







HOROSCOPE

STENIDER 12 - NOTE

ARIES (Mar. 21- April 20)

Avoid joint ventures and steer clear of groups that want you to contribute financial assistance. Try looking into new ways to make extra money. Use your ingenuity to manipulate things to get what you want. Someone you live with will, be impossible. Your high energy will enable you to enlist the help of those in a position to back you.

TAURUS (Apr. 21- May 21)

Try to keep to yourself; work diligently on domestic chores and responsibilities. You have been stagnating for some time now and you need a change of pace. Don't get involved in joint ventures. Insincere gestures of friendliness are likely to occur.

GEMINI (May 22-June 21)

Your determination and sheer desire to do your own thing will be successful. You will find that you can work progressively at improving yourself this week. Work quietly behind the scenes. Talk to an older family member you have helped in the past.

CANCER (June 22-July 22)

Involve yourself in group endeavors. Your emotional attitude with respect to your status and direction in society may be unrealistic. Do not get involved in joint financial ventures. Be sure to take care of any minor aliments.

LEO (July 23-Aug 22)

Make your intentions perfectly clear and find out exactly what is expected of you. Communications with loved ones may be strained. You can make excellent investments if you are in the right place at the right time. Emotional upset may prevail on the domestic scene if you have neglected your duties or your mate.

VIRGO (Aug. 23 -Sept. 23)

Abrupt changes concerning your professional position are evident. You need an outlet that will help take your mind off any troubles at work. You have more than enough on your plate already. Invite friends or relatives into your home.

LIBRA (Sept. 24 - Oct. 23)

Deception is apparent. You need to do more things that you enjoy. Hassles with female colleagues may lead to problems with your boss. You must steer clear of overindulgent individuals.

SCORPID (Oct. 24 - Nov. 22)

Try not to hesitate; act on your initial instincts. Don't be too confident that coworkers are on your side. You can sort out any differences you have in an amiable manner. Refrain from overspending on entertainment or luxury items.

SAGITTARIUS (Nov. 23 -Dec. 21)

You need some rest. Reciprocate by offering helpful hints. Someone you live with will get angry if you are neglecting your duties. Disputes on the home troit may be hard to avoid.

CAPRICORN (Dec 22 - Jan. 20)

Deception is probable if you don't use discrimination. If everyone wants to do their own thing, let them. Travel will be fun and entertaining. Get the red tape and the unwanted paperwork out of the way.

AQUARIUS (Jan. 21 - Feb. 19)

Don't let friends convince you that you should contribute to something you don't believe in. You have to take hold of your life and make some crucial decisions. Be careful what you say. You may overspend if you travel this week; however, the trip will be one to remember.

PISCES (Feb. 20-Mar. 20)

Get back to basics and reevaluate what is important in life. You will meet new and exciting people if you attend social activities or sporting events. You will have a productive day if you organize yourself well at work. Don't make large purchases or investments. TV CHALLENGE

1	2	3		4 *	5	6	7		8	9	10
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The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- 1. Military conflict
- 4. Leave suddenly
- 8. Shoot carefully
- 11. Large antelope
- 12. Producer Norman
- 13. Fish eggs
- 14. Patty holder (2)
- 17. Unrefined mineral
- 18. Door opener
- 19. Delhi dress
- 21. Attention-getting sound 23. Good wood for boats
- 24. Nimoy's initials 25. Suffix for absent or
- adopt
- 26. Inernational alliance
- 27. Community college degree
- 28. Rubies & sapphires
- 30. Tall and too thin
- 32. Umpire's cry
- 35. Deli loaf
- 41. Word attached to chair 38. Long or Peeples or pit
- 42. Picnic spoiler
- 43. 12/24, for one
- 44. Soothing drink
- 45. Veal or venison
- 46. 1 of the 12 Tribes of Israel

DOWN

- 1. Harding's monogram
- 2. Santa __, CA
- 3. Bit of gossip
- 4. Depressed
- 5. Above, to a poet
- 6. Fail to keep up

- 7. Long journey
- 8. Fast-food sandwich shop
- 9. Debtor's note
- 10. Fellows
- 15. Mentions (2)
- 16. 16th word in the "Pledge of Allegiance"
- 19. Punch
- 20. Bancroft or Heche
- 22. Lennon or Astin
- 29. "Throw __ From the Train"; '87 Danny
- DeVito film 31. Inquired
- 33. Semester or quarter
- 34. Breath freshener
- 35. Tap lovingly 36. Suffix for depart or
- moist
- 34. Prefix for print or place 37. "Norma __"; Sally
 - Field movie
 - 39. Perón or Longoria
 - 40. Actor Cariou
 - pon nobe

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ATELIER BLB STORY

Joining the new businesses opening in downtown Wildwood, Atelier BLB, brings simple, sustainable and modern apparel and home goods to the island. Atelier BLB is a small apparel and lifestyle store, celebrating independent makers and thoughtfully-made goods This small shop reflects the love of handmade pieces. Owner, a 3rd generation seamstress, sources stocks from across Europe and Morocco, India as well as making most of the items . When speaking about the idea behind opening Atelier BLB, owner Bianca Boicea says: " coming from a creative background myself, I was aware of the difficulties and barriers that small makers face when trying to get their work seen Our aim was to help smaller makers who were making great products, but struggling to get their work into physical stores. We collaborate with artisans and makers specializing in tradi-tional craftsmanship. Our makers have been selected for their compassion and dedication to their craft, their unique skill, and their attention to detail." As a result, Atelier BLB was born. After a great deal of cleaning, refurbishing, and building of interior displays,the store opened its door. With its white painted walls, pale wooden shop fittings and modern light fixtures the store has the ever appeal-ing Scandinavian feel. The store emphasis is on sustainable, handmade, small batches and curated items.

The shop's future mission is to bring people together through work-shops, events and opportunities to meet makers and local creatives "We strongly believe in supporting other small local businesses, and shopping locally and collaborating on different events. "The way that we choose to spend our money - what to buy, and what not to buy -can positively shape the future of this small local community . This is especially true this year, and it's important to consider that the presence of independents relies heavily upon the support of customers and community.

Follow them on Instagram and Facebook @atelierblb

Atelier is currently open on Saturdays from noon to 5pm. All other days please email blb.contactusa@gmail.com or dm on instagram to schedule a private shopping experience in the showroom. 3113 Pacific Ave, Wildwood, NJ

KAYE'S BRIGADE

masters of clean

Kave is the former owner of I Love To Clean

We offer a wide range of quality and dependable cleaning services. Our professionally trained staff is available to service the following:

POST CONSTRUCTION CLEAN-UP COMMERCIAL CLEANING RESIDENTIAL CLEANING CLEANING CONSULTATION PARTY/EVENT CLEAN-UP

Whether you require our services daily, weekly or just for a single time, we commit ourselves to 100% customer satisfaction. Our personalized service plans are customized to fit your budget and any special needs. Having a party? Let us help with your set-up, serving & clean-up!

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609.576.3356 kayesbrigade@gmail.com







ACCEPTING ALL MAJOR CREDIT CARDS and CARDS	(609)889-904	ad • North Cape May HOURS
COOPER SHARP AMERICAN CHEESE \$599/LB	FARM FRESH EGGS XL - \$1.89/dozen JUMBO - \$2.29/dozen SUPER JUMBO - \$2.69/dozen ORGANIC - \$3.99/dozen MAD BOLED 2 PACK - \$6 + 6 PACK - \$1.48	NOW FEATURING CHICKEN CUTLET HOAGIES \$599 \$799/LB
DOMESTIC HAM\$3.49/Ib MEAT BOLOGNA\$3.49/Ib TAVERN HAM\$5.99/Ib BUFFALO TURKEY\$5.99/Ib COTEGHINO\$2.99/Ib	6" HOAGIE [§] 4.99 ^{EA} VEGGIE HOAGIE [§] 5.99 ^{EA} AFTER 3PM 2HOAGIES FOR [§] 10.99	BRUSSEL SPROUTS99¢/lb GRAPE TOMATOES99¢/lb GREEN PEPPERS99¢/lb GOLDEN PINEAPPLES\$1.99 ea RED POTATOES5 lb/\$1.99 SWEET ONIONS5 lb/\$1.99 AVOCADO5 PK/\$1.99
TUMARO'S LOW FAT WRAPS ^S 3 ⁹⁹ EA	TASTYCAKE CAKES & PIES \$1.00	HERR'S POTATO CHIPS 2/\$6.00 LARGE BAGS





OPEN DAILY Take-Out • Outdoor Dining Limited Indoor Dining Mon-Thurs • 4-11p Fri-Sun • 3-11p

(609) 600-1422 • 416 S Broadway • West Cape May

HAPPENINGS AROUND THE CAPE

COLD SPRING VILLAGE EVENTS

Fall Walking Tours Offered at Historic Cold Spring Village

Enjoy beautiful autumn weather as you take a guided walk through a portion of Historic Cold Spring Village and experience the mystique of days gone by. Learn the history of



several of the Village buildings and the lifestyles of those who worked and lived in them. Visit the Country Store where you can purchase a unique souvenir of the Village, then enjoy a complementary mini flight tasting (4oz.) at Cold Spring Brewery (beer, sarsaparilla or water). End your visit with a delightful box lunch from Cold Spring Grange Restaurant which can be eaten on the Brewery grounds or taken off site. Tours are offered at 11:00a.m. Saturdays and Sundays, in November.

Tours are \$20 per person includes box lunch. (18.00 children 3-12) Members receive a \$2 discount. *Tours begin at the Seashore Road/ Rt.626 Gate House. Cold Spring Village is located at 733 Seashore Rd. For more information, please visit www.hcsv.org or call 609-898-2300. ext. 10.





HAPPENINGS AROUND THE CAPE

WILDWOOD EVENTS

Coming to Wildwood Saturday, November 28th

Byrne Plaza & Downtown Wildwood from 10:30am to 4:30pm. The Greater Wildwood Chamber of Commerce presents "Wildwoods Holiday Shopping Village"... a completely outdoor shopping experience. Dozens of local small business vendors on hand for you to purchase the perfect holiday gift. Social distancing and masks will be required. Local Artisans, Jewelry, Specialty Shops, Handcrafted Items, Holiday Decorations, Baked Goods, Boutique Shops, Gifts, Gift Cards for Wildwoods Restaurants & Activities, Holiday Entertainment & Music, Raffle & More. This event will also serve as a gift drop location for The Lynch Who Stole Christmas From The GrYnch Program. For more information contact the GWCOC at 609.729.4000 or follow us on FACE-BOOK at Wildwoods Holiday Shopping Village. Rain date is Sunday, November 29th.





Three Lessons From the Past to Help You Understand the 2020 Election

(NewsUSA) – Think this election season has been the craziest of all time? Think again. American elections have long been highlighted by drama, scandal and intrigue — and the surprising twists and turns of presidential campaigns have a habit of repeating themselves.

Several aspects of the 2020 election cycle have undoubtedly been unique, with a global pandemic, protests for racial justice and extremist groups threatening violence. But from the civil rights movement to the Great Recession, Americans have previously headed to the polls through war, economic downturn and social instability. As the dust settles after this election, it's worth looking back to the past for a bit of historical context.

"In this crazy year, the best way to figure out what will happen to the country after everything settles down again is to understand our history," says Carlos Watson, Emmy-winning journalist, entrepreneur, political commentator, CEO of OZY and host of The Campaigns That Made History, a two-hour documentary that recently aired on HISTORY, covering the most surprising and shocking political contests of the past. For fans who have been following the burgeoning partnership between OZY, which seems to be the definition of media's omni-channel future, and A+E Networks, which owns networks including HISTORY and Lifetime, the documentary was a rare treat that meets the moment, allowing viewers to jump several steps ahead of the curve this election cycle.

"This isn't the first crazy election we've had — there have been five of these whoppers just over the past 60 years," said Watson, who has become one of the preeminent new media figures helping the public make sense of this moment in history — perhaps the next Doris Kearns Goodwin. Here are a few lessons from just three of those "whoppers" to help you contextualize the most recent election. 1. Anti-establishment candidates aren't just a 21st century problem. When Ronald Reagan, a former football player and charismatic actor, challenged President Gerald Ford in 1976, he wasn't afraid of abandoning boring political-speak. "Balancing the budget," as he quipped to Johnny Carson on The Tonight Show, "is like protecting your virtue: You have to learn how to say 'no." The California governor came tantalizingly close to defeating the sitting president. And while Reagan lost, Ford urged him to address the Republican National Convention anyway, assuming he would embarrass himself without a teleprompter. That was a mistake: Reagan delivered a stirring speech, putting him on the path to the presidency four years later.

2. How a contested election could play out "Florida, Florida, Florida," NBC's Tim Russert's election night mantra in 2000 would play out over weeks as the election outcome hung in the balance, and lawyers and activists descended on Florida for a disputed recount. In the end, the U.S. Supreme Court's 5-4 decision in Bush v. Gore overruled the state of Florida, halting a recount and giving Bush the win more than a month after Election Day.

3. The Proud Boys of 1968. A tumultuous year marked by racial unrest and assassinations of leaders Martin Luther King Jr. and presidential front-runner Robert F. Kennedy ended up with Republican Richard Nixon topping Democrat Hubert Humphrey. But segregationist George Wallace's third-party campaign, representing Southemers who had ditched the pro-civil-rights Democratic Party, was a shock to the system and a sign of things to come. "In 1968, the equivalent of the Proud Boys wasn't just some crazy group on the edge — they were on the ballot, got 10 million votes and won five states," says Watson.

After more great insights from history? Catch up on The Campaigns That Made History on history.com.

FRIDA	AY EVE	ENING								N	OVEME	3ER 13	, 2020
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	MacGyver	CC	Undercov	er Boss	Blue Bloo		News	Masters	Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Shark Tan	k	20/20 (In S	Stereo) 🖸			News	Jimmy Kir	nmel Live!
10-NBC	News	News	News	Holly	The Black	list 🖸	Dateline N	IBC (In Ster	eo) 🖸		News	Tonight S	now
17-MNT	black-ish	Big Bang	Big Bang	Gold	Mod Fam	Mom	Gold	Mom	Action Ne	ws	Mod Fam	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Frankie Dr	rake	Midsomer	Murders	Midsomer	Start Up	NJ Spotl	One/One	World
29-FOX	The Six	Extra	Dish Nat.	TMZ CC	WWE Frida	ay Night Sm	nackDown		Fox 29 Ne	ws at 10	News	TMZ CC	Dish Nat.
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	iHeartRadi	io Music Fe	stival Night	t 1 👓	News	News	Creek	Broke Girl	Mike
A&E	The First 4	18 CC	The First 4	8	First 48: S	hocking	Live Resc	ue "Live Re	scue 11.1	3.20" (In Ste	reo) 🖸		Rescue
AMC	(5:30) ***	* "Goodfel	las" (1990)	Robert De N	liro.	***½"My	Cousin Vin	ny" (1992)	Joe Pesci. 🛙		Fear the V	alking Dea	d 🖸
CNN	Situation I	Room	E. B. OutF	ront	Anderson	Cooper	Anderson	Cooper	CNN Toni	ght	CNN Toni	ght	AC 360
DISC	(5:00) Gol	d Rush	Gold Rush	: Pay Dirt	Gold Rush	00	Gold Rush	h WW	Gold Rus	ם נכ	Gold Rush	n: D. Turin	Gold
DISN	Jessie	"Chipmun	ks-Squeako	luel"	Raven	Just Roll	Jessie	Jessie	Liv-Mad.	Raven	Raven	Just Roll	Jessie
ESPN	(5:30) Spo	rtsCenter	SportsCen	ter 🖸	2020 Mast	ers Tournar	ment Secon	nd Round.			SportsCer	nter 🚾	SportCtr
ESPN2	Daily Wag	er	Football	College Fo	otball East	Carolina at	Cincinnati. ((Live)		NFL Live	20	UFC Live	Weigh-In
FNEWS	Special Re	eport	The Story		Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingra	ham Angle	Fox News	at Night	Tucker
FX	"Star Trek	-Dark."	***½"The	Martian" (2	2015) Matt D	Damon. (In S	tereo) 🖸		***½"The	e Martian" (2	2015) Matt [Damon. 🖾	
HBO	The Undoi	ing 🖸	The Undoi	ng 💷	**½ "Prom	netheus" (20	012) 'R' 📧		Real, Bill	Maher	How to	Real, Bill I	/laher
HIST	Ancient A	liens	Ancient Al	iens	Ancient Al	liens	Ancient A	liens	Ancient A	liens	Ancient A	liens	Aliens
ION	Criminal M	linds	Criminal M	linds	Criminal N	linds	Criminal M	/linds	Criminal N	linds	Criminal M	linds	Criminal
LIFE	"A Very C	harming Ch	ristmas Tov	wn" (2020)	"Christma	s on the Vir	ne" (2020) F	Premiere.	"Snowed	Inn Christm	as" (2017)	CC	"Christ
MAX	"Dream	** "Ramb	o " (2008) (Ir	n Stereo)	***½ "The	Fighter" (2	010, Drama	a) CC	Warrior CC		Warrior 🖸		"CHIPS"
NBCSPA	Hank Gath	ers-Philly	Ninja Warr	ior	World Clas	ss Champio	onship Boxi	ing 🖸	Football	Quick	FTW	Mike Miss	anelli
NICK	"Despicab	le Me"	The Astron	nauts 📧	Danger	Hustle	Sponge.	Sponge.	Friends	Friends	Friends	Friends	Friends
PARMT	★★½ "Quar	ntum of Sola	ace" (2008)	00	**½ "Mr. &	Mrs. Smith	n" (2005) Br	ad Pitt. Prer	miere. (In Ste	ereo)	**½"Quar	ntum of Sola	ace"
TBS	Fam. Guy	Fam. Guy	Seinfeld	Seinfeld	** "Ride #	Along" (201	4) Ice Cube		** "The V	edding Rin	iger " (2015)		Punch
TCM	***½"The	Haunting"	(1963) 🖸		***½"Frea	aks"	** "Carni	val Story" ((1954) Anne	Baxter.	★★½ "Bers	erk " (1967)	00
TNT	Bones 🖾		Bones 🖸		** "Horrib	le Bosses 2	sses 2" (2014) Jason Bateman. ★★½ "Tag				g" (2018) Ed Helms. 🖾		
USA	★½ "Death	Wish" (201	B) Bruce Wil	lis. 🖸 (DVS)		*** "Johr	Wick: Cha	apter 2" (20	17) Keanu F	leeves.	Mod Fam	Mod Fam	Mod Fam





THE ANNUAL LOWER TOWNSHIP Veteran's parade was held along Bayshore RD. ON SAT, NOV. 7















Save the St. Ann's Rectory, Wildwood NJ

A campaign by Preserving the Wildwoods, a Partners in Preservation committee



We need your help to preserve this Historic Victorian at Pacific and Glenwood Avenues!

- The only Stick Style building in Wildwood is under threat
- Built in 1909 by Christopher J. Scully for St. Ann's Catholic Church
- Beautifully preserved and well maintained, it housed clergy for over 100 yrs
- Featured in 2018 book, "Wildwoods Houses Through Time" by Taylor Henry
- But now, the church is no longer able to afford the property so they're selling
- Flyers around the property announce pre-demolition sales

The closest other examples of Stick Style are landmarks: Hereford Inlet Lighthouse in North Wildwood and the Emlen Physick Estate in Cape May. Preserving the Wildwoods has submitted a nomination for the NJ and National Registers of Historic Places. We are willing to apply for grants to fund restoration work.

We ask that the liquidation sales are **contents only**, not anything with structural or architectural integrity. We also plan to work with the new owner to preserve the rectory and give it new, profitable life through adaptive reuse.

Follow us on <u>facebook.com/preservingthewildwoods</u> for updates and email us at <u>preservingthewildwoods@gmail.com</u> to get involved with the cause. Thank you!

Sign & share the petition! change.org/saintannsrectory





1.VIM THRIFT STORE 20 S MAIN ST CMCH • 609-465-3680

2. CHALK IT UP FURNITURE RTE 9 & GOSHEN-SWAINTON RD SWAINTON • 856-405-7546

3. TOY ON WHEELS RTE 9 & GOSHEN-SWAINTON RD SWAINTON • 609-703-2518

4. KIDDIE KLOSET 1703 BAYSHORE RD VILLAS • 609-886-6633 5. ST MARYS THRIFT 1304 RTE 47 RIO GRANDE • 609-886-7272

6. FULL OF PROMISE THRIFT 3156 RTE 9 RIO GRANDE • 609-827-1983

7. ETCETERA SHOP 3845 BAYSHORE RD, STE 4 N CAPE MAY • 609-846-7643

8. ETCETERA SHOP ACME SHOPPING CENTER CMCH • 609-465-5553 9. CHEAP CHARLIE'S 4724 PACIFIC AVE WILDWOOD • 609-523-1166

10. JUNKE & TREASURES 4501 PACIFIC AVE WILDWOOD • 609-214-2253

11. JUNKE & TREASURES 602 WASHINGTON AVE (CAPT SCRAPS) WOODBINE • 609-861-3800

12. VETERAN & CITIZEN SPECIAL FORCES THRIFT SHOP 3305 BAYSHORE RD N CAPE MAY • 609-884-6700



SATU	RDAY	AFTEF	RNOON							N	OVEME	BER 14	, 2020
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
3-CBS	All In				ers Tournar							Football	Football
6-ABC	Sea	College Fo	otball Tean	ns TBA. (Liv	e)			Football	College Fo	otball Tear	ms TBA. (Liv	e)	
10-NBC	Champion	Paid Prg.	Medicare	Paid Prg.	Draft	Monster Ja	am	IMSA Wea	thertech Ch	ampionshi	р		
17-MNT	Paid Prg.	Paid Prg.	PROTECT	House	Raw Trav.	I Know Wh	at You Did	Last Summ	ner	Pawn	Pawn	Friends	Friends
23-PBS	Deepak Ch	opra Spirit	ual Laws	John Seba	stian Prese	nts: Folk R	ewind	Wild	Queens	Pioneer	Mexican	Taste	State-Aff
29-FOX	Kickoff	College Fo	otball Tean	ns TBA. (In	Stereo Live)				Extra	College Fo	otball Tear	ns TBA.	
57-CW	Ninja	MyPillow	Paid Prg.	Paid Prg.	Paid Prg.	Storm of S	uspicion	Nightwatc	h 🖸	Monk 🖾		Major Crin	nes 🖸
A&E	Zombie	Ozzy & Jao	ck's	Ozzy & Ja	ck's	Ozzy & Jac	ck's	Storage	Storage	Storage	Storage	Storage	Storage
AMC	(10:52) **	★½ "America	an Hustle" ((2013) Prem	iere.	**** "Goo	odfellas" (1	990) Robert	De Niro, Ra	ay Liotta. 📼		"My Cous	in Vinny"
CNN	News	CNN News	room	CNN News	room	CNN News	room	CNN News	room	CNN News	sroom	CNN New	sroom
DISC	Expedi	Expedition	N X 🖸	Expedition	n X 🚾	Building O	ff the Grid	Building C	off the Grid	Building C	Off the Grid	Building (Off the Grid
DISN	Raven	Just Roll	Just Roll	Jessie	Jessie	Jessie	Raven	Raven	Raven	Big City	Big City	"Squeakq	uel"
ESPN	GameDay	College Fo	otball Geor	gia at Misso	ouri. (Live)			Scores	College Fo	otball Texa	as A&M at Te	ennessee. (Live)
ESPN2	SportCtr	College Fo	otball Tean	ns TBA. (Liv	e)			Scores	College Fo	otball Tear	ms TBA. (Liv	re)	
FNEWS	Cavuto	America's	News Head	Iquarters (L	ive) 🖸	America's	News HQ	Journal Ec	ditorial Rpt.	America's	News Head	Iquarters (I	_ive) 🖸
FX	(10:00) **	* "300"	** "300: R	ise of an E	mpire" (201	4) 🖸	***½"Sica	ario " (2015)	Emily Blunt	. (In Stereo)	CC	"Outta Co	mpton"
HBO	"Beasts-Se	outhrn"	The Cost	The Cost	The Cost	The Cost o	of Winning	Real, Bill N	laher	Rock & Ro	oll Hall of Fa	ame 2020	
HIST	(11:00) Vie	tnam in HD	CC	Brad Meltz	er's Dec.	D.B. Coope	er: Case Cl	osed? "Part	1" [CC]	D.B. Coop	er: Case Cl	osed? "Par	t 2" 🖸
ION	Law-SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Orc	ler: SVU	Law & Ore	der: SVU
LIFE	"All About	Eve"	"A Christn	nas Arrange	ement"	"Christmas	s Around th	ne Corner"	(2018) 🖸	"A Welcor	ne Home Cl	hristmas" (2020) 🖸
MAX	"View	★½ "This M	eans War"	(2012)	** "Unforg	gettable" (2	017) (In Ste	reo) 🖸	**½"The F	Recruit" (20	003) Al Pacir	10.	"Going"
NBCSPA	Paid Prg.	Quick	Football	MLB Base	ball From Au	ug. 10, 2020	. CC		List	Ninja War	rior	Ninja War	rior
NICK	It's Pony	Alvinnn!!!	*** "Desp	oicable Me"	(2010) (In S	stereo)	The Astro	nauts 😳	Sponge.	Sponge.	Sponge.	Loud	Loud
PARMT	"Forgettin	g Sarah Ma	rshall"	*½ "Grown	Ups " (2010) Adam San	dler. (In Ste	ereo)	* "Grown	Ups 2" (20	13) Adam Sa	andler. (In S	tereo)
TBS	Jokers	Misery	Misery	** "Ride #	Along" (2014	4) Ice Cube.		*** "Capt	ain Americ	a: Civil Wa	" (2016, Act	tion) Chris E	vans.
TCM	You	*** "Dodg	ge City" (19	39) Errol Fly	/nn.	***½"In a	Lonely Pla	ce"	*** "Robi	"Robin and the Seven Hoods" (1964) 🖻			
TNT	NCIS: LA	NCIS: New	Orleans	NCIS: New	Orleans	★★½ "Tag"	(2018) Ed H	lelms. 📧		*½ "Tammy" (2014) Melissa McCarthy.			
USA	Chicago	Chicago P	.D.	★½ "Death	Wish" (2018	B) Bruce Will	lis. 🖾 (DVS))	*** "Doct	octor Strange" (2016) Benedict Cumberbatch.			

SATU	IRDAY												
		EVENI	NG							NC	OVEME	ER 14,	2020
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	College Fo	otball Alaba	ama at LSU.	From Tiger	Stadium in	Baton Rouge	e, La. 🖸		48 Hours 🛙	C	News	Paid Prg.	NCIS
6-ABC	Football	Football	Football	College Fo	otball Wisc	onsin at Mic	higan. (Live)			News	News	Castle
10-NBC	News	News	Paid Prg.	Rescue	Weakest L	ink	Ellen's Ga	me	Saturday N	light Live	News	Saturday N	light Live
(17-MNT)	Mom	Mom	Big Bang	Gold	Big Bang	Big Bang	Mod Fam	Mod Fam	Action Nev	vs	Central	Philler	Friends
23-PBS	Reporters	Chat Box	NYC Arts	The Arts	Old	House	Time/By	Upstart	Professor	T. CC	Father Bro	wn 🖸	Durrells
29-FOX	College Fo	otball Tean	ns TBA.	Extra	College Fo	otball Tean	ns TBA. (In S	Stereo Live)	T			PBC	PBC
57-CW	Million.	Million.	FamFeud	FamFeud	NCIS "Mon	a Lisa"	NCIS: New	/ Orleans	News	News	Broke Girl	Broke Girl	Jokers
A&E	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
AMC	(4:52) "My	Cousin Vin	ny " (1992)	*** "Twis	ter" (1996)	Helen Hunt,	Bill Paxton.	CC	History of	Horror	"Hallowee	n H20"	
CNN	CNN News	sroom	Situation F	Room	Situation F	Room	Situation F	Room	First Ladie	S CC		CNN Speci	al
DISC	Building C	off the Grid	Building O	ff the Grid	Building O	ff the Grid:	Nature's W	/rath 🖾	Building O	ff the Grid	Building O	ff the Grid	Building
DISN	"Alvin"	Gabby	Gabby	Gabby	Big City	Big City	Big City	Big City	Avengers	Big City	Bunk'd	Bunk'd	Jessie
ESPN	Football	Scores	College Fo	otball Arka	nsas at Flori	at Florida. (Live)				rence Crawf	ord vs. Kell	Brook. (Live)	
ESPN2	Football	Scores	College Fo	otball SMU					Scores	College Fo	otball Tean	ns TBA. (Live	e)
FNEWS	Fox Repor		,		Watters' World 🖾 Justice With Jeanine			Ŭ		Watters' W		Justice	
FX	· · /	"Straight C					. ,	John David \			Fargo "The Nadir"		"Sicario"
HBO		: Dark Pho	· · ·			e" (2020) 'Po	1		zam!" (2019	9) Zachary L	.evi. 'PG-13'	CC	Industry
HIST		of Oak Isla			,			Greatest My	1			: Digging D	•
ION	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord		Law & Ord		Law & Ord		Law & Ord		Law-SVU
LIFE		s on the Vir	· · ·			s on Wheels	()	, ,	"A Very Ch		ristmas Tov	· · /	"Christ
MAX	"Going in		Warrior 🖸		-	r ium " (2002) [[]	★½ "Dying	of the Light		1	Warrior	"Assault"
NBCSPA	Quick	Football		ics From Ju	, ,				Forever	Football	Brewing	Bensinger	
NICK	Loud	Loud	The Astron		Danger	Hustle	Substitute		Friends	Friends	Friends		Friends
PARMT		Ups " (2010	,	`	/			3) Adam Sa				g Sarah Mai	
TBS		: Ragnarok	、		()		0 0	Big Bang	0 0	0 0	Full	"Just Like	
		Sumball Ra	lly" (1976)						***½ "Brother Orchid" (1940) ©			"Fear"	
TCM			/										
	** "Life o	f the Party" Wick: Cha	(2018) 🖸 ([VVS)	I	esses " (200	,	e Heigl. 🖾 " (2016) Ben		I	ding Crashe Mod Fam	()	

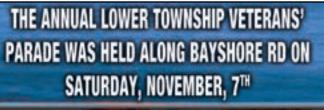
SUND	AY AF	TERNO	DON							NC	OVEME	BER 15	, 2020
	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30
3-CBS				t Final Roun	d. (In Stered	D Live) 🖸		The NFL T	oday 📧	NFL Footb	all (In Stere	o Live) 🕅	
6-ABC	Inside	Action Nev	NS CC	Hearts of	Rock-	30 for 30				NBA Draft	Mock	FYI Philly	News
10-NBC	Issue	Paid Prg.	Paid Prg.	Paid Prg.	Paid Prg.	House	1st Look	Swimming		Figure Ska	ting Las Ve	gas Invitatio	nal.
17-MNT	In Touch	Kenmore	Paid Prg.	In Focus	Greta Van	This	World's	World's	Friends	American	Valor	Veterans	Veterans'
23-PBS	Think Tk	State-Aff	Cooking'	Lidia	Milk	Cook	Collagen I	Diet with Dr.	Josh	Soul Lege	nds (In Ster	eo) 🖸	
29-FOX	Kickoff	FOX NFL S	Sunday	NFL Footb	all Philadelp	hia Eagles	at New York	Giants. (In	Stereo Live)	00	NFL Footb	all	
57-CW	Gone Vi	MyPillow	Paid Prg.	Paid Prg.	Paid Prg.	** "Miss C	Congeniality	y 2: Armed	and Fabulo	us"	Broadway	Major Crin	nes 🖸
A&E	Hoarders	The First 4	8	The First 4	8	★★½ "The M	Agnificent	Seven" (20	16) Denzel	Nashington.	CC	"Americar	Sniper"
AMC	"Capt	** "Deep	Impact" (19	98, Drama)	Robert Duva	all, Tea Leor	ni. 🖸	*** "Twis	ter" (1996)	Helen Hunt,	Bill Paxton.	00	"Day
CNN	Sources	State of the	e Union	Fareed Zal	karia GPS	CNN News	room	CNN News	room	CNN News	room	CNN News	room
DISC	Gold	Barnwood	Builders	Barnwood	Builders	Barnwood	Builders	Barnwood	Builders	Barnwood	Builders	Barnwood	Builders
DISN	Jessie	Jessie	Jessie	Raven	Raven	Raven	Sydney	Sydney	Sydney	Ladybug	Ladybug	Liv-Mad.	Liv-Mad.
ESPN	(10:00) Su	nday NFL C	ountdown	Drive	Football Fi	nal	UEFA Nati	ons League	e Soccer Be	lgium vs En	gland.	Football F	inal
ESPN2	(10:00) Fai	ntasy Footb	all Now	Fishing		Films	Drive	Boxing					
FNEWS	Medi	America's	News HQ	America's	News HQ	Fox News	Sunday	Journal Ec	litorial Rpt.	America's	News HQ	Greg Gutfe	əld
FX	(11:00) **	★½ "Sicario'	' (2015) 🖸		★★½ "Sicar	io: Day of t	he Soldado	" (2018) 🖾		***½"Blac	cKkKlansm	an" (2018) [CC
HBO	"Repli	★★½ "Fast	Five" (2011) Vin Diesel.	'PG-13' 🖾		"Transhoo	od" (2020) 'N	NR' 🖸	*** "Harri	iet" (2019) (Cynthia Erive	D. 🖸
HIST	Cnt. Cars	Cnt. Cars	Cnt. Cars	Counting (Cars	Counting (Cars	Counting (Cars	Hunting Hi	itler: The Fi	nal Chapte	- 00
ION	NCIS: LA	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles
LIFE	"The	"My Christ	mas Prince	e" (2017) 🖸		"Dear San	ta " (2011) A	Amy Acker. 🖻	C	"A Very Cl	harming Ch		(/
MAX	"Live"	"Within" (2	2016) Erin N	loriarty.	Warrior 🖸	1	*** "A Pr	ice Above F	Rubies" (199	98) 🖸	**½"Yeste	erday" (201	9) 🖸
NBCSPA	Eagles	Eagles Pre	game Live	Paid Prg.	Paid Prg.	Women's	College Bas	sketball 😳	1	Eagles Pos	stgame Live	e (Live) 🖾	1
NICK	"Kung Fu	Panda 2"	The Astro	nauts 📧	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Sponge.	Loud	Loud
PARMT	(11:00) **	² "2 Guns"	(2013) (In S	tereo)	**½"Con #	Air " (1997) l	Nicolas Cag	e. (In Stereo) CC	** "Pain 8	Gain " (201	13) Mark Wa	hlberg.
TBS	Miracle	Miracle	Miracle	Miracle		`	· · ·	Liam Neeso	,		: Ragnarok	· · /	· ·
TCM		iging Up Ba				** ^½ "Gaslight" (1944) Charles Boyer. *** ^½ "High				ligh Society" (1956) 🖾 (DVS)			"Unsink
TNT		NCIS: New			ding Crashe	· · ·		1		-	nger" (1998	,	"27
USA	Law-SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU

SUNDAY EVENING

NOVEMBER 15, 2020

	LINING											, _0_0
6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
(4:00) NFL	Football	60 Minutes	00	NCIS: Los	Angeles	NCIS: New	/ Orleans	NCIS "SWA	۸K" 🖸	News	Spo.	J. Osteen
News	ABC	Funny Hon	ne Videos	Supermark	tet Sweep	Who Want	s to Be	Card Sharl	(s "208"	News	News	FYI Philly
News	News	Football Ni	ght in Ame	rica 🚾	NFL Footb	all Baltimor	e Ravens at	New Englan	d Patriots.	20	News	Eagles
Two Men	Two Men	Big Bang	Gold	Mod Fam	Mod Fam	black-ish	black-ish	Action Nev	vs	Central	Seinfeld	Seinfeld
Suze Orma	an's Ultimat	e Retiremer	nt Guide	"GI Jews:	Jewish Am	ericans"		Soul Leger	nds (In Ster	reo) 🖸		Time/By
NFL Footb	all		The OT	Simpsons	Bless	Burgers	Fam. Guy	Fox 29 Nev	ws at 10	News	The Q	Paid Prg.
Million.	Million.	FamFeud	FamFeud	iHeartRadi	o Music Fe	stival Night	t 2 CC	News	News	Mike	Mike	King
(5:00) ***	^½ "America	n Sniper" (2	014)	**½"Olym	pus Has Fa	llen" (2013) Gerard But	ler.	***½"Am	erican Snip	er " (2014) 🖸	C
(5:16) ★★ ½	"The Day A	fter Tomorr	ow"	Fear the W	alking	Fear the W	/alking	Walking De	ead: World	Fear the W	/alking	Walking
CNN News	room	Situation F	loom	Situation F	loom	Situation I	Room	First Ladie	S CC	State of th	e Union	News
Alaska		Alaska		Alaska: Th	e Last Fron	itier (In Ster	reo) 🚾	Last Front	ier	Last Front	ier	Alaska
Liv-Mad.	Liv-Mad.	Ladybug	Ladybug	Big City	Big City	Raven	Just Roll	Just Roll	Bunk'd	Bunk'd	Bunk'd	Jessie
SportsCen	ter 🖾	SportsCen	ter 🖾	SportCtr	UFC	UFC 255 C	Countdown	UFC Archi	val	SportsCer	iter 🖾	SportsC.
Formula 1	Racing DH	L Turkish Gr	and Prix.	Gamer ESPN Original Enterta			ainment		World of X	Games	X Games	
Fox Repor	t	Fox News	Sunday	Life, Libert	y & Levin	The Next F	Revolution	Greg Gutfe	eld	Life, Liber	ty & Levin	Revolu
"BlacKkKl	ansman"	★★½ "Juras	sic World:	Fallen King	dom " (2018	3) Chris Prat	tt. 🖸	Fargo "Eas	t/West"	Fargo "Eas	st/West" 🖻	
Real, Bill N	laher	**½ "Cruel	Intentions'	" (1999) 'R' [00	The Undoi	ing 🖸	Middle Bea	ach	Last	The Undoi	ng 🖸
History's C	Greatest My	steries 💷		Buried: Kn	ights Temp	olar and the	Holy Grail	(In Stereo) (Part 1 of 2)	CC		Buried
NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	Chicago P	.D.	Chicago P.	.D.	Chicago P	.D.	Chicago
"Christma	s on Wheels	s " (2020) Tiy	/a Sircar.	"The Chris	tmas Editio	on" (2020) F	Premiere.	"Christma	s on the Vir	ne" (2020) 🛙	C	"Christ
"Yester	★½ "Big Mo	omma's Hou	se 2"	* "Walk of	Shame" (2	014) 🖸	** "Stube	r " (2019) (In	Stereo)	★★½ "Wand	derlust" (20	12)
Birds	Birds	Golf	Brewing	Ninja Warr	ior	Ninja Warı	rior	Eagles Pos	stgame Live	e CC		Poker
Danger	Hustle	The Astron	auts 🚾	*** "Char	lotte's Web	" (2006) (In	Stereo)	Friends	Friends	Friends	Friends	Friends
(4:00) "Pain & Gain" ** ½ "2 Guns" (2013)) Denzel Washington. 🖾 🛛 🖈 ½ "Con Air" (1997					Vicolas Cag	e. (In Stered) CC	"Hitman"
"Thor: Ragnarok" ★★★½ "Black Panther				er" (2018) Chadwick Boseman. © (DVS) ★★★½ "Black Panther" (2018) Chadwic					dwick Boser	man.		
(5:45) "The	e Unsinkabl	e Molly Bro	wn" 🖸	*** ¹ / ₂ "The Ipcress File" (1965, Action) *** ¹ / ₂ "Gambit" (1966, Suspense) ©					23	"Across"		
(5:30) ** ½	"27 Dresse	s " (2008) 🖸		***½"Craz	zy Rich Asi	ans" (2018)	Constance	Wu.	** "Overb	oard" (2018	3) Eugenio D	erbez.
Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	E! People'	s Choice A	wards (Live)	00	Law & Ord	er: SVU	Law-SVU
	6:00 (4:00) NFL News News Two Men Suze Orma NFL Footb Million. (5:00) *** (5:16) *** CNN News Alaska Liv-Mad. SportsCen Formula 1 Fox Repor "BlacKkKI Real, Bill M History's C NCIS: Los "Christma: "Yester Birds Danger (4:00) "Pai "Thor: Rag (5:45) "The (5:30) ***	6:00 6:30 (4:00) NFL Football News ABC News News Two Men Two Men Suze Orman's Ultimat NFL Football Million. Million. (5:00) ***% "American (5:01) ***% "The Day A CNN Newsroom Alaska Liv-Mad. Liv-Mad. SportsCenter ISS Formula 1 Racing DHI Fox Report "BlacKkKlansman" Real, Bill Maher History's Greatest My NCIS: Los Angeles "Christmas on Wheels" "Yester *% "Big Mc Birds Birds Danger Hustle (4:00) "Pain & Gain" "Thor: Ragnarok" (5:45) "The Unsinkabl	6:00 6:30 7:00 (4:00) NFL Football 60 Minutes News ABC Funny Hon News News Football Ni Two Men Two Men Big Bang Suze Orman's Ultimate Retiremer NFL Football Million. Million. FamFeud (5:00) ***½ "American Sniper" (2 (5:16) **½ "The Day After Tomorr CNN Newsrom Situation R Alaska Alaska Liv-Mad. Ladybug SportsCenter IS SportsCent Fox Report Fox News "BlacKkKlansman" **½ "Juras Real, Bill Maher **½ "Cruel History's Greatest Mysteries IS NCIS: Los NCIS: Los Angeles NCIS: Los "Yester *½ "Big Momma's Hou Birds Golf Danger Hustle The Astron (4:00) "Pain & Gain" **½ "Blac (5:45) "The Unsinkable Molly Bro (5:30) **½ "27 Dresses" (2008) IS	6:00 6:30 7:00 7:30 (4:00) NFL Football 60 Minutes Image: Second	6:00 6:30 7:00 7:30 8:00 (4:00) NFL Football 60 Minutes IM NCIS: Los News ABC Funny Home Videos Supermark News News Football Night in America IM Supermark News News Football Night in America IM Immerica IM News News Football Night in America IM Immerica IM Two Men Two Men Big Bang Gold Mod Fam Suze Orman's Ultimate Retirement Guide "GI Jews: Impsons Million. FamFeud FamFeud NFL Football The OT Simpsons Million. FamFeud FamFeud iHeartRadi (5:00) ***% "American Sniper" (2014) **% "Olym Fear the W CNN Newsroom Situation Room Situation F Alaska Alaska Alaska Alaska: Th Liv-Mad. Ladybug Ladybug Big City SportsCenter IM SportsCenter IM Fox News Sunday Life, Libert "BlacKkKlansman" **% "Gruel Intentions" (1999) 'R' IM History's Greatest Mysteries IM Buried: Kn NCIS: Los Angeles NCIS: Los Angeles	6:00 6:30 7:00 7:30 8:00 8:30 (4:00) NFL Football 60 Minutes Image: Supermarket Sweep NCIS: Los Angeles News ABC Funny Home Videos Supermarket Sweep News News Football Night in America Image: NFL Footb NFL Footb Two Men Two Men Big Bang Gold Mod Fam Mod Fam Suze Orman's Ultimate Retirement Guide "GI Jews: Jewish American Sniper" (2014) **% "Olympus Has Fa Million. Million. FamFeud FamFeud iHeartRadio Music Fe (5:00) ***% "American Sniper" (2014) **% "Olympus Has Fa (5:16) **% "The Day After Tomorrow" Fear the Walking CNN Newsrom Situation Room Situation Room Alaska Alaska Alaska: The Last Fror Liv-Mad. Ladybug Ladybug Big City SportsCenter Image: SportScenter Image: SportCtr UFC Formula 1 Racing DHL Turkish Grand Prix. Gamer Fox Report Fox News Sunday Life, Liberty & Levin "BlacKkKlansman" **% "Jurassic World: Fallen Kingdom" (2018 Real, Bill Maher **% "Cruel Intentions" (1999) 'R' Imaget History	6:006:307:007:308:008:309:00(4:00) NFL Football60 Minutes IIINCIS: Los AngelesNCIS: NewNewsABCFunny Home VideosSupermarket SweepWho WantNewsNewsFootball Night in America IIINFL Football BaltimorNewsNewsFootball Night in America IIINFL Football BaltimorSuze Orman's Ultimate Retirement Guide"GI Jews: Jewish Americans"NFL FootballThe OTSimpsonsBlessBurgersMillion.Million.FamFeudIHeartRadioMusic Festival Night(5:00) **** "American Sniper" (2014)**** "Olympus Has Fallen" (2013)(5:16) **** "The Day After Tomorrow"Fear the WalkingFear the WCNN NewsroomSituation RoomSituation RoomSituation IIAlaskaAlaskaAlaska: The Last Frontier (In StepLiv-Mad.Liv-Mad.LadybugLadybugBig CityBig CitySportsCenter IIIFox News SundayLife, Liberty & LevinThe Next F"BlacKtklansman"*** "Gruel Intentions" (1999) 'R' IIIThe UndoiHistory's Greatest Mysteries IIINCIS: Los AngelesNCIS: Los AngelesChicago P"Christmas on Wheels"GolfBrewingNinja WarriorNinja WarriorDangerHustleThe Astronauts IIII*** "Charlotte's Web" (2006) (In(4:00) "Pain & Gain"*** "Black Panther" (2013) Chadwick Boseman. III (DVGaingerHustleThe Astronauts IIII**** "Crazy Rich Asians" (2018)<	6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30 (4:00) NFL Football 60 Minutes (a) NCIS: Los Angeles NCIS: New Orleans News ABC Funny Home Videos Supermarket Sweep Who Wants to Be News News Football Night in America (a) NFL Football Baltimore Ravens at Two Men Two Men Big Bang Gold Mod Fam black-ish black-ish black-ish Suze Orman's Ultimate Retirement Guide "GI Jews: Jewish Americans" Fam. Guy Million. Million. FamFeud FamFeud iHeartRadio Music Festival Night 2 (a) (5:00) **** "American Sniper" (2014) *** "Olympus Has Fallen" (2013) Gerard But (5:16) ***/" "American Sniper" (2014) **** "Olympus Has Fallen" (2013) Gerard But (5:16) ***/ "The Day After Tomorrow" Fear the Walking Fear the Walking Fear the Walking CNN Newsroom Situation Room Situation Room Situation Room Situation Room Alaska Alaska Alaska: The Last Frontier (In Stereo) (a) Even Mole Stereo) (a) Liv-Mad. Lidybug Big City Big City Raven Just Roll	6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30 10:00 (4:00) NFL Football 60 Minutes IS NCIS: Los Angeles NCIS: New Orleans NCIS: SWA News ABC Funny Home Videos Supermarket Sweep Who Wants to Be Card Sharl News News Football Night in America IS NFL Football Baltimore Ravens at New Englar Two Men Two Men Big Bang Gold Mod Fam Mod Fam black-ish black-ish Action New Suze Orman's Ultimate Retirement Guide "GI Jews: Jewish Americans" Soul Leger NFL Football The OT Simpsons Bless Burgers Fam. Guy Fox 29 New Million. Million. FamFeud FamFeud iHeartRadio Music Festival Night 2 (20) News (5:00) ***% "The Day After Tomorrow" Fear the Walking Fear the Walking Walking Did CNN Newsroom Situation Room Situation Room Situation Room Situation Room Situation Room Situation Room First Ladie Alaska Alaska Alaska Alaska Alaska Inetheva	6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30 10:00 10:30 (4:00) NFL Football 60 Minutes IS NCIS: Los Angeles NCIS: New Orleans NCIS "SWAK" IS News ABC Funny Home Videos Supermarket Sweep Who Wants to Be Card Sharks "208" News Football Night in America IS NFL Football Baltimore Ravens at New England Patriots. IS Action News Suze Orman's Ultimate Retirement Guide "GI Jews: Jewish Americans" Soul Legends (In Ster NFL Football The OT Simpsons Bless Burgers Fam. Guy News News (5:00) **** "American Sniper" (2014) *** "Olympus Has Fallen" (2013) Gerard Butler. ***** "American Sniper" (2014) **** "American Sniper" (2014) **** "American Sniper" (2014) **** "American Sniper" (2014) **** "American Sniper" (2014) ***** "American Sniper" (2014) ***** "American Sniper" (2014) ************************************	6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30 10:00 10:30 11:00 (4:00) NFL Football 60 Minutes III NCIS: Los Angeles NCIS: New Orleans NCIS "SWAK" III News News ABC Funny Home Videos Supermarket Sweep Who Wants to Be Card Sharks "208" News News News Football Night in America IIII Mod Fam Iblack-ish black-ish Action News Central Suze Orman's Ultimate Retirement Guide "GI Jews: Jewish Americans" Soul Legends (In Stereo) IIIII News Nilis Central Soul Legends (In Stereo) IIII News Nilke Central Soul Legends (In Stereo) IIII Nilke Soul Legends (In Stereo) IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	6:00 6:30 7:00 7:30 8:00 8:30 9:00 9:30 10:00 10:30 11:00 11:30 (4:00) NFL Football 60 Minutes @ NCIS: Los Angeles NCIS: New Orleans NCIS "SWAK" @ News









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While you're busy preparing for another holiday season, don't let car care take a back seat. Neglected auto care almost always means much higher costs down the road in the form of more extensive repairs or lost resale value. The non-profit Car Care Council recommends that you be car care aware to ensure your car doesn't gobble up your hard-earned money.

"If you're like most people, you're busier than ever this time of year and may find yourself putting off vehicle maintenance," said Rich White, executive director, Car Care Council. "It's important to remember that routine auto care means big savings by improving fuel economy, extending vehicle life and reducing the chance of costly car trouble."

The Car Care Council suggests a quick vehicle check to help avoid the unplanned expense of a breakdown when traveling by car this holiday season.

 Check the tires, including tire pressure and tread. Uneven wear indicates a need for wheel alignment. Tires should also be checked for bulges and bald spots.

 Check all fluids, including engine oil, power steering and brake and transmission, as well as windshield washer solvent and antifreeze/coolant.

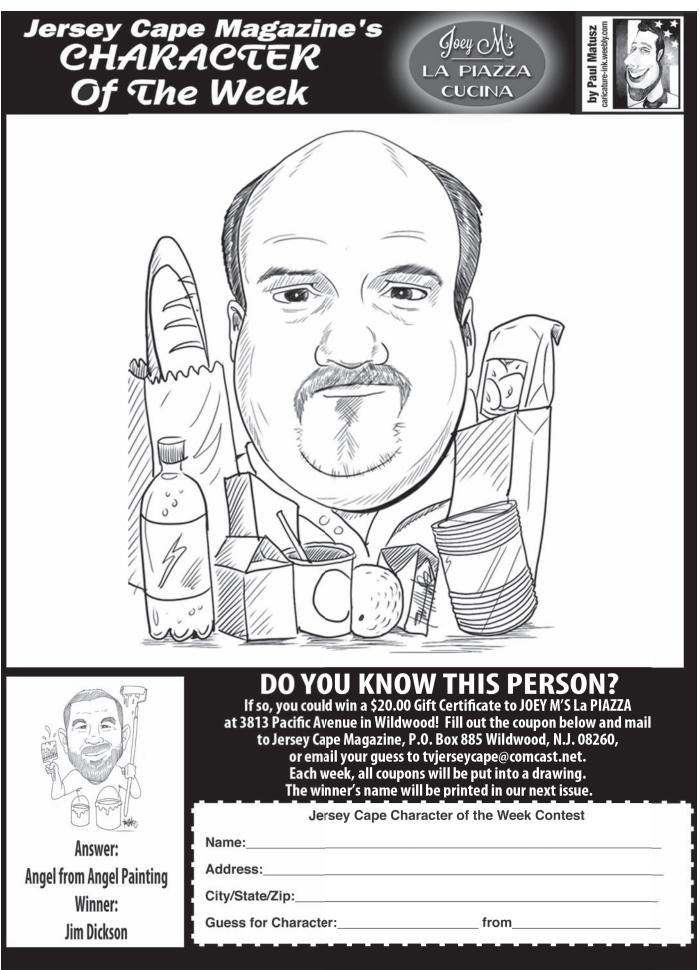
FOR ALL YOUR AUTOMOTIVE NEEDS Engine & Trans Replacements

Oil Changes, Brake Service, Tune Ups, Air Conditioning

 Check wipers. Wiper blades should be replaced every six months. Make sure the windshield wipers are working properly and keep the reservoir filled with solvent.

The Car Care Council also recommends that motorists restock their emergency kit. To save on fuel costs during the trip, the council suggests that motorists avoid aggressive driving, observe the speed limit and avoid excessive idling. Gas caps that are damaged, loose or missing should be replaced to prevent gas from spilling or evaporating.







MONE	DAY EV		à							N	OVEME	BER 16	, 2020
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Neighbor	Bob Heart	All Rise 🖾		Bull "My C	orona"	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Dancing W	ith the Star	s "Semi-Fin	als" 🖸	The Good	Doctor	News	Jimmy Kin	nmel Live!
10-NBC	News	News	News	Holly	The Voice	"The Battles	Part 3" 🖸		Weakest L	.ink	News	Tonight Sh	now
17-MNT	black-ish	Big Bang	Big Bang	Gold	Mod Fam	Mom	Gold	Mom	Action Net	ws	Mod Fam	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Nature 🖾 (DVS)	NOVA 🖾 (I	DVS)	Secrets of	the Dead	NJ Spotl	One/One	World
29-FOX	The Six	Extra	Dish Nat.	TMZ CC	L.A.'s Fine	est (DVS)	Filthy Rich	ı	Fox 29 Ne	ws at 10	News	TMZ CC	Dish Nat.
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Whose?	Whose?	Penn & Te	ller	News	News	Creek	Broke Girl	Mike
A&E	The First 4	8	The First 4	8	The First 4	8	The First 4	8 00	The First 4	18 CC	The First 4	8	First 48
AMC	*** "Scro	oged" (198	8) Bill Murra	y. 🖸	*** "Elf"	(2003) Will F	errell. 🖸		*** "Elf"	(2003) Will F	errell. 🖸		"Scroog
CNN	Situation F	Room	E. B. OutF	ront	Anderson	Cooper	Cuomo Pri	ime Time	CNN Tonig	ght	CNN Tonig	ght	AC 360
DISC	Outlaws: F	ast	Outlaws: F	ast	Street Out	laws: Faste	st in Ameri	ca (In Stere	33 (O		Outlaws: F	ast	Outlaws
DISN	Jessie	Jessie	Raven	Raven	Raven	Raven	Raven	Jessie	Jessie	Jessie	Sydney	Sydney	Jessie
ESPN	Monday Ni	ght Countd	own (Live)	CC	NFL Footb	all Minnesot	a Vikings at	Chicago Be	ears. (Live)		SportsCen	iter W/Van F	Pelt
ESPN2	SportsCen	ter 🖾	SportsCen	ter 📧	UFC 255 C	ountdown	UFC Reloa	ded					UFC
FNEWS	Special Re	port	The Story		Tucker Ca	rlson	Hannity (L	ive) 🚾	The Ingrah	nam Angle	Fox News	at Night	Tucker
FX	(5:00) "Jur	assic World	d: Fallen Ki	ngdom"	** "Trans	formers: Th	e Last Knig	ght" (2017)	Mark Wahlb	erg. (In Ster	eo) 🖸	"Only the	Brave"
HBO	Last	Undoing	★½ "Dolittle	e" (2020) Ro	bert Downe	y Jr.	His Dark N	laterials	Industry 🕅	6	His Dark	Industry 🖸]
HIST	Pawn Star	S	Pawn Stars	S	Pawn Star	s	Pawn Star	S CC			Pawn Star	S CC	Pawn
ION	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: Los	Angeles	NCIS: LA
	"Santa's B	oots" (2018	3) Megan Hil	ty. 🚾	"Christma	s on the Vin	e" (2020) 🕅	C	"The Chris	stmas Editio	on" (2020) 🛙	C	"Christ
MAX	(5:50) **½	"Live by Ni	ght" (2016)	00	Warrior 🖸		"The Quar	ry " (2020) (In Stereo)	*** "8 Mi	l e " (2002) E	minem. (In S	Stereo)
NBCSPA	Eagles Pos	stgame Live	3	Birds	Eagles Po	stgame Live	20 6	The Mike I	Missanelli S	Show (In Ste	reo) 🖸		
NICK	Loud	Loud	The Astron	nauts 🖻	Danger	Hustle	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	★★½ "The F	Proposal" (2	2009) Sandr	a Bullock. 🖾		★★½ "The I	Proposal" (2	2009) Sandr	a Bullock. 🖾	1	"Sarah
TBS	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	Fam. Guy	American	American	Conan	Seinfeld	Seinfeld
TCM	★★½ "Jailhe	ouse Rock"	(1957, Mus	ical)	**** "The Diary of Anne Frank" (1959) Millie Perkins. @				e Perkins. 🖾		"Odds Aga	ainst Tomor	row" 🖸
TNT	(5:30) ***	^½ "Crazy Ri	ch Asians"	(2018)	***/2 "Ocean's 8" (2018) Sandra Bullock. @ (DVS) "				"Miss Congeniality 2"		,		
USA	Chicago P	.D.	Chicago P	.D.	WWE Mon	day Night R	AW (In Ster	reo Live) 🖸			Miz &	Miz &	Mod Fam

TUES	DAY E	VENIN	G							NC	OVEME	BER 17	, 2020
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	NCIS 🖸 (D	VS)	FBI 🖸		FBI: Most	Wanted	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	The Bache	lorette (In S	Stereo) 📼 (D	VS)	Big Sky "P	iloť"	News	Jimmy Kin	nmel Live!
10-NBC	News	News	News	Holly	The Voice	00	This Is Us	(In Stereo)	Transplant	t	News	Tonight Sh	now
17-MNT	black-ish	Big Bang	Big Bang	Gold	Mod Fam	Mom	Gold	Mom	Action Nev	vs	Mod Fam	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Father Bro	wn 🖸	Durrells in	Corfu	Line of Se	paration	NJ Spotl	Drive-Hist	World
29-FOX	The Six	Extra	Dish Nat.	TMZ CC	Cosmos: F	Possible	NEXT "FIL	E 4"	Fox 29 Nev	vs at 10	News	TMZ CC	Dish Nat.
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Swamp Th	ing 🖸	Tell Me a S	Story 🖸	News	News	Creek	Broke Girl	Mike
A&E	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage
AMC	(5:30) ** "	Jack Frosť	' (1998) 🖸		** "Four (Christmases	s " (2008) 🖸		** "Fred C	laus " (2007	7, Comedy)	Vince Vaugh	nn. 🚾
CNN	Situation F	loom	E. B. OutF	ront	Anderson	Cooper	Cuomo Pr	ime Time	CNN Tonig	ht	CNN Tonig	ght	AC 360
DISC	Moonshine	ers 🖸	Moonshine	ers 🖸	Moonshine	ers 🖸	Moonshine	ers "Taming	Tickle" (In S	tereo) 🖾	1		Moon
DISN	Jessie	Jessie	Raven	Raven	Bunk'd	Bunk'd	Bunk'd	Raven	Raven	Raven	Sydney	Sydney	Jessie
ESPN	SportsCen	ter 🔤	Playoff To	p 25	College Fo	otball Tean	ns TBA.				SportsCen	iter 🖸	SportCtr
ESPN2	Daily Wage	er	SEC In	CFB 150	NBA: The	Jump	NBA Draft		•	inal Docum		Document	aries
FNEWS	Special Re	port	The Story		Tucker Ca	rlson	Hannity (L	ive) 🚾	The Ingrah	am Angle	Fox News	at Night	Tucker
FX	(4:30) "Tra	nsformers:	The Last K	night"	** "Skysc	raper" (201	8) Dwayne	Johnson.	** "Skysc	raper" (201	8) Dwayne	Johnson.	"xXx"
HBO	The Cost	"Beasts of	the Southe	ern Wild"	His Dark N	laterials	"David By	rne's Utopia	a"	The Shop	The Undoi	ng 🖾	Industry
HIST	Drilling Do	wn	The Curse	of Oak Isla	nd: Digging	J Deeper	Curse-Isla	nd	Beyond Oa	ak Island	Beyond Oa	ak Island	Oak Is
ION	Criminal M	inds	Criminal M	linds	Criminal N		Criminal N		Criminal M		Criminal M		Criminal
			tmas" (2019	/			•		"A Very Vi	•	`	,	" A
MAX	"Abra		g in Style" (. ,		oledown" (2			eans War"	· / ·	,	Warrior 🖸	
NBCSPA	Inside	List	•	wind From I	,				Nov. 15, 202	0. 🖸	NHL Hock	-	1
NICK	Loud	Loud	Loud	Loud	Sponge.	Sponge.		?" (2014) (In	,		Friends	Friends	Friends
PARMT			etting Sara	1				1	" (2013) Jen		1	"We're the	
TBS			Big Bang	•••	Big Bang		• •	0 0	Big Bang	Misery	Conan	Misery	Misery
TCM		e-Sierra Madre" MGM Women Make Film				-					Women Make Film 📧		
TNT	、 ,		" (2018, Cor	,,	**½ "The A-Team" (2010, Action) Liam Neeson.						1		,
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law & Ord	er: SVU	Mod Fam	Mod Fam	Mod Fam

WED	NESDA	Y EVE	NING							N	OVEME	BER 18	, 2020
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	The Amazi	ng Race	The Amazi	ing Race	S.W.A.T. 🛙	C	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Gold	House	Conners	black-ish	For Life 🖾	(DVS)	News	Jimmy Kir	nmel Live!
10-NBC	News	News	News	Holly	Chicago M	ed	Chicago F	ire	Chicago P	P.D.	News	Tonight S	now
17-MNT	black-ish	Big Bang	Big Bang	Gold	Mod Fam	Mom	Gold	Mom	Action Net	ws	Mod Fam	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Atlantic	The Arts	Trouble-M	aggie	My Mothe	r	NJ Spotl	Class	World
29-FOX	The Six	Extra	Dish Nat.	TMZ CC	The Maske	d Singer	I Can See	Your	Fox 29 Ne	ws at 10	News	TMZ CC	Dish Nat.
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Devils "Epi	sode 7"	Coroner (I	n Stereo)	News	News	Creek	Broke Girl	Mike
A&E	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court	Court
AMC	** "Four (Christmase	s " (2008) 🖸		** "Fred C	claus" (2007	7, Comedy)	Vince Vaugl	nn. 🖸	*** "The	Polar Expre	ess" (2004)	CC
CNN	Situation I	Room	E. B. OutF	ront	Anderson	Cooper	Cuomo Pri	ime Time	CNN Tonig	ght	CNN Tonig	ght	AC 360
DISC	Expedition	Unknown	Expedition	Unknown	Josh Gate	s Tonight	Expedition	n X 💷	Lost Relic	s of	Expedition	Unknown	Josh
DISN	Jessie	Jessie	Raven	Raven	Liv-Mad.	Liv-Mad.	Liv-Mad.	Big City	Big City	Big City	Raven	Raven	Jessie
ESPN	SportsCer	ter 🖸	2020 NBA	Draft The vi	rtual NBA D	raft hosted b	by ESPN fro	m its studios	s in Bristol, 0	Conn. (Live)			SportsC.
ESPN2	Daily Wag	er	College Fo	otball Tean	ns TBA.				NFL Live	CC	SportsCen	iter 🖸	NFL Live
FNEWS	Special Re	port	The Story		Tucker Ca	rlson	Hannity (L	ive) 🖸	The Ingral	ham Angle	Fox News	at Night	Tucker
FX	"Kingsma	n: Serv"	**½ "Kings	sman: The (Golden Circ	le" (2017) C	Colin Firth. 🖾		**½"King	sman: The	Golden Circ	ele" (2017) 🛙	C
HBO	Middle Be	ach	*** "The l	Invisible Ma	n" (2020) 'F	R' CC	"Crazy, No	ot Insane" (2	2020) 'NR' 🛙	:C	Industry 🖸		Murder
HIST	Forged in	Fire	Forged in	Fire	Forged in	Fire	Forged in	Fire 🖾	Wild	Wild	Forged in	Fire	Forged
ION	Blue Bloo	ds	Blue Blood	ds	Blue Blood	ls	Blue Blood	ds	Blue Bloo	ds	Blue Blood	ds	Blue
LIFE	"Forever C	Christmas"	(2018, Roma	ance) 🖸	"Christma	s on Wheel	s" (2020) Ti	ya Sircar.	"Candy Ca	ane Christm	nas" (2020)	00	"Christ
MAX	"Bio	** "Stube	r " (2019) (In	Stereo)	★½ "CHIPS	" (2017) (ln	Stereo)	* "Walk of	Shame" (2	2014) (In Ste	reo) 🖸	"Papi chu	o " (2018)
NBCSPA	On the Clo	ock	World Pok	er	World Pok	er	On the Clo	ock	On the Clo	ock	Bensinger	Brewing	In. Golf
NICK	Loud	Loud	Loud	Loud	The Astron	nauts 🖾	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	** "Nation	al Security	" (2003) (In	Stereo)	★★½ "The L	ongest Ya	rd" (2005) A	dam Sandle	er. (In Stereo)	"Long
TBS	Fam. Guy	Fam. Guy	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Full	Conan	Full	Seinfeld
TCM	"Guess W	ho's Comin	g to Dinner	" (1967)	*** "Body	and Soul"	(1947, Drar	ma) 🖸	**½ "The s	Sign of the	Ram"	"Stormy V	leather"
TNT	(5:30) * * ½	"Riddick" (2013) Vin Di	iesel.	All Elite W	restling: Dy	namite (Liv	e) 🖸	**½"Ridd	ick" (2013)	Vin Diesel. 🛙	C (DVS)	
USA	NCIS 🖾 (D	VS)		VS)	WWE NXT	(In Stereo L	ive) 🖸		Miz &	Miz &	Miz &	Miz &	NCIS: LA

THURSDAY EVENING NOVEMBER 19, 2020													
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00
3-CBS	News	CBS	Inside Ed.	ET	Sheldon	B Positive	Mom	Unicorn	Star Trek:	Discovery	News	Late Show	-Colbert
6-ABC	News	ABC	Jeopardy!	Wheel	Station 19	on 19 🖾 Grey's Anatomy		Million Little		News	Jimmy Kimmel Live!		
10-NBC	News	News	News	Holly	Super	Super	Law & Order: SVU Datel		Dateline N	Dateline NBC 📧		Tonight Show	
17-MNT	black-ish	Big Bang	Big Bang	Gold	Mod Fam	Mom	Gold	Mom	Action Net	ws	Mod Fam	Two Men	Two Men
23-PBS	NJ Spotl	Newsline	One/One	NJ Spotl	Orchestrat	ting Change	e (CC)	POV	"Saving Brinton"		NJ Spotl	The Arts	World
29-FOX	The Six	Extra	Props	Pregame	NFL Footb	all Arizona (Cardinals at Seattle Seahawks.		hawks. (In S	awks. (In Stereo Live)		Fox 29 News	
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Supernatu	ral 😳	Supernatu	iral 🖸	News	News	Creek	Broke Girl	Mike
A&E	The First 48 🖾		The First 48 🖾		The First 48 🖾		The First 48 🖾		The First 48		The First 48 🖾		First 48
AMC	Rudolph The Year Without a Santa			anta Claus	*** "The Polar Express" (2004) © ***				*** "Scro	*** "Scrooged" (1988) Bill Murray			"Na
CNN	Situation Room		E. B. OutFront		Anderson Cooper		Cuomo Prime Time		CNN Tonight		CNN Tonight		AC 360
DISC	Naked and	laked and Afraid Naked and Afraid			Naked and Afraid: Uncensored "Couches and			l Kill Zones" 🖾 🛛 🛛		Naked and Afraid		Naked	
DISN	Jessie	Jessie	Raven	Raven	Jessie	Jessie	Jessie	Bunk'd	Bunk'd	Bunk'd	Sydney	Sydney	Jessie
ESPN	SportsCenter 🗈		Football	College Fo	otball Tulane at Tulsa. (Live) 🖾			1	SportsCen	ter (Live) 🖸	er (Live) 🖸		
ESPN2	Daily Wager		SportsCenter 🖾		Spikeball		UFC Archival		UFC Archival		UFC Archival		UFC
FNEWS	Special Report		The Story		Tucker Carlson		Hannity (Live) 🖾		The Ingraham Angle		Fox News at Night		Tucker
FX	"Mission: Imp. 2"		** "The Equalizer 2" ((2018) Denzel Washingto		on. ** "The E		qualizer 2" (2018) Denz		Ű		Mike
HBO	(4:40) "Cast Away"		The Undoing 🖾		The Undoing 🖾		** "Little" (2019) Reg		ina Hall. 'PG-13'		His Dark	Undoing	Undoing
HIST	American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		American Pickers		Pickers
ION	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago
CIFE	"A Twist of Christmas		;" (2018) 🖸		"A Christmas Wish" (2019) Hilarie Burton.			e Burton.	"The Magical Christmas Sho			(2019)	"Christ
MAX	*** "The	Others" (20	01) Nicole Kidman. "Bordertown" (2007) Jennifer Lopez. 🖾					oez. 🖸	*** "The Debt" (2010) Helen Mir			ren.	Warrior
NBCSPA	Quick Quick The Mike Missanelli Sh										Quick	Natl Dog S	
NICK	Loud						· ·		Friends	Friends	Friends		
PARMT	Two Men	Two Men		· · ·	· · ·	iola Davis. (· · · ·	1		Help" (201	,	vis. (In Stere	0)
TBS			•••	• •	• •	Big Bang	• •	• •	•••	•••		Seinfeld	Seinfeld
TCM	· /		olves" (1980)							** ^{1/2} "Home of the Brave"		*** "Pinky" (1949)	
TNT	•				★★½ "Solo: A Star Wars Story" (2018) Alden E						"Solo: A Star Wars Story"		
USA	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Chrisley	Miz &	Chrisley	Chrisley	Chrisley





DOES YOUR DOG SUFFER FROM YEAST INFECTIONS?

Submitted By Patsy Nelson

I thought this article would be worth repeating for anyone that missed it. As I mentioned in a previous article, yeast problems can be a chronic situation mostly affecting the ears but it can also affect other areas. Most of what will be presented here is based on an article by Dr. Karen Becker and Healthy Pets.

"The typical normal, healthy flora of dogs is a naturally occurring staph, as well as a light layer of naturally occurring yeast." If a dog or human being have a balanced immune system, the yeast does not pose any problems. If the immune system is underactive, yeast becomes more prominent. If the immune system is overactive, allergies result which can also lead to an overabundance of yeast. Dogs that are immunesuppressed can end up with serious yeast infections too. The usual medical response is to put your dog on steroids to help reduce the symptoms, but that does not address the underlying cause and can have its own subsequent undesirable affects. I am not personally a fan of steroids. If your dog's immune system is deactivated with drugs, yeast blooms can occur. If the prescribed medical defense are antibiotics, then yood as well as bad bacteria is destroyed which can make yeast problems worse. (Nomen taking antibiotics are often guided to replenish the good bacteria needed to ward off yeast infections.) A dog with allergies can even develop an allergy to his yeast. "Intradermal tests often reveal that a dog is having an allergic response to his own natural flora." A dog suffering from acute allergies can be red and irritated all wer his body. "Definitive diagnosis by a vet of a yeast infection is accomplished either by cytology (looking at a skin swab under a microscope) or by culturing (submitting a sterile swab of the skin to the lab where the cells are grown and identified on a petri dish).

Most owners will be able to ascertain that their dog has a yeast problem due to the pungent, unpleasant odor. Healthy dogs do not have a "doggy odor." If you cetect a musty smell on your dog's paws or ears or other areas of her body, you are mostly like witnessing a yeast overgrowth. Yeast overgrowth is extremely itchy, so if your dog is scratching excessively, licking her paws relentlessly, and possibly scooting on her behind, (and you have ruled out fleas and impacted anal glands) you must address her issues as an abundance of yeast. I think that Zoey is having a paw yeast problem.

According to the experts, dogs with an overabundance of yeast, need to be put on an anti-yeast diet. "An anti-yeast diet is also an anti-inflammatory and species-appropriate diet." Yeast thrive on sugar, and carbohydrates which break down into sugar. Some foods and treats for pets may blatantly admit to added sugar. But honey can be energy for yeast, as well as high fructose corn syrup and white potatoes and sweet potatoes. If possible, avoid corn, wheat, and rice. This article does not mention peas. Some sites do. Dr. Becker suggests adding a small amount of garlic or oregano to the diet as these have anti-fungal and anti-yeast properties.

Dr. Becker warns against continuing to add salves or ointments to affected areas. without removing the build-up of layers of dead yeast, and disinfecting the area. Just piling on more ointment can make matters worse. Dogs that have constant ear problems will need to have them disinfected (and dried) several times a week, if not every day. The amount of cleaning depends on the build-up of debris. Yeasty paws are due to the yeast embedded between the foot pads and under the nail beds. Especially if here is an abundance of humidity, as in summer months. Yeast can affect the armpits, groin, vulva and anus. All these areas need to be disinfected. Make a foot soak of "a gallon of water, a cup of hydrogen peroxide, and 1-4 cups of white vinegar." Do not rinse. Then pat the paws dry. Leaving the solution to dry on the pet will speed healing and decrease licking. Use an anti-fungal shampoo, as often as you deem necessary, on the entire dog's body, if the yeast is plentiful. Do not use oatmeal-based shampoos, as oatmeal is a grain that encourages yeast. Tea-tree or herbal shampoos are safe. A rinse of a gallon of water with a cup of vinegar (especially on black dogs) or lemon juice with 20 drops of peppermint essential oil, (do not rinse off) will leave your pet feeling and smelling good. Never pour these rinses near the face or eyes, just dampen around with a cotton ball. Yeast problems can be seasonal. If your dog suffers year-round, consult your vet about your pet's immune system.

Thank you to those who support us beyond the monthly bag of cat or dog food. That will not sustain us. We want to remain a help to the community and the pets you love, but it is an uphill battle. We special order and we can deliver.



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