

2023

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**KIDS' COLORING CONTEST!**



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See Page 5



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Villas

**WHAT** It is truly a local favorite. Located in a quaint bayside town, it is well known and easy to find. They have soft serve and hand-dipped ice creams. Milkshakes, blizzards, frozen bananas, water ice and sundaes. The prices are great and their portions are generous.

**WHY** Milky Way Ice Cream has a true nostalgic feel of the neighborhood ice cream hang out. It's a perfect stop for the family on a hot summer evening for handmade ice cream treats followed by a game of putt-putt.

## JULY IS NATIONAL ICE CREAM MONTH

by "Joe" from Milky Way Ice Cream and Mini Golf

"I scream, you scream, we all scream for ice cream!" Shout it from the rooftops, because July is national ice cream month, and what perfect time to cool off at the Jersey Cape with a scoop of your favorite flavor, or try what other crazy flavors that exist out there. Joint Resolution 298 originally introduced National Ice Cream Month and National Ice Cream Day on May 17th, 1984. Kentucky Senator Walter Dee Huddleston sponsored the resolution. The original Presidential Proclamation issued by President Ronald Reagan stated, "Ice cream is a nutritious and wholesome food, enjoyed by over ninety percent of the people in the United States."

Like with most food treats, the exact origin of ice cream is unknown. What is known, however, is that the origin of ice cream likely dates back a long time ago. For example, Nero of Rome was said to have enjoyed harvesting ice or snow, then flavoring it with honey or other flavorings. Alexander the Great supposedly enjoyed icy drinks that had flavoring such as honey or nectar. The first instance of ice cream being in the United States, however, was in a letter in 1744 (the author of the letter was a guest of Governor William Bladen.). Early presidents also had a liking towards ice cream. In the summer of 1790, George Washington spent approximately \$200 for ice cream (keep in mind that back then \$200 was a fairly good sum of money). Thomas Jefferson actually made his own recipe of ice cream too! Dolly Madison, wife of President James Madison, served ice cream at the second inaugural ball. For a while, ice cream was only an occasional special treat, mainly for the rich. In 1843, Nancy Johnson patented the hand crank ice cream

maker. About 8 years later, in 1851, Jacob Fussell built the first ice cream factory. The invention of mechanical refrigeration helped keep large amounts of ice cream cool. Improvements and new inventions in technology helped ice cream spread towards the public.

Some Ice Cream Fun Facts are: Vanilla is the most popular flavor of ice cream - The ice cream soda was invented in 1874 - California produces the most ice cream in the United States - Approximately nine percent of milk produced in the United States is used for making ice cream. - More ice cream is consumed in Long Beach, California than any other city in the United States.

Maybe you were already celebrating National Ice Cream Month, but are you celebrating your favorite flavor day? July 7th National Chocolate Ice Cream Day - July 15th National Strawberry Ice Cream Day - July 17th National Peach Ice Cream Day - July 20th National Ice Cream Day - July 23rd National Vanilla Ice Cream Day - July 25th National Hot Fudge Sundae Day.

Now that summer has officially begun at the Jersey Cape, plenty of nights will be ending with trips out for ice cream!

Located in Villas and established in 1965, Milky Way Ice Cream and Mini Golf is the oldest custard stand in the Jersey Cape serving soft-serve and real hand-dipped ice cream, milkshakes, Italian water ice, and sundaes.

# DAYS of OLDE

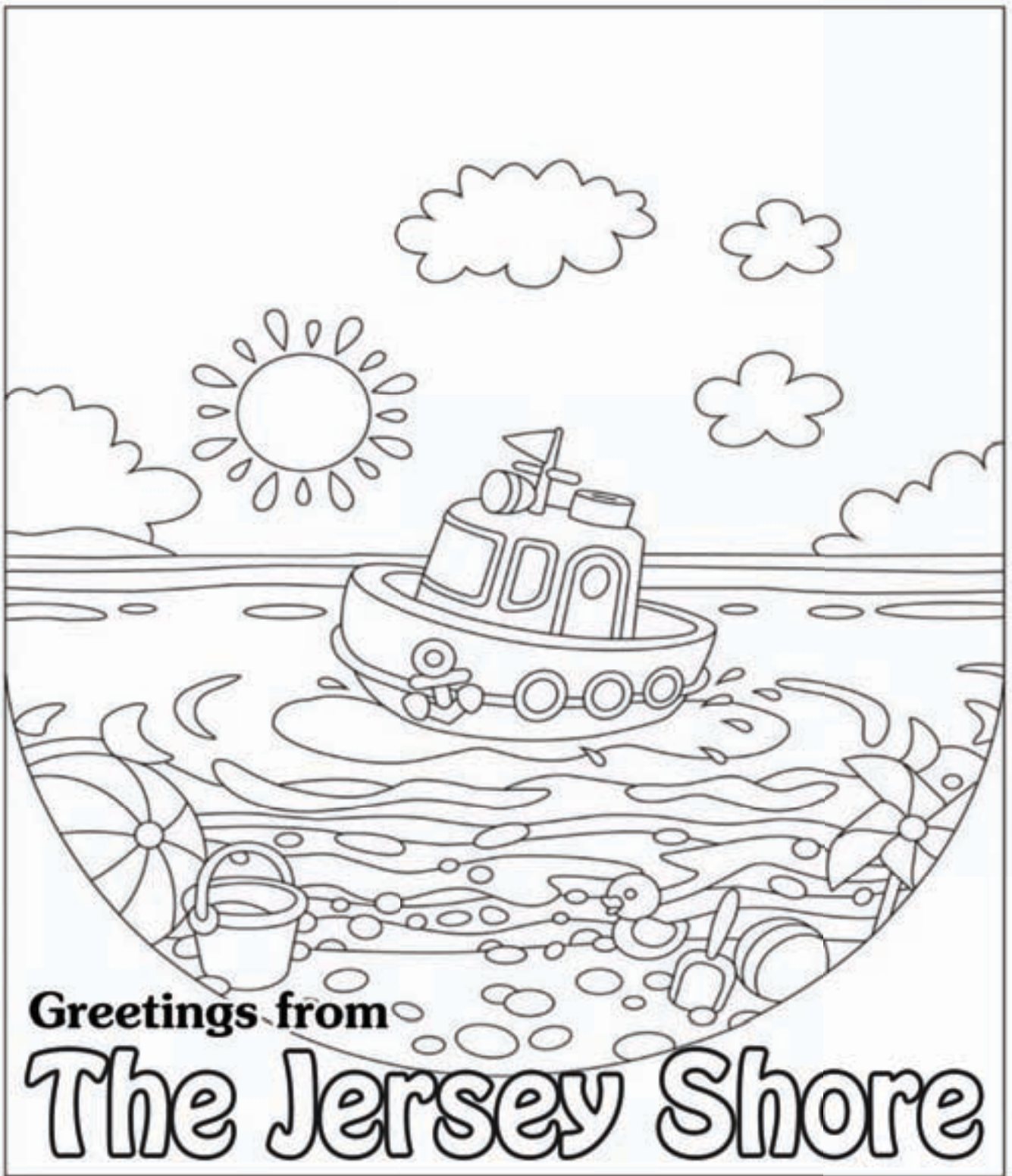
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**Greetings from**

# The Jersey Shore

**Atlantic County & Jersey Cape Magazines' 2023 Summer Guide Coloring Contest**  
**How does the contest work?** All entries must be received by Wed, August 16th, 2023. One entry per child. To enter, take a picture of your child holding up their completed coloring page and email it to [atlanticcountymagazine@comcast.net](mailto:atlanticcountymagazine@comcast.net) with the subject "Coloring Contest." Be sure to include child's name, age and a few of their favorites (hobby, sport, food, place, activity, etc). **Are there prizes?** Yes! Winners will be featured in Atlantic County Magazine and Jersey Cape Magazine as "Child of the Week" with their art!

Forms can be emailed to: [atlanticcountymagazine@comcast.net](mailto:atlanticcountymagazine@comcast.net)  
Additional forms can be downloaded at [www.atlanticcountymagazine.com](http://www.atlanticcountymagazine.com) or [www.jerseycapemagazine.com](http://www.jerseycapemagazine.com)



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**OCEAN CITY 2023 SCHEDULE OF EVENTS**

For the full schedule of events and more info, call 1-800-BEACH-NJ, (609) 399-6111 or visit [oceancityvacation.com](http://oceancityvacation.com).

**EVERY MONDAY IN JULY & AUGUST**  
**BEACH EXERCISE** (Yoga) on 6th Street Beach Volleyball Courts. 8-9am. Free! Bring a towel & a friend. Hosted by the Ocean City Aquatic & Fitness Center. Info at (609) 398-6900.

**EVERY TUESDAY IN JULY & AUGUST**  
**FUNTASTIC TUESDAYS** - 10am-1pm on Asbury Ave. Entertainment, Face Painters, Balloon Sculptors.

**MUMMERS NIGHT** - Strutting 7-9pm on the boardwalk, 6th-14th St.  
**BEACH WALKS** - 59th & Central Ave. (Entrance to Corson's Park) - 9am

**EVERY WEDNESDAY IN JULY & AUGUST**  
**BEACH EXERCISE** (Pilates) on 6th Street Beach Volleyball Courts. 8-9 am. Free! Bring a towel & a friend. Hosted by the Ocean City Aquatic & Fitness Center. Info at (609) 398-6900.  
**FARMERS MARKET** - Tabernacle Grounds 8am-1pm. Crafters in the street at 6th & Asbury Ave.

**WACKY WEDNESDAY** - Contest is free but only open to the first 200 participants. Open to all ages. 10:30-11:30am at the Music Pier.  
**BEACH WALKS** - 59th & Central Ave. (Entrance to Corson's Park) - 6:30pm

**EVERY THURSDAY IN JULY & AUGUST**  
**MARKET DAYS** 10am to 1pm - Asbury Ave. Entertainment, face painters, balloon sculptors.  
**FAMILY NIGHTS** Entertainment on the boardwalk 7-9pm b/t 6th-14th St.

**EVERY FRIDAY IN JULY & AUGUST**  
**BEACH EXERCISE** (Low Impact) on 6th Street Beach Volleyball Courts. 8-9 a.m. Free! Bring a towel & a friend. Hosted by the Ocean City Aquatic & Fitness Center. Info at (609) 398-6900.

**JULY 4TH - FOURTH OF JULY CELEBRATION** Kite flying competition at 7pm followed by entertainment on the beach next to the Music Pier. A spectacular boardwalk fireworks display tops off the evening at 9pm.

**OCEAN CITY POPS FREE OUTDOOR CONCERT** The Ocean City Pops will perform a free outdoor concert at 8pm. July 4 at Carey Stadium, 6th & Boardwalk. Our legendary local orchestra will perform patriotic classics and audience favorites in honor of our nation's birthday. Bring a beach chair or blanket to sit on the field, and there will be seating available in the bleachers.

**JULY 12TH - BICYCLE AUCTION** 10am-12pm at Shelter Road (first left off of Tennessee Ave, behind the OC Golf Course). Approximately 115 bicycles to be sold. Registration begins at 9am. A valid I.D. is required to register. Payment: Bank Checks with ID, Traveler's Checks & Cash Only. Info at 609-525-9356 (purchasing office).

**JULY 29TH - NIGHT IN VENICE** Ocean City's 68th annual Night in Venice will celebrate all things Philadelphia. Retired Action News anchor Jim Gardner will serve as grand marshal, and this year's theme will be "It's a Philly Thing." The optional theme provides a chance to celebrate the rich history and culture of the Philadelphia region in sports, music, food, education, government and more. Entries for boats and homes are currently being accepted online at [www.ocnj.us/niv](http://www.ocnj.us/niv). Presenting sponsors for 2023 Night in Venice are ACME Markets and the Jet Drive Exchange Boat Club. The City's annual boat parade is one of the largest in the world. Starts at the Longport Bridge to Tennessee Ave along the bay. Fireworks display to follow parade. Start time 6pm.

**JULY 27TH - OCEAN CITY FISHING PIER OPEN HOUSE** - 6-8pm. The Ocean City Fishing Club is inviting shutterbugs and other visitors to tour its pier and clubhouse at 14th St. & Boardwalk. Visitors will also be able to make an optional monetary donation or canned goods donation to support the Ocean City Food Cupboard. This is one of two days a year when the Pier is open to non-members, weather permitting.

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## DOWNTOWN WILDWOOD 2023 FULL SCHEDULE OF EVENTS

Wildwood Business Improvement District (WBID) has announced the 2023 schedule of events that will be held in Byrne Plaza at 3400 Pacific Avenue in Downtown Wildwood! In addition to the very popular Saturday morning Farmers Market, running through Labor Day Weekend, beginning on June 19th there will also be weekday morning Fitness Classes, Free Tuesday Night Family Movies and Free Thursday Night Dance Band Concerts!

The Downtown Wildwood Farmers Market opened for the 10th consecutive season on Memorial Day Weekend! Over the years, the Downtown Wildwood Farmers Market has expanded to beautiful Byrne Plaza and Beyond, at 3400 - 3501 Pacific Avenue, it is just one of the many Downtown Wildwood improvements that continue to take place! The Farmers Market hosts over 70 vendors, selling a great variety of products, every Saturday morning, from 8 am until 12:30 pm, making it the place to be on Saturday mornings! Adding to the fun, and 98.7 The Coast plays music and broadcasts live from 8 to 10 am and Free Face painting or Balloon Twisting is provided each week from 10 to 12pm. The market offers something for everyone, with a little something different each week. In addition to farm goods, the vendors sell fresh baked goods, specialty foods like honey and guacamole, wine, craft beer and spirits, meals to go, food and drinks to enjoy while you shop, and so much more! There is also a large selection of non-food vendors, making the Farmers Market an open air gift shop where you will find what you need for every occasion, or just because! The DOOWW Booth is the place to get your free magnet and to purchase DOOWW gear like shirts, hats, tote bags and Christmas Ornament. You can also pick up information about all the Downtown Wildwood businesses and schedules of island wide events! The Farmers Market is open from 8 am until 12:30 pm, every Saturday through Labor Day Weekend! Parking is free and there are plenty of bike racks too. Walk, run, drive or bike to the Farmers Market! You're going to love it!

Beginning on June 19th, the full schedule of Byrne Plaza events will also include:

5 Fabulous Days of Fitness from 8:30 to 9:30 am, fees are paid directly to the instructor - Mondays, Wednesdays, Fridays, Boot Camp Circuit Training with Dion for \$10. Tuesdays and Thursdays, Total Body Strength & Cardio with Lisa for \$5.

Music in the Plaza: Thursdays, and 4th of July, from 7:30 pm to 9 pm: 6/22 - Roundhouse Band • 6/29 - Chicago 9 • 7/4 - Big House Band (extended show will play right up to the 4th of July Fireworks Spectacular at 10 pm) • 7/6 - Beat Tells • 7/13 - Jamison Celtic Rock • 7/20 - Legacy Band • 7/27 - Animal House • 8/3 - Winslow An Evening of the Eagles 8/10 - A.M. Radio Tribute Band • 8/17 - 40 North Country Band • 8/24 - The Chatterband • 8/31 - The Juliano Brothers

Movies in the Plaza: Tuesdays at Sunset, Free Family Movie Night 6/27 - Straight Outta Nowhere - Scooby Doo Meets Courage the Cowardly Dog • 7/11 - Tinker Bell • 7/18 - Minions - The Rise of Gru • 7/25 - Luca • 8/8 - Hercules • 8/15 - DC League of Super-Pets • 8/22 - Puss in Boots

Parking is always Free for Byrne Plaza events, in the lots behind the shops; on the east side of Pacific Avenue, between Oak and Schellenger Avenues, and on the west side of Pacific, between Oak and Wildwood Avenues.

Find the complete schedule of events and stay in the know about all the great things happening in Downtown Wildwood online at [www.DOOWW.com](http://www.DOOWW.com), Facebook at Wildwood By The Sea, Instagram [wildwood\\_by\\_the\\_sea](https://www.instagram.com/wildwood_by_the_sea) and Twitter @DoWildwoodNJ.

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**Wildwood  
Crest Sand  
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Festival**

Friday,  
July 7th



Grab your buckets and shovels and head to the beach at Heather Road in Wildwood Crest from 9am until 2pm and get ready to create works of art in the sand! This amateur and semi-pro sand sculpting contest is hosted by professional world-renowned sand sculptor Matt Long, a former cast member of the Travel Channel's SandMasters, and "Can You Dig It!" Sand Tools. 2023 marks the 11th year for this fun festival. FREE to all participants and spectators. Sculptures will be judged on creativity, execution, composition and overall presentation, and prizes will be awarded to the top three winners in each division. Rain or shine! For more info call 609.523.0202



## What To Do on a Cloudy Day

**Cloudy Day? Don't Fret! Have a Day You'll Never Forget.**

People come to the Jersey Shore mainly to frolic in the Atlantic and catch some rays on the beach. Sometimes, Mother Nature doesn't cooperate and gives us gloomy days. However, the Jersey Shore is full of great things to do with your family even when the skies are overcast. For some ideas, here's a sampling of a few things that cost a few dollars but offer your family unique fun and lasting memories.

The area is full of great miniature golf courses, each one offering its own special features. Island Miniature Golf at 4501 New Jersey Ave. in Wildwood is one of the area's newest miniature golf courses and has been voted the "best on the island" and was recently a finalist for Best Miniature Golf in South Jersey by the AC Press. Island Miniature Golf also invites all military, veterans, police and fire personnel to play for FREE!

Island Miniature Golf would like to show their true appreciation to those who heroically serve and protect us! We recognize your dedication and would like to honor you by giving you a **FREE** round of Golf!! Thank you for your service!

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An 85 minute trip across the Delaware Bay is an enjoyable adventure. Whether you're crossing the Delaware Bay for a fun day trip or as part of a long-distance trip on the Cape May-Lewes Ferry, your journey is sure to be a memorable one. Enjoy historic lighthouses, picturesque harbors, ocean-going vessels, unique seabirds and, just maybe, your very own dolphin escort! There are many ships that offer great fun on the water. The Silver Bullet in Wildwood and the Cape May Whale Watcher and the Cape May Whale Watch and Research Center offer you a trip on the water with a chance to view whales and dolphins.

Cloudy days at the shore are a great way to try your hand at "thrifting". Cape May and Atlantic Counties are full of thrift stores that offer great products and discounted prices. You can start your day in Cape May checking out the great antique shops all over town. Head off the island to Et Cetera Thrift at 3845 Bayside Road in North Cape May, and then just make a short trip to the Veterans and Patriots of Cape May County Thrift Store in the Bayside Plaza at Bayside and Breakwater Roads. On your way to Wildwood, stop in to St Mary's This & That in Rio Grande. In Wildwood, there are numerous thrifts you can browse. Check out Cheap Charlie's at 4724 Pacific Ave., for a great selection of clothing, housewares and much more. Jump on to Route 9 after leaving Wildwood and your day of thrifting can continue with a visit to Volunteers in Medicine Thrift Store in the Grapevine Plaza at 7 North Wildwood Blvd, and Et Cetera's second location in the Acme Shopping Center in Cape May Court House. Continue north on Route 9 and you will pass various antique and collectible shops along the way. When you hit Swainton on Route 9, you'll find Cobo Antiques at the intersection of Rt 9 and Goshen Swainton Rd. See the map on page 18 for some help with your day of thrifting.

Going to Cape May is a great way to spend a cloudy day. Here you will find the The Emlem Physick Estate, a Victorian house museum located at 1048 Washington Street. The 18-room mansion, attributed to acclaimed American architect Frank Furness, was built in 1879 for Dr. Emlem Physick Jr. (1855-1916), descendant of a well-known Philadelphia family, his widowed mother, Mrs. Ralston, and maiden Aunt Emilie. The mansion is closely related to Furness's Knowlton Mansion (1880-81) in Northeast Philadelphia.

A Favorite among locals and visitors is the Naval Air Station Wildwood (NASW) Aviation Museum, a non-profit museum located at the Cape May Airport just off of Breakwater Road in Lower Township, inside historic Hangar #1. Commissioned in April 1943, NASW served as an active dive-bomber squadron training facility during World War II. Today, Hangar #1 has been restored and transformed into an Aviation Museum that houses a number of aircraft, engines, special exhibits, and educational interactive displays. The museum invites visitors to explore aviation, New Jersey, military and WWII history through "hands-on," fun and educational activities for the entire family! Bring the kids and travel back in time to this 92,000 square foot sampling of the 1940's (and don't forget your camera!)

South Jersey is full of great wineries and breweries which make for a great way to spend a cloudy day. They offer indoor and outdoor seating, plus the breweries offer alcohol-free sodas for a kid-friendly environment. You can drop in to the Cape May Brewery at the Cape May Airport after checking out the Aviation Museum, cruise over to Cold Spring Brewery at Cold Spring Village in North Cape May, or visit Anglesea Aleworks at 3401 New Jersey Ave in Wildwood (the Sea Pig is Awesome!!), and a short trek northward will allow you to discover the awesome brews at Ludlam Island Brewery in Ocean View. Whatever you choose to do, and no matter what the weather, please enjoy and make it a great day! Thanks for reading!!

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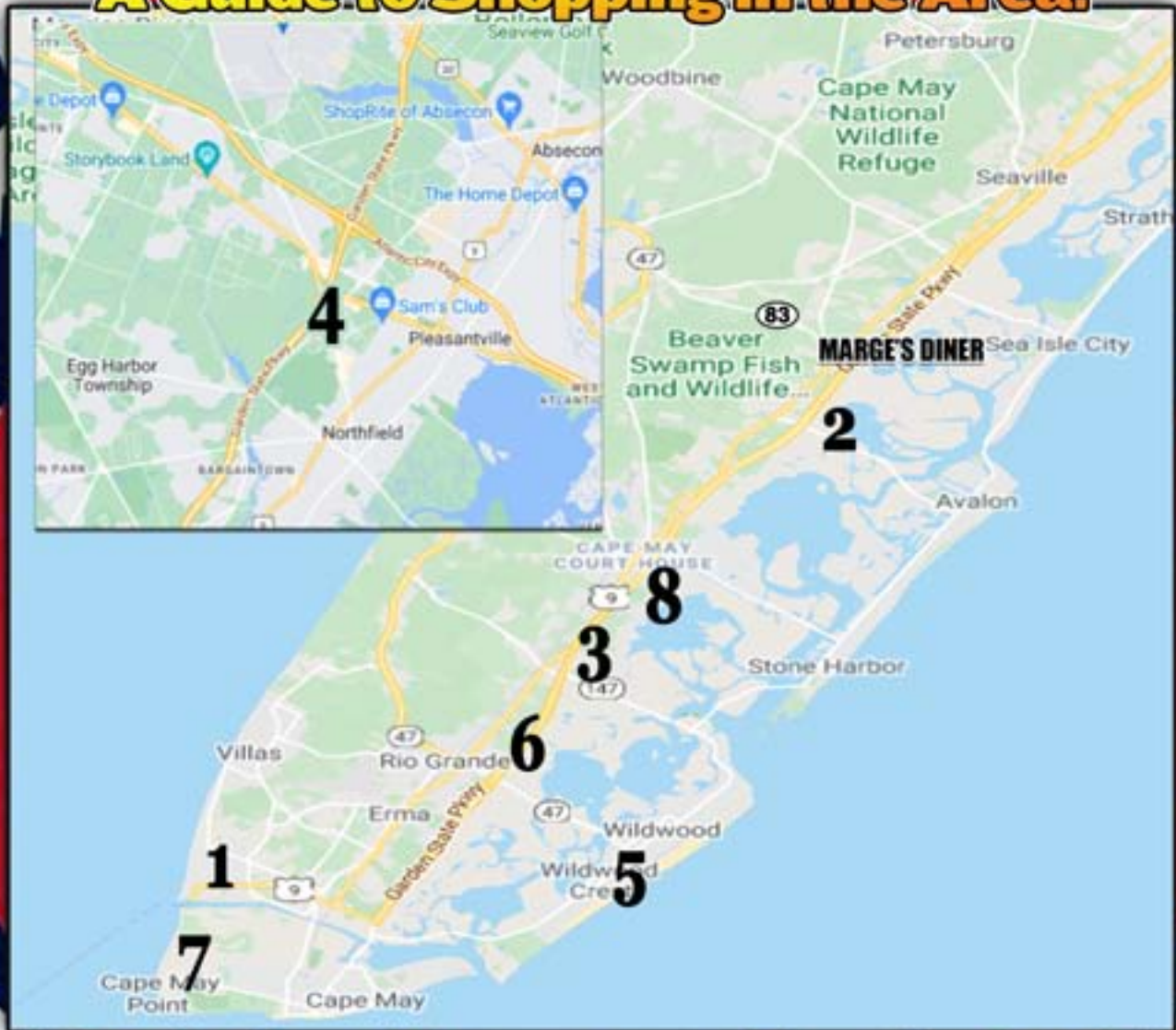
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## A Guide to Shopping in the Area!

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## CAPE MAY COUNTY FARMER'S MARKETS

New Jersey isn't known as "The Garden State" for no reason. Whether you're visiting for the day or week, or a seasonal or year-round resident, you'll want to take advantage of the locally sourced, deliciously fresh produce available at any of the local weekly markets listed below.



### SEA ISLE CITY

Tuesdays, 8am-NOON, June 20-Aug. 29 • Excursion Park,  
2 41st St - Info: 609.263.0050 or visitsicnj.com

### WEST CAPE MAY

Tuesdays, 8am-12:30pm, June 20-Aug 29 • Backyard Park,  
732 Broadway • Info: facebook.com/wcmfarmersmarket

### OCEAN CITY

Wednesdays, 8am-1pm, June 21-Sept. 13  
Tabernacle Grounds, 6th St & Asbury Ave  
Info: 609.399.6111 or oceancityvacation.com

### WILDWOOD

Saturdays, 8am-12:30pm - Byrne Plaza, 3400 Pacific Ave  
Info: 609.523.1602 or visit DOOWW.com

### STONE HARBOR

Sundays, 8am-12:30pm, May 28-Sept 3 • Water Tower Plaza,  
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**'ROUND THE REGION  
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By Sharon Harris-Zlotnick

**Hello South Jersey:**

*Come out and enjoy all the region has to offer this summer. Activities are back to full speed ahead.*

**THE SUMMER  
OF MUSIC TRIBUTES**

**Somers Point-** For the 30th year, free concerts return on Friday evenings to the William Morrow Beach/Municipal Beach Park on Bay Ave. Shows begin at 7 p.m., but arrive very early. Located near several popular restaurants, street parking is tight. The concert calendar runs through 9/9.

Weekly concerts honor several legendary rock and roll bands, including Jethro Tull, the Allman Brothers, Eric Clapton, Jimi Hendrix, Eddie & The Cruisers, Styx, Electric Light Orchestra, BB King and others. Get ready to dance on Friday, 7/21, when the Dane Anthony Band performs everyone's favorite funk, classic rock, Motown and disco.

View the entire schedule at <http://somerspointbeachconcerts.com/>



**Atlantic City-**

• **Bally's** summer resident show is **MJ LIVE I Michael Jackson Tribute Concert**. The #1 Michael Jackson tribute show worldwide is a huge Broadway hit. Bally's brings the 90-minute summer resident show to its theater from Friday, 7/7-Sunday, 9/3. Shows are Tuesday through Saturday evenings; Sunday afternoon matinee. Tickets \$30-\$50, available at TicketWeb, TicketMaster or the Box Office on show dates.

Bally's 360-degree Carousel Bar features an elevated 24-seat rotating bar and hosts DJs and live music all day, every day. Live DJs every Friday and Saturday night from 8 p.m. - 2 a.m. View the schedule at [https://casinos.ballys.com/atlantic-city/files/6406/Carousel\\_Bar\\_Entertainment\\_Calendar\\_1.pdf](https://casinos.ballys.com/atlantic-city/files/6406/Carousel_Bar_Entertainment_Calendar_1.pdf)

The enclosed Yard beer-garden has something for everyone-live music Friday and Saturday until 2 a.m. on an indoor and outdoor stage, a gastro-pub menu and a '90s-themed arcade. <https://casinos.ballys.com/atlantic-city/yard--night.htm>

<https://www.ticketmaster.com/disco-inferno-tickets/artist/868387>

•To commemorate its 5th anniversary, **Hard Rock Atlantic City** will spend more than \$30 million for world-class entertainment performances during its Summer Anniversary Celebration. Summer highlights at the Eltes Arena include:

- 6/23- Tears for Fears
- 6/24- Diana Ross
- 6/30- Kevin Hart
- 7/7 and 7/8- Bill Burr
- 7/16- Peter Frampton
- 7/27- Alabama
- 7/28 and 7/29- Santana
- 7/30- Donny Osmond
- 8/11- Incubus
- 8/12- Rick Springfield
- 8/25- Leon Bridges
- 9/1 and 9/2- Keith Urban
- 9/3- Sting
- 9/9- Machine Gun Kelly
- 9/15- Zac Brown Band

The smaller Sound Waves will also host numerous tributes to Fleetwood Mac, Elvis, Michael Jackson and other well-known rock bands. Resident shows include:

**6/25-Euphoria Variety Show-Sundays at 4 p.m.**  
**8/2-8/14- Hit Musical "Grease"**

[www.HardRockHotelAtlanticCity](http://www.HardRockHotelAtlanticCity) for tickets. Click on Entertainment menu prompt.



• **Resorts** summer resident show is **DISCO INFERNO**, performed every Sunday night at 8 p.m. Shows run from Sunday, 6/25 through Sunday, 10/29. Tickets are \$24 and up.

Get out your platform shoes to enjoy the 1970s/early 1980s disco sound. It began in New York City's discotheque scene, combining pop, funk, R&B and synthesizers with superstar singers that launched that generation's dance soundtrack. Think *Saturday Night Fever*.

The pop-up Retro Themed Lounge 78 remains open through Labor Day and is located at Bar One. The name honors the 45 years since opening day in May 1978. Enjoy drink specials and a weekday Happy Hour from 2 p.m.-6 p.m.

The daily live entertainment schedule includes:

- Mondays & Tuesdays- Live music by DJs
- Tuesdays- Brittany Lynn's Queen Cabaret (Pride event)
- Wednesdays-themed parties with DJ Gary
- Thursdays-Karaoke with Cowboy Kevin
- Fridays-Celebrity Impersonators
- Saturdays-Duo & live DJ
- Sundays-Bar Bingo

• **Tennessee Avenue Beer Hall** offers a comprehensive roster of music, several times per week, through early October. No matter anyone's musical preferences, the Beer Hall will have multiple programs for them. The lineup

includes soulful blues, classic and contemporary rock, reggae and indie. Most shows are free and will be performed in the outdoor Beer Garden. Check out the schedule at <https://www.tennesseeavenuebeerhall.com/>

**Margate-** The free Margate Public Library's Summer Music Series under the tent will be held at 6 p.m. on Monday evenings at Library Park. The schedule includes:

- 6/26 – Howard Isaacson Quintet, smooth jazz
  - 7/17 – Timberdale Brass, Philly's Premier Quintet
  - 7/31 – Boulevard Express, A Blue-grass Celebration
  - 8/14 – Rachel & Keve, instrumental virtuosity
  - 8/28 – Jen Hodge Quintet, jazz all-stars
- Call (609) 822-4700 for details.

**North Cape May-** The **COASTLINE REALTY Stage** at Ferry Park, at the Cape May ferry terminal, is the setting for the free Wednesday Summertime & The Livin's EZ concert series at 5:30 p.m., 7/5 through 8/30.

- The concert series includes:
- 7/5 – Independence Day
  - 7/12 – Swift Technique
  - 7/19 – Billy Walton Band
  - 7/26 – E Street Shuffle
  - 8/2 – Soul Cruisers
  - 8/9 – Bastard Bearded Irishmen
  - 8/16 – Fat Mezz
  - 8/23 – Yacht Lobster
  - 8/30 – Cheezy & The Crackers

Relax on the green while enjoying a panorama of the Cape May Canal and Delaware Bay. Dockside and inside bars, plus beer, wine and other beverage outlets will be set up on the lawn. No outside coolers or alcohol and guests should to bring their own chairs and blankets. Ferry Park also has numerous on-site food and beverage options. <https://www.visitferrypark.com/happenings>

**OCEAN CITY POPS  
CALENDAR**

As always, the Ocean City Pops schedule includes everything for everyone. June starts the great



lineup with a sold-out show from Wicked superstar Kristin Chenoweth and ends in mid-September with a performance from the Atlantic City Ballet.

This year's August theater entry at the high school's Bill and Nancy Hughes Performing Arts Center (PAC) is *The Wizard of Oz*. Tickets for almost all shows, with exceptions for the theater and some singers, top out in the high \$20s. <https://www.showpass.com/o/city-of-ocean-city/>

## NEW FOOD EVENTS:

### Atlantic City HARD ROCK-

- The new Thursday Seafood Buffet at Fresh Harvest features fresh ocean favorites.
- Sip champagne or mimosas at the elegant Sunday Champagne Brunch at Council Oak, which overlooks the Boardwalk. \$79.95 per person. 8/27
- The Beach Bar is now open with a menu of cool drinks to cool off.

### TENNESSEE AVENUE COMPLEX

#### • Rhythm & Spirits and Bar 32- Chocolate Brunch

Every Sunday, from 11 a.m.-3 p.m. the Rhythm & Spirits Chocolate Brunch invites guests to savor sweet breakfast treats like Italian American Waffles, created from homemade ricotta cannoli, orange marmalade and dark chocolate on top of a Belgium pearl sugar waffle. Can you say decadent?

• **Mobile Cigar Lounge** - Tennessee Avenue Tobacco Company, a purveyor of the world's finest cigars and accessories, brings its new mobile cigar lounge to the Shore. The first of its kind, sophisticated venue is a perfect locale for celebrations or to just relax with a fine cigar and friends.

The 32-foot, custom-built mobile cigar lounge luxury trailer has climate control, comfortable leather chairs, dark wood accents and a fully stocked humidor with most major cigar brands. New brands will appeal to connoisseurs seeking variety. The outdoor deck's Adirondack chairs enhances the experience.

Customers may book a party or special event at <https://www.facebook.com/tnnesseeavenuetobaccocompany>

• **West Cape May- Exit Zero Filling Station** is taking dining out to a new level with its 1949 Chevy Truck experience. This unique, restored 1949 Chevy truck's customized rear dining cabin accommodates a dinner party up to eight.

The restored classic Chevy truck has been painted fire engine red and a dining cabin with an electric fireplace has replaced the truck bed. Other classic vehicles for dining are an Airstream trailer for six and a Winnebago mobile home with retro records and record player.

Other Exit Zero events are the new retro-themed Afternoon Delight Happy Hour from 3 p.m.-5 p.m. The main dining room has installed a permanent projector screen to play classic movies with TV tray theme nights.

Think movies and TV shows from *Columbo* to *Hawaii Five O* and *Frankie and Annette's Beach Party* movies. *JAWS* showings will thrill and scare viewers on rotation days throughout the summer. <https://www.exitzero.com/>

### REGIONAL OPTIONS FROM THE DOUGHERTY GROUP

Whether in Atlantic City or nearby Linwood, the Dougherty Restaurant Group offers some of the finest dining around. Reservations are available for fine dining at Doc's Oyster House, the Knife & Fork and Dougherty's Steakhouse and Raw Bar in Resorts Casino Hotel. Check the times for both dinner and Happy Hours. Dougherty's Raw Bar offers live music on Friday/Saturday nights from 5 p.m.-10 p.m.

Linwood Country Club's main dining room serves lunch from 12 p.m.-4 p.m., Wednesday to Sunday; dinner daily from 4 p.m. and a daily Happy Hour from 4 p.m.-6 p.m. The outside Fox Den operates daily from noon, weather permitting and features live music on Thursdays/Friday evenings, starting at 6 p.m.

<https://www.doughertyrestaurantgroup.com/restaurants>

### HAMMONTON IS A HUB OF ACTIVITY

• Get your cameras ready and register for the "Digital Photography with Jack Mazzeo" series for beginners, intermediate and advanced students at the Mazzeo Studios, 111 S. Egg Harbor Rd. All participants must bring a digital camera beyond a smartphone. Acceptable options are "point and shoot" digital cameras, DSLR cameras, a compact mirrorless camera or other compact non-film-based formats.

The classes are suitable for mature teens over 14. A parent or guardian must accompany the minor throughout the entire program. Chaperones who remain on site do not have to buy a ticket, but will have to if also attending the class.

**Intermediate Photography-** 7/18 and 7/20; 5:30 p.m.-8 p.m. (\$125)

**Advanced Photography-** 9/19, 9/21 and 9/23- Tuesday and Thursday, 5:30 p.m.-8 p.m.; Saturday 10 a.m.-12 p.m. (\$165)

Course, instructor and registration information available at [stockton.edu/photography](http://stockton.edu/photography), [cs@stockton.edu](mailto:cs@stockton.edu) or (609) 652-4227.

Hammonton businesses are creating individual summer day camps for children with varied interests and talents:

• **Allies in Caring, Pinelands Preservation Alliance / Alliance & Pinelands Adventures** has designed a five-day adventure camp to connect kids, ages 11-14, with nature, science and stewardship. The Atreverte "Adventures in Nature

Camp" will run from 7/31 to 8/5 from 9 a.m.-3 p.m.

Daily drop-off at the Convivir Wellness Center. Registration is \$125 for five days; \$25 for one. \$25 scholarships available. Pricing includes transportation during the day, kayak, materials & snacks to Wharton State Forest.

(609) 878-2007 or email [cmorales@alliesincaring.org](mailto:cmorales@alliesincaring.org) Register at <https://www.eventbrite.com/e/atrevete-adventures-in-nature-camp-tickets-620959886737>; [https://612327ab-85f3-4a8d-96c0-d44846160fdc.usrfiles.com/ugd/612327\\_c606b5d3b2a84878887a511f81b461a5.pdf](https://612327ab-85f3-4a8d-96c0-d44846160fdc.usrfiles.com/ugd/612327_c606b5d3b2a84878887a511f81b461a5.pdf) for scholarship assistance.

• **Creativity Camp** for ages 6 and older. The Gomez Studio will conduct a weekly art class to explore drawing, painting, air-dry clay, Papier-mâché sculpture, mixed media collage and more. On Fridays, work will be displayed at the "Meet the Artists Gallery Show" from 3 p.m. to 4 p.m.

Each week is self-contained-morning sessions from 9 a.m.-12:30 p.m. (\$200); full day camp runs from 9 a.m.-3:30 p.m. (\$350). Fees include all art materials, registration fee and one camp t-shirt for daily wear. Additional shirts are \$15 each. Campers are responsible for their own lunches, snacks and water, but will enjoy complimentary pizza on Fridays.

Class dates are Monday-Friday, 7/10, 7/17, 7/31 and 8/14. <https://www.thegomezstudio.com/events-1> click on Art Camp to register.





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or Call us: 609-345-0151

## Esquites

### Ingredients:

1 tbsp. vegetable oil  
 8 ears yellow corn, cut off the cob  
 1 poblano pepper, seeded & diced  
 6 green onions, thinly sliced, whites and greens separated  
 1 tsp. kosher salt  
 1/2 tsp. ground black pepper  
 2 garlic cloves, grated  
 3/4 c. crumbled Cotija cheese  
 3/4 c. chopped fresh cilantro  
 1/4 c. mayonnaise  
 1/4 c. sour cream  
 1 medium lime, zested & juiced  
 1 tsp. chili powder



### Directions:

Heat a large cast-iron or stainless steel skillet over medium-high heat. Add the oil, then corn kernels, poblano, green onion whites, salt, and pepper. Cook until the corn begins to char, 8 to 10 minutes. Stir in the garlic. Remove from heat and transfer the mixture to a large bowl. Add the cheese, cilantro, mayonnaise, sour cream, lime zest, lime juice, 1 1/2 teaspoons chili powder, and the green onion greens. Fold to combine. Season with salt, pepper, and chili powder.

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## Beaches in Atlantic County

**ATLANTIC CITY** – Lifeguards on duty, showers, changing rooms, food permitted, free admission. [www.acbp.org/](http://www.acbp.org/)



**BRIGANTINE** – Lifeguards on duty, surfing beaches, showers, changing rooms, food permitted. Season tags are \$18; seniors 65 and over and children 12 and under free. Weekly tags are \$14, daily tags \$8. Seasonal parking permits are \$25. Purchase at the Brigantine Beach Community Center located at 265 42nd St. Call (609) 264-7350 or visit [www.brigantinebeachnj.com](http://www.brigantinebeachnj.com)

**EGG HARBOR CITY** - Lake Park, 2300 Philadelphia Ave. There are lifeguards on duty and restrooms. Residents pay \$10 for the season, nonresidents \$15. Senior citizens \$3; daily wristbands sold at lake for \$4 per day. Picnic tables are \$15 daily. Children 4 years old and younger are free. Purchase at the EHC Tax and Utility Office at City Hall, 500 London Ave. Call (609) 965-0123 or visit [www.eggharborcity.org](http://www.eggharborcity.org)

**HAMILTON TOWNSHIP** - Cove Beach at Lake Lenape Lifeguards on duty, open 11 a.m. to 6 p.m. Thursdays through Mondays June 18 - August 3; Fridays through Mondays August 7 - September 7. Seasonal beach tags are \$14, daily wristbands are \$9. Children 11 and younger are free but MUST be accompanied by an adult. Seasonal tags are available at the administration office in Town Hall in Mays Landing or for purchase at the Cove. Call (609) 625-4762 or visit [www.townshipofhamilton.com](http://www.townshipofhamilton.com)

**MARGATE** – Lifeguards on duty from 10 a.m. to 6 p.m., restrooms, surfing beaches, food permitted. Seasonal tags are \$15; tags also accepted in Ventnor. Beach badges are required every day except Thursday. Badges are sold at the Martin Bloom Community Pavilion at Huntington Avenue and the beach from 10 a.m. to 3 p.m. Monday-Sunday, and City Hall, 1 S. Washington Ave. from 9 a.m. to 4 p.m. Monday through Friday. Beach restrooms are located at Huntington Avenue (Bloom Pavilion), Rumson Avenue, Benson Avenue (Greenhouse), and Adams Avenue beach. Accessible beaches with mats for easier mobility are at Andover, Barclay, Clermont, Douglas, Exeter, Huntington, Kenyon, Osborne, Rumson, Vendome, Decatur, Madison, and Coolidge avenues. Call (609) 822-2605 or visit [www.margate-nj.com](http://www.margate-nj.com). Margate City Beach Patrol Headquarters is located at Decatur Avenue and the beach. Call (609) 822-2370

**LONGPORT** – Lifeguards on duty from 10 a.m. to 6 p.m., surfing beaches, showers, food permitted. Seasonal tags are \$30; children up to 12 free. Weekly tags are \$10. Beach badges are available at Longport Borough Hall, 2305 Atlantic Ave.; and at Lifeguard Headquarters, 33rd and Atlantic avenues or reserve them over the phone. Restrooms are located at 33rd and Atlantic avenues in the Community Building-Lifeguard Headquarters. [www.longport-nj.us](http://www.longport-nj.us)

**SOMERS POINT** - William Morrow Beach, Higbee and Bay avenues – Lifeguard on duty, rates for large groups available. The free beach looks over the bay and across to Ocean City. William Morrow Beach features free live music all summer, every Friday evening at 7 p.m. until the first Friday of September. A schedule can be found at [somerspointbeachconcerts.com](http://somerspointbeachconcerts.com). Bring your chairs and coolers and come down to watch the shows. Call (609) 927-9088 or visit [www.somerspointgov.org](http://www.somerspointgov.org)

**VENTNOR** – Lifeguards on duty, 10 a.m. to 6 p.m. surfing beaches, fishing pier, food permitted. Season tags are \$15; weekly tags \$10. Tags also accepted in Margate. Purchase tags at Ventnor City Hall or from a beach tag checker. Ventnor City Beach Patrol Headquarters is located at the Suffolk Avenue beach. Call (609) 823-7948 or (609) 823-7953. Restrooms are located at the Ventnor Library and Cultural Arts Center, the beach side of Newport Avenue; Ventnor City Hall, 6201 Atlantic Avenue; Ventnor Municipal Fishing Pier; Ventnor Tennis Courts, Atlantic and Somerset Avenue; Cambridge Avenue and Boardwalk. Accessible beaches are at Suffolk and Newport avenues. In addition to ADA-approved access ramps and accessible parking, the beach patrol has accessible beach chairs for additional access to the beach. No dogs are allowed on the boardwalk at any time. Dogs are not allowed on the beach May 15 through Sept. 30. From Oct. 1 to May 15, leashed dogs may be walked in areas washed by the high tide line. [www.ventnorchity.org](http://www.ventnorchity.org)

**MALIBU BEACH WILDLIFE MANAGEMENT AREA** - Malibu Beach is a free dog friendly beach located on the Egg Harbor Township end of the Ocean City-Longport Bridge. Dogs are welcomed year round, un-leashed and all. Parking is available right next to the beach. Only requirement is to clean up after your pup. No permits required, you can lie down and tan while your dog runs around and socializes with other dogs.





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## ATLANTIC COUNTY FARMER'S MARKETS

New Jersey isn't known as "The Garden State" for no reason. Whether you're visiting for the day or week, or a seasonal or year-round resident, you'll want to take advantage of the locally sourced, deliciously fresh produce available at any of the local weekly markets listed below.



### MARGATE

Thursdays, 8:30–11:30am, June 15-Aug 31

By Steve & Cookie's By The Bay - Amherst & Madison Aves  
Info: [facebook.com/margate-communityfarmers-market](https://facebook.com/margate-communityfarmers-market)

### GALLOWAY

Thursdays, 4-7pm, June 29-Sept 7

Historic Smithville Village Greene - 315 E Moss Mill Rd  
Info: [gogreengalloway.org](http://gogreengalloway.org)

### VENTNOR CITY

Fridays, 8:30am–12pm, May 26-Sept 1

Atlantic & Newport Aves  
Info: [facebook.com/ventnorcityfarmersmarket](https://facebook.com/ventnorcityfarmersmarket)

### BRIGANTINE

Saturdays, 8am-12pm, May 27-Sept 2

Brigantine Community School Parking Lot, Roosevelt & Sheridan - Info: [brigantinebeach.org](http://brigantinebeach.org) or 609.266.7600

**NOW YOU KNOW - THE DIFFERENCE BETWEEN ICE CREAM, SOFT SERVE & FROZEN YOGURT**

- Jersey Cape Magazine Culinary Research Team

Summer has arrived, bringing hotter weather with it, and many of us seek a refreshing, creamy delight to cool down. Whether your preference lies in ice cream, soft serve, or frozen yogurt is entirely up to you. However, have you ever wondered what sets them apart? Here are the distinctions: (Please don't blame the messenger, we're simply stating the facts.)



**CHARACTERISTICS OF ICE CREAM**

Let's start with the most common dairy dessert. Ice cream is the fattiest of these three treats. So, if you're on a strict diet, maybe consider soft serve. That is really the biggest differentiating factor for ice cream. It is made from 10-18% milk-fat. It is also stored at a colder temperature (usually 5°F). Because of that, ice cream is harder than soft serve. Go figure.

**CHARACTERISTICS OF SOFT SERVE**

You have seen soft serve coming out of a machine before. It looks scrumptious and is available in many different flavors. Ice cream is stored in tubs and needs to be scooped, whereas soft serve comes out without any scooping needed. Soft serve is what it sounds like. It is almost the same as ice cream, but it is made from only 5-10% milk-fat and is stored at 25°F which allows it to be much smoother.

**CHARACTERISTICS OF FROZEN YOGURT**

Ice cream is created by blending milk and cream, while yogurt follows a similar process but is produced through a controlled fermentation process that is safe and natural. Yogurt has a smooth texture and is typically softer than ice cream.

We hope this brief post helped you better understand the differences between these delicious summer treats. Stay cool out there!

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## Beaches in Cape May County

**AVALON** - 2023 Beach access fees: \$8 Daily, \$17 weekly; \$35 Season; Children 11 and under free; Active duty military members and their immediate families also may enjoy the beaches without a beach tag. The beach tags are available either by stopping by the Avalon Tax Collector's Office at Avalon Borough Hall, jersey-capetags.myshopify.com/collections/currentbeachtagsbadges, or from any beach tag inspector. Public restrooms are available at Borough Hall (32nd & Dune Dr), Public Safety Building (30th & Dune Dr), Community Hall (30th & the beach), Tennis Buildings (8th & 39th St), 10th & Dune Dr and 30th St and the beach (next to the Tot Lot). Public parking is available in Borough lots at 28th - 30th St & the beach, 32nd & Dune Dr behind the Municipal Building, on the corner of 21st St & 5th Ave and off Ocean Dr on 20th St. All parking in Avalon is free of charge. Surfing Beaches at 30th St, between 16-17th St, 20th St, and either side of the 12th St lifeguard stand, and 63rd St, but not near bathers. Please note: Due to low activity by surfers on the 63rd St beach, the Avalon Beach Patrol is allowing stand up paddle boards at that location as well. Bicycles are permitted on the boardwalk between 5-10am. Tennis courts at 8th and 39th St. Bay front fishing piers at 8th, 23rd, 24th, 33rd, 37th 53rd & 57th St. Dogs are not permitted on the beach, boardwalk, or dunes anytime between 3/1 and 9/30. 609-967-8200 or avalonboro.net

**CAPE MAY** - 2023 Beach access fees: \$8 Daily; \$15 for 3-consecutive days; \$20 weekly; \$30 Season. Children 11 and under free; Active duty military members and their immediate families also may enjoy the beaches without a beach tag. Beach Tags are available weekdays at City Hall Tax Office (643 Washington St), any beach entrance, and viplypass.com/cape-may/. Public restrooms are located along the promenade approximately every half mile. Outdoor showers to rinse off are along the promenade. If you need a full shower and change, you'll need to head back to your hotel. You won't find lockers along the beach front, so keep your personal items with you or lock them in your car. For parking, beach front meters are in effect every day til 10/31 from 10am-10pm. Bicycles are permitted on the Boardwalk between 4-10am. The beach north of The Peter Shields Inn is less crowded. Fires and portable devices that can be used for cooking are prohibited. Restrictions in place against being on any beach or waters between the hours of 10pm and 6am daily. Beach tents, umbrellas, and canopies are welcome. The beach patrol provides free surf chairs to people with restricted mobility. Feel free to bring coolers and food, but alcohol is not permitted. If you don't want to carry your food, there are a variety beach front restaurants and food stands serving up summer favorites. capemay.com

**CAPE MAY POINT** - 2023 Beach access fees: \$10 Daily; \$25 weekly; \$45 Season. Children 11 and under free; Active duty military members and their immediate families also may enjoy the beaches without a beach tag. Beach tags are required while lifeguards are on duty and all tags can be purchased on the beaches from any Beach Tag Inspector, or the Beach Tag Booth located behind Borough Hall. Non-metered street parking is available. Surf fishing is permitted at all beaches after 5pm. Smoking on the beach is not permitted. 609-884-8468 or www.capemaypoint.org

**OCEAN CITY** - 2023 Beach access fees: \$10 Daily; \$20 Weekly; \$35 Season, 12 and under free. Free seasonal tags are available to veterans and active military members. Veterans receive free tags (veteran only). Active military members, spouses and immediate children up to age 23 also are eligible to receive free tags. The tags are now available at City Hall, the Route 52 Welcome Center and the 46th Street Welcome Center. - Beach tags can be purchased at booths on the boardwalk, and Daily Tags from tag inspectors on the beach, and store.ocnj.us. Ocean City has public restrooms at 1st, 6th, 12th and 58th St, City Hall and the Music Pier. There is a non-metered parking lot at 5th and Asbury Ave. All other parking is metered, lots or pay as you enter. Surf Fishing is permitted anytime on unguarded beaches and on guarded beaches before and after lifeguards are on duty. Surf Fishing is also permitted anytime in Corson's Inlet State Park on the island's southern tip. Bicycles are permitted on the Boardwalk between 6am & Noon. Public boat ramp at Tennessee Ave. Surfing at 7th St, 16th St beach and Waverly beaches. Fishing Piers are between 14th and 15th St. 609-399-6111 or ocnj.us

**SEA ISLE CITY** - 2023 Beach access fees: Daily: \$5, Weekly (Sat.-Sat.) \$10, Season: \$25. Complimentary "weekly" beach tags will be issued for qualified active-duty military personnel and their family members. One complimentary veteran beach tag will be issued per qualified veteran (valid for the entire summer season). Wednesdays are FREE BEACH DAYS. Beach Tags are required for all beaches from Memorial Day Weekend to Labor Day, 9am-5pm for everyone 12 years and older. Beach tags can be purchased inside the Welcome Center Tag Office (located inside the Welcome Center), or on the beach from a beach tag inspector, or with the Beach Tag Vending Machine located in the lobby of City Hall, 233 JFK Blvd or on-line from your mobile

device at viplypass.com/sea-isle-city/. Public restrooms with rinse stations at 32nd, 40th, 44th, & 85th. Public restrooms at the Welcome Center (when open), Marina Building (347-42nd Pl), 60th & Central Ave, Dealy Field (6108 Central Ave), 94th & Landis Ave. Beach Front Public Restrooms: 32nd, 40th, 44th & 85th. Kayaking/Stand Up Paddle Board Beaches: 30th, 35th, 58th, 79th. Surfing/Stand Up Paddle Board Beaches: 26th, 37th, 48th, 53rd, 63rd, 74th, & 82nd. Volleyball Beaches: 25th, 30th, 35th, 53rd, 57th, 67th, 72nd & 88th. Sailboat Launching Beaches: between 20th & 22nd. Kite Board Launching Beaches: between 14th & 16th. Surf Fishing Beaches include: Any beach area adjacent to rock jetties not designated as a surfing or kayaking beach. Beaches not designated as a sailboat launching, kite boarding, bathing, or rafting beach. Beach Concessions: 38th, 42nd, & 56th. Handicapped Beach Entrances: 32nd, 40th, JFK, 44th, 63rd & 85th. Beach chair rentals at 44th St Beach Patrol Headquarters. 609-263-8687 or seaslecitynj.us

**STONE HARBOR** - 2023 Beach access fees: \$8 Daily; \$17 Weekly; \$40 Season. 11 and under free, and active duty military members and their immediate families also may enjoy the beaches without a beach tag. Seasonal, weekly and daily tags may be purchased from inspectors on the beach or from the Stone Harbor Beach Patrol Building, 95th St & the Beach. The beachfront parking lot at 95th & First Ave is FREE after 5pm. The parking lot between 93rd & 94th St on Second Ave is also free - ALL DAY! Also at this location is an Electric Car Charging station supplied by UGO Stations. Metered and free parking along side streets. Swimming and rafting beaches are all designated beaches except 81st, 86th, 105th, 110th, 112th & 122nd St. The use of surfboards (with lease) are permitted at the beaches at 81st & 110th St only. Kayaks are permitted at 122nd -126th St only, and life jackets must be worn at all times while in the water. Surf Fishing is at discretion of lifeguard captain - daily basis. Fishing Piers at 83rd and Bay. Public boat ramp at the 80th St Marina. Stone Harbor prohibits: picnics, alcoholic beverages, fires, glass bottles & sleeping from sunset to sunrise. Sailcrafts must be licensed and beached at designated areas. Vehicles are permitted on the beach by permit only from 10/1-3/31. For permit info, call 609-368-5102. Dogs are permitted on the beach from 7pm to sunset from the now til Labor Day. Dogs are permitted on the beach at any time from the day after Labor Day to the Thursday before Memorial Day. All dogs must be leashed at all times. Dogs and other pets are not permitted at the Stone Harbor Point at any time. 609-368-6805 or stoneharbornj.org

**UPPER TOWNSHIP/STRATHMERE** - Free Beach - All beaches in Upper Township are free and do not require beach tags. Free parking at Beesley's Point and on the street in Strathmere. Handicap access ramp is located at Putnam Rd. Call beach HQ if you need a beach wheelchair at 609-263-1151. Public Restrooms (Port-o-pots) are located at Williams Rd, Putnam Rd, and 1400 Commonwealth. There is a restroom at Beesley's Point. Handicap Access is provided at Williams Avenue. No dogs are permitted on any of Upper Township's beaches from May-Sept. Boogie boards and rafts are permitted at all bathing beaches at the discretion of the lifeguards based on conditions. Surfing is permitted south of Tecumseh and north of Sherman. Lifeguards may allow surfing between other protected beaches pending conditions. Fishing is permitted south of Prescott and north of Seaciff. Lifeguards may allow fishing between other protected beaches pending conditions. Beach parties, fires, motor vehicles, alcoholic beverages, changing of clothes, fireworks & release of balloons are not permitted. 609-628-2011 or uppertownship.com

**Wildwoods** (includes North Wildwood, Wildwood, and Wildwood Crest) - The Wildwoods 5-miles of FREE beaches, rated as "New Jersey's Best Beaches," are the widest, cleanest and safest beaches on the Jersey Shore with plenty of room for all your favorite beach activities. Whether you just want to relax or take a leisurely stroll along the water's edge, engage in a spirited game of Beach Volleyball, toss a frisbee or play in the ocean, you can spend your day at the beach your way. The Wildwoods beaches are guarded by expert Lifeguards til Labor Day from 10am-5:30pm daily. Many streets offer stands renting beach chairs and beach umbrellas as well surfboards and boogie boards. Metered street parking and fee lots available. Parking at 116 East Poplar Avenue, Wildwood Nomad Parking, 4320 Boardwalk, Wildwood. Public Bath Houses for changing and showers at: 116 E Poplar Ave & 4320 Boardwalk There are no showers or changing rooms in Wildwood and Wildwood Crest. Bicycles and roller blades are permitted on the Boardwalk between dawn & 11am. Surfing is at the discretion of the Beach Patrol. Surf Fishing is permitted on all beaches October til May. Check with the Beach Patrol during summer months. Tennis courts at Fox Park-4500 Atlantic Ave. Food is permitted all beaches. Glass containers, barbecues, & alcohol are prohibited. North Wildwood Beach is regarded as being one of the best sports beaches in the Northeast with two volley ball nets at 18th & 7th St. 800-992-9732 or wildwoodsny.com



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## 6 BEST DOG FRIENDLY BEACHES IN NJ

**WILDWOOD DOG BEACH** - The Wildwood Dog Park and Beach, located between Glenwood and Maple Avenues, is hard to miss — there is a monumental red fire hydrant sculpture along the fence. In that vein, this amusement park-adjacent dog beach is the closest thing you might find to an Instagram attraction for your pups. Giant tires and a massive beach chair provide fun for climbing and great photo ops. There are designated areas for larger and smaller breeds. Local pet parents agree that this is a prime place for dogs to stretch their four legs and socialize. Dog-Friendly Features: Fresh water and cleanup bags are offered on site. Hours and Rules: The park is open daily, dawn to dusk, and dogs can roam free within the fenced area. However, canines on the dog beach must be leashed. It's worth noting that dogs are not allowed on the bustling Wildwood Boardwalk during the prime summer season, from Memorial Day to Labor Day.

**ASBURY PARK DOG BEACH** - Better known as the 8th Avenue dog beach by locals, Asbury Park's dedicated stretch of shoreline is a hound haven. Well-behaved pooches are welcome off leash to splash and zoom around within view of the town's historic Convention Hall. While daytime hours are limited during the summer months, most dog owners know that dawn and dusk are ideal times to take the dog for a walk. You might even catch an epic sunrise over the Atlantic. Dog-Friendly Features: If you're visiting the Asbury Park dog beach in the evening, consider checking out Wonder Bar's Yappy Hour, a local bar's dog-friendly outdoor happy hour along Ocean Avenue. Hours and Rules: In the seasonal summer months, dogs are prohibited from 8:30 a.m. to 6 p.m. The same rules are in effect for the hip Asbury Boardwalk. But dogs are allowed to be off-leash on the beach anytime of day between September 15 and May 15. Dog owners must immediately pick up after their dogs or could face up to \$1,000 in fines.

**BRIGANTINE DOG BEACH** - The Brigantine North End Dog Beach is close to the Absecon Wildlife Management Area as well as the scenic Edwin B. Forsythe National Wildlife Refuge. Bring your wild pup to this dog beach just outside Atlantic City for a romp year-round on a 6-foot leash. The area offers free parking and stretches from the beginning of the sea wall to the nature preserve. Be wary of horse flies and other beach bugs that are more prevalent in the humid summer months, especially once the wind dies down. Dog-Friendly Features: Dogs are allowed on this beach all year, as long as

they are leashed. Hours and Rules: Dogs must be kept on a 6-foot leash and are only allowed in the nature area in the off season from September-May.

**CAPE MAY DOG BEACH** - Cape May is known for its fine beaches, and at the Higbee Beach Wildlife Management Area, canines can appreciate them too—from dawn to dusk. A half-mile stretch of sand welcomes friendly, leashed dogs from September through April. Humans know all too well how fantastic this resort town is in the summer months, so parking areas near Higbee might be closed to their usual pet patrons from May through August. Dog-Friendly Features: Water is shallow enough for dogs to romp and play. Hours and Rules: The beach is open from dawn until dusk. Dogs should be leashed at all times.

**LONGPORT DOG BEACH** - Located in Egg Harbor, Longport Dog Beach is also known as Somers Point Dog Beach or Malibu Dog Beach. Whatever you want to call it, this beach at Ocean Drive Bridge, across from the fishing pier, offers open space for pups looking for a place to roam. There are no trash receptacles or bathrooms on site, so be prepared to carry out your own trash — and potentially your pup's waste. Also, be advised that parking is tricky here and tickets are enforced, so pay attention to signage. But if you come prepared, your dog might benefit from a beautiful day at this Atlantic County beach, leash optional. Dog-Friendly Features: Dogs of all sizes can be off leash at this New Jersey beach. Hours and Rules: Open year round from sunrise to sunset. There are no waste receptacles, so you will have to clean up and carry out your dog's waste. Parking rules need to be obeyed and they do ticket for parking violations.

**MANASQUAN DOG BEACH** - The Fisherman's Cove Conservation Area is a tract in the Manasquan Inlet and one of NJ's beaches that allows dogs, with a dedicated area welcoming leashed pets. More commonly referred to as Manasquan's dog beach, well-behaved pups will enjoy the views and the surf, especially at low tide. The beach can be a bit rocky, but many pets and parents still enjoy the friendly ambiance of this Jersey Shore spot. Dog-Friendly Features: There is an on-site hydration station for thirsty pups. The nearby Riverside Cafe — open seasonally — is uber pet-friendly with patio seating and fresh water and treats for your canine companion. Hours and Rules: Dogs are welcome with a leash during the day on the east portion of the beach. The west side of the beach is reserved for other beach activities.

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## BEACH SAFETY BEACH WARNING FLAGS

During summer lifeguard stands will fly a beach warning flag indicating surf conditions.

**BEACH FLAG WARNING SYSTEM**

	<b>Double Red</b> Water Closed to Public Use		<b>Red</b> High Hazard (rough conditions, such as strong surf and or currents)
	<b>Yellow</b> Medium Hazard (light surf and or currents)		<b>Green</b> Low Hazard (calm conditions)
			<b>Purple</b> Marine Pest (jellyfish, stingrays & dangerous fish)

- Only enter the water on protected beaches while lifeguards are on duty within the designated areas. Use caution whenever you enter the ocean, never turn your back on the waves and keep off the rock jetties. Never underestimate the ocean or overestimate your ability to swim in the ocean.
- Don't leave umbrellas or tents unattended. The wind can easily carry away an umbrella or tent that is not properly secured and their poles can injure other beachgoers.
- Keep an eye on your children. Parents should never leave their child unattended. Instruct your children to go to the lifeguard stand and ask the guard for help if they become lost.
- Do not feed the seagulls. Seagulls can become aggressive, especially when food is present. Also human food is not healthy for wildlife - and seagulls can bite!
- Protect your skin. Wear sunblock with a minimum sun protection factor of 15 anytime you expect to be exposed to the sun. Reapply as often as you need it.
- Wear eye protection. UV rays can damage eyes. Wear sunglasses that absorb at least 90 percent of UV sunlight.
- Watch for signs of heat stroke. These include red, hot and dry skin, lethargy, nausea and vomiting, and weakness and dizziness. If you suspect someone is suffering from heat stroke, get the victim to a shady or cool area and call for assistance. Stay hydrated by drinking plenty of water, especially on days with excessive and oppressive heat.



## RIP CURRENTS

### HOW TO AVOID & SURVIVE

A rip current is a specific kind of water current that can occur near beaches with breaking waves. A rip current is a strong, localized, and narrow current of water which moves directly away from the shore, cutting through the lines of breaking waves like a river running out to sea.



- Check water conditions before going in by looking at the local beach forecast before you leave for the beach and talking to the lifeguard at the beach.
- Only swim at a beach with lifeguards. The chances of drowning at a beach with lifeguards are 1 in 18 million (U.S. Lifesaving Association).
- Don't assume! Great weather for the beach does not always mean it's safe to swim or even play in the shallows. Rip currents often form on calm, sunny days.
- Moving at speeds of up to eight feet per second, rip currents can move faster than an Olympic swimmer.
- Panicked swimmers often try to counter a rip current by swimming straight back to shore—putting themselves at risk of drowning because of fatigue.
- Lifeguards rescue tens of thousands of people from rip currents in the U.S. every year, but it is estimated that 100 people are killed by rip currents annually.
- If caught in a rip current, don't fight it! Swim parallel to the shore and swim back to land at an angle.



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1	SPF 30	SPF 15	SPF 15	SPF 8-14	SPF 8-14
2	SPF 30	SPF 30	SPF 30	SPF 15	SPF 8-14
3	SPF 50	SPF 50	SPF 30	SPF 15	SPF 15
4	SPF 50-110	SPF 50	SPF 30	SPF 30	SPF 15
5	SPF 50-110	SPF 50-110	SPF 50-110	SPF 50	SPF 30

Reapply at least every 2 hours or as directed on package to help ensure adequate protection. © 2013 Energizer

### BEACH PHOTO SCAVENGER HUNT

A scavenger hunt at the beach is such fun, looking for things on the list in the sun...

- BEACHBALL
- SURFER RIDING A WAVE
- YOUR COLLECTION OF SEASHELLS
- SELFIE WITH A LIFEGUARD
- FLIP FLOPS
- BEACH VOLLEYBALL GAME
- TURTLE
- SAND CASTLE
- A KITE IN THE SKY
- BEACH BANNER PLANE
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- FUDGIE WUDGIE GUY
- TOES IN THE SAND
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## PROTECTING OUR PETS IN THE HEAT

Submitted By Patsy Nelson  
from The Wagging Tail

I have addressed the problem with having pets in hot cars, even with the windows slightly open on all sides. I have a lease car now that allows for auto start, so I can leave Zoey in the AC as I run into the library, or the Produce Place, and yet I am still nervous that it may shut off. The temperature in a car with the windows open slightly can reach 102 degrees in ten minutes. After 30 minutes, 120 degrees. Your pet may either die or suffer permanent organ damage.

According to Dr. Barry Kellogg, VMD of the Humane Society Veterinary Medical Association humidity is also a concern. "Animals pant to evaporate moisture from their lungs, which takes heat away from their body. If the humidity is too high, they are unable to cool themselves and their temperature will skyrocket to dangerous levels-very quickly." Zoey is a Maltese and has a short muzzle, like boxers, pugs, shih tzus, bull dogs and others and it makes it even harder for them to breathe. Ebby is part chihuahua, part cocker spaniel and very heat sensitive. She is also black so I bought her a cooling vest. I am extra careful with them in the car.

Exercise is great for dogs, but a parent must be aware of how much running your dog does to catch that ball or frisbee. Some dogs push themselves to excess and they can become in danger of heat stroke. It happened to Parker once, and it wasn't even hot. I carried him into the laundry sink and cooled his legs with tepid water and ran some over his body. Then let him lick on ice cubes. It was very scary. Exercise should be limited to early morning or evening hours when things have noticeably cooled down, especially hot roads. Asphalt can burn their paws so walk on grass as much as possible. Proper walking etiquette for dogs is to walk them on your left, facing traffic, and keeping the dog on the inside, preferably on the grass. Keep yourself and your dog hydrated. We have a supply of travel water holders, as well as treat bags. You can buy cooling vests, cooling scarves and cooling mats as well. Make popsicles for your pet or buy canvas bones like we have that can be put in the freezer. Some dogs would enjoy a cooling soak in a bathtub or pet pool.

Fans do not cool pets like they cool humans. If you use a fan have one that is ground level so it can keep your pets' feet cool as they sweat through their feet. If your pet spends time outside, confine them to shady areas, and provide cool water with added ice cubes. If you don't have trees, a tarp can be erected that will provide shade and still allow for air flow.

### SAND IMPACTION CAN BE DEADLY FOR A DOG

While romping on the beach, your dog may inadvertently ingest sand from the ball or frisbee you toss, digging in the sand and eating something tasty left behind, ingesting water while retrieving a toy thrown in the surf, consuming particles flung into the air by running children or other dogs or from shaking out a towel or blanket (saltwater poisoning can be an issue as well). Although the sand particles are small, they become a condensed, wet, heavy mass which could possibly cause a blockage in the intestinal tract. The symptoms you should look for are unusual restlessness, panting, vomiting, dehydration, abdominal pain, hard mass in the stomach area and constipation." If you see these symptoms, take your pet to the vet asap.

## Sweet Potato Dog Treats

### Ingredients:

- 1 cup of canned sweet potato (you can sub fresh if you want)
- 1 3/4 cups whole wheat flour, brown rice flour, or gluten free flour
- 1 egg (beaten)



### Directions:

1. Preheat oven to 350°F.
2. Stir ingredients together in a large bowl until dough forms.
3. Roll dough into small balls and place on a cookie sheet lined with parchment paper.
4. Press dough down slightly so the biscuits are about 1/4 inch thick. Bake until golden brown and let cool on a wire rack.



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**July 22 – Rat Pack • Rat Pack Tribute Night**

**August 5 – The Loop • Various**

**August 12 - Dueling Pianos & Sir Rod  
 Dueling Pianos 6pm • Rod Stewart Tribute 8pm**

**August 19 - Parrot Beach • Jimmy Buffet Tribute Band**

**August 26 - Party Wave Band • Party - Various**

**September 2 - The Notion • 70s-Today**

**June 28 – Don't Call Me Francis • Top Hits 70s-Today**

**July 5 – Sensational Soul Cruisers  
 Motown, Philly Soul, Disco, R & B**

**July 12 – B Street Band • Springsteen Tribute Band**

**July 19 – The Amish Outlaws • Various Music**

**July 26 – The Business • Various Party Music**

**August 2 – Dead Reckoning • Grateful Dead**

**August 9 - The Usual Suspects  
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- |                 |   |                   |  |
|-----------------|---|-------------------|--|
| June 23:        | THE TONY MART ALLSTARS "EVERYBODY LOVES ERNIE" Classic rock guitar tribute to clayton-santana-hendrix-the Allman Brothers-Joe Walsh-Stevie Ray Vaughn-George Harrison-John Lennon-Steven Stills | AUG 4:            | STANLEY JORDAN "STANLEY PLAYS JIMI" One of the world's greatest guitarists pays tribute to hendrix THE BRANDON IRELAND BAND WITH "BIG BOB" ERNANO  |
| June 30:        | MARTIN BARRE'S MUSICAL HISTORY OF JETHRO TULL Founding members tribute to their own british rock legacy. THE SSP'S START THE ROCK 'N ROLL PARTY   | Aug 11:           | TERRANCE SIMIEN & THE ZYDECO EXPERIENCE 2 time grammy winner: World music, reggae, classic rock  |
| Tuesday JULY 4: | THE BILLY WALTON BAND WITH MICHAEL "TUNES" ANTUNES Saxophone star of "Eddie & The Cruisers"   | Aug 18:           | TOMMY CASTRO & THE PAIN KILLERS Multi award winning "BB King entertainer of the year"  |
| JULY 7:         | MARDI GRAS IN JULY STARRING JAMES ANDREWS From "trombone shorty" and "treme" tv musical family Joe krown tribute to Dr John, professor longhair Allen Toussaint & James Booker                  | Aug 25:           | TOM HAMBRIDGE & THE RATTLE SNAKES Two time grammy winner performed with Buddy Guy, Mick Jagger, President Obama, BB King & hundreds of stars THE E STREET SHUFFLE Premiere Springsteen Tribute   |
| JULY 14:        | THE WEEKLINGS Beatles music with glen burtnik-star of broadway's beatlemania, Styx and Electric Light Orchestra   | Sept 1:           | RED Hot new allstar super group with Patty Balbo 80's tribute - Heart-Pretenders -Pat Benatar and classic psychedelic rock with Janis Joplin   |
| July 21:        | THE DANE ANTHONY BAND Premiere northeast party dance band your favorite funk, classic rock, motown, disco and dance   | Sept. 8:          | CYRIL NEVILLE WITH OMARI NEVILLE & THE FUEL Grammy lifetime achievement award recipient world renown star of new orleans r&b, funk & soul the only "neville brother" still performing THE JIMMY BROGAN BAND Popular jersey shore rockin' party |
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