

JAMES L. SAAD, JR. LIC. #171; RICHARD J. SAAD, LIC. #324

Wednesday, Thursday & Friday, Feb. 27, 28, Mar. 1, 2 & 3.







**V** CHALLENGE

1	2 *	3	4		5	6 *	7	8	9		
10					11			*			
12				13				14		15	
			16								17
	18	19			Who	is the		20			
21		*				st Lao turne			22		
23						ars old in the		24*			
25			26*	W	/hite I	House	?	27			
28					29	30	31				
	32				33		*		34*	35	36
		37	*	38				39			
	40										

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

#### ACROSS

- 1. Lincoln & Reagan
- 10. Perched upon 11. Fred Astaire's
- dancing sister
- 12. Edison's monogram
- 13. Go quickly 14. Illuminated
- 14. murminateu
- 16. Root vegetables18. University in Dallas
- 20. "\_\_\_ shalt not kill"
- 20. \_\_\_ shalt not k 21. Injure
- 21. Injure
- 22. Canister
- 23. Lou Gehrig's disease, for short
- 24. Supervisor
- 25. Comedian Mort
- 27. Word attached to chair or pit
- 28. Photographer
- 32. Late Communist leader
- 33. Rotten
- 34. Mandible
- 37. Look of contempt
- 39. Actor Kaplan 40. End of December
- (hyph.)

#### DOWN

- 1. Traitor
- 2. Letter from Greece
- 3. "Annabel Lee" poet
- 4. No longer in bed
- 5. Café au

- Creative thought
  Eastwood's initials
- 8. \_\_\_\_ once;
- suddenly 9. Guy next door
- 13. Actress Kelly
- 15. Chinese religion
- 16. Mai tai ingredient
- 17. NBA team
- 18. Arabic greeting
- 19. Jumble
- 21. Gender: abbr.
- 24. Prohibit
- 26. Téa \_\_\_
- 29. Aid in crime
- 30. Nativity set figurine
- 31. Commercial
- 34. Jam container
- 35. Stomach muscles
- 36. Damp
- 38. Pauser's syllable
- 39. Upper \_\_; endoscopy

#### Solution Solution







# HOROSCOPE FEBRUARY 23 - MARCH 1, 2023

#### ARIES (Mar. 21- April 20)

Changes in your home are apparent, and you must be willing to bend if you don't want to find yourself alone. Business or pleasure trips will be knowledgeable as well as highly successful. Don't be alraid to push your beliefs and attitudes. Someone you work with may be emotional.

#### TAURUS (Apr. 21- May 21)

Be diplomatic but stem. Don't offer to pay for others. Your changing philosophies may lead you into new circles and open doors that will give you a unique outlook on life. Take a look at the possibilities of starting a small part time business with triends or relatives.

#### GEMINI (May 22-June 21)

쭜

**A** 

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1È

2.

Θ

Take a look at the possibilities of starting a small part time business with friends or relatives. If you address those in a position to grant you favors you should get the support you require. Quarrels will erupt if you get into philosophical debates with friends. You may be somewhat emotional concerning a rather private matter.

#### CANCER (June 22-July 22)

You can bet officials will be waiting for you when you do. Sudden changes regarding work and colleagues are apparent. Children may be less than honest with you. Sudden changes regarding colleagues may surprise you.

#### LEO (July 23-Aug 22)

You may be frustrated by the way situations are being handled in your personal life. You will have to face each issue separately and in person. Get involved in activities that will bring you knowledge about foreign land, philosophies, or cultures. Your interest in helping others may take you back to school.

#### VIRGO (Aug. 23 -Sept. 23)

You may find a rare antique this week. You can make career changes that may put you in a much higher earning bracket. Be careful what you consume this week. Romantic opportunities may not be as they appear.

#### LIBRA (Sept. 24 -Oct. 23)

Entertainment should include your whole family. Be discreet about any information you uncover. Children may be demanding, and entertainment could cost a lot more than you can really afford. Your interest in helping others may take you back to school.

#### SCORPIO (Oct. 24 - Nov. 22)

Do things you enjoy instead of being a chameleon. Your added discipline will help you complete the impossible at work. Be sure to get involved in self improvement programs that will bring you in contact with interesting people. Use your intellectual approach to get the best results.

#### SAGITTARIUS (Nov. 23 -Dec. 21)

You can count on getting a pat on the back for your efforts. You'll find it easy to deal with government agencies or large institutions. Look into family outings or projects. Difficulties may be encountered while traveling in foreign countries.

#### CAPRICORN (Dec 22.- Jan. 20)

You should get out and enjoy social events where you are likely to meet newpotential mates; however, don't over spend. You can certainly gain popularity; however, don't do it by paying for everyone else. Talk to someone you trust if you need advice about broaching the subject. Do not overspend on entertainment. You could find that children will be a handful.

#### AQUARIUS (Jan. 21 - Feb. 19)

Arguments may flare up in your home. You will reap the benefits if you put money into upgrading your residence. Make sure that you take time to remember those you love. Don't let your health suffer because of abuse.

#### PISCES (Feb. 20-Mar. 20)

You must be sure not to be frivolous, because as the saying goes, easy come easy go. You must look into your options. Try not to hurt your partner's feelings. Situations in your personal life are moving a little fast lately.





ACCEPTING ALL MAJOR CREDIT CARDS	Bayshore Road	at Town 609)88	bank Ro 9-904	ad • North Cap 15	HOURS MON-SAT 9AM-5PM
MOZZARELLA CHEESE \$499/LB	NOW FEATURING CHICKEN STEAK S <b>6.</b> 99/LB	SPEC BUFF CHIC \$4,9	ALO	NOW FEATURING RIBEYE CHIP STEAK \$9.99/LB	OUR OWN STORE COOKED TURKEY \$1299/LB
DOMESTIC HAM GERMAN BOLOGNA HAM CAPICOLA PEPPERED HAM HONEY HAM LAND O LAKES AMERICAN CHEESE WE ARE OPEN 7 DAYS	\$3.99/lb \$3.99/lb \$3.99/lb \$5.99/lb \$5.99/lb	TURK PAST \$5.9	STYLE EY & RAMI 9/LB	CHERRY TOMATO YELLOW MANGO GREEN PEPPERS RUSSET POTATO GREEN BEANS	BERRIES99¢/ea ES99¢/ea DES99¢/ea S99¢/lb ES5lb/\$1.99 \$1.59/lb
A WEEK FOR ALL YOUR RETAIL & WHOLESALE NEEDS WHAT'S HAPPEN The Wildwoods Convention C Hosts Major Cheerleading Com tions in February and March Spirit Brands returns to the Wildw Convention Center with the	NING AROUND THE enter sion will be charged Mid-Atlantic Cheer will take over the Wild tion Center for three cheer competition Ma	at the door.The Championships woods Conven- exciting days of arch 3-5. Doors	MAR. 19		
Novement Nationals on Sunday ruary 26 from 9 a.m. to 5 p.m. A Sapo	Feb. 3, and 8a.m. on Sat and Sunday, March 5 DPC talian Guisi	urday, March 4 . Admission fee	E C	st. 1993 Stack	ARLOR
				by Owned & Oper	
SERVING DINNE RESERVATIO (609) 600-1422 • 416	NS RECOMMEND	ED		Dipped • Soft Se alty Shakes • Sun OO BAYSHORE (609) 889-	RD . VILLAS



# HIS FIGHT IS OUR FIGHT -MARK BOHN-

# BEEF & BEER W/ SUBLIMINAL MESSAGE

MARCH 12<sup>TH</sup> 2023 2PM-7PM

RIO GRANDE FIRE COMPANY, 1120 NJ-47 RIO GRANDE

NJ 08242

MARK WAS RECENTLY DIANGNOSED WITH STAGE 4 COLON CANCER. THIS BEEF & BEER IS TO HELP OFFSET TREATMENT COST FOR HIM DUE TO NO INSURANCE. MARK HAS ALWAYS BEEN AN ACTIVE MEMBER IN THE COMMUNITY BETWEEN RUNNING HIS OWN BUSSINESS AND VOLUNTEERING AT LOCAL RECS TO COACH YOUTH WRESTLING.

THE SAYING GOES HIS FIGHT IS OUR FIGHT, NOW IT'S TIME TO SHOW IT. \*WE ARE ASKING FOR DONATIONS THAT CAN BE RAFFLED OFF AT THE EVENT\*

THERE WILL BE 50-50, DOOR PRIZES, RAFFLES, FOOD & DESSERT.

TICKETS \$25 IN ADVANCE - \$30 AT THE DOOR

CASH OR VENMO- CONTACT RACHAEL STANTON 609-374-1245 OR STOP BY A PIECE OF CAKE AT 709 RT 9 SOUTH CAPE MAY COURT HOUSE NJ 08210

PLEASE WEAR ROYAL BLUE TO SHOW SUPPORT- #BOHNSTRONG

for adults is \$34.88 one day/\$62.15 two days; and children \$23.97 one day/\$40.33 two days. For each event, all teams will compete on a spring floor and will perform incredible stunts in hopes of winning the judges' votes. All performances will be choreographed to music and sound effects, and winning teams will be awarded trophies and banners.

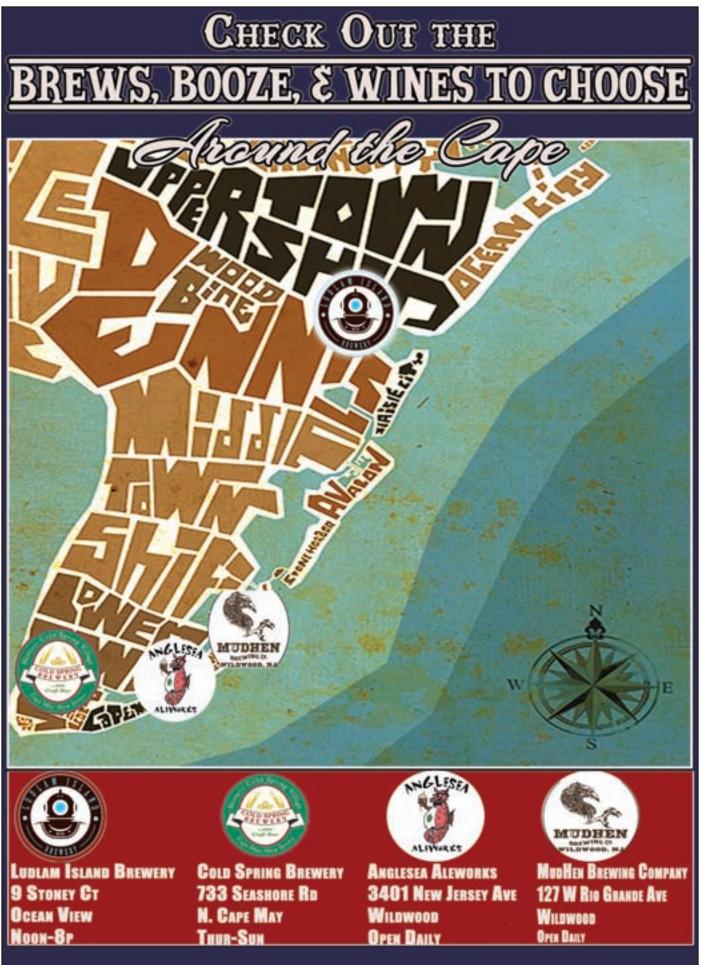
#### NATIONAL CHILI DAY

National Chili Day on the fourth Thursday in February honors one of America's favorite winter dishes-chili. With so many varieties, chili cook-off competitions love to feature chili as a favored entry. American frontier settlers used a "chili" recipe of dried beef, suet, dried chili peppers, and salt. All this was pounded together and formed into bricks and dried. In 1977, House Concurrent Resolution Number 18 of the 65th Texas Legislature designated chili con carne as the official dish of the U.S. state of Texas.

NATIONAL PEANUT BUTTER LOVER'S DAY March 1st was made for National Peanut Butter Lover's Day. The creamy, nutty goodness known as peanut butter is so amazingly delicious that when we pair it with creamy and dreamy chocolate, we almost have bacon. Another great love is peanut butter ice cream. Blended smooth with a few chopped nuts and a drizzle of peanut butter syrup is a peanut butter lover's dream come true.



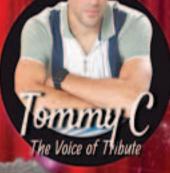








Gina DiMaggio Comedian





# SUNDAY MARCH 12 3PM

Intees

www.brookarts.org / 732-469-7700

### **CHEF CHIP'S WILD GAME** AND SEAFOOD RECIPE **BRAISED WILD BOAR OR PORK SHANK**

- INGREDIENTS:
- 2 Wild Boar or Pork Shanks
- 1/4 Cup Rough Chopped White Onions
- 1/4 Cup Rough Chopped Celery
- 1/4 Cup Rough Chopped Carrots
- 2 Cups Apple Juice
- 1 Tsp Apple Cider Vinegar
- 1 Tbs Low Sodium Soy Sauce
- 1 Clove Minced Garlic
- 1 Tsp Fresh Chopped Ginger
- 1 Tbs Fresh Chopped Rosemary
- PREPARATION:
- 2 Tbs Olive Oil Kosher Salt & Fresh Cracked **Black Pepper to Taste**

1 Bay Leaf

1 Tbs Fresh Chopped Parsley

Preheat oven to 325°. Heat oil in saute pan over medium high heat. Season shanks w/ salt & pepper. Sear shanks golden brown & remove from pan. Place all ingredients in a small braising pan. Cover w/ foil & cook until shanks are tender. Remove shanks from pan & plate. Skim the fat off the liquid & remove bay leaf. Pour left over liquid w/ vegetables into a food processor or blender. Pulse

until smooth. Pour over shanks & serve. Enjoy!

The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

			8		7	9 7	1	6
7	6	2	2	1		8	5	
	9			6	3			
3		7						
1								8
						2		5
			1	5			9	
	1	5		7	6	3	8	4
4	7	3 9	3		8			



3704 BAYSHORE ROAD, N. CAPE MAY CAPE PLAZA SHOPPING CENTER 609-889-6610

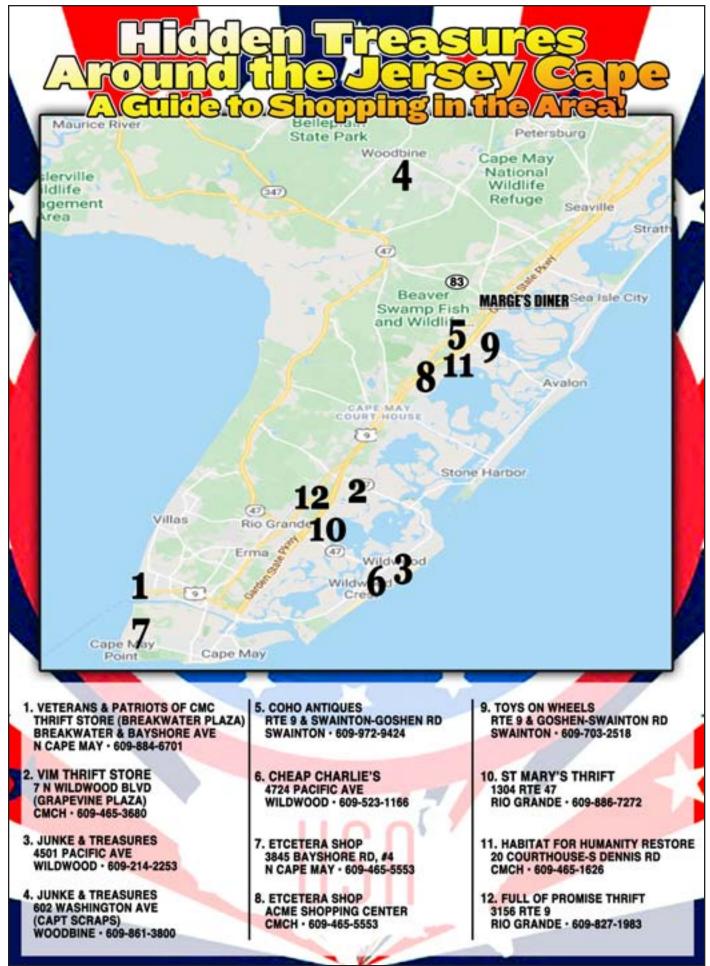


												<b>NI 24</b>	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	S.W.A.T. 🛙		Fire Count	try 🖸	Fire Count	try 🚾	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Manda	alorian	20/20 (In S	itereo) 🖾			News	Jimmy Kir	nmel Live!
10-NBC	News	NBC	News	Holly	Lopez vs	Rock	Dateline N	BC (In Stere	eo) 🖸		News	Tonight SI	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action New	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	River 🖸		Midsomer	Midsomer	Murders	Mike	NJ Spotl	One/One	World
29-FOX	The Six	Props	TMZ CC	You Bet	WWE Frida	ay Night Sm	nackDown	1	News	Special	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Penn & Te	ller	Whose?	Whose?	News Phill	ly	Law & Ord	er: SVU	Neighbor
A&E	The First 4	8	The First 4	8	The First 4	8	The First 4	18 CC	The First 4	8	The First 4	<b>8</b> CC	First 48
AMC	(5:00) "The	e Hunger Ga	ames: Catcl	hing Fire"	*** "The	Hunger Gar	nes: Mocki	ngjay, Part	<b>1</b> " CC	"The Hung	jer Games:	Mockingjay	, Part 2"
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Spec	ial Report	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Gold Rush	CC	Gold Rush	: Pay Dirt	Gold Rush	"Trial by Pa	urker" 🖸		Aussie Go	Id Hunters	Aussie Go	Id Hunters	Gold
DISN	Marvel's	New York-	Heroez	Bunk'd	***½"Zoo	topia" (201	6) 'PG' 🖸		Marvel's	Bunk'd	Jessie	Jessie	Bluey
ESPN	SportsCen	iter 🖸	NBA	NBA Bask	etball Miam	i Heat at Mil	waukee Buc	ks. 🖸	NBA Bask	etball Brook	dyn Nets at	Chicago Bul	S. CC
ESPN2	Premier La	acrosse	College Ba	asketball Ri	chmond at V	/CU. 🖸	College Ba	asketball			SportsCer	nter 🖸	SportCtr
FNEWS	Special Re	eport	Jesse Wat	ters	Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingrah	nam Angle	Gutfeld! 🖸	]	Fox News
FX	(5:00) ***	½ "The Ave	ngers" (201	2)	The Manda	alorian	** "The H	angover Pa	rt II" (2011)	Bradley Co	oper.	"Hangove	r II"
HBO	(3:55) "The	e Batman"	C.B. Strike	00	**½ "The M	Mexican" (2	001) Brad P	'itt. 'R'	Real, Bill N	/laher	Game	REAL Spo	rts
HIST	Ancient Al	iens	Ancient Al	iens	Ancient Al	iens	Ancient A	liens	Ancient Al	iens	Ancient Al	iens	Aliens
ION	Hawaii Fiv	e-0 🖸	Hawaii Fiv	e-0 🖸	Hawaii Fiv	e-0 🖸	Hawaii Fiv	'e-0 🖸	Hawaii Fiv	e-0 🖸	Hawaii Fiv	e-0 🖸	Hawaii
	"Stalked b	y My Husba	and's Ex" (2	2020) 🖸	"Newlywee	d Nightmare	<b>e</b> " (2023) Pr	remiere.	** "Kidna	<b>p"</b> (2017) H	alle Berry. 🕅		"Newly
MAX	"Spec	* "Species	<b>s II</b> " (1998) 🛙	20	** "Bullet	to the Head	<b>1</b> " (2012)	** "The P	ossession"	(2012)	"Suite Fra	<b>nçaise</b> " (20	14) 🖸
NBCSPA	Birds	Pregame	NHL Hock	ey: Canadie	ns at Flyers			Flyers Pos	stgame	Birds	World Pok	er	Hockey
NICK	Sponge.	Patrick	Patrick	Transform	Transform	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Law & Ord	ler 🖸	Law & Ord	er 🖸	** "Fifty S	Shades of G	rey" (2015)	Dakota Joh	nson.	** "Fifty S	Shades Darl	<b>ker</b> " (2017)	00
TBS	Sheldon	Sheldon	Sheldon	Sheldon	★★½ "Capta	ain Marvel"	(2019, Actio	on) Brie Lars	son.	*** "Capt	ain Americ	a: Civil War	" (2016)
TCM	"Harvey"	"Mrs. O'Ma	alley & Mr. I	Malone"	*** "The	Naked Spur	" (1953)	★★½ "Day o	of the Outla	w" (1959) 🕅		"The Wild	Bunch"
TNT	(4:30) "Fas	st Five"	*** "Furic	ous 7" (201	5, Action) Vi	n Diesel. Pre	emiere. 🖾 (E	OVS)	All Elite W	restling	*** "Furio	ous 7" (201	5, Action)
USA	9-1-1	9-1-1 🖸 (D	VS)	9-1-1 CC (D	VS)	9-1-1 "Bost	on"	9-1-1 "FOM	1O"	9-1-1 "May	Day"	9-1-1 🖸 (D	VS)
						4							











At Veterans & Patriots Thrift Store (located at 3305 Bayshore Rd in N. Cape May, NJ), we have no payroll and no one gets a penny. After we pay our rent, electric, A/C, heat and other bills, 100% of the balance of money goes to those in need. We also help support other charities in Cape May County. If you know of someone in need, please call us at (609) 884-6701. Thank You and God Bless You! ~ Bud Lutner, CMDR, VPCMC







SVII	BUVA	AFTEF		1						F		ARY 25	2023
SAIU		12:00			1:30	2:00	2:30	3:00	3:30	4:00		5:00	<i>,</i>
3-CBS	Hope-	College Ba				College Ba						uburn at Ker	
6-ABC	oh baby!	Hearts of	Pregame	NHL Hock	ey: Rangers	at Capitals			NHL Hocke	ey Pittsburg	h Penguins	at St. Louis	Blues.
10-NBC	One	Keeper	Car Re	Gymnastic	s Winter Cu	p. 🖸		PGA Tour	Golf The Ho	onda Classio	, Third Rou	nd. 🚾	
17-MNT	Protect Yo	ur Memory	DraftK	LIV Golf In	vitational S	eries Mayał	koba, Day 2	. (In Stereo	Live) 🖸				
23-PBS	Frankie	Deepak Ch	opra Your	Path	Eat Your N	ledicine		Life	Moveable	To Dine	Christina	NJ Busin	State-Aff
29-FOX	Tip-Off	College Ba	isketball Cr	eighton at V	illanova.	Women's C	College Bas	sketball		Hoops	MLS Socc	er	
57-CW	DraftK	Weather G	one Viral	World's	Women's (	College Bas	ketball		Sports	College Ba	asketball		
A&E	Zombie	24 Hour Fli	ip 🖸	Neighbor.	Neighbor.	Neighbor.	Neighbor.	** "Ameri	can Assass	in" (2017) l	Dylan O'Brie	en. 🖸	"Reache
AMC	*** "The	Goonies" (1	985) Sean	Astin. 🖸		*** "Fast	Times at R	idgemont H	ligh"	★★½ "Sixte	en Candles	s" (1984) 🖸	
CNN	News	<b>CNN News</b>	room	CNN News	room	<b>CNN News</b>	room	Smerconis	sh 🖸	CNN News	sroom	CNN News	sroom
DISC	Rescue	Homestead	d Rescue "M	Aarsh Madne	ess"	Homestead	d Rescue "E	Bone Dry in I	Big Sky"	Homestea	d Rescue "I	t Takes a Vi	llage"
DISN	Ladybug	Big City	Big City	**** "Toy	/ Story" (19	95) 'G'	Big City	Big City	Big City	Bluey	Bluey	Big City	Big City
ESPN	GameDay	College Ba	isketball Te	ams TBA. (I	_ive) 🖸	College Ba	isketball Te	ams TBA. (I	Live) 🖸	College Ba	asketball Te	ams TBA. (	Live) 🖾
ESPN2	SportCtr	College Ba	i <b>sketball</b> Te	ams TBA. (I	_ive) 🖸	College Ba	i <b>sketball</b> ⊺e	eams TBA. (I	Live) 🖸	College Ba	<b>asketball</b> ⊺e	eams TBA. (	Live) 🖾
FNEWS	Cavuto	Fox News	Live 🖸	Fox News	Live 🖸	Fox News	Live 🖸	Journal Ec	ditorial Rpt.	Fox News	Live 🖾	Saturday S	Show
FX	(10:30) **	* "The Roc	<b>k</b> " (1996) (lı	n Stereo)	*** "Thor	" (2011) Chi	ris Hemswo	rth. (In Stere	20 (Os	*** "Iron	Man" (2008	3) (In Stereo)	00
HBO	"Hobbit-Ba	attle"	"A Choice	of Weapon	s"	** "Moonf	all" (2022)	Halle Berry.	'PG-13' ₢		The Last of	of Us 💷	"Man
HIST	Swamp	The UnXpl	ained	The UnXpl	ained	The UnXpl	ained	The UnXpl	ained	The UnXp	lained	The UnXp	lained
ION	Law-SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Orc	ler: SVU	Law & Orc	ler: SVU
LIFE	(11:00) **	* " <b>Sully</b> " (2	016) Tom H	anks.	"Let's Get	Physical" (2	2022) Jenna	a Dewan.	"Swindler	Seduction'	' (2022) 🖸		"Sully"
MAX	"Ameri	★★½ "Miam	i Vice" (200	06) Colin Fai	rrell.	★½ "Abduc	tion" (2011)	) Taylor Lau	tner.	*** "Live	Free or Die	<b>Hard</b> " (200	)7) CC
NBCSPA	Paid Prg.	The Connie	e Mack	MLB Prese	eason Base	ball: Yankee	es at Phillies	6		World Pok	er	World Pok	er
NICK	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	The Tidal Z	Zone	SpongeBo	b SquarePa	ints (In Stei	reo) 🖸	SpongeBo	b
PARMT	NCIS	**** "Rai	ders of the	Lost Ark" (	1981) (In Ste	ereo)	*** "India	ana Jones a	nd the Tem	ple of Door	n" 🖸	"Indiana J	ones"
TBS	Friends	Friends	Friends	Friends	** "Life of	the Party"	(2018) 🖸 (0	OVS)	★½ "The Bo	ounty Hunte	er" (2010)		"Intern"
TCM	"Book"	**** "We	st Side Sto	<b>ry"</b> (1961, N	lusical) Nata	lie Wood. 🚾	1	*** "Battl	e Cry" (195	5) Van Hefli	n, Aldo Ray	. [CC]	"Love
TNT	***½"Mal	colm X" (19	92, Biograp	hy) Denzel \	Washington,	Angela Bas	sett. 🖸			***½ "The	Color Purp	ole" (1985) 🛙	CC]
USA	Soccer	Premier	Premier Le	eague Socc	er		College Ba	asketball			Chicago P	P.D.	Chicago

SATU	RDAY	EVENI	NG							F	EBRUA	<b>RY 25</b>	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	News	History	America	54th Annu	al NAACP I	mage Awar	ds	48 Hours 🛙	6	News	Paid Prg.	Magnum
6-ABC	News	ABC	FYI Philly	Wheel	NBA	NBA Bask	etball Bosto	on Celtics at	Philadelphia	76ers.	News	News	Jeopardy!
10-NBC	News	NBC	Paid Prg.	1st Look	The Wall 🕅		Weakest L	.ink	Saturday N	light Live	News	Saturday I	Night Live
17-MNT	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	S.W.A.T. "	Donor"	Action Nev	vs at 10	Philler	Delco	Mom
23-PBS	Reporters	Chat Box	NYC Arts	The Arts	Old	House	Show Me	McLeod	La Otra Mi	r <b>ada</b> "Masq	uerade" 🖻		Miss
29-FOX	MLS Socce	er	Hoops	College Ba	isketball Ind	diana at Pur	due. 🚾	Hoops	The 10 Nev	vs	Special Fo	orces	Feed
57-CW	History	iCRIME	FamFeud	FamFeud	Masters	Masters	Animals	Animals	News Phill	у	WOW - Wo	omen	Neighbor
A&E	(5:30) ** "	Jack Reach	ner: Never G	io Back"	**½"Jack	Reacher" (2	2012) Tom (	Cruise. (In S	tereo) 🖸		WWE Riva	IS CC	"Reache
AMC	***½"The	Breakfast (	Club" (1985	00	★★½ "Uncle	e Buck" (19	89) John Ca	andy. 🖸		"National	Lampoon's	European	Vacation"
CNN	<b>CNN News</b>	room	<b>CNN News</b>	room	CNN Speci	ial Program	00		CNN Speci	al Program	00		The
DISC	Homestea	d Rescue: S	Surviving th	e Wild	Homestea	d Rescue "F	Paradise in F	Peril"	Homestead	d Rescue "I	No Place Lik	e Dome"	Rescue
DISN	Big City	Big City	Hamster	Hamster	Marvel's	Marvel's	Big City	Raven	Hamster	Hamster	Big City	Big City	Bluey
ESPN	College Ba	sketball			College Ba	isketball Vi	rginia Tech a	at Duke.	College Ba	sketball			SportCtr
ESPN2	College Ba	i <b>sketball</b> Te	ams TBA. (L	ive) 🖸	College Ba	isketball US	SC at Utah.	CC	College Ba	sketball U	C Irvine at H	awaii.	Basket
FNEWS	Fox Repor	t	Gutfeld! 🖾		One Nation	ı	Dan Bongi	ino	Lawrence	Jones	One Natio	n	Unfiltered
FX	(4:00) "Iroı	n Man"	XFL Footb	all D.C. Def	enders at Ve	egas Vipers.	00		*** "Ant-N	lan and Th	e Wasp" (2	018) Paul R	udd.
HBO	(5:35) **½	"Man of Ste	el" (2013) 🛙	C	The Weekr	nd: Live at S	SoFi	(9:40) The	Weeknd: Li	ve at SoFi	Stadium	"Catch Me	-Can"
HIST	The UnXpl	ained	The UnXpl	ained	The UnXpl	ained	The UnXpl	lained	The UnXpla	ained	The UnXpl	lained	UnXplain.
ION	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law-SVU
CIFE	(5:30) ***	"Sully" (20	16) Tom Ha	nks.	"12 Despe	rate Hours"	' (2023) Pre	miere.	"Rose for I	Her Grave:	Randy Roth	h Story"	"Desper
MAX	** "Boom	<b>erang</b> " (199	2) Eddie Mu	rphy.	"The Con I	<b>s On</b> " (2018	3) 🖸	** "We're	the Millers"	' (2013) (In	Stereo)	** "Tomm	ny Boy"
NBCSPA	Birds	Pregame	NHL Hocke	<b>y</b> Philadelp	hia Flyers at	t New Jerse	y Devils.	Flyers Pos	stgame	Brewing	MLB Prese	eason Base	ball
NICK	SpongeBo	b	** "Hop" (	2011) Jame	s Marsden.	CC	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	"Indiana J	ones and th	e Last Crus	ade"	54th Annu	al NAACP I	mage Awar	ds 💷	**** "Rai	ders of the	Lost Ark" (	1981) (In St	ereo)
TBS	<b>(5:45) ★★</b> ½	"The Intern	" (2015) Rol	pert De Niro		Burgers	Burgers	Burgers	Burgers	Burgers	*** "The	Wedding Si	nger"
TCM	(5:45) ***	"The Love	<b>d One</b> " (196	5) 🖸	★★½ "Losin	ng Ground"	(1982) Bill (	Gunn.	** "The W	atermelon	Woman" (1	996) 🖸	"Hunt
TNT	(3:50) "The	Color Pur	<b>ble</b> " (1985)	*** "Cree	<b>d II</b> " (2018)	Michael B.	Jordan. 🖻 ([	OVS)	*** "Just	Mercy" (20	19) Michael	B. Jordan.	20
USA	Chicago	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.

SUND		TERNO	DON							F	EBRUA	<b>RY 26</b>	. 2023
		12:00		1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
3-CBS		College Ba						isconsin at N		1	asketball U		rado. 🖸
6-ABC	Inside	News	NBA	NBA Bask	etball Phoer	nix Suns at M	/lilwaukee B	Bucks.	NBA Bask	etball: Lake	ers at Maveri	cks	
10-NBC	Discover	Paid Prg.	Paid Prg.	Paid Prg.	FIS Freesty	yle Skiing	PGA	PGA Tour	Golf The Ho	onda Classi	c, Final Rour	nd. 🚾	
17-MNT	In Touch	Paid Prg.	Paid Prg.	LIV Golf In	vitational S	eries Mayał	koba, Day 3.	. (In Stereo I	_ive) 🖸				
23-PBS	Think Tk	State-Aff	Class	Lidia	Milk	Cook	Darley	Suze Orma	n's Ultimat	te Retireme	ent Guide	Collagen I	Diet
29-FOX	Paid Prg.	Big East	College Ba	sketball			NASCAR F	RaceDay	NASCAR (	Cup Series	Pala Casino	400. 🖸	
57-CW	Paid Prg.	SOS: How	to Survive	Storm of S	uspicion	The First 4	8 00	Paid Prg.	Paid Prg.	Major Crin	nes 📧	SEAL Tear	m
A&E	Zombie	Zombie Fli	р	WWE Riva	S CC	Biography	WWE Leg	ends "Bret H	lart"	Biography	: WWE Leg	ends "nWo"	CC
AMC	***½"Cas	<b>ino</b> " (1995,	Crime Dram	a) Robert D	e Niro, Shar	on Stone. 🚾	1		***½"Mor	neyball" (20	011, Drama)	Brad Pitt. 🖸	
CNN	News	State of Ur	nion	Fareed Zal	aria GPS	CNN News	room	CNN News	room	CNN News	sroom	CNN News	sroom
DISC	(11:00) Ho	mestead Re	scue	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	d Afraid	Naked and	Afraid
DISN	Ladybug	Big City	Big City	Big City	Bluey	Bluey	Bluey	Big City	Big City	Big City	Big City	Big City	Big City
ESPN	GameDay	Women's (	College Bas	ketball		Women's C	•			XFL Footb	<b>all</b> Teams T	BA. 🖸	
ESPN2	SportCtr	Women's (	College Bas	ketball		College Ba	sketball Ci	ncinnati at N	lemphis.	College Ba	asketball Te	ams TBA. (	Live) 🖸
FNEWS	Medi	Fox News		Fox News	-	FOX News		Maria Bart		Fox News		Sunday Sh	1
FX	"Iron	**½"Iron M	<b>/lan 2</b> " (201	0) Robert Do	owney Jr. 🖾		*** "Iron	Man 3" (201	3) Robert D	owney Jr. (	In Stereo) 🖾		"Ant-
HBO	Five Speed	ches	*** "The I	lobbit: The	Desolation	of Smaug"	、 ,	REAL Spo	rts	*** "Gold	<b>denEye</b> " (19	,	
HIST	Marvels	Modern Ma	arvels	Modern Ma	arvels	Modern Ma	arvels	Modern Ma	arvels	Built Ame	rica	Built Ame	rica
ION	NCIS	NCIS "The		NCIS CC (D	,	NCIS 🖾 (D'	- /	NCIS "Beas			OVS)	NCIS "Ren	dezvous"
LIFE	"Spin		-					ara Robins	-		ociety of Lie	. ,	
MAX	、 ,	"Transcend			One I Love"			vity" (2013)			in Man" (19	,	1
NBCSPA	•	Paid Prg.						Philadelphia		Discover	Hank Gath		The
	. ,	nrek Foreve			. /	s Marsden.		"SpongeB		1		1 0	Sponge.
PARMT	Rescue	Bar Rescu	-	Bar Rescu	-	Bar Rescu	-	Bar Rescu	-	Bar Rescu		Bar Rescu	-
TBS	Friends		Friends	Friends	Friends	I		n" (2005, Act	,			n's 8" (2018	,
		a Scarlett"			•		'	avis. 🖾 (DV	,	1	gadoon" (19		elly.
TNT		NCIS: New		*** "Twis	ter" (1996, <i>i</i>	Action) Hele				· · ·	Tye Sherida	. ,	
USA	Law-SVU	College Ba	sketball			College Ba	sketball Da	avidson at D	uquesne.	Law & Orc	der: SVU	Law & Ord	er: SVU

SUND	AY EV	ENING	ì							FI	EBRUA	<b>RY 26</b>	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	News	60 Minutes	CC	The Equali	zer 🖸	East New Y	York 🖾	NCIS: Los	Angeles	News	Sports	J. Osteen
6-ABC	News	ABC	Funny Hor	ne Videos	American I	<b>dol</b> "602 (A	uditions)" 🖾		The Comp	any	News	News	FYI Philly
10-NBC	News	NBC	Dateline N	BC (In Stere	90) CC		Magnum P	<b></b> . CC	The Black	list 👓	NBC 10 Ne	ews at 11p	Bensinger
17-MNT	Two Men	Two Men	Gold	Gold	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action New	ws at 10	Honoring	Philler	Outdoors
23-PBS	Collagen	Marian An	derson		Harriet Tub	oman: Visio	ns	Sam Cook	e: Legend 🛙	20	Collagen I	Diet With Dr	. Josh
29-FOX	NASCAR (	up Series	Next Level	Chef	Simpsons	The-North	Burgers	Fam. Guy	The 10 Net	ws	News	Extra 🖸	
57-CW	Magnum P	CC	History	Heroes	Animals	Animals	Whose?	Whose?	News Phill	ly	WOW - Wo	omen	King
A&E	Biography	: WWE Leg	ends (In Ste	ereo) 🖸	Biography	: WWE Leg	ends (In Ste	ereo) 🖸	WWE Riva	Is 🖸	WWE Riva	Is 🖸	Biography
AMC	"Money	★★½ "Days	of Thunder	" (1990) To	m Cruise. 🖾		Mayfair Wi	itches	Mayfair Wi	itches	★★½ "Days	of Thunder	r" 🖸
CNN	CNN News	room	Who's Tall	king	CNN Speci	al Report	CNN Spec	ial Program	00		CNN Spec	ial Report	News
DISC	Naked and	Afraid: Un	censored 🖸	]	Naked and	Afraid "No	Holds Barre	ed"	Naked and	Afraid	Naked and	Afraid	Afraid
DISN	Big City	Marvel's M	lo	Marvel's	"Secret So	ciety of Se	cond Born	Royals"	Bunk'd	Jessie	Ladybug	Ladybug	Bluey
ESPN	XFL Footb	all	NBA	NBA Bask	etball: Timb	erwolves at	Warriors		NBA Bask	etball: Clipp	ers at Nugg	ets	
ESPN2	SportsCen	ter 👓	XFL Footb	all Arlington	Renegades	at Houston	Roughneck	S. 🖸	SportsCen	nter 📧	SportsCen	nter (Live) 🖾	1
FNEWS	Fox Repor	t	Sunday Ni	ght	Life, Libert	y & Levin	The Next F	Revolution	Sunday Ni	ght	Life, Liber	ty & Levin	Revolu
FX	(5:30) ***	"Ant-Man a	and The Wa	sp"	*** "Aven	gers: Infini	<b>ty War</b> " (20	18) Robert [	Downey Jr. (	(In Stereo) 🖻	0	"Avengers	: War"
HBO	"Golde	*** "Casi	no Royale"	(2006) Dan	el Craig. 'PC	à-13'	The Last o	of Us 📧	The Last o	of Us 🖾	Last	The Last o	of Us 📧
HIST	Built Amer	ica	Built Amer	ica	Built Amer	ica	Built Amer	rica	Built Amer	rica	Built Amer	rica	America
ION	NCIS 🖾 (D	VS)	NCIS "Two	fer"	NCIS "Exit	Strategy"	NCIS 🖾 (D	VS)	NCIS 🖸 (D	VS)	NCIS "Trap	oped"	NCIS
	"Secrets in	the Marria	<b>ge</b> " (2023)	CC	"The Parar	nedic Who	Stalked Me	" (2023)	"Abducted	d: The Mary	Stauffer St	ory" 🖸	"Par
MAX	"Rain	**½ "Cellu	lar" (2004)	CC	*** "Total	Recall" (19	990) (In Ster	.eo) cc	★★½ "Limit	less" (2011	) 00	"Daybreak	ers" 🖸
NBCSPA	The	Bensinger	MLB Prese	ason Base	ball: Twins a	at Phillies		Brewing	The Nation	hal Dog Sho	w (In Stered	D) 🖸	Poker
NICK	Sponge.	Sponge.	Sponge.	Sponge.	**½"Shree	Forever A	fter" (2010)	CC	Friends	Friends	Friends	Friends	Friends
PARMT	Bar Rescu	ecc	Bar Rescu	e 🖸	Bar Rescu	ecc	Bar Rescu	e 👓	Bar Rescu	e 🖸	Bar Rescu	e 🖸	Rescue
TBS	(4:30) "Oc	ean's 8"	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Silicon	***½"Sta	r Wars: The	Force Awa	kens"
TCM	*** "Ligh	t in the Piaz	za" (1962) 🛛	CC	**** "All	the Preside	nt's Men" (	1976) 🖸		** "In My	Country" (2	2004) Premie	ere.
TNT	***½"Ave	ngers: End	game" (201	9) Robert D	owney Jr., C	hris Evans.	CC (DVS)		★★½ "Morta	al Kombat"	NBC 10 News at 11p      Honoring    Philler      Collagen Diet With D      News    Extra @      WOW - Women      WWE Rivals @      **½ "Days of Thunded      CNN Special Report      Naked and Afraid      Ladybug      ers at Nuggets      SportsCenter (Live) @      Life, Liberty & Levin      *Avenger      Last      Built America      NCIS "Trapped"      Stauffer Story" @      @    "Daybrea      w (In Stere) @		"X Men"
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	ler: SVU	Law & Ord	ler: SVU	Law-SVU



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#### INTERIOR CLEANING TIPS

Mike Pennington of Megunar's car care products had the following suggestions for keeping your interior clean. For carpet and cloth materials:

1. Remove spill or grime with a cottow terry cloth towel. Make sure it does not sit for hours before cleaning. Fluid tends to soak underneath materials and make your vehicle smell like a locker room.

 Use a stiff nylon brush to straighten and separate carpet or upholstery fibers to eliminate matted fibers. This process helps prevent stiff and unattractive upholstery.

3. Remove coarse grime by vacuuming first before applying cleaning solutions. Just spraying the surface can turn carpet dirt into mud.

4. Now use a cleaning solution, but spray it on lightly. Avoid soaking the surface.

5. AGITATE THE AREA AGAIN USING A CLEAN BRUSH.

6. Finally, dab the area using a clean terry cloth towel. The process transfers stains and potential mold-causing agents into the terry cloth towel. Make sure not to oversaturate the area or you could actually cause mold, fungus and bacterial growth.

- FOR RUBBER MATERIALS:
  - 1. REMOVE SOIL AND GRIME.

 Wipe down the area with all-purpose cleaning wipes or duick detailing solutions made for auto interiors.

3. Apply a rubber treatment. Cleaners may strip nubber material of its protection. Some cleaning products provide a coating of UV protection as well. If not, apply a separate coat of rubber protection to help keep the material soft and pliable. For leather and vinyl, look for wipes or sprays made specifically for those surfaces:

1. Use a terry cloth towel to clean off the surface.

 SPRAY CLEANER ON A TERRY CLOTH TOWEL THEN WIPE DOWN LEATHER AND VINYL SURFACES. THE PROCESS JELPS PREVENT OVERSPRAY, WHICH BECOMES A DIRT MAGNET.

3. Use a leather and vinyl reconditioner to keep surfaces healthy. Otherwise, the process is tantamount to washing hands with a narsh detergent.

 Make sume to use products designed for the specific vehicle surface. Read the directions and use the right tools.





THEY ARE BUILDING BETTER BAGELS AT THE BAGEL DEPOT IN NORTH WILDWOOD

THE WATERFRONT IN WILDWOOD

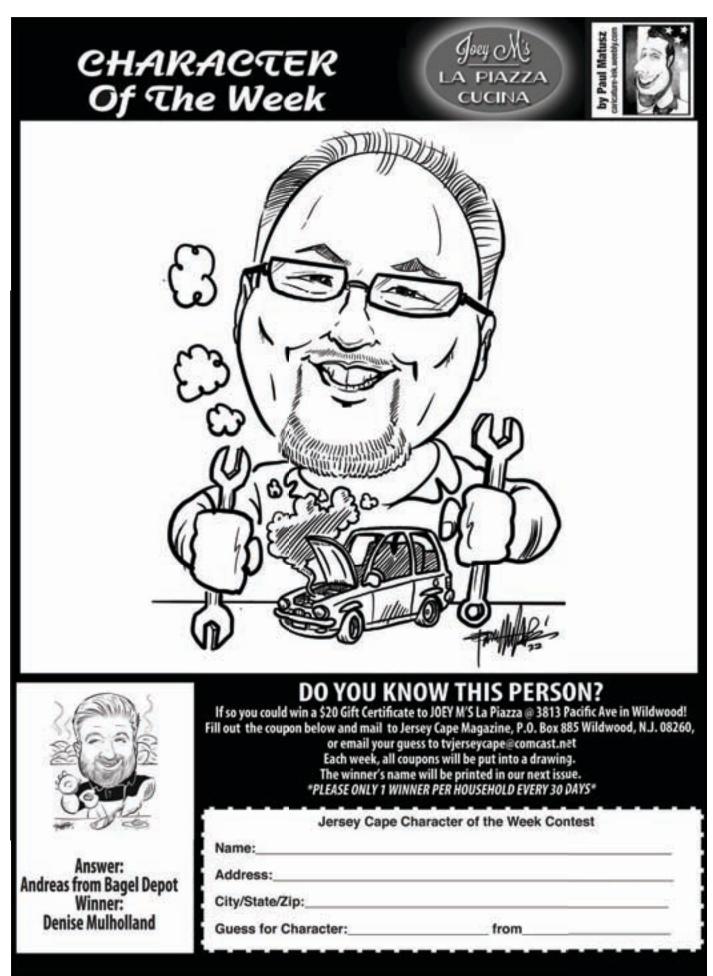
MONE	DAY EV	/ENING	à							FI	EBRUA	RY 27	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Neighbor	Bob Heart	NCIS CC (D	VS)	NCIS: Haw	/ai'i	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Bache	or (In Stere	O) 🖸		The Good	Doctor	News	Jimmy Kir	nmel Live!
10-NBC	News	NBC	News	Holly	America's	Got Talent:	All-Stars 🛙	C	Quantum I	Leap	News	Tonight SI	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Nature 🖾 (	DVS)	Africa with	Ade	Somewher	re South	NJ Spotl	One/One	World
29-FOX	The Six	The Pulse	TMZ 🖸	You Bet	Alert: Miss	sing Person	s Unit 🖾		The 10 Net	ws	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	All Americ	an 🖾	All Americ	an	News Phill	ly	Law & Orc	ler: SVU	Neighbor
A&E	The First 4	8 00	The First 4	8 00	The First 4	8 00	The First 4	<b>8</b> CC	The First 4	<b>18</b> CC	The First 4	<b>18</b> CC	First 48
AMC	**½ "Natio	nal Lampoo	on's Vacatio	on"	★½ "Vegas	Vacation" (	1997) 🖸		"National	Lampoon's	Christmas	Vacation"	"NatlLm
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Spec	ial	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Street Out	laws	Street Out	aws	Street Out	laws "Street	Wars" (In S	stereo) 🖸	÷		Street Out	laws 🛯	Outlaws
DISN	Ladybug	Ladybug	Hamster	Marvel's	**½"Gnon	neo & Juliet	:" 'G'	Hamster	Big City	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	ter 🖸	College Ba	sketball			College Ba	asketball (L	ive) 🖸		SportsCer	nter	SportCtr
ESPN2	Daily Wage	er 👓	Women's (	College Bas	ketball		College Ba	asketball Te	eams TBA. (I	Live) 🖸	NFL Live	:C	UFC 285
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (Li	ive) 🚾	The Ingrah	nam Angle	Gutfeld!	]	Fox News
FX	(4:30) "Co	n Air" 🚾	*** "The l	Rock" (1996	6, Action) Se	ean Connery	. (In Stereo)	23	*** "The	Rock" (199	6) Sean Cor	nery. (In Ste	ereo)
HBO	The Last	***½"Dun	<b>e</b> " (2021) T	imothée Cha	alamet. 'PG-	13'	C.B. Strike	CC	The Last o	of Us 🖾	C.B. Strike	CC 00	"Silence"
HIST	History's-M	<b>Aysteries</b>	History's-M	/lysteries	History's-I	Nysteries	History's-N	Nysteries	Greatest o	f All	History's-	<b>Nysteries</b>	Mysteries
ION	Criminal M	linds 🖾	FBI (In Ster	reo) 🖸	FBI "Legac	y" cc	FBI "Safe F	Room"	FBI (In Ste	reo) 🖸	FBI (In Ste	reo) 🖸	FBI 🖾
LIFE	Castle 🖾		Castle "Bad	d Santa"	Castle "Ca	stle, P.I."	Castle 🖾		Castle "I, V	Vitness"	Castle 🖾		Castle
MAX	"Deliv	★½"Ghost	Ship" (2002	<u>2) CC</u>	** "Soul F	Plane" (2004	) CC	** "Ride #	Along" (201-	4) 🖸	** "Bullet	to the Hea	d" (2012)
NBCSPA	Birds	Sixers	NBA Bask	etball Miam	Heat at Phi	iladelphia 76	ers. 🖸	Sixers Pos	st.	Birds	Wilt Cham	berlain	Basket
NICK	The Loud	House	Loud Hous	e	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	*** "Dirty	Dancing" (	1987) Jenni	fer Grey. (Ir	n Stereo)	*** "Dirty	Dancing"	(1987) (In Si	ereo)
TBS	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	ELEAGUE
TCM	(5:45) <b>**</b> ½	"The V.I.P.s	°" (1963) 🖻		"The Man	Who Shot L	iberty Vala	nce" 🖻	***½"A W	alk in the S	<b>Sun</b> " (1945)	Dana Andre	WS.
TNT	"Avengers	: End"	*** "Thor	: Ragnarok	" (2017) Ch	ris Hemswor	th. 📧 (DVS)		True Bloo	d CC	True Bloo	d "Cold Grou	und" 🖸
USA	Chicago F	ire	Chicago Fi	ire	WWE Mon	day Night R	AW (In Ster	reo Live) 🖸			Chrisley	Chrisley	Chrisley

TUES	DAYE	VENIN	G							FI	EBRUA	<b>RY 28</b>	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	FBI (In Ste	eo) 🖸	FBI: Intern	ational	FBI: Most	Wanted	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Rooki	e	The Rooki	e: Feds	Will Trent (	(In Stereo)	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	Night	American	La Brea 🖾	(DVS)	La Brea 🖾	(DVS)	News	Tonight Sh	IOW
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Agatha Ch	ristie's Poir	rot 😳	Always & I	Forever		NJ Spotl	Here's	World
29-FOX	The Six	The 215	TMZ CC	You Bet	9-1-1: Lone	e Star	Accused 🖸	I (DVS)	The 10 Nev	ws	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	The Winch	esters	The Flash	[CC]	News Phill	y	Law & Ord	er: SVU	Neighbor
A&E	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.
AMC	"PointBr	*** "Rock	<b>xy III"</b> (1982)	) Sylvester S	Stallone. 🖾		** "Rocky	<b>IV</b> " (1985)	Sylvester St	allone.	That Dirty	Black Bag	"Perfct
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Spec	ial	CNN Tonig	jht 🖸	CNN Tonig	jht 🖸	AC 360
DISC	Homestea	d Rescue (li	n Stereo) 🖸		Homestead	d Rescue "E	Black Hills H	ope"	Homestead	d Rescue	Homestea	d Rescue	Rescue
DISN	Marvel's	Hamster	Jessie	Jessie	*** "Cind	<b>erella</b> " (201	5) Cate Blar	nchett.	Marvel's	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	ter 🖸	College Ba	i <b>sketball</b> ⊺e	ams TBA. (l	_ive) 🖸	College Ba	asketball Te	ams TBA. (I	∟ive) ©	SportsCer	ter	SportCtr
ESPN2	Daily Wage	er 😳	College Ba	i <b>sketball</b> ⊺e	ams TBA. (l	_ive) 🖸	College Ba	asketball Te	ams TBA. (I	∟ive) ©	Basket	NFL Live 🛙	C
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (Li	ve) 🖸	The Ingrah	am Angle	Gutfeld! 🛙		Fox News
FX	(5:00) "Mis	sion: Impo	ssible Fal	lout" 🖸	★★½ "I, Rol	oot" (2004)	Will Smith. (	In Stereo) 🚾	]	**½" <b>I, Ro</b> l	<b>bot</b> " (2004)	Will Smith.	.0
HBO	C.B. Strike	00	The Last o	f Us 🖸	The Weekr	nd: Live at S	SoFi	"The Men	Who Stare a	at Goats"	** "The K	ing's Man"	(2021)
HIST	Curse of C	ak Island	Curse of O	ak Island	Digging De	eeper	Curse of O	ak Island	Greatest H	leists	Curse of C	ak Island	Digging
ION	Chicago F	ire	Chicago Fi	ire	Chicago F	re	Chicago F	ire	Chicago Fi	ire	Chicago F	ire	Chi. Fire
	Rizzoli & Is	sles 😳	Rizzoli & Is	sles 💷	Rizzoli & Is	sles 🖾	Rizzoli & Is	sles 😳	Rizzoli & Is	sles 🗠	Rizzoli & I	sles 🖸	Rizzoli
MAX	(5:51) ***	"Live Free	or Die Hard	l" (2007)	** "Hunte	r <b>Killer</b> " (20	18) Gerard I	Butler.	★★½ "Miam	i Vice" (200	06) Colin Fa	rell.	"Ride
NBCSPA	Birds	Birds	MLB Prese	ason Base	ball: Blue Ja	ays at Phillie	S	Birds	Discover	Mentoring	Kings	Birds	Baseball
NICK	The Loud	House	The Loud I	House	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	**** "For	rest Gump'	' (1994) Ton	n Hanks, Ro	bin Wright. (	(In Stereo) 🛙	C	"Forrest G	ump" 🖸
TBS	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sheldon	Sheldon	Sheldon
ТСМ	"Gun	"The Law	West of Ton	nbstone"	"The Palm	Beach Stor	r <b>y</b> " (1942)	***½"The	Major and	the Minor"	News  Tonight S    Seinfeld  Two Men    NJ Spotl  Here's    News  Feed    Law & Order: SVU  Neighbor.    Neighbor.  Neighbor.    That Dirty Black Bag  CNN Tonight ®    Homestead Rescue  Ladybug    Ladybug  Ladybug    SportsCenter  Basket    MFL Live  Gutfeld! @    ot" (2004)  Will Smith.    ** "The King's Mani    Curse of Oak Island    Chicago Fire    Rizzoli & Isles @    6) Colin Farrell.    Kings  Birds    Friends  Friends    Sheldon  Sheldon		of Fire"
TNT	"The Shall	ows" 🖸	Pregame	NBA Bask	etball Wash	ington Wiza	rds at Atlant	a Hawks.	NBA Bask	etball: Timb	News    Tonight S      Seinfeld    Two Men      NJ Spotl    Here's      News    Feed      Law & Order: SVU      Neighbor.    Neighbor      That Dirty Black Bag      CNN Tonight (1)      Homestead Rescue      Ladybug    Ladybug      SportsCenter      Basket    NFL Live      Gutfeld! (2)      ot" (2004) Will Smith.      ** "The King's Man'      Curse of Oak Island      Chicago Fire      Rizzoli & Isles (2)      G) Colin Farrell.      Kings    Birds      Friends    Friends      Sheldon    \$heldon      (2)    *** "Bal      rwolves at Clippers		
	The onan		- J			0							

WEDN	IESDA	Y EVE	NING								MA	RCH 1	2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30		11:30	
3-CBS	News	CBS	Inside Ed.	ET	Survivor (S	Season Pren	niere) (In St	ereo) 🖸	True Lies '	'Pilot"	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Conners	Gold	Abbott	Not Dead	Million Litt	le	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	Chicago M	ed	Chicago F	ire	Chicago P	.D.	News	Tonight Sh	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Friends	Friends	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Table	Drive-Hist	Miss Scarl	et	All Creatur	res Great	NJ Spotl	Class	World
29-FOX	The Six	ClassH	TMZ 🖸	You Bet	The Maske	d Singer	Special Fo	orces	The 10 Nev	ws	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	The Flash	CC	Kung Fu "l	_oss"	News Phill	ly	Law & Ord	ler: SVU	Neighbor
A&E	The First 4	8	The First 4	8	The First 4	8	The First 4	8	The First 4	8	The First 4	<b>8</b> CC	First 48
AMC	(5:30) <b>*</b> *½	"Mr. & Mrs.	Smith" (20	05)	**½ "Con /	<b>Air"</b> (1997, <i>A</i>	Action) Nicol	las Cage. 🖸		***½"The	Fugitive" (	1993) 🖸	
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Spec	ial	CNN Tonig	ght 🖸	CNN Tonig	ght 🖸	AC 360
DISC	Moonshine	ers	Moonshine	ers	Moonshine	ers "Party Li	ke It's 1999'	9	Moonshine	ers	Master Dis	stiller	Moon
DISN	Ladybug	Ladybug	Hamster	Big City	Big City	Big City	Bunk'd	Bunk'd	Big City	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	iter 🖸	NBA	NBA Bask	etball Cleve	land Cavalie	ers at Bostor	n Celtics.	NBA Bask	etball: Pelic	ans at Trail	Blazers	
ESPN2	Daily Wag	er 🖸	College Ba	sketball Au	iburn at Alab	ama.	College Ba	asketball Te	exas at TCU.	00	SportsCer	nter 🖸	SportCtr
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingrah	nam Angle	Gutfeld! CC	]	Fox News
FX	(4:30) **½	"Man on Fi	re"	*** "Thor	" (2011) Ch	ris Hemswoi	th. (In Stere	90) CC	Snowfall 0	C	Snowfall ©	C	Snowfall
HBO	REAL Spo	rts	The Last o	f Us 🖾	The Last o	f Us 🖾	"The Cabi	n in the Wo	<b>ods"</b> 'R'	C.B. Strike	CC 00	"Miller-Sin	City"
HIST	American	Pickers	American	Pickers	American	Pickers	American	Pickers	Dirty Old	Dirty Old	American	Pickers	Pickers
ION	Blue Blood	<b>ds</b> "Mercy"	Blue Blood	IS CC	Blue Blood	ds 🖸	Blue Blood	ds 🖸	Blue Blood	ds 🚾	Blue Bloo	ds 🖸	Blue
LIFE	Castle 💷		Castle "Sle	eper"	Married at	First Sight	"Party-ing W	Vays"	Married at	First Sight	UK 🖾	Married at	First Sigh
MAX	*** "Doni	nie Darko" (	(2001) (In St	ereo)	*** "Chef	" (2014) Jor	n Favreau. 🛙	C	★½ "That A	wkward Mo	ment"	*** "Warı	ior" 🖸
NBCSPA	Birds	Birds	Sixers	NBA Bask	etball Philad	lelphia 76ers	s at Miami H	leat. 🖾	Sixers Pos	st.	Birds	In. Golf	Basket
NICK	SpongeBo	b	The Tidal 2	Zone	SpongeBo	b	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	*** "The	Blind Side"	(2009) San	dra Bullock.	(In Stereo)	CC	*** "The	Blind Side"	(2009)
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite W	restling: Dy	namite (Liv	e) 🖸	Power Sla	р	Sheldon	Sheldon	Sheldon
TCM	**** "Fat	her of the E	Bride" (1950	)	**** "The	Adventure	s of Robin	Hood"	**** "The	e African Q	ueen" (1951	) CC	"Man
TNT	Lucifer 🚾	(DVS)	NHL	NHL Hock	ey New York	Rangers at	Philadelphi	a Flyers.	NHL Hock	ey: Hurricar	es at Golde	n Knights	
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	ler: SVU	Law-SVU

THUR	SDAY	EVENI	NG								MA	RCH 2	, 2023
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Sheldon	Ghosts	So Help M	e Todd	CSI: Vegas	5 CC	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Station 19	(In Stereo)	Grey's Ana	atomy	Alaska Dai	ily	News	Jimmy Kin	nmel Live!
10-NBC	News	NBC	News	Holly	Law & Ord	er	Law & Ord	er: SVU	Law & Ord	er	News	Tonight Sh	now
17-MNT	Gold	Big Bang	Big Bang	Gold	Mod Fam	Mod Fam	Union	Sports	Action Nev	ws at 10	Seinfeld	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Finding Yo	our Roots	To Be Ann	ounced	Native Am	erica 🖾	NJ Spotl	The Arts	World
29-FOX	The Six	Kelly	TMZ 🖸	You Bet	Next Level	Chef	Animal	Kat	The 10 Nev	NS	News	Feed	Extra
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Walker 💷		Walker Ind		News Phill	у	Law & Ord	ler: SVU	Neighbor
A&E	The First 4	8 00	The First 4	8 00	The First 4	8	Accused:	Guilty	Undercove	er Life Pilot	The First 4	8	First 48
AMC	<b>(5:30) ★★</b> ½	"Con Air" (	1997, Action	) [[]	** "Hitma	<b>n</b> " (2007) Ti	mothy Olyph	nant.	★½ "Hitmar	n: Agent 47	" (2015) Pre	miere.	"Pulp"
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	CNN Spec	ial	CNN Tonig	jht 🖸	CNN Tonig	ght 🖸	AC 360
DISC	(5:00) Batt	leBots	BattleBots	00	BattleBots	A main eve	nt between	End Game a	and HyperSh	lock.	BattleBots	CC	Battle
DISN	Ladybug	Ladybug	Hamster	Big City	Big City	Big City	Raven	Raven	Big City	Hamster	Ladybug	Ladybug	Bluey
ESPN	SportsCen	ter 🖸	College Ba	sketball Mi	chigan at Illi	nois.	College Ba	isketball Te	ams TBA. (I	_ive) 🖸	College Ba	asketball ⊺e	ams TBA.
ESPN2	Daily Wag	er 🖸	College Ba	i <b>sketball</b> ⊺e	ams TBA. (l	Live) 🖸	College Ba	isketball Me	emphis at SI	MU. 🖸	SportsCer	nter 🖾	SportCtr
FNEWS	Special Re	port	Jesse Wat	ters	Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingrah	am Angle	Gutfeld! 🖸		Fox News
FX	(5:30) ***	" <b>Thor</b> " (20	11) (In Stere	0) CC			n) Patrick St		ereo) 🖸		"X-Men: T	he Last Star	nd" (2006)
HBO	"Breathe	** "The N	<b>un"</b> (2018) '	R' 🖸	***½"Here	editary" (20	18) Toni Co	llette.	The Last o	f Us 🖸	C.B. Strike	CC 00	"Worry"
HIST	Swamp Pe	ople	Swamp Pe	ople	Swamp Pe	ople 🖾 (DV	S)	Swamp Pe	ople	Swamp Pe	ople "Flying	g Gators"	Swamp
ION	Chicago P	.D.	Chicago P.	D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago P	.D.	Chicago
	Castle 💷		Castle 🖾		Married at	First Sight	Married-UI	(	Married at	First Sight	Married-U	ĸ	Married
MAX	** "Anna'	(2019) Sas	ha Luss. (In	Stereo)	*** "Nobo	ody" (2021)	00	***½"No	Country for	Old Men" (	(2007)	"Exodus: (	Gods"
NBCSPA	Birds	Birds	Women's (	College Bas	ketball	1	Birds	The Best S	Show Ever?	CC	1	College Gy	/mnastics
NICK	SpongeBo	b	Dylan	Lay Lay	ТВА	Sponge.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men			1989) Tom E	-	1	Movie (In S	Stereo) 📼	1	
TBS	Sheldon	Sheldon	Big Bang	• •	Big Bang	Big Bang	Big Bang	Big Bang	Jokers	Jokers	Sheldon	Sheldon	"Pacific"
ТСМ	(5:30) ***	½ "In Cold E	Blood" (1967	7)	***½ "Brea	akfast at Tit	<b>ffany's"</b> (19	61)	*** "Wuth	nering Heig	hts" (1939)	CC	"Grapes"
TNT	"American	Sniper"	Tip-Off		etball: 76ers	s at Maveric	ks		NBA Bask	etball: Clipp	ers at Warri		
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	*** "Inde	pendence D	<b>Day"</b> (1996)	Will Smith.	C (DVS)		★★½ "The \	Nolverine"	(2013)







### BAD BREATH IN DOG AND CATS

Submitted By Patsy Nelson from The Wagging Tail

Last week, as part of Dental Health Care Month, I talked about the easiest ways to maintain healthy teeth without brushing. (See my articles on our Facebook page and/or website.) It is very important to train your kittens and puppies to allow exploration of their gums and teeth on a regular basis - at least once a week. Nervous rescues, like my Ebby, or nippy dogs may be a challenge. Because I cannot, as of yet, put my finger along the gum lines of Ebby's teeth, even though she licks the oral gel off of my finger every moming and I withhold food and water for thirty minutes, she has a slightly unpleasant odor to her breath. The fact that she likes to lick at her anus does not help. If you are able to examine your pet's dental condition, it will increase your chances of early intervention. Zoey is seven, with a small mouth and crooked bottom teeth, and she has never had to have a professional, expensive, teeth cleaning.

Quite honestly, I have never attempted to try gels on two of my cats when they were kittens and one, Mystery, showed up as an adult with trust issues. Boy is their breath stinky, as I can easily attest by the smell on their dishes after they have lickedout their bowls. It may be interesting to see if any of my home cats or the cats at the store would like the gel (perhaps the chicken-flavored one.) Then, however, how do we see if any of them drink or eat in the next half hour. I guess we would have to pick up every water and food bowl for the thirty-minute time limit. If you brush your pet's teeth it is recommended that you do so daily. Research shows that only about 10% of pet owners do; 50% don't brush at all.

There are several reasons that dogs or cats may develop offensively bail breath. (Sometimes the breath may smell fruity or sweet which is also indicative of a problem.) If you can, check for swollen or bleeding gums, which your vet can help determine as gingivitis, gum or periodontal disease. Bad breath can result from ailments like diabetes, liver or kidney disease as well as cancer of the mouth, ear, throat or nose. I believe that bad breath in pets and humans can also be an indication of other illnesses or cancers. Our precious papillon, Parker, who came from a couple who could barely feed the sire and dam, or afford to have, at least, the male neutered, gave away their two male offspring, one being Parker. From nine weeks of age, he got the best food, the best health care and the supreme love Bob and I could give him. I began to notice a change in his breath when he was around seven years old. And then a diminished interest in his obsessive ball retrieving. I took him to Parkway Vet, and they sent me to Red Bank. It was during COVID, so Zoey and I sat for hours outside in the cold with the car engine running to keep us warm. Finally, the verdict. Cancer of the spleen, gall bladder, and liver! The doctor ludicrously suggested they could remove his spleen for I don't remember how many thousands of dollars. I screamed, "What about his gall bladder and liver? Just give me my dog, my bill, and we'll go home."

Apparently, as with Parker, bad breath is not normal and should be looked upon as a problem requiring veterinary consultation. It may be exacerbated by a poor diet like Pedigree, Purina products, etc., including treats. Check the INGREDIENT PANEL AND THE PRESERVATIVES AND THE ARTIFICIAL ADDITIVES. Look them up on your computer. Some are highly menacing to your pet's health. And if you are feeding a reputable food don't feed crappy treats. That is counterproductive. Allison and I will gladly discuss your pet's diet with only your pet's well-being in mind. Choose to buy elsewhere but choose healthy.

Thank you for helping to keep a small business in business. And for your positive feedback. We run a cat shelter the entire back of the store and often have adoptable cats and kittens.



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recreationdir@pelpointe.com

