Granted, Domenico's is smaller browns. The portion spanned from cold and snowy to warm and sunny...all in one week? We have seen that happen multiple times this winter and the constant change has to affect local trees and foliage. How will they fare when the calendar says spring and the That situation was truly exweather remains warm every day?

Take the uncertainty out of it tree. For the rest, he will treat by contacting Mickey Riggins them for insect and fungus at Arborcare Horticultural Services, LLC (609-476-1080) in Mays Landing. He is incredibly knowledgeable and can quickly assess the health of your trees and, hopefully, prescribe a successful treatment.

Riggins has worked to save EATING ALL DAY LONG our beautiful, but deteriorating plum tree on the front I have spent much time in lawn since last summer. He offered a radical prescription that I hope proves successful this spring. What did we have to lose? Rather than classes. There is no shortage just surrender and remove the tree, Riggins suggested an infusion into the soil and the tree's roots to rejuvenate it. Sapore's impressive dining Never used on a tree before, room renovation. but used on plants/shrubs, the process took awhile to complete. We will know the results soon, when the trees start to bloom.

If successful, our tree will once would not be crowded. I was again flourish with colorful wrong yet again. Just like our leaves. If a failure, the tree will be a barren bunch of branches and have to come out, leaving in early January, Domenico's a gaping hole in the front lawn. was packed. That will be when I call Mike



in Somers Point for removal. He comes out every spring to assess all the trees on our property. I've got my fingers crossed that the plum will not only survive, but thrive again.

ceptional, but shows how cutting edge and forward thinking Riggins is to save a problems by using only the lowest toxicity products and mixtures. It is reassuring that all applications follow the guidelines of the industry's latest research and recommendations.

Ventnor recently for dinners with friends or lunches before my monthly daytime Stockton FELS adult enrichment of choices for you in all price ranges at www.felstockton. com. Last week, I reported on

Three weeks ago, Norman and I used a Domenico's gift certificate I had won at a charity auction last summer. I figured a cold Saturday night dinner at Steve & Cookie's during the big snow weekend

than S & C's, but it is so popular that at 7:30, the entire room was full with a long list of reservations throughout the evening. It is noisy and I always reserve a table against the wall to cut the sound on one side.

We like Domenico's, from the great calamari to the delicious entree plates like my veal ragout with pappardelle pasta or the seafood dish that Norman had. We loved the sauces.

One suggestion...ask the specials' prices up front so you don't face a big surprise when you see the check. At many restaurants, the specials typically cost more than regular menu items. You can save some money for your drinks since Domenico's is a BYOB.

You must make reservations or expect a long wait on a weekend night. Call 609-822-1300.

Lunch is more informal and I almost always opt for omelettes. Not every place makes them, or they only serve breakfast food until late morning. Why? People in this area often work different shifts and may use lunchtime as their first meal of the day. Every location has eggs in the kitchen and should offer them through the afternoon.

That's my position, so here are some spots to get good eggs and other breakfast foods if you are in Ventnor. Isabella's cooks their mushrooms for a smoky flavor and has amazing hash two meals. Isabella's becomes a Mexican restaurant at night.

Annette's has always served breakfast foods, including all types of smoked fish and smoked salmon. While I love omelettes, it is tempting to try their breakfast fish entrees.

Hannah G's offers vegetarian items and great bread to accompany its salads and eggs. Across from Sapore's is Agnes, which has great eggs dishes and delicious muffins. They were closed on a Monday when we went, so check to make sure they are open

Driving into Margate is the ever-popular Downbeach Deli. If you can't find something to eat. it's not out there at all. Their weeknight dinner specials are terrific and very inexpensive.

Finally, for this column, Gilchrist Downbeach is the sister restaurant of their original in Atlantic City. Known for fabulous pancakes, their egg platters are also good and they serve that old-fashioned standard, creamed chipped beef. Any takers out there?

FEEDBACK FROM YOU I would love to hear your ideas/suggestions. Email atlanticcountymagazine @comcast.net. In the subject line, put FEEDBACK FOR SHARON and it will be forwarded.

ROS BRUARY 24 - MARCH 2

ARIES • (Mar. 21 - April 20)

Be sure not to reveal private information to the wrong individuals. You may meet that special person if you attend fundraising functions. The advice you get this week may be based on false information. Changes in your home are apparent, and you must be willing to bend if you don't want to find yourself alone.

TAURUS • (Apr. 21- May 21)

You should channel your efforts into getting rid of bad habits. You can make successful moves. You may find yourself inter-ested in more than one person. Be careful not to hurt the ones you love.

GEMINI • (May 22 - June 21)

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2

An older loved one may be having problems. Love could de-velop at social events that are work relate. However, you must not neglect your family. Your health may have suffered due to neglect or abuse.

CANCER • (June 22 - July 22) You may be frustrated by the way situations are being handled in your personal life. Financial affairs do not look too favorable this week. Self improvement projects should be your key con-cern. Your lack of attention may have been a factor.

LEO • (July 23 - Aug 22)

Take your time; do not make any decisions in haste. Make those phone calls and pay your bills. The stamina you possess will be apparent in your approach to your hobbies and creative projects. You are going through a period of questioning.

VIRGO • (Aug. 23 - Sept. 23) You must be sure not to be frivolous, because as the saying goes, easy come, easy go. Don't be angry, but be on your guard. Try spending the day catching up on any responsibilities that need to be taken care of. One sided attractions are likely.

LIBRA • (Sept. 24 - Oct. 23)

You should put in some extra hours developing that creative idea you have. Be careful when dealing with female members of your family. Reevaluate your position and make decisions about your future goals. Discuss your objectives with peers or lovers.

SCORPIO + (Oct. 24 - Nov. 22)

Children will keep you busy. You will have to be careful not to let infatuations with colleagues get out of hand. Take care of any pressing medical problems that you or one of your parents may be suffering from. Investments that deal with property will pay off but could cause conflict with some family members.

SAGITTARIUS * (Nov. 23 - Dec. 21)

Ease the anguish by offering assistance. There'll be diffculties if you spend too much. Travel will initiate new friendships or love connections. You can meet potential new mates, but make sure that they aren't already committed to someone else.

CAPRICORN . (Dec 22. - Jan. 20)

Communication will be your best bet. Someone you care about may not be too well. Passion will be your only answer. Don't hesitate to present your unique ideas.

AQUARIUS • (Jan. 21 - Feb. 19)

You will meet exciting new people through interest groups or functions that you attend with your children. Your devotion will be persuasive. You need activity. Your determination and stami-na will make your work look flaw less and effortless.

PISCES • (Feb. 20 - Mar. 20)

You will earn recognition for the work you are doing. Your dra-matic approach to life has probably gotten to your male. You will enjoy socializing and unusual forms of entertainment. Business or pleasure trips will be knowledgeable as well as highly successful. vided by: astrology-online.com

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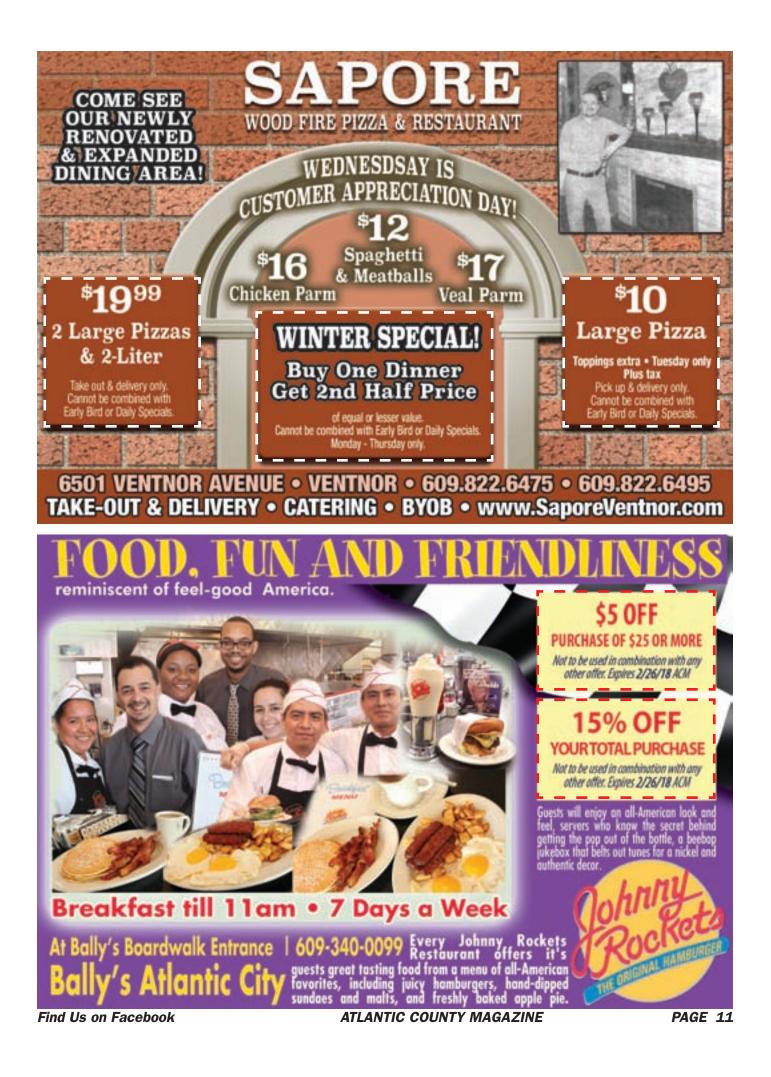
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6-ABC	News	ABC	Jeopardy!	Wheel	***½"Wre	ck-It Ralph	" (2012) 🖸		20/20 🖸		News	Jimmy Kin	nmel Live
10-NBC	News	News	Access	Olympic	2018 Olym	pics					News	2018 Olym	ipics
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mom	Ninja War	rior	Action Nev	vs	Mod Fam	Two Men	Two Men
23-PBS	News	News	One/One	News	Doctor Bla	ke	Midsomer	Murders	Midsomer	Murders	News	One/One	World
29-FOX	News	Page Six	Dish Nat.	TMZ 🖸	Showtime	at the Apol	lo (In Stere	D) 🖸	News	The Q	News	TMZ CC	Page Six
57-CW	Judge Mat	this 🖸	FamFeud	FamFeud	Howie Mar	ndel Stand-I	Jp	Whose?	News	Broke Girl	Mike	King	Mike
A&E	(5:00) Live	PD "Live Pl	D 02.17.18	3" CC	Live PD: R	ewind	Live PD P	olice across	the country v	vork the nig	ht shift in rea	al time.	Live PD
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CNN	Situation I	Room	E. B. OutFi	ront	Anderson	Cooper	Anderson	Cooper	CNN Tonig	ht	CNN Tonig	jht	AC 360
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FX	(5:30) * ½"	Identity Thi	ef" (2013) 🖸]	* "Grown	Ups 2" (201	3) Adam Sa	andler. (In St	ereo)	★ "Grown	Ups 2" (201	3) Adam Sa	indler.
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ION	CSI: Crime	e Scene	CSI: Crime	Scene	CSI: Crime	Scene	CSI: Crime Scene		CSI: Crime Scene		CSI: Crime	Scene	CSI:
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NICK	"Blurt" (20)18) 🖸	Hunter	Lip Sync	★★½ "Juras	sic Park III'	' (2001) 🖸		Full H'se	Full H'se	Friends	Friends	Friends
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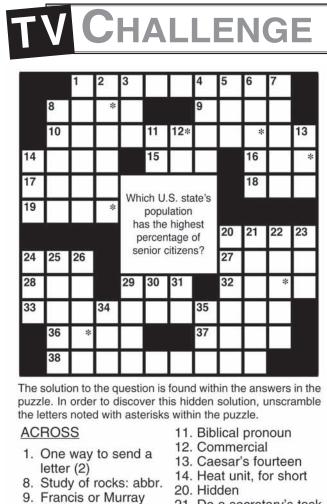


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- 10. Devious (5)
- 14. Feeling __; in a funk
- 15. Sullivan and Bradley
- 16. Prefix for cycle or form
- 17. Easy to handle
- 18. Neighbor of Calif.
- 19. Secondhand
- Major; Big 20.
- Dipper's constellation
- 24. Primate
- 27. Orderly
- 28. 1055
- 29. Fem. title
- 32. French WWII battle site (hyph.)
- 33. Agree (4)
- 36. Novelist Harte
- 37. Paul Ryan and
- Nancy Pelosi: abbr. 38. Robert Redford's age

DOWN

- 1. "__ Street"
- 2. Had a snack
- 3. Everyone
- 4. Church service
- 5. Santa __, CA
- 6. Jokingly (2)
- 7. Africa's Sierra
- 8. Festive celebrations

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- 21. Do a secretary's task
- over 22. Business
- transactions
- 23. From _____ _Z; the whole gamut
- 24. Mornings, for short
- 25. USNA newcomer
- 26. "The First Time Saw Your Face":
- Roberta Flack hit
- 29. Fictional story 30. Prefix for view or consider
- 31. Vincent de Paul or John Bosco: abbr.
- 34. Brain wave test, for short
- 35. Guadalajara gold

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ATLANTIC COUNTY MAGAZINE

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The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

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3-CBS	News	News	Paid Prg.	Paid Prg.	Big Brothe	r	48 Hours 🛙	C	48 Hours 🛙	:C	News	Blue Blood	ls
6-ABC	News	ABC	FYI Philly	Wheel	NBA	NBA Bask	etball: Thun	ider at Warri	ors		News	News	Castle
10-NBC	News	News	History	Olympic	2018 Winte	er Olympics	Figure Ska	ting Gala, B	obsled. 💷		NBC 10	2018 Olym	pics
17-MNT	Pawn	Philler	Big Bang	Gold	Big Bang	Big Bang	Mod Fam	Mod Fam	Action Nev	NS	Two Men	Philler	Elmntry
23-PBS	Reporters	Record	Pioneers	Fighting	Old	House	Time/By	StiOpnHrs	Death in P	aradise	Father Bro	own 🚾	Victoria
29-FOX	UFC Fight	Night: Preli	ims		UFC Fight	Night: Emn	nett vs. Ste	phens	Fox 29 Net	ws at 10	Hell's Kitc	hen	The Q
57-CW	Cops	Cops	Jokers	Jokers	FamFeud	FamFeud	FamFeud	FamFeud	News	Broke Girl	Fam. Guy	Fam. Guy	Burgers
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PAGE 14	1		ATLA	NTIC C	OUNTY	MAGAZ	INE		WW	w.atlant	ticcount	tymagaz	ine.cor

Eat, and Eat, and Eat Some More!

Submitted By Isabella Angjelo

It's almost time for Atlantic City's illustrious Restaurant Week and with more than 70 restaurants participating this year, it has probably been difficult to choose which restaurant you'll want to try first. Well don't let the fear of missing out grab ahold of you! We still have plenty of time before Restaurant Week starts, so plenty of time to make your list of must-visits and many of these restaurants are closer to you than you may think. As far as not being able to choose, not to worry, let a professional eater help you with your decision. Out of the plethora of restaurants participating, here are a few of my absolute favorites!

BACK BAY ALE HOUSE – Seafood Grille 800 N. New Hampshire Ave, Historic Gardner's Basin, Atlantic City • (609) 449-0006 LUNCH: Su, M, T, W, Th, F • 11:00AM - 5:00PM DINNER: Su, M, T, W, Th, F • 5:00PM - 10:00PM

CAREME'S – Student-Run Restaurant, Farm to Table 5100 Black Horse Pike, Mays Landing • (609) 343-4940 LUNCH: M, T, W, Th, F • Noon - 3:00PM DINNER: M, T, W, Th, F • 6:30pm - 9:00PM

CASA TACO & TEQUILA BAR – Classic Mexican Cuisine Marketplace at Tropicana, 2831 Boardwalk, Atlantic City • (609) 343-9938 LUNCH: Su, M, T, W, Th, F • 12NOON - 4PM DINNER: Su, M, T, W, Th, F • 4PM - 10PM

DOCK'S OYSTER HOUSE - Hometown Seafood 2405 Atlantic Avenue, Atlantic City • (609) 345-0092 LUNCH: Not Offered DINNER: Su, M, T, W, Th, F • 4:30PM - 10:00pm

IRON ROOM AT THE ATLANTIC CITY BOTTLE CO. - Small Plates 648 N. Albany Avenue, Atlantic City • (609) 348-6400 LUNCH: Not Offered DINNER: Su, T, W, Th, F • 5PM - 10PM

JOSEPH'S PUB AND GRILLE AT RENAULT WINERY -Italian Cuisine amongst a Beautiful Vineyard 72 N. Breman Ave, Egg Harbor City LUNCH: Su, M, T, W, Th, F • 11:30AM - 3PM DINNER: Su, M, T, W, Th, F • 5PM - 8PM

With each meal containing 3 courses, Lunch at \$15.18 and Dinner at \$35.18, there's no limit to the fun you can have while indulging in the best food our area has to offer from March 4th through the 9th! So, get out there, eat to your heart's content and as always...

SEE YOU IN ATLANTIC CITY AND THE JERSEY SHORE! MANGIA!

EDITOR'S NOTE THE OPINIONS OF THE GACCA ARE NOT THE OPINIONS OF THIS PUBLICATION.



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PAGE 15

TURN UP THE AC • DEANA M. KOZLOWSKI

2/24 - Tropicana - Grand Funk Railroad: Grand Funk Railroad, sometimes shortened as Grand Funk, is an American rock band popular during the 1970s, when they toured extensively and played to packed arenas worldwide. David Fricke of Rolling Stone magazine once said, "You cannot talk about rock in the 1970s without talking about Grand Funk Railroad!" Known for their crowd-pleasing arena rock style, the band was well-regarded by audiences despite a relative lack of critical acclaim. The band's name is a play on words of the Grand Trunk Western Railroad, a line that ran through the band's home town of Flint, Michigan.



2/24 - Borgata - Blue Traveler: Blues Traveler is an American rock band formed in Princeton, New Jersey in 1987. The band's music covers a variety of genres, including blues rock, psychedelic rock, folk rock, soul, and Southern rock. It is known for extensive use of segues in their live performances, and was considered a key part of the re-emerging jam band scene of the 1990s, spearheading the H.O.R.D.E. touring music festival. In March 2012, Blues Traveler released a double-disc compilation titled 25 on Hip-O Records; the album commemorates the band's silver anniversary and includes their hit singles, new covers, and previously unreleased b-side material. Blues Traveler's most recent studio album Blow Up the Moon, is the twelfth studio album, Blues Traveler released a music video using Rockstar editor in Grand Theft Auto V on September 14, 2015. The music video features JC Chasez and 30H!3. On December 7, 2016, Blues Traveler released a cover version of "Go Tell It on the Mountain"

2/24 - Boardwalk Hall - Katt Williams: This past year. Williams has immersed himself in multiple upcoming projects. From several big-name films to his latest standup special taping, the comedian remains at the top of his game. Katt Williams' upcoming movies include, "Father Figures" with Ed Helm and Owen Wilson, coming to theatres in December 2017. Williams also co-stars alongside Mike Epps for the 'Meet The Blacks' sequel titled, 'The House Next Door'. Over the years, Katt Williams' comedy career has sustained tremendous change. The comedian has endured various challenges, among unpredicted industry shifts. However, the veteran comedian has taken it in stride, remaining in the business for over 12 years. His unforgettable specials and original comedic style continue to make him a force to be reckoned with. Most commonly, Katt is known for his epic standup specials, including Katt Williams: Let A Playa Play, The Pimp Chronicles Pt. 1, Katt Williams Presents: Katthouse, Katt Williams: Pimpadelic, Katt WilliamsL 9 Lives, Kattpacalypse and Priceless: Afterlife. The comedian's most noteworthy film appearances include, Friday After Next (2002), Norbit (2007), American Hustle: The Movie (2007) and Scary Movie 5 (2013).

3/10 - Golden Nugget - The Spinners: Sophisticated up-tempo R&B with precision choreography defines a Spinners show. With over 60 million records sold in their illustrious career, the mighty Spinners have performed for presidents, received 6 Grammy nominations, and have appeared on TV too many times to count.

3/10 - Boardwalk Hall - Kidabaloo: Join Lizzie Greene "Dawn" from Nickelodeon's Nicky, Ricky, Dicky & Dawn at Kidabaloo, a fun-filled day for the whole family! Enjoy superheroes and princesses from Let's Party Events, moon bounces from Petrosh's Big-Top, Magician Chad Juros, a circus, live animals, petting zoo, Chris Kaelble pony rides, face painting, games from Tri-State Professionals, crafts, live entertainment, RC2U Racing with their indoor race track and more! Get the kids out of the house and in to Kidabaloo! VIP offer includes Guaranteed Meet & Greet with Lizzie Greene including a professional photo by Inspirephotos that you can download, signed photo, lunch and early admission starting at 11:00am to Kidabaloo.

3/10 - Borgata - Foreigner: Foreigner is an English-American rock band, PAGE 16 ATLANTIC COUNTY MAGAZINE

originally formed in New York City in 1976 by veteran English musician Mick Jones and fellow Briton and ex-King Crimson member lan McDonald along with American vocalist Lou Gramm. Jones came up with the band's name as he, McDonald and Dennis Elliott were British, while Gramm, Al Greenwood and Ed Gagliardi were American. Their biggest hit single, "I Want to Know What Love Is", topped the United Kingdom and United States charts among others. They are one of the world's best-selling bands of all time with worldwide sales of more than 80 million records, including 37.5 million records in the US.

3/16 - Caesars - "Weird Al" Yankovic: "Weird Al" Yankovic is the most popular musical satirist in modern music history. Casual fans know many of his parodies of popular songs like "Amish Paradise" from the hit "Gangsta's Paradise" and "Like a Surgeon" based on The Material Girl's "Like a Virgin." However, he also has a wide variety of original tunes that should be just as celebrated. The 2018 Tour – "Weird Al" Yankovic: The Ridiculously Self-Indulgent,

III-Advised Vanity Tour – is a celebration of these original songs. Fans will be filled with delight as Al tackles favorites like "UHF," "The Biggest Ball of Twine in Minnesota" and "Nature Trail To Hell." Could some polka medleys also make the setlist?



3/23 - Caesars - Daughtry: Frontman Chris Daughtry is popular for his run on "American Idol" and had tremendous success with his namesake band shortly after. The self-titled debut album released in 2006 and reached No. 1 on the Billboard 200. The album was certified quadruple platinum and named the best-selling album by Billboard in 2007. It spawned the hits "It's Not Over" and "Home." The album sold more than a million copies in less than six weeks. The song "It's Not Over" was nominated for a Grammy in 2008. The band's sophomore album, 2009's "Leave This Town" followed in the footsteps of the first release, debuting at No. 1 on the Billboard 200. It included the lead single, "No Surprise." Daugtry released its third album "Break The Spell" in 2011 and "Baptized" in 2013. Chris Daughtry finished fourth place in American Idol in 2006. Fuel offered to make Daughtry the lead singer, but he already had plans to form his own band. The band has been touring nonstop for the last decade, and you'll get to rock out with Daughtry this spring at Caesars Atlantic City.

3/28-4/1 - Harrah's - The Buddy Holly Story Musical: "Buddy" tells the enduring tale of the musical icon's meteoric rise to fame and his final legendary performance at the Surf Ballroom in Clear Lake, Iowa. Together, the multi-talented cast will performing five shows from March 28 - April 1, presenting two terrific hours of music with over 20 of his greatest hits, including the timeless classics "That'll Be The Day," "Peggy Sue" and "Oh Boy.

4/14 - Resorts - Frankie Z: Frankie Z's band and dancers rock the house, mixing in music from the greats – from Elvis Presley and Michael Jackson, to Bruno Mars and Justin Timberlake and everyone in between. The performance includes medleys of hit songs from the 50s, Broadway musicals Grease and Hairspray, Motown Classics, a tribute to Latin music, modern hits and some of his own original Pop Rock songs guaranteed to get your heart racing. A fun, high energy show for all crowds, young and young at heart – bring mom along for a Mother's Day weekend she won't forget! Frankie Zulferino is a male Pop artist from New York. In his earlier years, Frankie was a part of the boy band WOW and has opened up for artists such as Justin Bieber, Selena Gomez, Jason Derulo and Sean Kingston. Frankie Z has also toured Europe with multi-platinum group, Westlife, where he performed at the London 02 Arena as well as Croke Park. In addition, Frankie was one of the top four contestants in the New

FURN UP THE AC

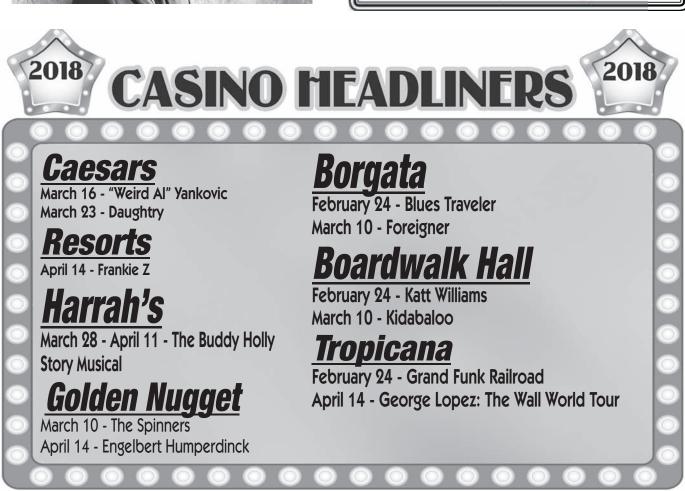
Joe Jonas. Frankie Z's most recent accomplishment was being rewarded for "Best Hip Hop Performance" of 2016 at the Industry Dance Awards in Los Angeles California, as well as choreographing for the Orlando Magic dancers. It is no doubt that Frankie is the next up and coming superstar of our time!

4/14 - Golden Nugget - Engelbert Humperdinck: Engelbert Humperdinck is an English pop singer. Humperdinck has been described as "one of the finest middle-of-the-road balladeers around." His singles "Release Me" and "The Last Waltz" both topped the UK music charts in 1967, and sold more than a million copies each. In North America, he also had chart successes with "After the Lovin" (1976) and "This Moment in Time" (1979). He has sold more than 150 million records worldwide.

4/14 - Tropicana - George Lopez: The Wall World Tour: George Lopez is an American comedian and actor. He is known for starring in his selfproduced ABC sitcom George Lopez. His stand-up comedy examines race and ethnic relations, including Mexican American culture. Lopez has received several honors for his work and contributions to the Latino community, including the 2003 Imagen Vision Award, the 2003 Latino Spirit Award for Excellence in Television and the National Hispanic Media Coalition Impact Award. He was also named one of "The Top 25 Hispanics in America" by Time magazine in 2005.







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GAMES EVERY EVENING AT 7 PM . DOORS OPEN AT 5 PM



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ATLANTIC COUNTY MAGAZINE

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SHIRAT HAYAM COFFEEHOUSE FEBRUARY 24TH

As many of you know, I've been covering the community entertainment beat for almost three decades and can truly say that if you're looking for an entertaining evening at an economical price, then I would definitely check out the Shirat Hayam Coffeehouse Saturday, February 24, 2018 at 7:30pm at Shirat Hayam Beth Judah, Emeth Shalom Synagogue, 700 N Swarthmore Ave in Ventnor, NJ.

There will be an open mic, but if you're interested in performing, call the Shirat Havam office first. There will be singers, musicians, story tellers, comedians, and other entertainers. Enjoy a cup of coffee and other refreshments. Tickets are still available and you can purchase them at the door. Admission is \$5.

Call Shirat Hayam at (609) 822-7116 for further details.

South Jersey Matters is Dedicated in Loving Memory of Annell "Nancy" Cohen 2/26/30 - 6/19/98 Wonderful Wife & Mother, Ventnor AARP's Woman of

the Year 1998 and Past Vice President, long-time member of Atlantic Lodge No. 98, Knights of Pythias-Women's Auxiliary, and devoted member of RNS Cancer & Heart Fund.

She would have been 88 on February 26th and is Very Sadly Missed, Loved, & Remembered.

Your Loving Son, Todd Cohen

SUND	AY EV	ENING								FI	EBRUA	ARY 25	, 2018
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	News	60 Minutes	S CC	Big Brothe	er: Celebrity	Edition 🖾		NCIS: Los	Angeles	News	Spo.	ET
6-ABC	News	ABC	Funny Hor	ne Videos	The Bache	lor "The Wo	men Tell All	" CC	Shark Tan	k	News	News	FYI Philly
10-NBC	News	News	Olympic G	old 🖸	2018 Winte	er Olympics	Closing Ce	remony. 🕅		A.P. Bio	NBC 10	2018 Olym	pics
17-MNT	Two Men	Two Men	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	NS	Two Men	Seinfeld	Seinfeld
23-PBS	Music	David	Process	Class	The Arts	NYC Arts	Antiques F	Roadshow	Front and	Center	Locked Ou	ut: Fall	Time/By
29-FOX	Fox 29 Net	ws at 6PM	Brooklyn	Burgers	Simpsons	Ghosted	Fam. Guy	LA-Vegas	News	Sunday	TMZ (In St	ereo) 🖸	J. Osteen
57-CW	Funny	Don't	Jokers	Jokers	Mike	Mike	Broke Girl	Broke Girl	News	Broke Girl	Mike	Mike	King
A&E	Storage	Storage	Storage	Storage	Storage W	ars: Best of	Barry "Bes	t of Barry 2"	(In Stereo)	00			Storage
AMC	Walk	The Walkir	ng Dead	The Walki	ng Dead 🖾		The Walkir	ng Dead "Ho	onor"	Talking De	ad 🖸	The Walki	ng Dead
CNN	CNN News	sroom	CNN News	room	CNN News	room	The Radica	al Story	The Radica	al Story	The Seven	nties 💷	Radical
DISC	Fast N' Lo	ud 📧	Fast N' Lo	ud 💷	Fast N' Lo	ud 🖸	Fast N' Lo	ud 🖸	Fast N' Lo	ud 💷	Fast N' Lo	ud 🖸	Fast-Loud
DISN	★★½ "High	School Mus	sical" (2006	i) 'NR'	** "High S	School Musi	cal 2"	Andi Mack	CC	Stuck	Bunk'd	Bunk'd	Stuck
ESPN	SportsCer	nter 🖸	NBA Coun	tdown	NBA Bask	etball: 76ers	at Wizards			SportsCen	ter (Live) 🖸]	SportCtr
ESPN2	World/Pok	er	World/Pok	er	World/Pok	er	World/Pok	er	Johnsonvi	ille Cornhol	e Champio	nships	ESPN FC
FNEWS	America's News HQ Fox Report ©			Scandalou	IS CC	The Next F	Revolution	Fox News	Sunday	Scandalou	IS 🖸	Revolu	
FX	(5:00) ★★★½ "The Avengers" (2012)			2)	*** "Miss	ion: Imposs	ible Rogue	Nation" (2	015) Tom C	ruise.	"Mission:	Impossible	"
HBO	"Alien vs	**½ "The F	ate of the F	urious" (20	017) Vin Die	sel.	Here and N	low 🖸	Divorce	Crashing	Last	Here and I	Now 🖸
HIST	American	Pickers	American	Pickers	American Pickers America's Greatest Th				nreat: Vladi	mir Putin	American	Pickers	Pickers
ION	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los Angeles Private Eyes				NCIS: Los	Angeles	NCIS: Los Angeles		NCIS: LA
	"Framed b	y My Fiance	é " (2017) 🖸		"The Wron	g Crush" (2	2017) Vivica	A. Fox.	"The Psyc	ho She Met	t Online" (2017) 🖾		"Wrong"
MAX	(5:35) ***	"Strange D	ays" (1995)) 🖸	**½"Jaso	n Bourne" (2016) (In St	ereo)	***½"The	Thin Red L	.ine" (1998)	Sean Penn	. CC
NBCSPA	700Level	Poker	Inside Vil	Sixers	NBA Bask	etball: 76ers	at Wizards			Sixers Pos	st.	Inside Vil	SportsNet
NICK	Henry	Henry	Game	School	Full H'se	Full H'se	Full H'se	Full H'se	Gold	Gold	Friends	Friends	Friends
SPIKE	Bar Rescu	e 😳	Bar Rescu	e 👓	Bar Rescu	e 🖸	Bar Rescu	e 😳	Bar Rescu	e 🖸	Bar Rescu	ie 😳	Rescue
TBS	(4:15) ***	½ "Avatar" (2009) 🖸 (D	VS)	*** "Aver	ngers: Age o	of Ultron" (2	2015) Rober	t Downey Jr		Detour	Detour	Detour
TCM	*** "Picn	ic " (1955) W	/illiam Holde	en. 🖸	**** "Mu	tiny on the l	Bounty" (19	935) 📧 (DVS	S)	**** "All	Quiet on th	e Western	Front"
TNT	(5:15) "300): Rise of ar	Empire"	**½"San /	Andreas" (2	015) Dwayn	e Johnson.		The Alienia	st	"Exodus:	Gods and K	(ings"
USA	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Mod Fam	Mod Fam	Mod Fam
PAGE 24	1		ATLA	NTIC C	OUNTY	MAGAZ	ZINE		ww	w.atlant	iccount	ymagaz	ine.com

The Wizard of Odds

The "Wizard of Odds" is a local casino maven who has firsthand and accurate inside information on the best and worst casino deals in Atlantic City. If you follow the Wizard's advice in patronizing the best and avoiding the worst casinos, your money will last longer and you will have a better chance to win. This week's feature is about a timely message from, "The Junkie Junket – Part II!"



THE BEST CASINO DEALS

Best Player's Club Lounge "The Amphora Lounge" Bor Best High-End Club "Seven Stars" (Tie) Caesar's & Ha	
	rrah's
	mah's
Best Cash Back & PromotionsBor	gata
Best Asian Gourmet"Lillie's Restaurant" Golden Nu	ugget
Best Casino BuffetBo	rgata
Best Steakhouse	rgata
Best Sunday Brunch	esar's
Highest Class of Customers"The Nicer People Place" Bo	
Cleanest Casino(Tie) Resorts & Bo	rgata

This is a postscript to my recent "Wiz" column about how the new mayor of Atlantic City going to Las Vegas in a pseudo "junkie junket" to see how Marijuana will benefit our casino town.

- Did not someone from the A. C. Health Department tell him that smoking, including a joint, is not healthy?
- Did not someone from the police department or drug enforcement tell him that Marijuana has been already and very accurately proclaimed a "Gateway Drug?
- Do we really need to promote government sponsored drug abuse?
- Does the Mayor not know about how a junkie nearly blew up the Tropicana last week with his extremely dangerous meth lab?

More appropriate use of the Mayor's time would be for him to synchronize Atlantic City's traffic lights; pave the roads and fix the ubiquitous pot holes; bring the cops back to his island so they don't have to go over a draw bridge to come and go from the police muster point off shore (Why not place them in the Public Safety Building at Iowa & Atlantic, across from the iconic Tony's Baltimore Grill?) Their presence, and coming and going, could present a significant crime deterrence effect on an area that is more and more dangerous. Dumping 12 hour shifts and restoring foot/scooter beats on Pacific Ave and our World Famous Boardwalk would be a big plus.

Tourists flock to clean and safe resort venues such as Disney World in Florida. Why not Hizzonor take a "Mickey Mouse" junket and see how it is done there? Do we all not want safety and security for our families when seeking entertainment at the Shore? You can bet that Main Street in Disney is a lot cleaner and safer than our Pacific Avenue. All the Mayor has to do to realize what is actually happening to our town is to take a personal walking tour down Pacific Avenue some evening and see the cast of rough characters infesting our main drag. (or read the police/AC Press crime reports)

The Mayor should stay home and TCB. (Take Care of Business) What will be his legacy? Stay tuned.

The "Wiz" can be contacted at WizardofOdds@comcast.net Editor's Note: The opinions of the Wiz are not opinions of this publication.









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MONDAY EVENING

FEBRUARY 26, 2018

													,
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Kevin Can	Man-Plan	Superior	Biblically	Scorpion 0	C	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Bache	lor (In Stere	90) CC		The Good	Doctor	News	Jimmy Kin	nmel Live
10-NBC	News	News	Extra	Access	The Voice	00			Good Girls	s "Pilot"	News	Tonight Sh	IOW
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mom	Law & Ord	ler: SVU	Action Nev	ws	Mod Fam	Two Men	Two Men
23-PBS	News	News	One/One	News	Animals-C	am	NOVA 🖾 (DVS)	NHK Docu	mentary	News	One/One	World
29-FOX	News	Page Six	Dish Nat.	TMZ 🖸	Lucifer 📧 ((DVS)	The Resid	lent	Fox 29 Net	ws at 10	News	TMZ 🖸	Page Six
57-CW	Judge Mat	this 🖾	FamFeud	FamFeud	DC's Lege	nds	iZombie 🛙	3	News	Broke Girl	Mike	King	Mike
A&E	The First 4	18 CC	Warren Je	ffs	Warren Jet	ffs	Jonestow	n: The Wom	en		Warren Je	ifs	Jeffs
AMC	**** "The	e Godfather	" (1972, Dra	ama) Marlon	Brando, Al I	Pacino. 🖾			McMafia 🔤		McMafia 🔤	J	
CNN	Situation I	Room	E. B. OutF	ront	Anderson	Cooper	Anderson	Cooper	CNN Tonig	ght	CNN Tonig	jht	AC 360
DISC	Fast Lane		Fast Lane		Street Out	aws 🖾	Street Out	tlaws 🖾	Street Out	laws: Memp	ohis 🖾	Street Out	aws 😳
DISN	Jessie	Jessie	Bunk'd	Bunk'd	Andi	Stuck	Bizaard	Raven	Gravity	Gravity	Andi	Stuck	Bizaard
ESPN	SportsCer	nter 🖸	College Ba	asketball Du	ike at Virgini	a Tech.	College B	asketball ⊺e	xas at Kans	as. (Live)	SportsCen	ter 🖸	SportsC.
ESPN2	Around	Pardon	Women's	College Bas	ketball		College B	asketball			FIBA Bask	etball WC G	Jualifiers
FNEWS	Special Re	eport	The Story		Tucker Ca	rlson	Hannity 🖸]	The Ingrah	nam Angle	Fox News	at Night	Tucker
FX	(5:30) ★★ ½	:30) * * ½ "The Maze Runner" (2014) * * "Maze F			Runner: The	e Scorch T	rials " (2015)	Dylan O'Br	ien.	"Maze Rur	nner: Scorcl	h Trials"	
HBO	"Wonder \	Noman"	Last	VICE	***½"Get	Out" (2017)) 'R'	Here and N	low 🖸	**½ "Going	g in Style" ((2017) 'PG-1	3'
HIST	American	Pickers	American	Pickers	American	Pickers	American Pickers		Pawn	Pawn	Pawn Pawn		Pickers
ION	Criminal N	linds 🖾	Criminal N	linds 🖾	Criminal M	linds 🖾	Criminal Minds C Criminal Minds C			Criminal M	Criminal		
LIFE	Grey's An	atomy	**½ "The H	Holiday" (20	06) Camero	n Diaz, Kate	e Winslet. 🖸	1	UnREAL "(Oath"	"What Hap	gas" 🖸	
MAX	"Taxi"	★½ "Envy"	(2004) Ben	Stiller.	** "Indepe	endence Da	y: Resurge	ence"	"Trouble N	lo More"	** "Bad B	oys II" (200	3) 🖸
NBCSPA	Quick	700Level	Pregame	NHL Hock	ey: Flyers at	Canadiens			Flyers Pos	stgame Live	CC	Quick	SportsNe
NICK	" Blurt " (20	018) 🖸	Knight	Lip Sync	★★½ "Diary	of a Wimpy	y Kid: Dog	Days"	Full H'se	Full H'se	Friends	Friends	Friends
SPIKE	Friends	Friends	Friends	Friends	Friends	Friends	Cops	Cops	Cops	Cops	Cops	Cops	Cops
TBS	Fam. Guy	Fam. Guy	Family Gu	у	Family Guy	y	Family Gu	ıy	American	Final Spac	е	Conan 💷	
TCM	***½"Cat	on a Hot Ti	i n Roof " (19	958)	**** "The	Best Years	s of Our Liv	ves " (1946) l	Fredric Marc	ch.	**** "Mrs	s. Miniver" (1942)
TNT	*** "Star	Wars: Reve	enge of the	Sith" (2005)	Ewan McG	regor.	The Alieni	ist	The Alienia	st	Law & Order		Law
USA	NCIS 🖾 (D	VS)	NCIS CC (D	VS)	WWE Monday Night RAW (In Stereo Live) ©						Mod Fam	Mod Fam	Mod Fam

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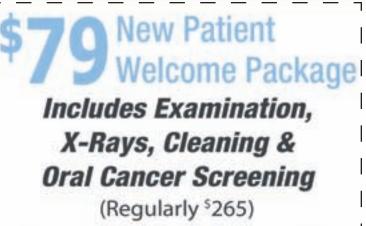
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PPAWS - People & Puppies at Work for Sight **"MEET THE PACK!"**

Good Luck Mike!

The Love family received Mike, a Labrador/Golden Retriever mix, at the adorable age of 7 weeks. As he was their first Seeing Eye foster pup, they had no idea what to expect. What they never ever could have forseen was just how guickly and completely Mike conguered their hearts. Mike was a confident, loving, happy, intelligent, fiercely loyal puppy who loved nothing more than to go on outings wearing his Seeing Eye Puppy-in-Training vest. Rest assured, there was no one more fun to go to the mall, than with Mike.

It broke the hearts of the Love's to part ways with their sweet boy last week when after 14 months with them, he got his call to return to The Seeing Eye for formal training. They are taking comfort and satisfaction in knowing that Mike will soon be bringing his love for people, his joy in learning new things, his passion for outings and his confident, happily inquisitive nature with him to his "new job." These are the qualities that will turn him into the BEST Seeing Eye dog!

The Seeing Eye breeds puppies specifically to be guide dogs for the blind. Only dogs that are bred, raised and trained by The Seeing Eye have the right and privilege to be called "Seeing Eye Dogs." Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. Their foster families teach basic obedience and expose them to a variety of social situations they will later encounter as working dogs.

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise puppies for The Seeing Eye. PPAWS is always looking for more people to help raise these amazing pups. If you are interested or would like more info, contact Peter at (609) 804-8774.



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BUSINESS & SERVICE DIRECTORY

YOUR SOURCE FOR BUSINESSES & SERVICES IN ATLANTIC COUNTY



TUES	DAY E	VENIN	G							FI	EBRUA	RY 27 ,	2018
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	NCIS CC (D	VS)	Bull (In Ste	ereo) 🖸	NCIS: New	Orleans	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Middle	Fresh-	blackish	Mod Fam	Kevin (Pro	bably)	News	Jimmy Kin	mel Live
10-NBC	News	News	Extra	Access	The Voice	00	This Is Us	CC	Chicago M	ed	News	Tonight Sh	ow
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mom	The X-File	S CC	Action Nev	vs	Mod Fam	Two Men	Two Men
23-PBS	News	News	One/One	News	Father Bro	wn 🖸	Victoria-M	aster	Queen Eliz	abeth	News	Process	World
29-FOX	News	Page Six	Dish Nat.	TMZ 🖸	Lethal Wea	apon	LA-Vegas	The Mick	Fox 29 Nev	ws at 10	News	TMZ 🖸	Page Six
57-CW	Judge Mat	his 🖸	FamFeud	FamFeud	The Flash	00	Black Ligh	ntning 🖻	News	Broke Girl	Mike	King	Mike
A&E	Interventio	on 😳	Interventio	n 🖸	Interventio	on 🖸	Interventio	on 🚾	Undercove	er High	Interventio	on 😳	Inter.
AMC	(5:30) ***	"Under Sie	ge " (1992) [CC	★★½ "Arma	i geddon " (1	998) Bruce	Willis, Billy E	Bob Thorntor	n. 🖸		*** "Unde	r Siege"
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	Anderson	Cooper	CNN Tonig	ıht	CNN Tonig	jht	AC 360
DISC	Fast N' Lo	ud 🖸	Fast N' Lo	ud 🖸	Street vs.	Fast	Street Out	l aws (In Ste	reo) 🖸		Street Out	laws (In Ste	reo) 🖸
DISN	Jessie	Jessie	Bunk'd	Bunk'd	Andi	Stuck	Bizaard	Raven	Gravity	Gravity	Andi	Stuck	Bizaard
ESPN	SportsCen	iter 🖸	College Ba	i sketball ⊺e	ams TBA. (l	_ive)	College Ba	asketball Mi	ami at North	Carolina.	SportsCen	iter 😳	SportsC.
ESPN2	Around	Pardon	College Ba	i sketball ⊺e	ams TBA. (I	_ive)	College Ba	asketball Ok	dahoma at E	Baylor.	Basket	NFL Live 🛙	
FNEWS	Special Re	port				rlson	Hannity 🖸		The Ingrah	am Angle	Fox News	at Night	Tucker
FX	(4:30) "X-Men: First Class" [∞] ★★½ "Thor			★★½ "Thor:	The Dark V	Norld" (201	3) (In Stered	D) 🖸	Baskets	Baskets	Baskets	**½ "Hance	ock"
HBO	"Night at t	he Museum	"	VICE	*** "Gran	Torino" (2	008) Clint E	astwood.	REAL Spo	rts Gumbel	Boxing		
HIST	The Curse	of	The Curse	of	Digging Deeper The Curs					The Curse of		of	Digging
ION	Criminal M	linds	Criminal M	inds	Criminal Minds Crim				Criminal Minds		Private Eyes		Private
	Married at	First Sight	Married at	First Sight		Married	1	First Sight	To Be Ann	ounced	Married at	First Sight	Married
MAX	** "Get Sr	mart " (2008) Steve Care	ell. CC	**½ "Micke	ey Blue Eye	s"	***½"Hea	ven Can Wa	ait" (1978) 🛙	20	Strike Bac	(CC
NBCSPA	Quick	Inside Vil	Sixers	NBA Bask	etball Philad	delphia 76er	s at Miami ⊦	leat. 🖾	Sixers Pos	t.	Sixers	Inside Vil	SportsNet
NICK	Henry	The Thunc	lermans	Lip Sync	*** "Rang	go " (2011) V	oices of Jol	hnny Depp.	CC]	Full H'se	Friends	Friends	Friends
SPIKE	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Ink Master	CC	**** "For	rest Gump'	(1994)
TBS	Fam. Guy	Fam. Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Detour	Conan 🖾		Detour
TCM	(5:45) ***	"Kings Ro	w" (1942, D	rama)		the Waterfr	(/		*** "All th		en " (1949) 🛛		"Hamlet"
TNT	★★½ "Step	Brothers" (2008) Will F	errell.	NBA Bask	etball: Wiza	rds at Bucks	S		NBA Bask	ketball: Clippers at Nugg		ets
USA	Law & Ord		Law & Ord	er: SVU		ckDown! (Ir		,	Unsolved-		Law & Ord		Law-SVU
Find Us	on Fac	ebook			A	TLANTI	C COU	NTY MA	AGAZIN	E		P/	AGE 3

FEBRUARY 2018 TIDES GREATER EGG HARBOR INLET

Day	High	Low	High	Low	High
thu1		2:00 AM EST / -0.9 t	BOB AM EST / S.O.R.	240 PM EST /-1.1 E	842 PM EST / 4.4 B
Fil 2		2:52 MIEST/-0.91	859 AM EST / 481	2:30 PM EST /-1.0 t	9:34 PM EST / 4.3 8
Set 3		2.41 AM EST /-6.7 t	9:50 AM EST / 4.8 tt	8:15 PM EST / -0.8 8	1027 PM EST / 421
Sun 4		#30 AM EST / 4.5 th	10:42 AM EST / 4.3 h	5:00 PM EST /-0.6 t	11:19 PM EST / 4.1 tt
Mon 5		5:20 AM EST / -0.2 th	11:33 AM EST / 3.9 h	5.47 PM EST / -0.2 ±	1
let.	12:11 AM EST/3.91	8.15 AM EST / 0.2 h	1225 PM EST/3.6 H	8:38 PM EST/0.18	
Ned 7	DOT AM EST /3.8 h	7:15 AM EST / 0.4 E	1:16 PM EST/3.3 R	7:36 PM EST / 0.3 R	1
thut.	1.51 AM EST / 1.7 tt	E19 AM EST /0.5 R	209 PM EST / 3.1 ft	8:32 PM EST / 0.4 ft	
File	2-44 AM EST / 3.6 h	9-18 AM EST / 0.5 th	3:06 PM EST / 3.0 tt	9:27 PM EST / 0.5 h	
Sat 10	2:40 AM EST / 3.6 h	1012 AM EST / 0.4 8	405 PM EST / 3.0 ft	TO:TE PM EST / D.4 th	
Sun 11	A 34 AM EST / 3.7 h	11.00 AM EST / 6.3 h	501 PM EST / 3.1 R	11:05 PM EST / 0.3 ft	
Mon 12	625 AM EST / SS t	1146 AM EST / 61h	5:50 PM EST / 3.3 th	11ST PM EST/0.21	
Tue 13	E 10 AM EST / 4.0 h	12:30 PM EST / -0.11	8:30 PM EST/3.5 th		
Wed 14		1235 AM EST/DOT	\$50 AM EST / 4.1 R	1:12 PM EST /-0.2 8	7:13 PM EST / 3.6 ft
Thu 15	-	1.19 AM EST /-0.1 1	7:28 AM EST / 4.2 tt	1.51 PM EST / 4.3 t	7:50 PM EST / 3.7 tt
Fil 16		2:00 AM EST /-0.1 8	BO4 AM EST / 421	2:29 PM EST / -0.4 t	825 PM EST / 3.8 ft
Sat 17		2:39 AM EST / 42 t	\$39 AM EST / 4.2 tt	DOS PHEST I-CAR	8:59 PM EST / 3.8 R
Sun 18	2	117 AM EST /-0.1 8	R14 AM EST/418	339 PM EST/-0.3 t	9:35 PM EST / 3.8 R
Mon 19		254 AM EST /-6.1 t	8:50 AM EST / 4.0 ft	4:12 PM EST / -0.3 8	10:14 PM EST / 3.9 ft
Tue 35		#34 AM EST /0.0 R	10:37 AM EST / 3.8 t	A48 PM EST /-0.2 t	11:00 PM EST / 3.9 tt
Wed 21		E-19 AM EST /0.2 tt	11:27 AM EST / 3.7 h	5:30 PM EST / -0.0 th	11:51 PM EST / 3.9 *
Thu 22		8:17 AM EST / 0.3 h	12:24 PM EST / 3.5 th	825 PM EST/0.1 h	1
Fri 23	12.48 AM EST / 4.0 h	7:33 AM EST / 0.4 h	1:25 PM EST/3.4 R	7:38 PM EST / 0.2 h	
Set 24	1:50 AM EST / 4.0 ft	8:48 AM EST / 0.3 h	2:32 PM EST / 3.4 tt	8:53 PM EST / 0.1 R	
Sun 25	2-59 AM EST / 4.1 8	9:55 AM EST / 0.0 B	3:43 PM EST / 3.5 ft	10:00 PM EST / 40 1	
Mor 26	4:09 AM EST / 4:3 1	1054 AM EST / 421	HS! PM EST /3.8.8	TICH PM EST /-0.31	
Tue 27	B14 AM EST / 4.5 h	1150 AM EST /-0.51	550 PM EST/411	11:58 PM EST /-0.51	
Wed 25	B 11 AM EST / 47 h	12.43 PM EST / 4.71	EA4 PM EST / 4.4 R		

Catholic De Charities

READLY, VET, COP SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVE) SERVING ATLANTIC; CAPE MAY, CAMDEN. CUMBERLAND, GLOUCESTER, AND SALEM COUNTIES

The goal of Ready, Vet, Go! is to promote housing stability among veterans and their families who are homeless or at risk of homelessness.

DIRECT SERVICES PROVIDED: RENTAL ASSISTANCE - SECURITY DEPOSIT TRANSPORTATION - UTILITY DEPOSIT - UTILITY BILLS

FOR MORE INFORMATION, PLEASE CONTACT:

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ATLANTIC AND CAPE MAY COUNTIES

Nelson Gonzalez (856) 701-5428 Nelson.Gonzalez@camdendiocese.org

WEDN	IESDA	Y EVE	NING							FI	EBRUA	RY 28	, 2018
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Survivor "(Can You Rev	verse the Cu	urse?"	SEAL Tear	m 🖸	News	Late Show	/-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Gold	Speech	Mod Fam	House	Designate	d Survivor	News	Jimmy Kir	nmel Live
10-NBC	News	News	Extra	Access	The Blackl	ist 🖾	Law & Ord	ler: SVU	Chicago P	.D.	News	Tonight S	how
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mom	Dateline 🕅]	Action New	ws	Mod Fam	Two Men	Two Men
23-PBS	News	News	One/One	News	Pasta	Here's	Call the Mi	idwife	The Tunne	el	News	Class	World
29-FOX	News	Page Six	Dish Nat.	TMZ CC	The X-Files	5 CC	9-1-1 🖸 (D	VS)	Fox 29 Net	ws at 10	News	TMZ CC	Page Six
57-CW	Judge Mat	his 🖸	FamFeud	FamFeud	Riverdale	20	Penn & Te	ller	News	Broke Girl	Mike	King	Mike
A&E	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Rooster &	Butch	Storage	Storage	Storage
AMC	(4:30) * *½	"Armagedd	lon" (1998)	00	***½"The	Green Mile	" (1999, Dra	ama) Tom H	anks, David	Morse. 🕅			"Few
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	Anderson	Cooper	CNN Tonig	ght	CNN Tonig	ght	AC 360
DISC	Misfit Gara	age	Street vs.	Fast	Street vs.	Fast	Street Out	laws 🔤	Twin Turb	os 💷	Street Out	laws 🔤	Twin Tur
DISN	Jessie	Jessie	Bunk'd	Bunk'd	"Zombies"	(2018) 'NR	' CC	Raven	Gravity	Gravity	Andi	Stuck	Bizaard
ESPN	SportsCen	nter 🖸	NBA Coun	tdown	NBA Bask	etball: Warr	iors at Wiza	rds		NBA Bask	etball: Rock	ets at Clipp	ers
ESPN2	Around	Pardon	College Ba	asketball Mi	ssissippi at l	Kentucky.	College Ba	asketball			SportsCer	ter 😳	SportCtr
FNEWS	Special Re	ecial Report The Story Tucker Carlson				rlson	Hannity 🖸		The Ingrah	nam Angle	Fox News	at Night	Tucker
FX	(5:00) "The	or: The Darl	k World"	**½"Iron I	Man 2 " (201	0) Robert De	owney Jr. 🖾	1	Gianni Ver	rsace	Gianni Ver	sace	Gianni
HBO	(5:25) ** "	Suicide Sq	uad"	VICE	"Notes Fro	m the Field	l" (2018)	** "All Ey	ez on Me" (2017) Deme	etrius Shipp	Jr. 'R'	Crashing
HIST	American	Pickers	American	Pickers	*** "The (Outlaw Jose	ey Wales" (1976) Clint Eastwood.					Pickers	"Outlaw"
ION	Law & Ord	er 👓	Law & Ord	er 😳	Law & Ord	er 🖸	Law & Ord	er 😳	Law & Order 🖾		Law & Order "Fame"		Law
LIFE	Grey's Ana	atomy	Little Wom	ien	Little Wom	en	Little Wom	nen	Glam Mast	Glam Masters 🕮		ters 🖸	Little
MAX	*** "The	Birth of a N	ation" (201	6) 🖸	** "Dange	rous Minds	s " (1995)	*** "Mave	erick" (1994	I) Mel Gibso	n. (In Stered) CC	TBA
NBCSPA	Quick	Bensinger	College Ba	asketball Da	ayton at La S	alle. 🖸	Inside Vil	Quick	Philly Spo	rts Talk	Dan Patric	k	SportsNet
NICK	Knight	Henry Dan	ger 🖾	Lip Sync	"The Spon	geBob Squ	arePants M	lovie" 🖸	Full H'se	Full H'se	Friends	Friends	Friends
SPIKE	Two Men	Two Men	**½"Shoo	ter" (2007)	Mark Wahlb	erg. (In Ster	eo) 🖸		Waco 🖾		Cops	Cops	Cops
TBS	Fam. Guy	Fam. Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full	Conan 🖾		Full
ТСМ	**** "Fat	her of the E	Bride" (1950))	**** "The	Bridge on	the River K	(wai" (1957)	William Ho	lden.	**** "Pat	ton" (1970)	CC
TNT	Bones 🛙		Bones 🛙		1		, ,	nifer Anistor	۱.	★★½ "Magi	c Mike XXL	" (2015)	-
USA	"The Depa	rted"			Road" (201								Unsolved
PAGE 32	2		ATLA	NTIC C	OUNTY	MAGAZ	INE		WW\	<i>w</i> .atlanti	iccounty	/magaz	ine.com



6-ABC	News	ABC	Jeopardy!	Wheel	Grey's Ana	atomy	Scandal 🚾		Away-Mur	der	News	Jimmy Kir	nmel Live
10-NBC	News	News	Extra	Access	Super	A.P. Bio	Will	A.P. Bio	Chicago F	ire	News	Tonight SI	how
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mom	Law Order	: CI	Action Nev	vs	Mod Fam	Two Men	Two Men
23-PBS	News	News	One/One	News	The Roose	velts: An Ir	ntimate Hist	ory	SciTech	Metro	News	The Arts	World
29-FOX	News	Page Six	Dish Nat.	TMZ 🖸	Gotham 🖾	(DVS)	Show-Apo	llo	Fox 29 Nev	ws at 10	News	TMZ 🖸	Page Six
57-CW	Judge Mat	his 🖾	FamFeud	FamFeud	Supernatu	ral 🖾	Arrow CC		News	Broke Girl	Mike	King	Mike
A&E	The First 4	8	The First 4	8	The First 4	8 00	The First 4	8	60 Days In	00	The First 4	8 00	First 48
AMC	(5:45) ★★ ½	"Uncle Buc	k " (1989) 🕮		*** "The l	Devil Wears	Prada " (20	006) Meryl S	treep.	★★½ "Bruc	e Almighty"	(2003) 🖸	
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	Anderson	Cooper	CNN Tonig	Jht	CNN Tonig	jht	AC 360
DISC	Street vs.	Fast	Street vs. I	Fast	Street vs. I	Fast	Street Out	laws 🔤	American	Chopper 🖸		Street vs.	Chopper
DISN	Jessie	Bunk'd	Bunk'd	Raven	K.C.	Stuck	Bizaard	Bizaard	Bunk'd	Jessie	K.C.	Stuck	K.C.
ESPN	SportsCen	ter 🖾	College Ba	sketball			College Ba	asketball Te	ams TBA. (I	_ive) 🖸	SportsCen	ter 🖸	SportsC.
ESPN2	Around	Pardon	Women's S	Soccer			College Ba	asketball Te	ams TBA. (I	_ive)	College Ba	sketball	
FNEWS	Special Re	port	The Story		Tucker Ca	rlson	Hannity 🖾		The Ingrah	am Angle	Fox News	at Night	Tucker
FX	(4:30) "Iroi	0) "Iron Man 2" *** "Straight Outta C			compton" (2	015) O'She	a Jackson J	r. 🖸	Atlanta	Atlanta	Atlanta	"Straight (Outta"
HBO	(5:45) ★★ ½	"Gifted" (20	017)	VICE	**½ "The F	ate of the F	urious" (20	017) Vin Die	sel.	Here and N	low 🖸	High	Queens
HIST	Swamp Pe	ople	Swamp Pe	ople	Swamp People Swamp People			To Be Ann	ounced	Swamp Pe	ople	Swamp	
ION	Blue Blood	ds	Blue Blood	ls	Blue Blood	ls 🖸			Blue Bloods 🖾		Blue Bloods 🖾		Blue
	Grey's Ana	atomy	Project Ru	nway	Project Ru	Project Runway		Project Runway		Glam Masters 🖾		Dath"	All Stars
MAX	(5:30) ** "	A Cure for	Wellness" (2016)	"The Blair	Witch Proje	ect" (1999)	**** "The	e Dark Knig	ht" (2008) C	Christian Bal	e. 🖸	Strike
NBCSPA	Quick	Pregame	NHL Hocke	ey Carolina	Hurricanes a	at Philadelph	nia Flyers.	Flyers Pos	tgame Live	CC	Dan Patric	k	SportsNet
NICK	The Thund	lermans	Henry	Lip Sync	**½ "The F	Princess Dia	aries" (2001) Julie Andre	ews.	Full H'se	Friends	Friends	Friends
SPIKE	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Lip Sync	Lip Sync	Music	Music	"Dirty Dan	icing" 📧
TBS	Fam. Guy	Fam. Guy	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Big Bang	Big Bang	Big Bang	Big Bang	Conan 📧		Final Sp.
TCM	**** "Sou	under" (197	2) Cicely Ty	son.	**** "The	Bridge on	the River K	(wai" (1957)	William Ho	den.	**** "Pat	ton" (1970)	CC
TNT	NCIS: New	Orleans	NCIS: New	Orleans	NBA Bask	etball: 76ers	s at Cavalie	S		NBA Bask	etball		
USA	**½"Shoo	ter" (2007, 3	Suspense) N	/lark Wahlbe	U .	·	Ninja vs. N				Mark Wahlb		
	and Date					ATI ANIT							

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SPORTS STUMPERS

MLB Spring Training

Questions:

1) What was the first baseball team to head south to train for the upcoming season?

2) What spring training habits did Ty Cobb, Edd Roush and Jimmie Foxx have in common?

3) What team trained on Catalina Island, off the coast of California? 4) What was the Potomac Line? 5) Which were the first teams to make Arizona their spring home? 6) What teams have trained in

Cuba? 7) What was the first team to play

a preseason game in Mexico? 8) What team once trained in Bermuda?

9) What team was forced to move after a hurricane destroyed its spring base?

Answers:

1) It is believed the Chicago White Stockings in 1886 were the first,

making Hot Springs, Ark., their base

2) They refused to accompany their teams to training camp, instead opting to work out on their own

3) The Chicago Cubs, from 1921 through 1951

4) During World War II, Commissioner Kenesaw Mountain Landis barred teams from training west of the Mississippi River or south of the Potomac River

5) The New York Giants and Cleveland Indians, in 1947 6) The Giants (1937) and the Brooklyn Dodgers (1947) both trained in Havana

7) The Chicago White Sox played several contests against local Mexico City talent in 1907 8) The New York Yankees in 1913 9) The Cleveland Indians, who were ousted from their Homestead, Fla., facility after Hurricane Andrew destroyed it in 1992

When the economy nosedived, and companies had reason to be scared, a few businesses got resourceful.

Low incomes and record job losses pushed consumers toward trends like buying in bulk and using group discount websites. And where there was demand, supply soon followed.

In came the success of wholesalers like Costco, Sam's Club and BJ's. But warehouse clubs weren't the only stores seeing growth in bulk sales. Farmers markets, co-ops and natural food stores observed more supersized shopping. Whole Foods said bulk food pur-chases were growing by approximately 25 percent every year.

That wasn't the only buying trend to emerge, however.

"The Groupon following led to an explosion of similar sites, like LivingSocial and Dealfind, not to mention all of the city-specific ones," says Joe Kalfa, the leader of a new movement of group buying called All Our Power.

"You can buy virtually any commodity in bulk and get all kinds of group discounts on spas, restaurants and vacations galore, but what about monthly expenses like car insurance, gas and health care? It seems to me like there's room for some improvement," adds Kalfa.

Well, maybe there is.

New BUYING TRENDS EMERGE FOR SHOPPERS

According to Time magazine's Moneyland, warehouse club members can save 25 to 35 percent on their food budget. Shoppers who forego packaging altogether and buy food from bins or dispensers save anywhere from 30 to 90 percent over prepackaged products.

Imagine those types of savings applied to insurance policies, gas prices, medical bills, cell phone plans and more.

All Our Power, which seeks to rally 10 million members and secure membership discounts from all kinds of service providers and retailers, could be the next group-buying trend to take flight.

A buzz has already formed around the young movement as consumers worldwide realize the potential benefits of a free membership with access to serious negotiating power.

Are you tired of paying too much for car insurance or gas? You're not the only one. Sign up and more about learn your buying power at www.allourpower.co m. Or, see what others are saying on T w i t t e r Gallourpower.



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MARCH 4 - 9

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