













CHALLENGE

	1	2	3	4			5	6	7	8	
9							10				11
12				13	14	15			16		
17			18		*			19		20	
21		22						23	24	*	
	25*				Which most			26			
	27				cou	ntry sia?	-	28			
29						ora .		30			31
32			33	34	35	36	37			38*	
39		40		41					42		
43			44*				45	46			
	47						48				

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- 1. Sitcom set in wartime
- 5. Linear measure
- 9. Jackie Kennedy's predecessor
- 10. Tennis racket shapes
- 12. Frozen
- 13. Genuine
- 16. Stinger
- 17. Largest of 50: abbr.
- 18. Opening sextet
- 20. Gore or his dad
- 21. Suffix for gang or prank
- 23. Part of the arm 25. Shack
- 26. Atlantic resort, for short
- 27. Prior to
- 28. Elem. school subjects
- 29. Chocolate toffee candy bar
- 30. Boat propellers
- 32. Hanger-__; leech
- 33. Cowardly
- 38. Suffix for book or cook 39. "O Sole __"; gondolier's song
- 41. "Ciao!" (hyph.)
- 42. Years of life
- 43. D-sharp (hyph.)
- 45. Sepulchers
- 47. St. Vincent Millay
- 48. ASPCA advice

DOWN

- 1. Song that won Bobby Darin a Grammy (3)
- 2. Grant or Carter

- 3. Yes, in Málaga
- 4. Rosemary, for one
- 5. Burrowing animal
- 6. Four 7. Blood analysis site
- 8. Song that won Paul McCartney a Grammy (2)
- 9. War casualties, for short
- 11. Ward, for one
- 14. Clapton's initials
- 15. Commercial
- 18. Blood vessel
- 19. Forehead wrinkle
- 22. Today's Italian currency
- 24. Old Italian currency 29. Partial amount
- 31. Chocolate candy store
- 34. Singer James
- 35. So. state
- 36. Columbo's title: abbr.
- 37. Quaker product
- 40. Vintage
- 42. "I ____ Rock"; 1970s song
- 44. Least-used article
- 46. Preminger's initial

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HOROSCOPE

ARIES (Mar. 21- April 20)

Social events held in your home will be successful and entertaining for all. Your communication skills will bring you popularity and increased self esteem. Don't evade issues or twist the bruth around. You can make major gains if you talk to your boss about your findings.

TAURUS (Apr. 21- May 21)

You may want to take a serious look at your goals and objectives. Don't be disappointed if you don't get your way emotionally. Control your anger. Unexpected visitors will be a welcome surprise.

GEMINI (May 22-June 21)

Don't hesitate to take short trips. Not everything you hear will be legitimate. You can come up with solutions to the problems responsible for inefficiencies at work. Equilibrium in your romantic life is likely if you treat your partner well.

CANCER (June 22-July 22)

It's time to make professional changes. You have a lot to offer. You will also encounter individuals who can help you further your goals. Try not to allow your partner to lead you astrey or upset your routine.

LEO (July 23-Aug 22)

Be fair, not colorful. Stay away from social unpleasantness. Your communication skills are at an all-time high. Someone close to you will get upset easily if you are insensitive to their needs.

VIR60 (Aug. 23 - Sept. 23)

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You should take good care of your health; get lots of rest. You can continue to make-pains if you call a few people who can help you close an important deal. You will be looking for creative ways to make a little extra cash. You may overspend if you travel this week; however, the trip will be one to remember.

LIBRA (Sept. 24 -Oct. 23)

You can utilize your versa tile mind and dazzle others with your speed and accuracy. They will not be in the right frame of mind to put up with tactless comments. Don't be too quick to judge your loved ones. Leave your checkbook and credit cards at home.

SCORPIO (Oct. 24 - Nov. 22)

You must avoid gossip and focus on what you have to do. You have bent over backward trying to help them and now it's time to let them stand on their own two feet. It may not ve the best day to confront employers or to present your ideas. For now just do the best you can.

SAGITTARIUS (Nov. 23 -Dec. 21)

Acknowledge your lover's needs. Your attitudes at work will open new avenues for you. Underhandedness regarding legal matters or contracts must be counteracted. Talk about your intentions and confirm that you both feel the same way.

CAPRICORN (Dec 22 - Jan. 20)

You can gain approval, get kudos, and ask for help if you put a little heart into your speech or request. You will have a little more energy than usual. You will be able to dazzle others with your obvious charm and your outgoing nature. You may find your nights sleepless viue to bad dreams.

AQUARIUS (Jan. 21 - Feb. 19)

Your interest in helping others may take you back to school. Get involved in philosophic groups that will enlighten you. Don't overlook that fact that someone you care about may be hiding something. Don't even bother trying to get their approval on the things you want to do.

PISCES (Feb. 20-Mar. 20)

Pleasure trips will be a form of healing for your emotional state of mind. You can stabilize your financial situation if you make property investments. Overindulgence may be a problem. Opportunities to make financial gains will develop through your connections with other people.



It's so good, you can't stop!





ICE CREAM • MILKSHAKES • MINI-GOLF OPEN WEEKDAYS # 4P • SAT & SUN # NOON CLOSED TUESDAYS





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NOW OFFERING OUR SOFT OPEN MENU

MENU WILL CHANGE ON GRAND OPENING DAY!

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CHICKEN

SOME OF OUR FEATURED DISHES:

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NAAN



GRUBHUB

VEGETABLE SAMOSA



OPEN DAILY LUNCH 11 - 3 • DINNER 5 - 9:30 WEEKENDS TILL 10:30

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GET LOST IN THE EXCITEMENT!

Here are some of the fun events happening in the Wildwoods:

JULY 14-16 NJ Jeep Beach Invasion JULY 29-30 Ultimate Beach Frisbee Tournament

JULY 14-16 NJ State BBQ Championship & Anglesea Blues Festival

JULY 20 | AUG 3 Anglesea Night Markets & Food Truck Festivals

> JULY 22 Christmas in July Festivals & Golf Cart Parade

JULY 26 Wildwoods Baby Parade

> JULY 29 Jus Nice Sneaker Convention

JULY 29 Crest 5K Beach Run Festival
AUG 11-13

AUG 11-12

Latin Music Beach

Tattoo Beach Bash

AUG 11-13 & 18-20 Baseball on the Beach

AUG 25-27 Sports Card, Toys, Comics & Collectibles Show

AUG 26 Triathlon, Wild Child Triathlon & 5K

> SEPT 3 End of Summer Block Party

WILDWOODS ISLAND SHUTTLE: LEAVE THE DRIVING TO US

Jitney Service from Diamond Beach to Olde NJ Ave... and everywhere in between! ~ Download the Free Jitney Surfer App ~

Plan your visit today and enter to **win a free family vacation**. Visit **WildwoodsNJ.com** or call **800.992.9732**.



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The Only Bagel Shop on the Island Serving Mimosas & Bloody Marys!

Mary

Bloody Mimosas

Open for Breakfast & Lunch 3500 Atlantic Ave • Wildwood (609) 522-2431

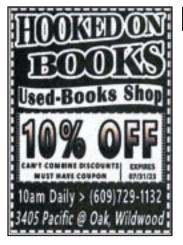


FROM 2:30P SEAFOOD • STEAK CHICKEN • PASTA CHILDREN'S MENU DINE-IN TAKE-OUT









AROUND THE CAPE

Wildwoods

NJ State BBQ Championship & Anglesea Blues Festival

Experience the BEST in Barbeque and Blues at this exciting three day festival held at 2nd and Olde New Jersey Avenues and surrounding pubs in North Wildwood. Event features live cooking demonstrations, incredible food and top regional and national blues acts on our FREE main stage. Friday: 4 p.m. – 10:30 p.m.; Saturday: 11 a.m. – 4:30 p.m.



COOK AT THE GRANDE CAFE



3001 Pacific Ave., Wildwood, NJ • 609.522.5223 (at Glenwood) • OneFishTwoFishRestaurant.net PAGE 14

New Jersey Jeep Beach Invasion July 14 - 16

The New Jersey Invasion is an annual all JEEP event held on the beach in Wildwood, New Jersey. The New Jersey Invasion offers three days of Jeep activities, access to the industry's top vendors, and an opportunity to play on our exclusive beach obstacle course powered by Rausch Creek Off-road Park. Oh, and don't forget our huge raffle! It is definitely a one of a kind event that you don't want to miss out on and it's FREE to spectate. Fri. & Sat.: 9 a.m. -5p.m., Sun: 9 a.m. -1 p.m. Thursday night features a pre kick-off







APPETIZERS

Friet	- T
Old Bay Pries	7.50
Boom Boam Shreege	
Decenul Stremp (7)	
C Jumber Silvimp Cocktail (7)	- 15
Steamers (15)	- 14
Buffet, garfie & arive of or merituale	
Mussels (1/b.)	
read on white	
Meggarelia Sticks (8)	T
Sheak Cut Onion Rings (8)	
Fried Clams	- 11
Fried Calamari	- 32
Autobo Wings (R)	
Oteesar Steam Egg Hulls (21.	-12

SOUPS

Servers available for balloout by	the port of post?	
New England Clam Chowder .	. 9.50 Pt. 17 QL	
Manhattan Cham Chawler	0.50 Pt. 17 QL	
Laboler Disquit	9.50 Pt. 17 Qt.	

SALADS

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PASTA

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Linguine with Clemp	- 24
Linguine with String	
Chicken Parer with Linguise	
Linguine with Scallops	
Linguine with Mushels	



SEAFOOD PLATTERS

COMBINATIONS

& DINNERS

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SANDWICHES

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Fresh Ground Salmon Burger	14
Grifed Chicken Breast	10
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FOR THE KIDS

Chicken Fingers & Frees	10
Fried Flourider & Fries	- 10
Cheesaburger & Fries	
Mac & Chente & Fres	
Linguine with butter or marina	

FULL SERVICE FISH MARKET 1.2

of Scallege, Clarm, Oyslers, Fish & Cra The Fresherd Fish Ready To 8800 609-522-9582 0 ---

	party at the Club at Diamond Beach. \$10 per person dona- tion at the door for Tread Lightly. Enjoy a cash bar, cash food, live music and Jeep parking on the beach! Friday night kick-off party hosted by Jeepers Back the Blue, is also a fundraiser for the Back the Blue charity. This will take place at the Naval Air Station Wildwood and is a \$10 donation at the door. Saturday night from 6 p.m. – 10 p.m. is our big Community Night in Fox Park in Wildwood and it's open to everyone! It's our way of saying thanks to Wildwood for hosting Jeep Invasion. There will be DJ Karaoke till the sun goes down, then Jurassic Park will be show- ing on the big screen. 2023 is the 30th anniversary of Juras- sic Park, and there will be a few very rare Jurassic Park Jeeps in attendance and on display! We will also have a bounce house for the kids, dinosaur themed of course, and a magician wan- dering the grounds entertaining children and adults alike. There will also be a small Jeep display around Fox Park. FREE for any-
173	around Fox Park. FREE for any-
KET 🧷	one to attend!
search	HISTORIC COLD SPRING VILLAGE
FEK	Automobiles, Planes and
	Trains Weekend - July 15 & 16 Cruise into Historic Cold Spring
NE	

15 & 16 ld Spring Village for the Annual Automobiles, Trains, and Planes Week-end! Classic Cars will be on display from 11 a.m. - 3 p.m. on Saturday and Sunday. See beautifully restored and preserved vehicles parked along the Vil-











CHEF CHIP'S WILD GAME AND SEAFOOD RECIPE **GRILLED CARIBBEAN SHRIMP W/ MANGO COULIS**

INGREDIENTS:

- 16 Extra Large Shrimp
- 1 Mango, Seeded & Choppped
- 1/2 Tsp Fresh Chopped Ginger
- 1 Tbs Granulated Sugar
- 1 Tbs Olive Oil
- Caribbean Jerk Spice to Taste
- 4 Skewers

PREPARATION:

Soak skewers in water for at least 10 min if using wood or bamboo. In a small sauce pot, mix mango, sugar, & ginger together. Heat over medium low heat. Allow mixture to cook down & have the mangos soft. Puree the mixture in a food processor or blender. Strain through a wire mesh strainer. Keep mixture covered & warm until ready to use. Preheat grill to medium high heat. Arrange 4 shrimp on each skewer. Brush shrimp w/ oil. Season shrimp thoroughly w/ Jerk spice. Spray the grill w/ nonstick spray. Lay skewers on grill. Sear shrimp on 1 side. Flip shrimp over to another prepared area of the grill. Continue grilling until shrimp is just cooked through (opaque). Serve w/ sauce on side, on top, or underneath. Enjoy!



The objective is to fill the grid so that each column, each row, and each of the nine 3x3 boxes contains the digits from 1 to 9.

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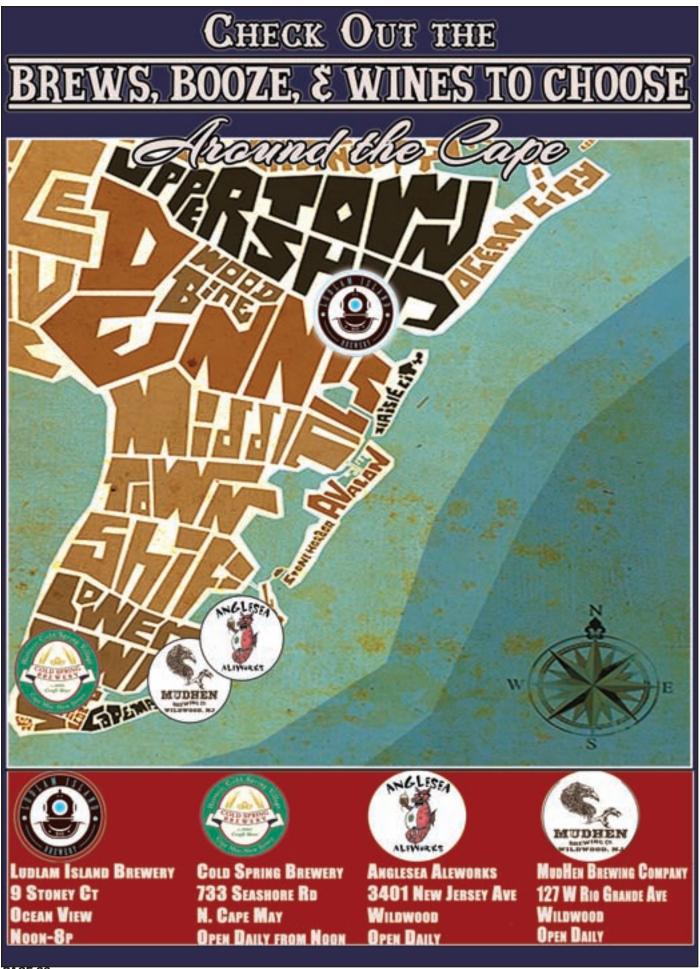








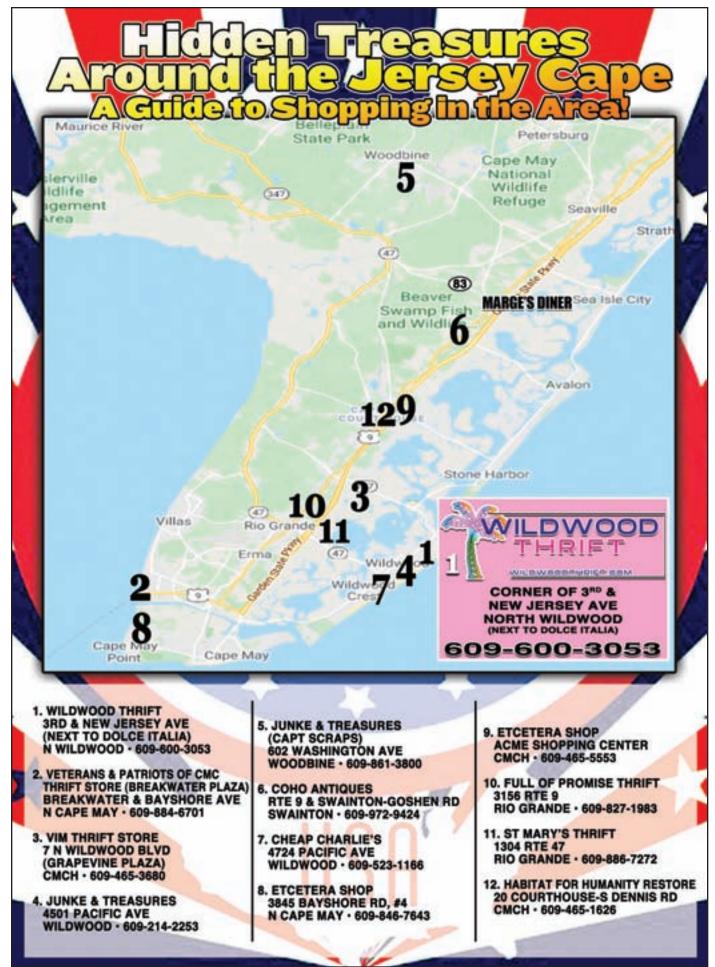




















SATU	RDAY	AFTEF	RNOON								J	ULY 15	5, 2023
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Hope-Wild	PGA Tour	Golf Genesi	s Scottish O	pen, Third F	Round (N) (L	ive)	BIG3 Bask	etball Week	4 (N) (Live)		
6-ABC	oh baby!	Hearts of	Vets-Pets	Traveler	Nutriseal	Featured ⊺	he Speech	2023 Wimb	ledon Char	npionships	s (N) (Live)		
10-NBC	One Team	Earth Ody.	Wild Child	Paid Prog.	Chasing G	old	Golf Ameri	can Century	Champions	hip, Second	Round (N)	(Live)	
17-MNT	(11:00) Tru	Paid Prog.	Paid Prog.	RVing	Raw Travel	Pawn Stars	Pawn Stars	S.W.A.T. "S	School"	S.W.A.T.		Sheldon	Sheldon
23-PBS	(9:00) Les I	liserables	Yoga-Arthr	itis	Memory Ma	akeover		People	Steven	Dooky	Jazzy	Drive	State-Aff
29-FOX	True Crime	Paid Prog.	Paid Prog.	True Crime	e 2023	Paid Prog.	Paid Prog.	Special	Special	Comedy.T	v	Extra (N)	
57-CW	Paid Prog.	Weather G	one Viral	SOS: How	to Survive	The First 4	8	True Crime	Paid Prog.	ICRIME	iCRIME	Short Film	s
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DISC	(11:00) Ex	Expedition	Unknown	Expedition	Unknown	Naked and	Afraid "Ma	king Enemie	s Fast"	Naked and	d Afraid "Ca	che Me if Yo	u Can"
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	(11:00) Sp		UFC Live	UFC Unlea	shed	Pickleball	PPA Tour: D	Denver Open	(N) (Live)	AKC Disc	Dog Challer	nge 2023	
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SATU	RDAY	EVENI	NG								J	ULY 15	5, 2023
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Ent. Tonigh	ht (N)	NCIS "Prima	al Fear"	48 Hours		48 Hours		News (N)	GameTime	Magnum
6-ABC	News (N)	WorldNe	FYI Philly	Wheel	WNBA (N)	WNBA Tea	m Wilson vs	s. Team Stev	wart (N)	WNBAPo	News (N)	News (N)	Jeopardy!
10-NBC	News (N)	NBC News	MLB Baseb	ball San Die	go Padres a	Philadelph	ia Phillies (N	N) (Live)	America's	Got Talent	News (N)	Saturday N	light Live
17-MNT	Big Bang	Big Bang	Big Bang	Big Bang	Chicago P.	D.	Chicago P	.D.	Action Nev	ws at 10 (N)	Philler	Delco Duo	Mom
23-PBS	Eat-Argue	NJ Spot	NYC Arts	State/Arts	Old House	Old House	Show Me	McLeod	(:15) Love '	'Episode 7"	Celebrity 1	Frip	Endeavour
29-FOX	Special	Special	MLB Baseb	ball Los Ang	eles Dodger	s at New Yo	ork Mets (N)	(Live)	News (N)		Special "C	ourage"	The Pulse
57-CW	Law-SVU "L	_ocum"	FamFeud	FamFeud	Greatest G	eek (N)	WhoseLine	WhoseLine			WOW - Wo	omen	Neighbor
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AMC	(5:00) 🈤 The	e Hunger G	ames: Catc	hing Fire	¥*★★ The	Hunger Ga	ames: Mock	kingjay, Par	t 1 ('14)	😤 The Hun	iger Games	: Mockingja	y, Part 2
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SUND	AY AF	TERNO	DON								J	ULY 16	6, 2023		
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30		
3-CBS	Paid Prog.	PGA Tour	Golf Genesi	s Scottish O	pen, Final F	Round (N) (L	ive)	LPGA Golf	Dana Oper	ı, Final Roui	nd (N) (Live)	Golf Res.	Golf Res.		
6-ABC	Inside	Action Nev	vs (N)	Black	Gospel Mu	sic (N)	(N) Red Carpet 2023 Wimbledon Cha			mpionships (N) (Live)					
10-NBC	Issue	Play It (N) One Team Paid Prog. Recap Stag			ge 15 (N)	5 (N) Golf American Century Champions				hip, Final Round (N) (Live)					
17-MNT	Paid Prog.	Paid Prog.	True Crime	In Focus	This Week	Good Dr "I	ncomplete"	Pawn Stars	Pawn Stars	Pawn Stars	black-ish	Philler	black-ish		
23-PBS	Think Tank	State-Aff	JSchwan	Lidia	Milk	Kitchen	Table	Demystifyi	ng Detox	•	•	Ken Burns	: Baseball		
29-FOX	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	True Crime	2023	Paid Prog.	Special	Special	NHRA Dra	g Racing				
57-CW	Paid Prog.	World's	World's	Storm of S	uspicion	First 48 "O	ne of Ours"	Paid Prog.	Transform	Major Crin	nes	Law-SVU "	Behave"		
A&E	(11:00) Zo	Zombie Flip Storage 👯★★ White				e House Do	wn ('13) Jar	mie Foxx, Cł	hanning Tatu	tum. Findependence Day: Resurgence					
AMC	Movie						t 2 ('15) 😤 ★ The Lost World:				: Jurassic Park ('97) Jeff Goldblum.				
CNN	(11:00) Insi	State of Union Faree			areed Zakaria GPS C		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		CNN Newsroom (N)		
DISC	(11:00) Gol	Naked and Afraid "Burned and On Notice"				Naked and Afraid "Cutthroat to the			Bone"	one" Naked and Afraid "Cla			ass Three Warfare"		
DISN	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Disney 100	Movie		
ESPN	(9:00) Wim	2023 Wimb	ledon Char	npionships	Ladies' Dou	bles Final (N) (Live) The Ultimate Fighter				NBA Basketball Teams TBA (N) (Live)					
ESPN2	(11:00) Sp	30 for 30		30 for 30		30 for 30		30 for 30					PFL 2023		
FNEWS	(11:00) Me	Fox News	(N) (Live)	Fox News (N) (Live)		FOX News Sunday		Maria Bartiromo		Fox News (N) (Live)		The Five			
FX	ਝ਼*★★ The ľ	Mummy ('17) Russell Crowe, Tom Cruise.				★★★ Mission: Impossible Rogue Nation ('				15) Tom Cruise.			Impossibl		
HBO	Movie	(:05) * ★ Shazam! Fury of the Gods ('23)				(:15) Bei r	ng Mary Tyl	ler Moore ("2	er Moore ('23)		(:20) Gemstones		(:55) ∵★★ The Circle		
HIST	(11:00) Ame	erica "Empir	es Lost"	Booze, Bets and Sex		Sin Cities"		Built America		Built America		Built America			
ION	(11:00) NC	NCIS "Gut Check" NCIS "Devil's			s Triad" NCIS "Homesick"			NCIS "Kill Chain"		NCIS "Double Back"		NCIS			
LIFE	Movie	Presenter Me, Mommy? ('20)				A Mother Knows Worst ('20) Katie Leclerc.				Prouble Mommy ('16) Morgan Obenreder.					
MAX	(10:10) 뿢 G	Gone Girl (:40) 😤 The Transporter Refue			r Refueled	d (:15) फ़ ★ ★ Run All Night ('15) Lian			n Neeson. (:10) **★ Old ('21) Ga			ael García Bernal.			
NBCSPA	Nutriseal	Closet	Phillies	Phillies	MLB Basel	ball San Die	go Padres a	at Philadelph	ia Phillies (N	I) (Live)	Phillies (N) (Live)	Harness		
NICK	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB	SpongeB		
PARMT	(11:00) Bar	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		BarRescue (:55) Bar Re		escue	BarRescue		
TBS	(:45) 號★★★	5) **★★ Wonder Woman ('17) Chris Pine, Gal Gadot.					(:45) * ★ ★ Wonder Woman 1984				('20) Chris Pine, Kristen Wiig, Gal Gadot.				
TCM	(:45) 號★★★	45) \\ ★★★ Gaslight ('44) Charles Boyer. (:45) \\ ★★ 1					The Cobweb ('55) Richard Widmark.				. State of the second				
TNT	(11:00) NC	00) NC The Lazarus Project ♀★★★ The Suicide Sq					largot Robbi	ie.	(:45) 🛠★★	Justice League ('17) Henry Cavill, Ben Affleck.					
USA	(11:00) La	00) La. Motocross Spring Creek National (N) (Live) NASCAR. NASCAR Cup Series Crayon 301 (N) (Live)													

SUNDAY EVENING

JULY 16, 2023

SUND	AYEV	ENING									J	ULY 16), 2023
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	CBS News	News (N)	60 Minutes	(N)	Tough as I	Nails (N)	The Equali	zer	NCIS: LA "	Shame"	News (N)	(:35) Sports	J.Osteen
6-ABC	News (N)	WorldNe	Fun Videos		()		Celebrity Fam (N)		Pyramid (N	1)	News (N)	News	FYI Philly
10-NBC	News (N)	NBC News	Ninja Quali	fiers 3	Ninja Qualifiers 4		America's Got Talent		'Auditions 5"		News (N)	(:50) Philly	Bensinger
17-MNT	Two Men	Two Men	Goldbergs	Goldbergs	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Action Nev	ws at 10 (N)	Seinfeld	Seinfeld	Outdoors
23-PBS	(5:00) Ken James Taylor: One Man Band				3			Luther Vandross			Inside the	Miriam and	
29-FOX				(N) (Live)	Gold Cup	Final: Teams	TBA (N) (Live)		News (N)		News (N)	The Pulse	Paid Prog.
57-CW	Law & Order: SVU Fan		FamFeud	FamFeud	The Chosen (N) (P)		Animals		Magnum P.I.		WOW - Women		King
A&E	(4:30) 🛠 Independenc WWE Rivals			s	WWE Rivals Kids in a			Cage (N)			(:05) WWE	WWERiva	
AMC				Dern, Jeff Go	oldblum, Sar	n Neill.	Walking Dead (N)		(:15) Walking Dead		(:20) **★★★ Jurassic I		Park ('93)
CNN	CNN Newsroom (N) CNN Newsroom (N)			CNN Spec See It Loud (N)			History of the Sitcom		CNN Spec		See It		
DISC	Naked and	Afraid "Leg		()	Naked and Afraid: Last One Standing "Down				to the Fire"	(N)	(:10) Afraid		Naked
DISN	(5:50) 🈤 Be	auty and th	e Beast	€*** Wre	eck-It Ralph ('12) (:15) Hailey (:45) The Vi			Illains "Party People"		(:15) Disney 100		Bluey	
ESPN	Countdown (N) (Live) MLB Baseball Houston Astros at Los A						Angels (N) (Live) SportCtr (N) (Live)				SportsCenter (N) (Live)		
			s TBA (N) (L	,	NBA Basketball Teams TBA (N) (Live)				NBA Basketball Teams TBA (N) (Live)			_ive)	Wimbledo.
FNEWS	Fox Report (N) (Live) Weekend (N) (Live)			Life, Liberty (N) Sunday Night (N)					.,		Sunday		
FX	(5:00) 🐕★★	★ Mission:	Impossible	Fallout	★★ The Fate of the Furious ('17) Dwayne Jo				· ·		*★★ The Fate of the F		Furious
HBO	Movie (:45) *★★★ Live Free or Die Hard								Gemston Gemston		(:20) Last Call: Killer		Gemston
								()		(:05) Built America		(:05) Built America	
	NCIS "Bulletproof" NCIS "Dressed to Kill"						,			NCIS		NCIS	
	My Mom's Darkest Secrets ('20) Nia Roam.							· / / ··	,	16) Melissa	6) Melissa McCarthy.		
MAX	*★★ Anna ('19) Luke Evans, Sasha Luss.								-		(:35) 號★★		Predator 2
		Bensinger	()				J		MLB Baseball		. <u></u>		Poker
NICK		SpongeB				udy With a	Chance of			Friends	Friends	Friends	Friends
PARMT	. ,	. ,	The Fangs of		()		(:15) 1883 "Boring the D						-
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	()				*★★ Wonder Woman		1984 ('20)
					~ 0	nt Road ('53	,	₩★★ Never Fear ('5				creenings	
TNT	*★★ Aquaman ('18) Amber Heard, Willem Daf						Lazarus Pr			਼ੈ*★★ The	quad ('21)		
USA	NASCAR Law & Order: SVU Law-SVU "			Service" Law & Order: SVU Law & O			Law & Ord	ler: SVU Law-SVU "		Mama" Law & Order:		er: SVU	
DAGE 3													







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Make your summer ride shine with a fresh coat of wax. But not just any old wax will do to achieve that auto-show glossy shine.

Ceramic-based waxes and polishes have become the "it" product for achieving the ultimate shine for your vehicle. Traditionally, carnauba and silicon products have been a staple of car pros for years.

"Carnauba products typically will give you a nice glow and will give some good protection," Mike Pennington from Meguiar's said recently. "But they will have the least number of protective qualities. "Polymer waxes were the next generation of protective barriers," Pen-nington said. "And while they are much better than carnauba, ceramic-based products give you the most protection against the elements and they tend to last the longest."

But it isn't just about looks, it's about both beauty and protection. "Whether you go on a road trip, a weekend getaway, or simply a day trip, your vehicle will be exposed to a variety of contaminants," Pennington said. "A protective layer of wax will be a sacrificial barrier that allows you time to wash and/or wipe off any contaminants that if left on too long, may damage the topcoat of your paint." Benefits of using a ceramic-based wax

 Supreme Protection: Ceramic-based waxes and polishes create a durable and protective layer on your car's paintwork. Unlike traditional waxes, ceramics bond chemically with the surface, forming a strong and resilient shield.

 Extreme Durability: Ceramic-based products offer superior durability compared to conventional waxes and polishes.

The ceramic particles used in these formulas are highly resistant to heat, chemicals, and abrasion. As a result, they provide long-lasting pro-tection that can withstand harsh weather conditions, frequent washing, and exposure to road debris.

 Hydrophobic Properties: Ceramic coatings possess exceptional hydrophobic properties, meaning they repel water and other liquids effectively.

This hydrophobic nature creates a self-cleaning effect, allowing water, dirt, and grime to slide off the surface with ease. This not only keeps your car clean for longer but also makes it easier to wash and maintain.

Enhanced Gloss and Depth: One of the most visually appealing aspects of ceramic-based waxes and polishes is their ability to provide

an incredible gloss and depth to your car's paintwork. The ceramic particles fill in microscopic imperfections on the surface, creating a smooth and reflective finish that enhances the color and clarity of your vehicle's paint. The result is a showroom-worthy shine that turns heads wherever you go.

PAGE 40





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na s So tasty you might be

tempted to use both at once.

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MONE	DAY EV		2								J	ULY 17	7, 2023
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Neighbor	Bob Heart	NCIS		NCIS: Haw	ai'i	News (N)	(:35) Colbe	rt
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Claim to F	ame (N)	The Bache	elorette (N)	1		News (N)	(:35) J. Kim	nmel
10-NBC	News (N)	NBC News	News (N)	Hollywood	Ninja Qual	ifiers 7 (N)	The Wall		Weakest L	i nk (N)	News (N)	(:35) Tonig	ht Show
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Friends	Friends	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	NJ Spotl	Newsline	One on O	NJ Spotl	Life: First	Steps	Ancient SI	kies	Teen Regir	ne	NJ Spotl	One on O	BBC New
29-FOX	The Six	The Pulse	TMZ (N)	You Bet	Stars on N	lars (N)	Kitchen (N	1)	News (N)		News (N)	ClassH	Extra (N)
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	The Rising	j (N) (SF)	Nancy Dre	¥W	News Phill	y (N)	Law-SVU "	Closure"	Neighbor
A&E	Secrets of	Playboy	Playboy "⊺	he Circus"	Secrets of	Playboy	Playboy (N	N)	Miss Amer	ica (N)	(:05) Playb	оу	Playboy
AMC	(5:30) 🈤 Mui	mmy: Tomb	of the Drag	on Emperor	ਝੈ★★ The	Mummy ('99) Rachel We	eisz, Brenda	n Fraser.	(:45) 😤★★	The Mumm	y Returns ('	01)
CNN	Situation (N) (Live)	OutFront (N) (Live)	•	0 (N) (Live)	. , .	,	CNN (N) (L	,	CNN (N) (L	.ive)	Cooper36
DISC	Street Outl	aws: Mega	Street Out	laws (N)	Street Out	laws: Mega	"Let's Get Boosted" (N) Street C		Street Out	eet Outlaws (N)		laws	Outlaws
DISN	Hamster &	Hamster &	Kiff	Kiff	਼ੈ*★★★ Ins	ide Out ('15)	(:40) Hailey	(:05) Hailey	Hailey	Villains	Villains	Bluey
ESPN	SportCtr (N	N) (Live)	ESPN Film	S			NBA Bask	etball Team	s TBA (N) (L	.ive)	SportCtr (I	N) (Live)	SportCtr
ESPN2	(5:00) Bas	Pardon	Boy's High	n School Ba	sketball	E60	Boy's High	h School Ba	sketball	PFL 2023	Boy's High	n School Ba	sketball
FNEWS	Bret Baier	(N) (Live)	Jesse (N) ((Live)	Fox News	(N) (Live)	Hannity (N	I) (Live)	Ingraham (N) (Live)	Gutfeld! (N	1)	Fox News
	(4:30) 🈤 Iro		~	(, ,	Paltrow, Rob	,		Dogs (N)	• • •	£★★★ Lo		
HBO	(:20) फ़्रै★★ (Office Spac	e ('99) Ron	Livingston.	(:55) Second Best Exotic Marigold Hotel			Gemston	(-)		(:35) The W	/eeknd	
		'The Final H	unt for D.B.	Cooper"	History's-I	Nysteries	Mysteries	()			(:05) Myste FBI	ries	Mysteries
	Criminal M		FBI "Scorch	hed Earth"		FBI "Invisible" FBI "Ap		1		FBI "Most Wanted"			FBI
	Rizzoli & Is	sles	Rizzoli & Is	sles	Rizzoli & I	sles	Rizzoli & I		(:05) Rizzol		(:05) Rizzo		Rizzoli
MAX	· / ··	Dolores Cl		,	ਝੈ★★ Balls	s of Fury ('07	7)	਼ੈ*★★ Head	of State ('0	3)	😤 A Glimps	se Inside the	
NBCSPA	Birds (N)	Birds		Show Ever?							Birds	World Pok	
NICK	SpongeB	SpongeB	ਝ*★★ Clo	oudy With a	Chance of	Meatballs	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men			he Dark Kni	• • •	.	Aaron Eckh	art, Christia	n Bale.	😤 The Darl	•
		Sheldon	•	•••	• •	Big Bang	•••	Big Bang	Miracle	Miracle	Miracle	Miracle	ELEAGUE
ТСМ	(:15) 號★★★	City for Co	onquest ('40	0)	★★★ Ma and Pa Kettle ('49) ★★★★ Chr						★★★★ Le Million ('31) Annabella		
TNT	(5:00) 😤 ★ ★	Aquaman	('18) Jason I	Momoa.	ਝ ∗★ Cent	ral Intellige	nce ('16)		Rich & Sha	meless	Patman v Superman: Dawn of J.		
USA	Chicago Fi	re	Chi. Fire "7	Three Bells"	WWE Mon	day Night R	RAW (N) (Liv	ve)			Temptatio	n Island	The Big D

TUESDAY EVENING

JULY 18, 2023

IUE3	DATE		G								J		, 2023	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	FBI "Floppe	ed Cop"	FBI: Intern	ational	FBI-Wante	d "Taxman"	News (N)	(:35) Colbe	rt	
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Celebrity Wheel		CMA Fest:	CMA Fest: 50 Years of Fa		۷)	News (N) (:35) J. Kim		mel	
10-NBC	News (N)	NBC News	News (N)	Hollywood	America's	Got Talent '	"Auditions 7	" (N)	Hot Wheel	s (N)	News (N) (:35) Tonig		ht Show	
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Friends	Friends	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men	
23-PBS	NJ Spotl	Newsline	One on O	NJ Spotl	Doctor	(:45) Doc M	lartin	With		Soundch	NJ Spotl	Treasures	BBC News	
29-FOX	The Six	The 215	TMZ (N)	You Bet	Beat Shaza	m (N)	Don't Forg	et (N)	News (N)		News (N)	ClassH	Extra (N)	
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Zac Efron (N) (P)	Friends (N) (P)	News Phill	y (N)	Law-SVU "	Bad Blood"	Neighbor	
A&E	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Customer	Storage	Storage	Storage	Storage	Customer	
AMC	(5:00) 😤★★	The Mumm	ny Returns	('01)	*★★★ World War Z ('13) Mireille Enos, Brad Pitt. *★ Rambo: Last Blood ('19)					d ('19)				
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 360) (N) (Live)	CNN (N) (L	ive)	CNN (N) (L	ive)	CNN (N) (L	ive)	Cooper36	
DISC	Deadliest Catch Deadliest Catch		Deadliest Catch (N) Contra		Contraban	d (N)	Eaten by Escalator		Elevator Attack		Catch			
DISN	Hamster &	Hamster &	Kiff	Kiff	Big City	Big City	Ladybug	Ladybug	Marvel's	Marvel's	Pretty Frk	Pretty Frk	Bluey	
ESPN	SportCtr (N) (Live)	World of X	Games	World of X	Games	The Ultima	te Fighter	The Ultima	te Fighter	SportCtr (N) (Live)	SportCtr	
ESPN2	Wager (N)	Pardon	SEC Natio	Nation NBA Today			The 2023 ESPYS				NFL Live		The Ulti	
FNEWS	Bret Baier	(N) (Live)	Jesse (N) (Live)	Fox News (N) (Live)	Hannity (N) (Live)	Ingraham (N) (Live)		Gutfeld! (N)		Fox News	
FX	(4:00) 🈤 Iro	n Man 3	ਝੈ★★★ The	e Avengers	('12) Chris E	vans, Robe	rt Downey J	r	Justified "(City Primeval" (N) (P) Justified			City (N)	
HBO	(5:20) 🈤 Kir	igsman: Sec	cret Service	ਝੈ★★ Trans	sformers: R	evenge of t	he Fallen ('	09)	REAL Spo	r ts (N)	Gemston	(:40) Last C	all: Killer	
HIST	Skinwalke	r Ranch	Skinwalke	r Ranch	Secret (N) Skinwalker Ranch (N)			(:05) Beyor	id (N)	(:05) Beyond		(:05) Secre		
ION	Chicago Fi	re	Chicago Fi	ire	Chicago Fi	re	Chicago Fi	ire	Chicago Fi	re	Chicago F	ire	Chi. Fire	
	Castle "Luc	ky Stiff"	Castle "The	e Final Nail"	Property	Property	Property	Property	Everything	Everything	Property	Property	Property	
MAX	(:05) 號★★	The Man Fro	om U.N.C.L	.E. ('15)	≌★★★ Wai	r rior ('11) Jo	pel Edgerton	۱.	(:20) ∰★★	Life of Crim	e ('13) Jenn	ifer Aniston.	😤 Orphan	
NBCSPA	Phillies	MLB Basel	sall Milwauk	ee Brewers	at Philadelp	hia Phillies ((N) (Live)	Phillies (N)) (Live)	Birds (N)	Birds	Golf	Baseball	
NICK	SpongeB	SpongeB	ਝੈ★★ Clou	dy With a C	hance of Me	eatballs 2	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	
PARMT	Two Men	Two Men	Two Men	Two Men	** ★★ Joh	n Wick ('14) Michael N	yqvist, Kean	u Reeves.	ਝੈ★★★ Joh	nn Wick: Ch	apter 2 ('17)	
TBS	Sheldon	Leadoff	MLB Base	ball Los Ang	eles Dodger	rs at Baltimo	pre Orioles (N) (Live) MLB Close Sheld			Sheldon	Sheldon	Sheldon	Sheldon	
TCM	(:15) ❣★★★	★ The Late	Show ('77))	₩**** Th	ne Hustler ('61) Jackie (Gleason, Pa	ul Newman.	ਝੈ★★★ The	e Color of N	loney ('86)		
										n. <u> <u></u> </u>				
TNT	*∺ ★★ Cent	ral Intelliger	1 ce ('16)		਼ੈ*★★ The A	- I eam ('10)) Bradley Co	poper, Liam	Neeson.	¥★★ Hunt	er Killer (18	Gerard Bu	itler.	

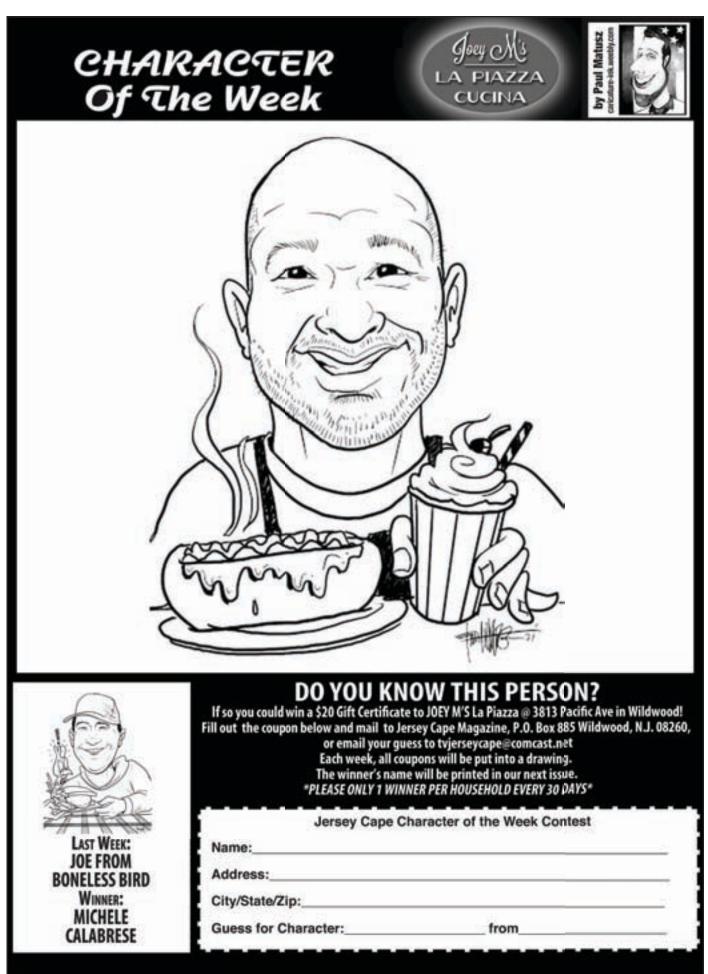
WEDN	ESDA	Y EVE	NING								J	ULY 19	, 2023
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Price Is Rig	ght	Let's Make	a	CSI: Vegas	3	News (N)	(:35) Colbe	rt
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	CMA Fest ((N)					News (N)	(:35) J. Kim	imel
10-NBC	News (N)	NBC News	News (N)	Hollywood	LA Fire & F	Rescue (N)	Chicago F	ire	Chicago P	.D.	News (N)	(:35) Tonig	ht Show
17-MNT	Goldbergs	Big Bang	Big Bang	Medicaid	Two Men	Mom	Friends	Goldbergs	Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	NJ Spotl	Newsline	One on O	NJ Spotl	Table	Table	Endeavou	r on Master	piece "Unifo	rm"	NJ Spotl	Table	BBC News
29-FOX	The Six	ClassH	TMZ (N)	You Bet	MasterChe	f (N)	Food Stars	s (N)	News (N)		News (N)	ClassH	Extra (N)
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Nancy Drev	w (N)	Riverdale	(N)	News Phill	y (N)	Law & Ord	er: SVU	Neighbor
A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	I Survived	I Survived	CourtCam	CourtCam	CourtCam
AMC	(5:30) *★★★ World War Z ('13) Brad Pitt.				₩¥★ The N	Magnificent	Seven ('16)	Chris Pratt	, Denzel Wa	shington.	≌ ★★★ Un	10)	
CNN	Situation (N) (Live) OutFront (N) (Live)		Cooper 360 (N) (Live) CNN (N) (CNN (N) (L	ive) CNN (N) (L		ive)	CNN (N) (L	.ive)	Cooper360		
DISC	Expedition	Unknown	Expedition	Unknown	Expedition Unknown		Expedition	Unknown	Ghost Adv	' (N)	Mysteries of (N)		Expedition
DISN	Hamster &	Hamster &	≌★★ Teen	Beach Mov	r ie ('13)	Ladybug	Ladybug	Ladybug	Marvel's	Marvel's	Raven	Raven	Bluey
ESPN	SportCtr (N	N) (Live)	ESPN Film	SPN Films			X Games	Games			SportCtr (I	N) (Live)	SportCtr
ESPN2	ESPN FC		To Be Anno	ounced (N)	(Live) NFL Live				The Ultima	ate Fighter The 2023 E		SPYS	
FNEWS	Bret Baier	(N) (Live)	Jesse (N) (Live)	Fox News (N) (Live) Hannity (N)) (Live)	Live) Ingraham (N) (Live)		Gutfeld! (N)		Fox News	
FX	(5:00) ¥ Sica	ario: Day of t	he Soldado	ਝ+★★ The E					Mayans M.	C. "Slow to	Bleed Fair S	Son"	Mayans
HBO	(4:50) 😤 Lo	ng Shot	REAL Spor	ts				(:10) Last C	all: Killer	(:05) 🈤 Sha	of the Gods		
HIST	American I	Pickers	American F	Pickers	American Pickers American Pic			Pickers (N)	()			(:05) Pickers	
ION	Blue Blood	ls	Blue Blood	s	Blue Bloods Blue Blood			ds Blue Bloods			Blue Bloods		Blue Blood
	Castle "Slic	ce of Death"	Castle		Castle Cast		Castle "Pre	Castle "Pretty Dead" (:		(:05) Castle		e "Rise"	Castle
MAX	(:10) ╬★★ (Old ('21) Ga	el García Be	ernal.	😤 Shiva Ba	iby ('21)	(:20) 號★★★	Neighbors	s ('14) Seth	Rogen.	(:55) 😤★★	White Chicl	(s ('04)
NBCSPA	Phillies	MLB Base	sall Milwauk	ee Brewers	at Philadelp	hia Phillies (N) (Live)	Phillies (N) (Live)	Birds (N)	Birds	In. Golf	Baseball
NICK	SpongeB	SpongeB	ਝ+★★ The A	Addams Far	nily ('19) Os	scar Isaac.	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	ਉ** * Joh	n Wick: Ch	apter 2 ('17) Keanu Ree	eves.	ਲੋ¥¥¥ lol	nn Wick: Ch	napter 3 P	arabellum
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wi	restling: Dy	namite (N)	(Live)	The Cube		Sheldon	Sheldon	Sheldon
	() "	,	Vine and Ro	oses ('62)	₩★★ Thunder Road ('58) (:45) ₩★★★ Coc					d Luke ('67)	Paul Newman.		Movie
TNT	Lucifer "Te	amLucifer"	Lucifer		≌★★ Battle	eship ('12) A	Alexander S	karsgård, Ta	ylor Kitsch.	national states and the second states are second states and the second states are second states and the second states are second st			
USA	Law & Ord	er: SVU	Law-SVU "!	Mea Culpa"	Law & Ord	er: SVU	Temptatio	n Island (N)	The Big D	(N)	Law & Ord	ler: SVU	Temptation

THUR	SDAY	EVENI	NG								J	ULY 20	, 2023		
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM		
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Sheldon	Ghosts	So Help Me	e Todd	CSI: Vegas	s "Koala"	News (N)	(:35) Colbe	rt		
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel	Generatio	n Gap (N)	The Chase	(N) (SF)	Press You	r Luck	News (N)	(:35) J. Kim	imel		
10-NBC	News (N)	NBC News	News (N)	Hollywood	Password		Law & Ord	er: SVU	Magnum "[Dark Skies"	News (N)	(:35) Tonig	ht Show		
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Two Men	Mom	Union	Sports	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men		
23-PBS	NJ Spotl	Newsline	One on O	NJ Spotl	Miriam and	d	POV "Liquo	or Store Drea	ams"	School	NJ Spotl	State/Arts	BBC News		
29-FOX	The Six	Kelly (N)	TMZ (N)	You Bet	Alert "Briar	na"	Stars on M	ars	World Cup	World Cup	Nigeria vs.	Canada (N)	(Live)		
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	Walker		Penn & Tel	ller	News Phill	y (N)	Law-SVU "	Disrobed"	Neighbor		
A&E	The First 4	8	3 The First 48 The First 48				60 Days In	(N)	Booked (N)	(:05) The F	irst 48	(:05) First48		
AMC	(4:00) 😤 Mag	nificent S	ਝ+★★ Jur	assic Park	('93) Laura I	Dern, Jeff Go	oldblum, Sam Neill.		ື∺★★ The L	ost World:	Jurassic P	ark ('97) Jef	f Goldblum.		
CNN	Situation (I	N) (Live)	OutFront (OutFront (N) (Live) Cooper 360 (N) (Live)				ive)	CNN (N) (L	ive)	CNN (N) (L	Cooper360			
DISC	(5:00) Nake	d	Naked and	Afraid "Leg	endary Sho	wdown" (N)	Naked and Afraid: Last One Stand			ding "Down to the Fire"			Afraid		
DISN	Hamster &	Hamster &	Kiff	Kiff	Big City	Big City	Ladybug	Ladybug	Marvel's M	oon Girl "M	oon Girl Lar	nding"	Bluey		
ESPN	SportCtr (N	I) (Live)	X Games				Auto Racing Superstar Racing Experience (N)				SportCtr (SportCtr			
ESPN2	Wager (N)	Pardon	TBT DaGuy	ys STL vs. P	urple & Blad	ck (N) (Live)	TBT B1 Ba	llers vs. Afte	rShocks (N)	(Live) NFL Live			PFL 2023		
FNEWS	Bret Baier	(N) (Live)	Jesse (N) (Live)	Fox News	(N) (Live)	Hannity (N) (Live)	Ingraham (N) (Live)	Gutfeld! (N	1)	Fox News		
FX	(4:30) 🈤 Eq	ualizer 2	¥*★★ The F	ate of the F	urious ('17	') Dwayne Jo	hnson, Vin	Diesel.	What We	What We	What We	₩★★ Mons	ster Hunter		
HBO	(5:50) 號★★	Black Ada	n ('22)		≌ ★ ★★ Evi	il Dead Rise	('23)	Gemston	(:20) ¥ Rea	lity ('23)		♀ Under the	e Silver Lake		
HIST	Alone		Alone "Spir	rit Bear"	Alone "Kin	g's Gambit"	Alone "Aftermath" (N)			(:35) Alone "Aftermath"			(:05) Alone		
ION	Chicago P.	D.	Chicago "T	rigger"	Chicago P	.D.	Chicago "D	Descent"	Chicago P.	.D.	Chicago P	.D. "Trust"	Chicago		
	Castle "Hea	ad Case"	Castle		Castle		Castle "De	mons"	(:05) Castle)	(:05) Castle	9	Castle		
MAX	(:05) 號★★★	Fast Food	Nation ('06	i)	₩★★ Dive	rgent ('14) S	hailene Woo	odley.	(:20) ❣★★ 1	The Diverge	ent Series:	Insurgent	Movie		
NBCSPA	Birds (N)	Birds	MLB Basel	ball Milwauk	ee Brewers	at Philadelp	hia Phillies	Birds	Ultimate D	isc			Baseball		
NICK	SpongeB	SpongeB	ື∺★★ Hote	l Transylva	nia ('12) Ada	am Sandler.	Friends	Friends	Friends	Friends	Friends	Friends	Friends		
PARMT	Two Men	Two Men	Two Men	Two Men	ਝੈ★★ San .	Andreas ('18	5) Carla Gug	gino, Dwayno	e Johnson.	n. 😤★★★ Kong: Skull Island ('17) (P)					
TBS	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang 👯★★ Two		Weeks Noti				
TCM	(5:30) 😤★★	★ Gypsy ('6	2) Rosalind	Russell.	😤 Preview I	Murder My	(:15) ື*★★ 	Passport to	Destiny	🈤 British Iı	ntelligence	(:45) 🈤 Cur	tain Call		
TNT	(5:00) 👯★★	Eraser ('96)	柴★★ Term	inator: Dar	k Fate ('19)	Linda Hamilton. (:15) * ★★ Tomb				er ('18) Alicia	b Raider ('18) Alicia Vikander.			
					Furious: 1										



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INTESTINAL SAND IMPACTION CAN BE A SERIOUS PROBLEM

Submitted By Patsy Nelson from The Wagging Tail

I grew up with horses and dogs but I did not live near the beach until my thirties. Horses, grazing on sandy soil, could develop colic (potentially lethal constipation) from ingesting too much sand. I don't take my dogs to the beach because of sand fleas, dune burrs and mess on their fur. But many of my customers do and I just recently learned about one that got sand impaction and had a short stay in the vet hospital.

While romping on the beach, your dog may inadvertently ingest sand from the ball or frisbee you toss, digging in the sand, eating something tasty left behind, ingesting water while retrieving a toy thrown in the surt, consuming particles flung into the air by running children or other dogs or from shaking out a towel or blanket (saltwater poisoning can be an issue as well). Although sand particles are small, they become a condensed, wet, heavy mass which could possibly cause a blockage in the intestinal tract as in the pet mentioned above.



The symptoms you should look for are unusual "restlessness, panting, womiting, dehydration, abdominal pain, hard mass in the stomach area and constipation." Should your dog have sand impaction, the vet will have to do an ultrasound or take x-rays. Intravenous fluids will be administered until the mass breaks up and can be passed in the stool. The vet will also give your pet medicine for pain. It may take a few days of hospitalization to stabilize the situation. In extreme cases, surgery will be necessary.

This is not to scare you, but to alert you to be more observant of the dangers of ingesting sand so that you can wipe off that ball or frisbee each time you throw it and watch your dog for other ways he may be swallowing sand. After leaving the beach, thoroughly wash or hose areas of sand contact, especially on legs, underkelly and face. All pets who enjoy the bay or ocean should be hosed as well after cortact.





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