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MAGAZINE

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CARINI FAMILY RISTORANTE & PIZZERIA IS NOW OPEN THURS-SUN • SEE PAGE 3



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· Grouper Eapriccioso

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KC 24 SF 21 (2-PT DIFFERENCE)
SHARON FROM MARGE'S
DINER
KC 24 SF 21 (2-PT DIFFERENCE)
PHYLLIS S FROM NCM
KC 23 SF 21 (3-PT DIFFERENCE)
CHRISTINE IS THE WINNER
OF A \$25 GIFT CERTIFICATE
TO MARGE'S DINER!!

TV CHALLENGE

1	2	3	114	4	5	6	7		8	9	10
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44			П	45	t	-	*		46 *		

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

Across

- 1. Laugh sound
- 4. Detective's assignment
- 8. Settle a debt
- 11. Online cousin of "just saying"
- 12. Security for a debt
- 13. Diamond stat
- 14. Mild cheese
- 17. Gut reaction?
- 18. "Better Call Saul" channel
- 19. Auto dealer's abbr.
- 21. Bit of sweat
- 24. Nervous speaker's sound
- 25. To one side
- 26. Depart
- 27. Happen
- 28. In the mail
- 30. Use the library
- 32. "How awful!"
- 34. Quandary
- 35. Admitted one's mistake
- 41. Bird of myth
- 42. Nettle
- 43. Previously
- 44. Flock member
- 45. Info
- 46. Paddle

Down

- 1. Self starter?
- 2. Music genre
- 3. Accept
- 4. Musical sign

- 5. Lungful
- 6. Date
- 7. "Orinoco Flow" singer
- 8. Christmas wish
- 9. Rainbow's shape
- 10. Jabber
- 15. Dynamite
- 16. "Peter Pan" author
- 19. Acts clownishly
- 20. Loafer, e.g.
- 22. "Mamma Mia!" band
- 23. Turned blue, maybe
- 29. Meena Harris, to Kamala
- 31. An American in Paris, say
- 33. Many a Kirkuk resident
- 34. Dog biter
- 35. "Blessed ____ the pure in heart ..."
- 36. Pull
- 37. Soccer standout Hamm
- 38. Deli order
- 39. Supermarket chain inits.
- 40. Extended period

Solution: Tombstone

N	A	1	Ξ.	A	1	A	D		3	Μ	3
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Y	A	d		3	S	A	0		Н	3	Н







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Grey's Anatomy

BEN ADDISON CALLIE ADELE CARINA ALANA CATHERINE ALEX CHARLES AMFLIA CRISTINA ANDREW DENNY APRIL DEREK ARIZONA GEORGE

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MATTHEW

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Release the week of February 16 - 22, 2024

REED

FEBRUARY 15 - FEBRUARY 21,

ARIES (Mar. 21- April 20)

It's all about community, Aries! On Tuesday, Mars enters Aquarius and helps you advocate for the underdog. Then on Friday, Venus also enters Aquarius, inspiring you to combine the best of romance and friendship, especially on Saturday under the Venus-Pluto conjunction. Pisces Season begins on Sunday and helps you take time off to rest, retreat, and reimagine what you want for yourself. TAURUS (Apr. 21- May 21)

Connections AND competence, Taurus. Mars enters Aquarius on Tuesday and attracts the people who see your skills as a path for career success. Venus enters Aquarius on Friday and then forms a conjunction to intense Pluto the next day, inspiring a repairing conversation with a colleague. Pisces season begins on Sunday and initiates your most friendly, lively, and social time of year. Clock out and connect! GEMINI (May 22-June 21)

Time for many breakthroughs, Gemini! Mars enters Aquarius on Tuesday and inspires you to see things differently, then Venus enters Aquarius on Friday and transforms your perspective on relationships. You can apply this new knowledge under Saturday's Venus-Pluto conjunction. Pisces season begins on Saturday and kicks off your most professionally successful time of year, so you better werk! CANCER (June 22-July 22)

Intimacy is work, Cancer! Mars enters the depths of Aquarius on Tuesday, encouraging you to reveal, not conceal your truth. Then Venus enters Aquarius on Friday, which centers a sense of trust and safety that supports intimacy—especially during Saturday's Venus-Pluto conjunction. Pisces season begins on Sunday and takes you to new campuses and maybe even countries so you can expand your horizons in wonderful ways. **LEO** (July 23-Aug 22)

Find the win/win, Leo! Mars enters romantic Aquarius on Tuesday and helps you negotiate across a gridlock. Then, Venus enters Aquarius on Friday and puts opposites-attract chemistry in your connections for growth, especially

puts opposites-attract chemistry in your connections for growth, especially under Saturday's Venus-Pluto conjunction. Pisces season begins on Sunday and helps you explore your relationship to sexuality, eroticism, and trust. VIRGO (Aug. 23 - Sept. 23)

Stay mindful, Virgo. Mars enters Aquarius on Tuesday, encouraging you to track your habits as a clue for the results you're getting. Then, Venus enters Aquarius on Friday and reminds you that it's the small details in relationships that create closeness. Turn towards the small things during Saturday's Venus-Pluto conjunction. Pisces season begins on Sunday and starts your most romantic time

LIBRA (Sept. 24 -Oct. 23)

You're worth it, Libra! Mars enters confidence-building Aquarius on Tuesday, inspiring you to ground down in self-esteem worthiness. Then, Venus enters Aquarius on Friday, giving you a glow up when it comes to romance. Put it to use and take a risk during Saturday's Venus-Pluto conjunction. Pisces season begins next Saturday and puts your wellbeing at the top of your priority list again, with a "small goals only" approach for success. SCORPIO (Oct. 24 - Nov. 22)

What is "home," Scorpio? Mars enters cozy Aquarius on Tuesday, helping you advocate for your emotional needs. Then, Venus enters Aquarius on Friday, attracting people who honor your sensitivity as strength. Showcase your feelings under Saturday's Venus-Pluto conjunction. Finally, Pisces season begins on Saturday and you'll reframe your creativities and confidence in big ways. **SAGITTARIUS** (Nov. 23 -Dec. 21)

Keep it concise, clear, and kind, Sag! Mars enters straight-talking Aguarius on Tuesday and you'll be tasked with speaking the truth with clarity and empathy. Venus enters Aquarius on Friday and the smooth talkers will be attracted to you. Prioritize communication during Saturday's Venus-Pluto's conjunction. Pisces season begins on Saturday and your emotional intelligence is going off

CAPRICORN (Dec 22.- Jan. 20)

Practice what you teach, Capricorn! Mars enters Aquarius on Tuesday and supports you in living into your values. Venus enters Aquarius on Friday and challenges you to practice your values in your romantic relationships, especially during Saturday's Venus-Pluto conjunction, which is all about the money. Pisces season begins on Saturday and you'll want to follow your curiosities for

curiosity's sake. AQUARIUS (Jan. 21 -Feb. 19)

Happy birthday, Aquarius! Mars enters your sign on Tuesday and blesses you with the passion and power to make your dreams come true. Venus enters your sign on Friday and gives your romantic efforts a major boost. Take a chance on love under Saturday's Venus-Pluto conjunction! Pisces season begins on Saturday, and you're tasking with living into the values that will guide your new year **PISCES (Feb. 20-Mar. 20)**

Let it ALL go, Pisces. This week offers you a profound chance at healing when Mars enters Aquarius on Tuesday and gives you the bravery to say goodbye to your past patterns. Venus enters Aquarius on Friday and inspires you to love more fearlessly in the present. Just don't bring the past into the present during Saturday's Venus-Pluto conjunction. Finally, your birthday month begins on Sunday and the Sun rises on a new chapter of your life!

Horoscopes Provided by: astrology-online.com





The Wildwoods Convention Center Hosts Cheerleading Competitions in February and March

The Wildwoods Convention Center will host an amazing lineup of athletic and talented cheerleaders from around the country for cheer championships during the months of February and March.

Sat and Sun, Feb 17-18 ~ Spirit Brands National Cheerleading Championship
The Spirit Brands National Cheerleading Championship features two days of aerial
and acrobatic feats on Saturday, February 17 and Sunday, February 18. The event
runs from 8 a.m. to 10 p.m. on Saturday and Sunday (times subject to change).
Admission will be charged at the door the day of the event.

Sun, Feb 25 ~ Spirit Brands Cheer Movement Nationals

The Spirit Brand's Cheer Movement Nationals will be held on Sunday, February 25, with registration beginning at 9 a.m., and competitions from 10 a.m. to 3 p.m. (times subject to change). Admission will be charged at the door the day of the event.

Fri to Sun, Mar 1-3 ~ Mid-Atlantic Cheer Championships

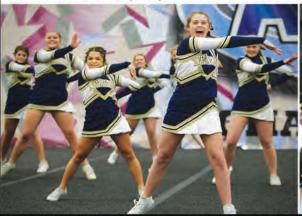
The Mid-Atlantic Cheer Championships will take over the Wildwoods Convention

Center for three exciting days of cheer competition March 1-3. Doors open at 7 a.m. on Friday, March 1 and Saturday, March 2, and at 8 a.m. on Sunday, March 3.

For each event, all teams will compete on a spring floor and will perform incredible stunts in hopes of winning the judges' votes. All performances will be choreographed to music and sound effects, and the winning teams will be awarded prizes.

Admission fee for adults is \$28 for one day or \$48 for two days; children, seniors, and military are \$23 for one day or \$38 for two days. Tickets are exclusively available for purchase online at www.Varsity.com/mac. Tickets will not be available at the door the day of the event.

For info about Spirit Brands cheerleading events, call 866-52-CHEER or visit Spirit-Brands.org. For more info on the Mid-Atlantic Cheer Championships, call 866-397-3034 or visit Varsity.com/mac. For Wildwoods info, visit WildwoodsNJ.com or call 800-992-9732.







AROUND THE CAPE

Wildwoods

Eagles Autism Foundation Winterfest Saturday, Feb 17 Inlet on Olde, 101 East Walnut Avenue, North Wildwood. Help us raise funds for Autism Awareness! Meet Swoop, Eagles Cheerleaders and players. Enjoy live entertainment as well as fun for the kids. Entertainment for children featuring; face painting, glitter and balloon art, arcade and bounce house. Visit www.wildwoodsni.

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RESERVATIONS RECOMMENDED

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com for more information and to purchase entry tickets (\$20 donation for Eagles Autism Foundation).

Chamber Health Benefits Kick-Off Event Wednesday, February 21 Wildwoods Convention Center, 4 p.m.-6 p.m. In collaboration with multiple Chambers of Commerce within Cape May County, learn about the exciting, new insurance plans and packages that are now available for businesses and their employees. Join us for a free event with drinks & lite fare for business owners and decision makers ONLY. Benefits allow for employers to offer plans to Full Time, Part Time, Seasonal, and 1099s. capemaycountychamber.com

CAPE MAY

Pickleball at Cape May Convention Hall Every Monday -Thursday, 9:30 a.m. - 3:30 p.m. \$5 per person. Courts are First Come, First Serve. Paddles available upon request. Sign up in person at Cape May Convention Hall at 714 Beach Ave...

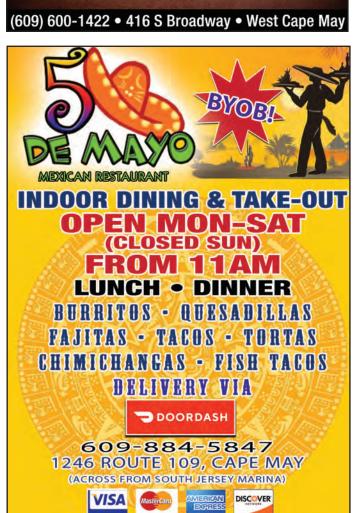
or call 609-884-9591.

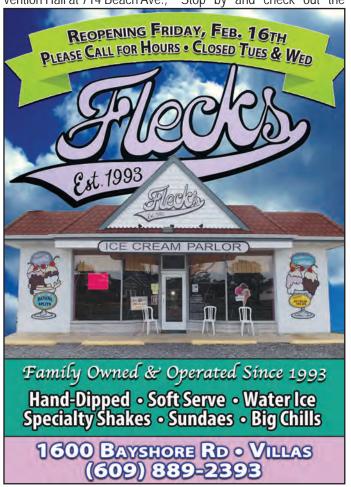
CAPE MAY WINE TRAIL

Saturday, February 17 10:45 am - 5 p.m. Cape May County Vineyards re producing delicious wines and here is your chance to enjoy them with round-trip transportation via Cape May MAC trolley. Board the trolley at the Emlen Physick Estate at 1048 Washington St and travel to the Bellevue Tavern in Cape May Court House for a delicious lunch. Then, its back on board the trolley for an afternoon of touring and sampling wine selections by vintners at Jessie Creek Winery and Natali Vineyards. Guests will receive a tour, tasting and souvenir glass at Jessie Creek Winery and a tasting with cheese and crackers at Natali Vineyards. This event is for adults ages 21 and over. capemaymac.org.

CRAFTS AND COLLECT-**IBLES IN WINTER**

Saturday and Sunday, February 17 and 18 10 a.m. 4 p.m. Stop by and check out the





wares of local artisans at the Cape May Convention Hall at 714 Beach Ave. in Cape May

NATIONAL DRINK WINE DAY While February 18th is observed annually as National Drink Wine Day, it would be a shame to celebrate only one day a year. Perhaps this day is just a reminder to drink wine. Wine does have its benefits after all. Moderate drinkers of wine have lower risks of liver disease, type II diabetes, certain kinds of cancers, heart at-

tack, and stroke. It also can reduce the bad cholesterol (LDL) and increase the good (HDL). Drinking wine includes other benefits as well. When paired with the right meal, it enhances the flavors of spices, fruits, and sauces. A glass of wine helps relax us. Learning about wine keeps our minds sharp, too. Since the fruits, regions, and the making of wine have such a complex story, those who delve into find themselves traveling to learn more.













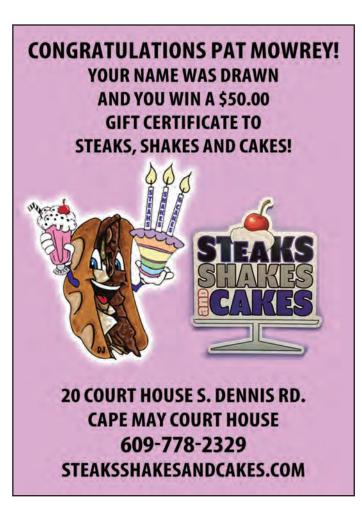


In Loving Memory

Elizabeth A. Lanza, 96, passed away on February 10, 2024 surrounded by her family. Born in Philadelphia, PA on February 17, 1927 to the late Anthony and Marianne "Anne" (Magrino) Fascenda, Elizabeth was a Cape May County resident since 1954. She was a proud homemaker who loved to cook, sew and crochet. Elizabeth was a puzzle queen who had a great sense of humor. She was a longtime volunteer for Deborah Heart and Lung Center and a member of St. John of God Church.

Elizabeth is preceded in death by her husband Serafino "Harry" Lanza (1993) and grandson Michael (1996). She is survived by her children Wayne (Sandy) Lanza, Harry Lanza, Gregory (Donna) Lanza and Paula (Michael Breslin) Lanza; grandchildren Mercedes (Michael), Wayne Jr., Robert (Krystle) and Joshua; great-children Jakob, Asher, and Ariana; and fur babies Zero, Minnie, and Henry.

In lieu of flowers, donations may be made to Shriners Hospital for Children at www.lovetotheresuce.org. Evoy Funeral Home has been entrusted with the services.





PRESIDENTS DAY

On the third Monday in February, the United States celebrates the federal holiday known as Presidents Day. The day takes place during the birth month of the country's two most prominent presidents, George Washington and Abraham Lincoln. While the day once only honored President George Washington on his birthday, February 22nd, the day now never lands on a single president's birthday. Across







the country, most Americans know the day as Presidents Day. More and more of the population celebrates the day to honor all of the past United States Presidents who have served the country. Throughout the country, organizations and communities celebrate the day with public ceremonies.

NATIONAL LOVE YOUR PET DAY On February 20th, pet lovers everywhere observe National Love Your Pet Day. This holiday focuses on giving extra attention to our pets. The day encourages pampering our pets and focusing on the special relationship pets hold in our lives.

NATIONAL STICKY BUN DAY National Sticky Bun Day on February 21st recognizes a delicious pastry that comes rolled up and dripping with a sweet, sugary topping. They're perfect with a hot cup of coffee in the morning or as an after-dinner sweet!

PHILLY TEAMS ON TV THIS WEEK

ALL STAR BREAK

NEXT GAME: VS NEW YORK KNICKS THURS, FEB 22 7:00PM • NBCSP





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@ TORONTO MAPLE LEAFS

THURS, FEB 15 7:00PM • NBCSP

@ NEW JERSEY DEVILS

SAT, FEB 17

8:00PM • ABC/ESPN+

@ CHICAGO BLACK HAWKS

WED, FEB 21 7:30PM • TNT/MAX

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BREAKFAST SAT & SUN 8A-NOON

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DAILY AT THE BAR
11A-6P
APPETIZER SPECIALS
4-6P

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SATURDAY, FEBRUARY 17 8PM · TNT



SKILLS CHALLENGE

> 3-PT CONTEST



STEPH V SABRINA 3-PT CHALLENGE



SLAM DUNK CONTEST

ALL-STAR GAME
SUNDAY, FEBRUARY 18
8PM • TNT





This Week's Weather HIGH 45 THURSDAY, FEBRUARY 15 **LOW 30** HIGH 45 FRIDAY, FEBRUARY 16 **LOW 34** HIGH 45 SATURDAY, FEBRUARY 17 **LOW 34** HIGH 45 SUNDAY, FEBRUARY 18 **LOW 30** HIGH 46 MONDAY, FEBRUARY 19 **LOW 36** HIGH 46 TUESDAY, FEBRUARY 20 **LOW 37** HIGH 46 30% WEDNESDAY, FEBRUARY 21 **LOW 34**

Fun Facts about the Daytona 500

The Daytona 500 is Known as "The Great American Race" - Every year, the Daytona International Speedway hosts this legendary NASCAR Cup Series race, attracting fans from all over the country.

It is the Most Prestigious Race in NASCAR - The Daytona 500 is considered the crown jewel of NASCAR and serves as the season-opening race.

The Race Covers a Distance of 500 Miles - Drivers compete for 200 laps around the 2.5-mile-long Daytona International Speedway.

The Process Took Over a Year - It took 15 months to build Daytona International Speedway. Ground broke in November 1957, and it opened for business in February 1959.

It's One of the Largest of Its Kind - The speedway is one of the largest outdoor stadiums in the U.S. It includes 11 social areas, known as neighborhoods, each measuring the size of a football field.

The Size of the Earth Mattered - Daytona International Speedway measures nearly 1 mile, and developers had to take the curvature of the Earth into account.

Houses the Most Stadium Escalators - Getting around is easy with 17 elevators and 40 escalators, the most in the U.S. of outdoor stadium escalators.

See Concerts and More - The track serves as a multipurpose venue, hosting everything from country music festivals to motorcycle shows.

Bike Week Draws Big Crowds - Bike Week is one of the most popular events, and the event has been running for more than 70 years. Bike Week at Daytona features vendors, expert riders, free demo rides and supercross events. Midway entrance is free during Bike Week.

Hosted Races for Nearly 60 Years - The first race held at the track was the Daytona 500 in 1959, and the speedway began hosting the Daytona 200 in 1961.

Legends Are Made Here - Dale Earnhardt Sr. won the most races at the

speedway, with a whopping 34 wins. Only three drivers have won the Daytona 500 and Rolex 24; Jamie McMurray, Mario Andretti and AJ Foyt.

The Race has had Multiple Weather-Related Delays – Due to its February schedule, the Daytona 500 has experienced rain delays, leading to unforgettable moments and suspense among fans.

The average speed of the winning car is usually over 150 mph - With high-powered engines and skilled drivers, the Daytona 500 is a fast-paced race where cars reach incredible speeds.

The Winner of the Daytona 500 Receives a Substantial Prize Money - In addition to the Harley J. Earl Trophy, the champion of the Daytona 500 also earns a significant monetary prize, making it a highly coveted victory.

Visiting Daytona International Speedway

Renovations Add More Space - The stadium seats more than 100,000 racing fans. A major renovation project has led to more than 60 trackside suites and doubled the number of restrooms.

Tour the Speedway - Guests can tour Daytona International Speedway on special dates and times. Check the schedule to plan a tour.

Or Get in the Driver Seat - The NASCAR Driving Experience gives visitors a chance to ride along or get in the driver seat. The event is multiple times a month, excluding March.

Camping Is Encouraged - When camping, vehicles must be less than 8 feet in height and 20 feet in length. Pets are allowed at the GEICO Park West and GEICO Infield RV and in camping areas.

Share Experiences Easily - It's easy to share the full Daytona racing experience at the speedway. Visitors can also enjoy free Wi-Fi throughout the stadium, Midway and fan zones.

Recipe of the Week

by Chef Chip

ASIAN OSTRICH/EMU MEATBALLS

INGREDIENTS:

- · 1 lb Ground Ostrich or Emu
- · 1/4 lb Ground Pork
- 1 Large Egg
- 1 Tbsp Worcestershire Sauce
- 1 Tbsp Sov Sauce
- 1 Tbsp Hoisin Sauce
- 1 Tbsp Oyster Sauce
- 1 Tbsp Chili Sauce
- 1 Tbsp Pineapple Juice
- 1 Tbsp Honey
- · 1/2 tsp Oregano
- · 1 tsp Onion Powder
- 1/2 tsp Garlic Powder
- 1/2 tsp Ground Ginger
- 1/2 cup Short Grain Rice, Cooked & Cooled
- · 2 Tbsp Panko Bread Crumbs

PREPARATION:

In a medium size bowl, mix all ingredients except rice by hand. After everything is incorporated, gently fold in rice. Roll into equal size balls and place on a sheetpan lined with parchment paper. Bake in a preheated 350° oven to an internal temperature of 165°. Enjoy!



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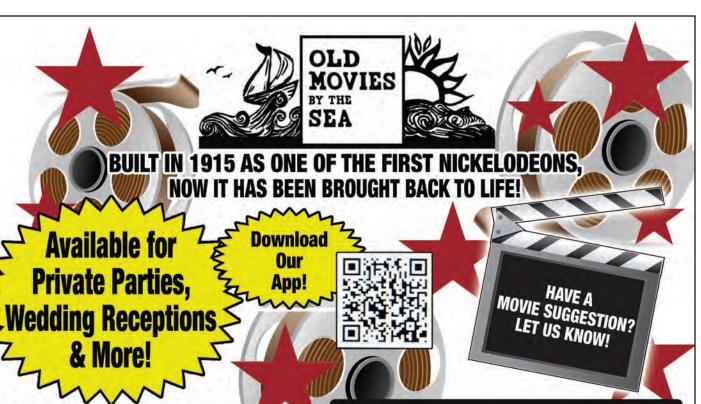
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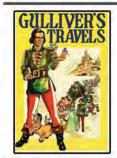
FRIDA	Y EVE	NING								F	EBRU	ARY 16	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	S.W.A.T. (N	N) (SP)	Fire Count	try (N) (SP)	Blue Blood	Is (N) (SP)	News (N)	(:35) Colbe	rt
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Shark Tanl	k (N)	20/20 (N)				News (N)	(:35) J. Kim	mel
10-NBC	News (N)	NBC News	News (N)	Hollywood	Password		Dateline N	BC (N)			News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Penn & Te	ller (N)	FunnyKids	Animals	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Frankie	(:45) 20 Thi	ngs-Midso	mer		Start Up	NJ Spotl	One on O	Newsline
29-F0X	The Six	Special	Extra (N)	TMZ (N)	WWE Frida	y Night Sm	ackDown (N) (Live)	News (N)	Special	News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	ia (N)	48 Hours (N)	Law-SVU "	Impulsive"	Neighbor	Neighbor	King
A&E	First 48 "Fa	allen Angel"	The First 4	8	The First 4	8	The First 4	18	The First 4	8	(:05) The F	rst 48	(:05) First48
AMC	(5:00) ਨੇ★★	★ Tombsto	ne ('93) Kur	t Russell.	਼ਾ਼±∗ Red (('10) Morgan	Freeman, I	Bruce Willis.		ቻ★★ Red 2	2 ('13) John	Malkovich, E	Bruce Willis.
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Sourc	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper360
DISC	Gold Rush		Gold Rush		Gold Rush	(N)	(:10) Hustle	ers (N)	(:10) Outba	ck (N)	(:10) Gold I	Rush-Res.	Gold Rush
DISN	Hamster &	Hamster &	Big City	Big City	뜻★★★ Onv	` '		BigCity	(:20) Big Ci	•	BigCity	BigCity	Ladybug
ESPN	SportsCen	ter	2024 NBA	All-Star Cel	ebrity Gam	e (N) (Live)	Boxing O'S	Shaquie Fos	ter vs. Abral	nam Nova (N	N) (Live)	SportCtr (N	N) (Live)
ESPN2	(5:30) PLL		Basketball	VCU at Sair	nt Louis (N)	(Live)	College So	oftball			NFL Live		UFC Live
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N) (Live)	Hannity (N	l) (Live)	Gutfeld!		Fox News	(N) (Live)	The Five
FX	(4:00) ♀ Hid	den Figures	뚯★★★ The	Help ('11)	Emma Stone	e, Bryce Dal	las Howard,	Viola Davis	•	뿟★★★ Hid	den Figure	` '	
HBO	Movie	(:35) Enth	· / /		9) Zoe Salda	ana, Sam Wo	orthington.		Real Time	() ()	True "Part	5"	RealTime
HIST	Ancient Ali	iens	Ancient Al	iens	Ancient Al	iens	Ancient Al	iens (N)	(:05) Proof -	There (N)	(:05) Ancie	nt Aliens	(:05) Aliens
TON	Hawaii Five	e-0	Bull		Bull		Bull		Bull "Alrea	dy Gone"	Bull		Bull
	Grey's Ana		Grey's Ana		Grey's Ana		Grey's Ana		` ′		. , ,	Anatomy	,
MAX		Antitrust ('0			X	Bourne Ul	,	,	, , ,	Lucy ('14)		(:25) ♀ Sou	
NBCSPA	(/	` ,		Yale at Pen	, ,	, ,	Birds	Bask.		•	<u> </u>	s Vegas De	
NICK	(5:30) 👯★★		•	•	X	l Transylvar	` '				Friends		Friends
PARMT				Two Men		ne "Daybreal			Yellowstor		(:05) Yellov		Yellowst.
TBS	•	•	•	•	× · · · ·	/lomma's Ho			(:05) ਼ਿ∗ ★ Bi	<u> </u>	,	,	Movie
TCM	, , ,,	★ How the		` '		litt ('68) Ste			. ,		le of the Ya	, ,	
TNT	· / /	0) • Matrix Resurr All Elite Wrestling					l	Rising Star				All Elite W	restling
USA	Chicago Fi	re	Chi. Fire "F	Prove It"	¥★★★ Tho	or ('11) Nata	lie Portman	, Chris Hems	sworth.	∯★★ Bad I	News Bears	('05)	





THIS WEEK'S FEATURES:

THURSDAY, FEB. 15: COLLEGE - BUSTER KEATON (1927)
4PM • 6PM • 8:30PM



STARTING FRIDAY, FEBRUARY 16

GULLIVER'S TRAVELS (1939)

FRIDAY

2PM • 4PM • 6PM

COMEDY 8PM

SATURDAY 12PM • 2PM 4PM • 6PM COMEDY 8PM SUNDAY 12PM • 2PM 4PM • 6PM 8:30PM

MONDAY, TUESDAY, WEDNESDAY 4PM • 6PM • 8:30PM

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Maurice River Petersburg State Park Woodbine Cape May National lerville Wildlife Idlife (347) Refuge gement Seaville rea Strath (47) (83) Beaver MARGE'S DINERSea Isle City Swamp Fish and Wildlife. 12 Avalon Stone Harbor (47) Rio Grande Wildwood 19 Cape May

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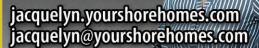
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Real Estate Around the Cape

This elegant home was built by the renowned builder Anthony Christaldi using his stunning craftsmanship for crown molding, columns and intricate mill work throughout every room making the home an impeccable masterpiece. From the roof to the basement is nothing less than perfection. The entrance is enchanting with a large fover and sweeping horseshoe stairs, a large family room, booklined study, formal dining room with wainscotting, recessed lighting around the ceiling and lovely artwork. A gourmet kitchen with custom cabinets, Sub Zero and Wolf Pro appliances, dining area overlooking the patio, at the top of the stairs is a sun filled room, featuring large windows for views, gas fireplace and the ambience for peace and quiet. Each bedroom is en suite with the Master bedroom having cathedral ceilings, his/her walk in closets, a soaking tub, fireplace and glass enclosed shower. If you like to entertain, the lower level is the place to be with a bar area, cafe with booths, billiard table, card table and your own theater and a Sauna. The backyard is spacious and private with a large deck and patio area as well as a small fountain. Located steps away from the Union League National Golf Course, great for the golf enthusiasts. The description and pictures do not do justice to what a personal tour can provide, your eyes will be amazed at the elegance and craftmanship of this home. All furnishings are negotiable. There is an Home Owners Association and fees are \$450.00 a year. A copy of the HOA documents will be provided to Buyer. Seller is selling the home "AS IS" "WHERE IS", and needs to obtain suitable housing prior to closing.

Home of the Week

15 Eagles Way • Cape May Court House



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SATU	RDAY	AFTEF	RNOON							F	EBRU	ARY 17	7 , 2024
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Hope-Wild	Paid Prog.	Preview	Basketball	Texas at Ho	ouston (N) (L	_ive)	PGA Tour	Golf The Ge	enesis Invita	tional, Third	Round (N) ((Live)
6-ABC	oh baby!	Pregame	NHL Hocke	y Los Ange	les Kings at	Boston Brui	ns (N)	NHL Hocke	y Edmontor	n Oilers at D	allas Stars (N) (Live)	
10-NBC	Wild Child	Paid Prog.	Soccer Ma	nchester City	y vs. Chelse	a (N) (Live)	Goal Zone	Flag Footb	all (N)	Track U.S.	Indoor Chai	mpionships ((N) (Live)
17-MNT	Draft	Medicare	Paid Prog.	Pawn Stars	Pawn Stars	Chicago "E	rin's Mom"	Mod Fam	Mod Fam	Big Bang	Big Bang	Sheldon	Basketball
23-PBS	(11:00) You	, Happier W	/ith	Young Fore	ever With N	lark Hyman	, MD	Suze Orma	n's Ultimat	e Retireme	nt Guide	NJ Busin	State-Aff
29-FOX	Paid Prog.	Tip-Off (N)	Basketball	Creighton a	t Butler (N)	(Live)	Hoops (N)	Basketball	Marquette a	at Connectic	ut (N) (Live)	Hoops (N)	Basketball
57-CW	Paid Prog.	CBS Satur	day Mornin	g (N)		Raw Travel	World's	Sports	College Ba	sketball			Athlete
A&E	(11:00) Zo	Everything	Everything	Road Wars	1	Road Wars	1	Road Wars	3	The First 4	8	First 48 "Ba	ad Driver"
AMC	(:45) ਼ਿ*★★【	Dredd ('12)	Olivia Thirlb	y, Karl Urbar	٦.	뿟★★ Red ('10) Morgan	Freeman, E	Bruce Willis.		뿟★★ Red 2	2 ('13) Bruce	e Willis.
CNN	(11:00) Ho	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	٠,	CNN News	()	CNN News	` ,
DISC	(11:00) Ex	Expedition	Unknown	Expedition	Unknown	•		Expedition	Unknown	Expedition	Unknown	Expedition	Unknown
	,	, ,	, ,	Ladybug	, ,	Bluey	Bluey	Bluey	Bluey	,	0 ,	,	Big City
	,			ams TBA (N	, , ,	Basketball		rida State (N	N) (Live)		Kansas at (`	, , ,
	` '			st at Virginia	` ' ' '	College Ba					etball lowa 9		as (N)
-	(11:00) Ca			Fox News (Fox News	,,,,,	Journal Ed	. ,	Fox News	() ()	The Five	
	(11:00) 뜻★>			` ′		Man ('08)		· · · · · · · · · · · · · · · · · · ·			ਝ਼±± Iron l	, ,	
	(10:30) 9 Ka					nte the state of	• • •		,,		ctivity ('07)		
-	(11:00) Sw			The UnXpla		The UnXpla		The UnXpl		The UnXpl		The UnXpl	
	(11:00) La			Law & Orde		Law & Ord		Law & Ord		Law & Ord		Law & Ord	er: SVU
	, , , ,	•		Storm Chas	` '	₱ Buying E		• , ,		. ,	riving, and	` '	
				Гакеn 3 ('14			· / /	Appaloos	(/		(:35) % The		` '
M SOUTH		·	,	a at Princeto	(, (,			World Pok			Stony Broo		uth (N)
	•	. , , ,		ylvania 2	` '				•	뿟★★ Soni	c the Hedge	• ,	,
	(11:05) Yel	` '		(:10) Yellow		(:15) Yellow		(:20) Yellov			(:25) Yellov		Yellowst.
			<u> </u>	21) Don Chea		¥★★★ Kin	,	, ,	,	<u> </u>		₩±±± Bla	
	(11:00) ♀ C i		,,	Asphalt Ju	• • •			Barefoot C	Contessa (5	(4) Humphre	, ,	The Big The Big	
	(11:00) NC		•	·		College Ba					Basketball		Pregame
USA	(10:00) So	Premier	Basketball	Richmond a	it George W	ashington	Basketball	Saint Josep	h's at Duqu	esne (N)	911 Crisis	Chicago F	ire

CATIII	BDVA	EVENI	NG							F	FRRII	ARY 17	2024
SATO	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM
3-CBS	(3:00) PGA		News (N)		NCIS: Haw		The Equali		48 Hours ((:35) Draft	
6-ABC	News (N)	WorldNe	Wheel	THON	NHL Hock	y Philadelp	hia Flyers vs	s. New Jerse	ey Devils (N)	(Live)	News (N)	News (N)	Jeopardy!
10-NBC	News (N)	NBC News	Paid Prog.	1st Look	America's	Got "Final P	erformance	S"	Saturday N	light Live	News (N)	Saturday N	light Live
17-MNT	(5:30) Colle	ge Basketb	all	(:45) Colleg	e Basketba	II NC State	at Clemson	(N) (Live)	Action Nev	ws at 10 (N)	Philler	Delco Duo	Mom
23-PBS	Reporters	Chat Box	NYC Arts	State/Arts	Old House	Old House	Agatha "Mi	urder at the	Vicarage"	(:35) Luna 8	& Sophie	Celebrity 1	rip
29-FOX	(5:30) Colle	ge Basketb	all	Hoops (N)	Basketball	Michigan St	tate at Michi	gan (N)	News (N)		The Floor		Kelly
57-CW	Fast: Home	e Rescue	FamFeud	FamFeud	Gallen of	Black (N)	Equalizer "	Aftermath"	SEAL Tear	n	WOW - Wo	men	Neighbor
A&E	The First 4	8 "I Killed"	First 48 "Ba	ack Street"	First 48 "R	oad Rage"	The First 4	8 "Monster"	The First 4	8	(:05) The F i	irst 48	(:05) First48
AMC	(4:30) ਼ਿ*★★	Red 2	११ ★★ Arma	geddon ('9	B) Billy Bob	Thornton, Liv	v Tyler, Bruc	e Willis.		₹★★★ Cas	st Away Hel	en Hunt, To	m Hanks.
CNN	CNN News	room (N)	CNN News	room (N)	CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec
DISC	Expedition	xpedition Unknown Expedition Unl		Unknown	Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Expedition
DISN	Big City	Big City	Hailey	Hailey	Chibiverse	Marvel's	Marvel's	Kiff	Kiff	Kiff	Kiff	Kiff	Ladybug
ESPN	Basketball	Kentucky a	t Auburn (N)	(Live)	UFC 298 -	Prelims (N)	(Live)		Basketball	Colorado at	t USC (N) (L	ive)	SportCtr
ESPN2	Basketball	Baylor at W	est Virginia	(N) (Live)	Basketball	Yale at Prin	` ' ' '	,	SportCtr (N) (Live)	SportCtr (N) (Live)	Basketball
FNEWS	Fox Report	() ()	Weekend (, , ,	Life, Libert	, ,	One Nation	` '	Saturday N	O ()	Gutfeld!		Weekend
FX	(4:30) ♀ Iro	n Man 2	뿟★★★ Spi	der-Man: N	o Way Hom	e ('21) Zend	laya, Tom H	olland.	ç∗∗∗ Spi	der-Man: N	o Way Hom	e ('21) Tom	Holland.
HBO	(:05) ਼ਿ*★★★	Up in the	Air ('09)		To Be Ann	ounced			(:25) True [Detective "P	art 5"	Enthusias	RealTime
HIST	The UnXpl	ained	The UnXpla	ained	The UnXpl		The UnXpl		(:05) The U	nXplained	(:05) The U	•	UnXplain
-	Law & Ord		Law & Ord		Law & Ord		Law & Ord		Law & Ord		Law & Ord		Law-SVU
		,	'23) Natalie			ch House M	` '	, ,	` ' ' '	man With th		` '	Movie
	, ,	• (15) Hailee S			n ('98) Jean	<u> </u>			lits ('01) Bru			Movie
NBCSPA		, ,	Lacrosse F							nsylvania at		Wm. Baske	
			LEGO Bati		` '		RockPaper				Friends	Friends	Friends
	(/	Yellowstor		Yellowstor		(:35) Yellov		(:35) Yellov		Yellowstor		(:35) Yellov	
-	, , ,	★ Black Pa	` '		•	Big Bang	•	•	•	Pet Tricks			. ,
	, , ,		Country ('58	,		ow Green V	•	, ,	(:15) 뽯★★★	The More		. ,	Movie
		5:30) All-Star Saturday Pregame (N) (Live)				All-Star Sat			1	To Be Ann		To Be Ann	
USA	Chicago Fi	nicago Fire Chicago Fire (N)			Chicago F	re (N)	Chicago Fi	re (N)	Chicago F	ire (N)	Chicago Fi	ire (N)	Chi. Fire

SUND	AY AF	TERNO	OON							F	EBRU	ARY 1	8, 2024
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Paid Prog.	PBR Los Ar	ngeles (N)	Basketball	Purdue at C	Ohio State (N	l) (Live)	PGA Tour	Golf The Ge	enesis Invita	tional, Final	Round (N)	(Live)
6-ABC	Inside	GameDay ((N) (Live)	Wm. Bask	etball Georg	ia at South	Carolina (N)	NHL Hock	ey New York	Rangers v	s. New York	Islanders (N) (Live)
10-NBC	Discover	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Chasing G	old	Freestyle S	Ski.	FIS Cross-	Country	NFL Spec	ial (N)
17-MNT	Paid Prog.	Wm. Baske	tball Georg	ia Tech at N	C State (N)	This Week	In Focus	Friends	Friends	Two Men	Two Men	Philler	Paid Prog.
23-PBS	Think Tank	State-Aff	Suze Orma	ın's Ultimat	e Retiremer	nt Guide	America's	Home Cool	king: Easy I	Recipes	Luther Var	ndross	
29-F0X	Paid Prog.	Paid Prog.	Paid Prog.	NASCAR F	RaceDay (N)	(Live)	2024 Dayto	ona 500 (N)	(Live)				
57-CW	Paid Prog.	World Chas	se Tag	Storm of S	uspicion	SOS: How	to Survive	Paid Prog.	Paid Prog.	Women/Mo	ove (N)	Love of L	iberty
A&E	(11:00) Zo	Zombie Fli	p "Brown"	WWE Riva	ls	WWE Riva	ls	WWE Riva	ls	Biography	: WWE Leg	ends "Edge	e"
AMC	₹★★★ Cas	t Away Hele	en Hunt, Nic	ck Searcy, T	om Hanks.		nt de termande de	ageddon ('9	8) Billy Bob	Thornton, Li	v Tyler, Bru	ce Willis.	
CNN	(11:00) Insi	State of Un	ion	Fareed Zal	karia GPS	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN New	sroom (N)
DISC	(11:00) Afr	Naked and	Afraid	Naked and	Afraid "In T	oo Deep"		Naked and	Afraid	Naked and	Afraid	Naked an	d Afraid
DISN	Hailey	Ladybug	Ladybug	Marvel's	Marvel's	Kiff	Kiff	Kiff	Kiff	Big City	Big City	Big City	Big City
ESPN	(11:00) Sp	Basketball	Florida Atla	ntic at South	n Florida (N)	Wm. Baske	etball Virgin	ia Tech at L	ouisville (N)	Basketball	Memphis a	t SMU (N) (Live)
ESPN2	The Climb	Basketball	Wichita Sta	te at Charlo	tte (N)	Basketball	Bradley at I	Northern Iow	a (N) (Live)	Basketball	Texas Tech	n at Baylor ((N) (Live)
FNEWS	(11:00) Me		, , ,	Fox News	. , . ,	FOX News	•	Maria Bart	iromo	Fox News	(N) (Live)	Saturday	Night
FX	(9:30) % Live	Free or D	뜻★★ Unch	arted ('22)	Mark Wahlbe				stbusters: A	,	,		₩ Jumanji
HBO		Saint ('97) V			` ' '		, ,	ther Figure	, ,		The Leger		
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MAX		· / ·		• (/	egan Fox.	· / /		` '		· / ·	► Walk the	Line ('05)	
NBCSPA	•			Ū	Paid Prog.		etball Drexe		() ()				
NICK	, , , ,	ora and the			To Be Ann				TBA /(:45) \$				` ,
PARMT	(10:55) Yel	` '			(:50) Yellow		(:50) Yellov		(:50) Yellov		(:50) Yellov		Yellowst.
TBS	•		` '		I, Willem Daf	· ·			ck Panther	` '			
TCM			,	,	Cerr, Peter U	<u> </u>	,		ol Hand Luk	· /		· /	•
TNT	,			• ,	Russell Crow			, ,	Creed II ('				
USA	Soccer Lut	on Town vs.	Mancheste	r United (N)	Goal Zone	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Or	der: SVU

SUND	AY EV	ENING								F	EBRU	ARY 18	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	(3:00) PG	News (N)	60 Minutes	(N)	Equalizer ((N) (SP)	Tracker "M	issoula" (N)	CSI: Vegas	s (N) (SP)	News (N)	(:35) Sports	Turning
6-ABC	News (N)	WorldNe	Fun Videos	s (N)	American	Idol "701 (A	uditions)" (N) (SP)	What Wou	ld (N) (SP)	News (N)	News	On the Re
10-NBC	News (N)	NBC News	People's (N	l) (Live)	2024 Peop	le's Choice	Awards (N)	(Live)	Dateline N	BC (N)	News (N)		Bensinge
17-MNT	Goldbergs	Goldbergs	뜻★★★ Rer	nember the	Titans Den	zel Washin	gton.	Conners	Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Seinfeld
23-PBS	Great Perfo	ormances			Love Train	1		Freedom S	ongs		Suze Orma	an's	
29-FOX	(2:30) Dayt	ClassH	Next Level	Chef	Simpsons	Krapopolis	The-North	Grimsburg	News (N)		News (N)	Extra (N)	
57-CW	Pocono Mo	ountains	FamFeud	FamFeud	CBS News	Sunday Mo	orning (N)	Our Honor	Major Crim	nes	WOW - Wo	men	King
A&E	Biography:	WWE Lege	ends "Goldb	erg"	Biography	: WWE Leg	ends "nWo"	•	Biography	"Stone Cold	Steve Aust	tin"	Biography
AMC	ਝ਼±±±± TI	ne Shawsha	ank Redem	otion ('94) T	im Robbins.		Monsieur S	Spade "Epis	ode 6" (N)	ç×××× T	he Shawsh	ank Redem _l	otion ('94)
CNN	CNN News	room (N)	CNN News	room (N)	CNN Spec		CNN Spec		CNN Spec	•	CNN Spec		CNN Spec
DISC	(5:00) Afrai	(5:00) Afraid Naked and Afraid			Afraid "Dea	ath by Croco	dile" (N) (SF	P)	Afraid "For	rsaken"	Naked and	Afraid	Afraid
DISN	Big City Big City Big City		Big City	뜻★★★ Toy	y Story 3 ('1	0)	Marvel's	(:20) Marve	el's	Hamster&	Hamster&	Ladybug	
ESPN	College So	ftball			College So	ftball		•	SportsCen	iter (N) (Live	9)	SportsCen	ter (N)
ESPN2	30 for 30 T	he Minister o	of Defense		The Undef	eated	Undefeat	Undefeat	30 for 30 B	Bullies of Bal	timore		World of)
FNEWS	Fox Report	t (N) (Live)	Weekend (N) (Live)	Life, Libert	ty (N)	Sunday Nig	ght (N)	Weekend		Life, Liber	ty & Levin	Sunday
FX	(5:30) ਼ਿ*★★	Jumanji ('9	5) Robin Wi	lliams.	뿟★★★ Jur	nanji: Welc	ome to the	Jungle ('17)		ቻ★★★ Jur	nanji: Welc	ome to the	Jungle
HBO	Movie	To Be Ann	ounced				True "Part	6" (N) (SF)	(:20) Enthu	siasm (N)	Last Week	(:40) True "	Part 6"
HIST	America "P	op Stars"	Built Amer	ica	Built Amer	ica	Built Amer	ica	(:05) Built A	America	(:05) Built A	America	America
ION	NCIS "Hous	se Rules"	NCIS "Ched	ck"	NCIS		NCIS		NCIS "Cad	ence"	NCIS "Cab	in Fever"	NCIS
	★ The Bead	ch House M	lurders ('24))	The Man	in the Gue	sthouse ('24	4) (P)	☆ Abducted	d Off the Stre	et: Carlesha	Gaither S	Movie
MAX	(:20) ਼ਿ*★★★	Ingrid Goe	es West ('17	')	਼±∗ Hit &	Run ('12)		(:40) ਼ਿ*★★★	Fargo ('96	i)	(:20) ਼ਿ*★★	The Kid ('19)
NBCSPA	(4:00) Lacr	Bask.	Discover	BBL Leices	ter Riders v	s. Sheffield	Sharks	Wm. Bask	etball Drexe	l at Delawar	е	Poker Nigh	it (N)
NICK	RockPaper	뿟★★★ Sin	g ('16) Matth	new McCona	aughey.		Friends	Friends	Friends		Friends	Friends	Friends
PARMT	(5:50) Yellowstone Yellowstone				(:10) Yellov		(:15) Yellow			Yellowstor		Yellowston	
TBS	NBA All-Star Pre-Game On TBS (N) (Live)				NBA All-St	ar Western	Conference	vs. Eastern	Conference	(N) (Live)	Pet Tricks	Pet Tricks	Movie
TCM	(5:15) *** ★★ The Dirty Dozen ('67)				ቻ★★★★ T	opkapi ('64)	Melina Mer	couri.	(:15) ♀★★★	Adaptatio	n ('02) Nicol	as Cage. (P	
TNT	All-Star Sunday Pregame (N) (Live)				NBA All-St	ar Western	Conference	vs. Eastern	Conference	(N) (Live)	2024 NBA	All-Star Gar	ne
USA	Law & Orde	aw & Order: SVU Law & Order: SVU		er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law-SVU



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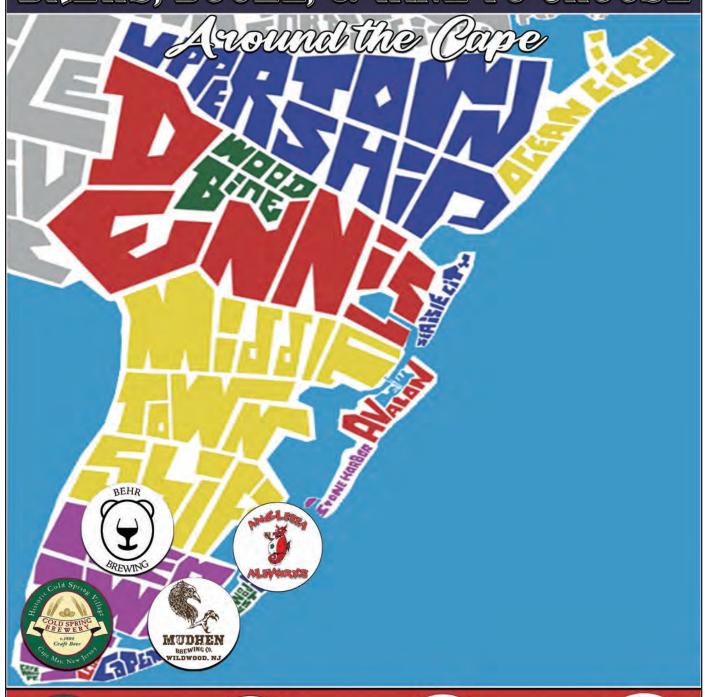
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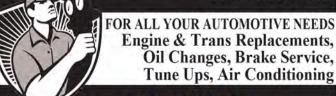


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HOW TO COMBAT THOSE WINTER ODORS IN YOUR VEHICLE, PT 2

Mold is the silent enemy with over 100,000 different species, mold manifests in diverse forms and colors. Among the spectrum of mold colors, black is often the most recognized and feared. While not all black mold is toxic, certain strains can indeed be dangerous, causing severe health problems and even death. Yellow and green mold are also common colors, and these, along with others, have the potential to be toxic. It's imperative to treat all mold seriously and address them promptly and thoroughly. Contrary to the common belief that they only thrive in warm environments, molds have adapted to survive and grow in various climates, including colder temperatures, even within the confines of your car. Mold can initiate growth within 24 hours of exposure to moisture. Left unchecked, it can wreak havoc on your car's interior and pose health risks. The presence of dreaded toxic mold can escalate the problem significantly, potentially leading to symptoms such as vomiting, lung bleeding, and fatigue, particularly for individuals with compromised immune systems or a history of respiratory issues. If you are concerned about the specific mold you are dealing with or may be exposed to, there are numerous test kits available. Basic testing kits help identify the presence of mold, while more advanced tests can pinpoint the species and assess toxicity levels. Below are a few tips to help prevent interior mold and smells from taking over your vehicle:

- When not in use, if possible, park your car in a garage or an enclosed structure to minimize exposure to the elements and outside moisture.
- Regularly inspect your vehicle for leaking areas that may let moisture in. Check the seals on doors and windows, and promptly address any identified issues.
- For convertible owners, ensure the roof closes properly, is undamaged, and doesn't trap liquid in the top system.
- Run the air conditioning intermittently in winter to circulate air through the system and prevent moisture buildup.
- Always ensure doors and windows are securely closed when your car is not in use.
- Avoid eating and drinking in the vehicle, but if you do, try to prevent spills, and promptly clean any mess.
- Check floor mats for wet spots or puddles after exposure to snow, mud, or rain. Remove and clean mats if needed, allowing them to dry completely before reinstallation.
- Regularly wipe down and clean the interior of your vehicle.
- Remove and store sweaty workout clothes, wet towels, or musty items elsewhere, not in the car.
- Be cautious about using air fresheners and sprays to mask odors. Address the root cause, as persistent issues
 can harm your interior and potentially impact your health.
- Consider using waterproof mats for adverse weather conditions. Installing waterproof mats instead of carpet mats can be effective in preventing mold but remember to clean them thoroughly as water and mold can accumulate in crevices. Mike Pennington of Meguiar's offers the following suggestions for keeping your car's interior clean.

For cloth materials:

- Remove spills or grime with a cotton terry cloth towel. Make sure it does not sit for an extended period.
- Use a stiff nylon brush to scrub the material to prevent stiff and unattractive upholstery.
- Before applying cleaning solutions, remove grime by vacuuming first.
- Then lightly spray on your cleaning solution, making sure not to soak the surface.
- Scrub the area again using a clean brush.
- · Lastly, dab the area using a clean terry cloth towel.



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MONE	DAY EV	ENING	ì							F	EBRU/	ARY 19	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Neighbor	Bob Heart	NCIS (N)		NCIS: Haw	ai'i (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	The Bache	lor (N)	•		Bad Rom (N)	News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	America's	Got "Finale	Results" (N)	(SF)	The Irration	nal (N) (SF)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Ride (N)		Wild Cards	6	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Nature "Go	orilla"	NOVA		Cycle Arou	ınd Japan	NJ Spotl	One on O	Newsline
29-FOX	The Six	The Pulse	Extra (N)	TMZ (N)	Wanted (N)	TMZ Invest	tigates (N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	ia (N)	48 Hours (N)	Law-SVU "	Savant"	Neighbor	Neighbor	King
A&E	(5:30) 👺★★	Olympus H	las Fallen ('	13)	James Bro	wn: (N)	James Bro	wn: (N)	Janet "Part		(:05) Janet		(:05) James
AMC	(5:00) 👺★★	★★ Goodfe	llas ('90)		ਝ਼±⋆⋆ My	Cousin Vin	ny ('92) Mai	risa Tomei, J	loe Pesci.	뜻★★ Days	of Thunder	r ('90) Tom (Cruise.
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper360
DISC	Dirty Jobs	, ,				d: Seized	Contraban	d (N)	Contraban	d: Seized	Contraban	d: Seized	Contraba
DISN	Big City	Big City	Big City	Big City	Big City	Big City	Marvel's	Marvel's	Ladybug	Ladybug	Jessie	Jessie	Ladybug
ESPN	SportCtr (N	N) (Live)	Basketball	Virginia at \	/irginia Tech	n (N) (Live)	Basketball	Kansas Sta	te at Texas	(N) (Live)	SportsC. (I	N) (Live)	SportCtr
ESPN2	ESPN BET	(N) (Live)	Basketball	Notre Dame	e at Duke (N	l) (Live)	College Ba	sketball			NFL Live		E60
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N) ((Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News	(N) (Live)	The Five
FX	(5:30) 👺★★	The Propo	sal ('09)		♀ Anchorn	nan: Legeno	d of Ron Bu	ırgundy	ਝ਼±⋆⋆ And	chorman 2:	The Legen	d Continues	s ('13)
HBO	(:10) ५★★ (Jack Ryan:	Shadow Re	cruit ('14)	True "Part	6"	(:20) Last V	Veek To.	₩**** T	he Dark Kn	ight ('08) Ch	ristian Bale.	
HIST	History's-N	/lysteries	History's-M	lysteries	History's-N	/lysteries	Mysteries	(N)	(:05) Histor	y's Greates	t Mysteries		Mysteries
ION	Criminal "	lashtag"	FBI		FBI "Fire ar	nd Rain"	FBI		FBI "Foster	ed"	FBI "Grief"		FBI
	Grey's Ana		Grey's Ana		Grey's Ana		Grey's Ana		(:05) Grey's		(:05) Grey's		Anatomy
MAX	Movie	. ,	Source Co	ode ('11)		r Frankenst	, ,	(:50) %★ Fr	iday the 131	t h ('09)		♀ A Most V	
NBCSPA	Birds (N)	Birds	The Baker		Bask.		The Best S	Show Ever?			Unbeatable	British Bas	ketball
NICK	(4:30) 🛠★★		Loud Hous	se (N)	Lay Lay	SpongeB	Friends		Friends	Friends	Friends		Friends
PARMT		Yellowston		Yellowstor		Yellowston			The Dream		Yellowstor		Movie
TBS	•	Big Bang	•	Big Bang		Big Bang							American
TCM		he Gay Divo	` ,			he Man Who			, ,		as Crown A	` '	Movie
TNT	, ,	White Hou		, , ,		. Kong ('21)			(:15) ५★★	Godzilla: Ki	ng of the M		
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	WWE Mon	day Night R	AW (N) (Liv	re)			Resident "	_one Wolf"	Law-SVU

TUES	DAY E	VENIN	G							F	EBRU	ARY 20	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	FBI "Remo	rse" (N)	FBI: Intern	ational (N)	FBI: Most \	Nanted (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Will Trent	(N) (SP)	The Rooki	e (N) (SP)	Good Dr (N	I) (SP)	News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Night (N)	Extended	Quantum I	Leap (N)	Quantum (N) (SF)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Crime Nat	ion (N) (P)			Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Doc Martir	(:50) The S	eas	(:45) GOSP	EL Live!		NJ Spotl	Price	Newsline
29-F0X	The Six	The 215	Extra (N)	TMZ (N)	Name-Tur	e (N) (SF)	The Floor	(N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	nia (N)	48 Hours (N)	Law-SVU "	Harm"	Neighbor	Neighbor	King
A&E	James Bro	wn:	James Bro	wn:	James Bro	own: (N)	James Bro	own: (N)	James Bro	wn:	(:05) James	Brown:	(:05) James
AMC	(5:30) 👺★★	★ My Cous	in Vinny ('9	2)	ਝ਼±⋆⋆ Kn	ives Out ('19	9) Chris Eva	ıns, Ana de <i>i</i>	Armas, Dani	el Craig.	ਝ਼±±± The	Fugitive ('	93)
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	60 (N) (Live)	The Sourc	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (Live)	Cooper360
DISC	Moonshine	ers	Moonshine	ers (N)	Moonshin	ers (N)	Moonshine	ers	Moonshine	ers	Moonshine	ers	Moonshine
DISN	Hamster &	Hamster &	Big City	Big City	Hailey	Hailey	Marvel's	Ladybug	Ladybug	Ladybug	Villains	Villains	Ladybug
ESPN	SportCtr (N	N) (Live)	Basketball	Arkansas a	t Texas A&I	M (N) (Live)	College Ba	asketball Te	ams TBA (N) (Live)	SportsC. (N) (Live)	SportCtr
ESPN2	ESPN BET	(N) (Live)	Basketball	Syracuse a	t NC State	(N) (Live)	College Ba	asketball (N) (Live)		College Ba	sketball	
FNEWS	Bret Baier	(N) (Live)	Ingraham (N) (Live)	Jesse (N)	(Live)	Hannity (N	l) (Live)	Gutfeld! (N)	Fox News	(N) (Live)	The Five
FX	(5:30) % Ca	ptain Amer	ica: The Fire	st Avenger	뿟★★ Cap	tain Marvel ('19) Brie La	rson.			engers: End	• ,	
HBO	(5:55) 👯★★		` ' '	<u> </u>		and the City	('08) Sarah	Jessica Pa	rker.	Enthusias	(:10) True [Detective "P	art 6"
HIST	Curse of O	ak Island	Oak Island	"Tea Time"	Curse of 0	Dak Island	Oak Island	I (N)	` '	• • •	(:05) Oak Is		Oaklsland
	Chicago Fi	ire	Chicago Fi	re	Chicago F		Chicago F	ire	Chicago Fi		Chicago F		Chi. Fire
	Castle		Castle		Castle "Th		Castle		(:05) Castle		(:05) Castle		Castle
	, ,	Taken 3 ('14				arlie Wilson		. ,	Beatriz at		, ,	Pride and G	•
NBCSPA	Birds (N)	Birds	FIS Snowb		Freestyle		FIS Cross-		Birds	World Pok		World Pok	
NICK				SpongeB		SpongeB	Friends	Friends	Friends		Friends		Friends
PARMT						page ('18) N				**		bin Williams	
	0 0			Big Bang	•	Big Bang	•		Big Bang	•		Pet Tricks	
	· /	★ On the T	· /			he Red Sho	` '				`	5) Ingrid Ber	0
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USA	Law-SVU "	Dare"	Law & Ord	er: SVU	WWE NXT	(N) (Live)			(:10) *** !	Mechanic: F	Resurrectio	` '	Movie

WEDN	IESDA	Y EVE	NING							F	EBRU	ARY 21	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	Black	Price Is Ri	ght (N)	Dolly Parto	n's Pet Gal	la (N)		News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Conners	Not Dead	Abbott (N)	Celebrity	Judge (N)		News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Chicago M	led (N)	Chicago Fi	re (N)	Chicago P.	D. (N)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Wild Cards	s (N)	Family Lav	v (N)	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	BlackMose	State/Arts	Miss "The I	Fugitive"	All Creatur	es Great	NJ Spotl	Drive-Hist	Newsline
29-FOX	The Six	ClassH	Extra (N)	TMZ (N)	I Can See	(N)	We Are Fa	mily (N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	iia (N)	48 Hours (N)	Law-SVU "	Svengali"	Neighbor	Neighbor	King
A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Booked (N)	CourtCam	CourtCam	CourtCam
AMC	ቻ★★★ The	Fugitive ('9	93) Tommy I	Lee Jones, H	Harrison For	d.	뿟★★ Red (('10) Morgan	r Freeman, E	Bruce Willis.		ç±★★ Red 2	2 ('13)
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	King Charl	es (N)	Laura (N) (Live)	Cooper360
DISC	Expedition		Expedition	X	Expedition	ΙX	Expedition	()	Ghost Adv	. (N)	Expedition		Expedition
DISN	Hamster &	Hamster &	Big City	Big City	Hailey	Hailey	Chibiverse	Ladybug	Ladybug	Ladybug	Bunk'd	Bunk'd	Ladybug
ESPN	SportCtr (N	N) (Live)	College Ba	sketball Du	ke at Miami	(N) (Live)			t LSU (N) (Li	,	SportsC. (1	N) (Live)	SportCtr
ESPN2	ESPN BET	(N) (Live)	College Ba	sketball Te	ams TBA (N	l) (Live)	Basketball	Ole Miss at	Mississippi	State (N)	Basketball	NFL Live	
FNEWS	Bret Baier	` , ` ,	Ingraham (, , ,	Jesse (N) (,	Hannity (N) (Live)	Gutfeld! (N	,	Fox News	(N) (Live)	The Five
FX	뿟★★★ Ave	engers: End	Igame ('19)	Chris Evans	*	alo, Robert D			Feud: Cap	. ,	Feud: Cap		Feud
HBO	(5:35) 👯★★	★ Skyfall ('	12) Daniel C	raig.	뚯★★★ Mic		9) Jack Rey			True "Part	6"	Dawn of t	he Planet
HIST	American I		American I		American			()	(:05) Picker		(:05) Picke ı		Pickers
ION	Blue Blood		Blue Blood	ls	Blue Blood		Blue Blood		Blue Blood		Blue Blood		Blue Blood
	Castle "De		Castle			First Sight	` '	Prison Brid	. ,	Married		(:35) Baby	
MAX	. ,	★ Walk the	. ,		¥★★★ Gei	mini ('17) Lo		. ,	Antitrust ('0	′		Green Roo	om ('15)
NBCSPA	()		College Ba				Birds			College Ba			
NICK	The Tidal 2		Danger Fo	. ,		SpongeB		Friends		Friends	Friends		Friends
PARMT	Two Men			Two Men	,	13) Mireille E	<u> </u>			ter ('07) Ma		·	
TBS	Big Bang Big Bang Big Bang All Elite Wrestling:						` '	,			Mod Fam		
TCM	(:15) *** ★★★ Winged Migration ('01) (P)							, ,		• •		Anne Fra	
TINT	Lucifer		NHL on T NHL Hockey Philadelphia Flyers a					NHL Hocke	<u>, </u>			. , , ,	
USA	Law & Ord	er: SVU	Law-SVU "	Zebras"	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law-SVU

THUR	SDAY	EVENI	NG							F	EBRU	ARY 22	2, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Sheldon	Ghosts	So Help Me	e Todd (N)	Tracker "S	oringland"	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	American	Idol "701 (A	uditions)"		Will Trent		News (N)	(:35) J. Kim	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Law "Last I	Dance" (N)	Law & Ord	er: SVU (N)	Law & Ord	er (N)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Conners	Conners	Son of a	Children	Action Nev	vs at 10 (N)	Union	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Finding Yo	our Roots	The Black	Church: Th	is Is		NJ Spotl	State/Arts	Newsline
29-FOX	The Six	Kelly (N)	Extra (N)	TMZ (N)	Next Level	Chef (N)	Farmer (N)		News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	nia (N)	48 Hours (I	N)	Law-SVU "	Blinded"	Neighbor	Neighbor	King
A&E	The First 4	8	The First 4	8	The First 4	18 (N)	Taking the	Stand (N)	(:05) Under	cover (N)	(:05) The F	irst 48	(:05) First48
AMC	(4:30) ਼ਿ*★★	Red 2	∯★★ Arma	igeddon ('98	B) Billy Bob	Thornton, Liv	v Tyler, Bruc				Perfect St	orm George	Clooney.
CNN	Situation (N) (Live)	OutFront (N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	CNN (N) (L	ive)	Laura (N)	(Live)	Cooper360
DISC	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Hustlers G	amblers	Caught!
DISN	Hamster &	Hamster &	, ,	Big City	Hailey	, ,	Marvel's	Ladybug	, 3	Ladybug	Jessie	Jessie	Ladybug
ESPN	SportsCen	ter	NHL Hocke	y Washingt	on Capitals	at Tampa Ba	ay Lightning	Wm. Baske	etball Utah a	t UCLA (N)	(Live)	N) (Live)	
ESPN2	The Point		Basketball	SMU at Flor	rida Atlantic	(N) (Live)	Basketball	Washington	n at Arizona (State (N)	Basketball	Oregon at S	Stanford (N)
FNEWS	Bret Baier	. , . ,	Ingraham (, , ,	Jesse (N)	(Live)	Hannity (N) (Live)	Gutfeld! (N	,	Fox News	() ()	The Five
FX	(5:00) ਼ੈ*★★	★ Spider-M	an: No Way	Home	뜻★★ Ghos	stbusters: A	fterlife ('21)	Carrie Coo	n.	뜻★★ Ghos	stbusters: A	Afterlife ('21)	
HBO	, , , ,	★ X-Men: D				(:40) ਼*★★ (Godzilla ('98	<u>'</u>			` ,	Killing The	em Softly
HIST	Swamp Pe	<u> </u>	Swamp Pe	•	Swamp Pe	,		(:35) Swam	,	` '	p "Down to		Swamp
ION	Chicago P.		Chicago P.	.D.	Chicago P		Chicago P.		Chicago P.		Chicago P		Chicago
	Castle "Cro		Theresa Ca	1	Theresa C		Theresa Ca		(:05) Baby	` '	` '		T. Caputo
MAX	(/ X · · · · ·	The Bourr		, ,		mas Crown		. ,	Ghost ('90	,			Movie
NBCSPA	` '	()				iladelphia 76	٠,	Sixers (N)	(- /	Birds	World Pok		Basketball
NICK	SpongeB	SpongeB			. •	SpongeB		Friends		Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men		Two Men		oter ('07) Mic		,		•	A	n 60 Secon	ds
TBS	•	•	•			Big Bang						ls Trip ('17)	
TCM	A	g Solomon	,	′	X	e Wore a Ye		()	¥★★★ The		` ' '		Movie
TNT	, ,	• •	• ' ′			ıns at Dallas	<u> </u>	, , ,				Golden State	
USA	Law-SVU "Dear Ben" Law-SVU "Diss" *** Creed ('15) Sylvester Stallone, Michael B. Jordan. (P) (:55) **									(:55) ♀★★	creed ('15)	

CHARACTER Of The Week











LAST WEEK: **TOMMY C** WINNER: FRAN ANDRE

DO YOU KNOW THIS PERSON?

If so you could win a \$20 Gift Certificate to JOEY M'S La Piazza @ 3813 Pacific Ave in Wildwood! Fill out the coupon below and mail to Jersey Cape Magazine, P.O. Box 885 Wildwood, N.J. 08260, or email your guess to tvjerseycape@comcast.net - SUBJECT LINE "CHARACTER GUESS"

Each week, all coupons will be put into a drawing.

The winner's name will be printed in our next issue.

PLEASE ONLY 1 WINNER PER HOUSEHOLD EVERY 30 DAYS

Jersey Cape Character of the Week Contest Name:_ Address:___ City/State/Zip: Guess for Character:______from_





PPAWS - People & Puppies at Work for Sight

Talk about making a PAWS-itive impact!

Becoming a puppy raiser or sitter makes a difference not only in those matched with a Seeing Eye dog but also allows you to join a community like no other. Seeing Eye puppy clubs consist of people of all ages and walks of life who all share the desire to help others.

A puppy raiser is the primary caretaker for a Seeing Eye puppy for about one year. A puppy sitter is someone who is available to help care for a puppy for short periods of time (typically for a night or weekend) when their primary caretaker cannot. This is a great way to get started in puppy raising, or to help out if you cannot commit to raising a puppy full time. We could not continue our mission without all our amazing volunteer puppy raisers and sitters.

If you are interested in joining our puppy raising community, please visit seeingeye.org/raise

PD: A collage shows photos of a yellow Lab/golden retriever cross puppy sound asleep in a Seeing Eye staff member's arms, a German shepherd wearing a Seeing Eye puppy raising bandana sitting amidst daffodils with his head tilted, a young girl with the black Lab/golden retriever cross puppy she is raising sitting at her side, and a group shot of a puppy club sitting together at a park with puppies of all breeds. Text reads, "Join Our Family — Raise a Seeing Eye Puppy — seeingeye.org/raise"

PPAWS (People & Puppies at Work for Sight) is a dedicated group of local families from Atlantic and Cape May Counties, which raise these amazing puppies for The Seeing Eye. Until a Seeing Eye dog is ready for training, he or she lives with a puppy raising or foster family that gives the dog love, gentle guidance, and consistent care. These volunteers nurture their puppy to accomplish its special destiny. If you are interested in raising a puppy for The Seeing Eye, call Peter at (609)804-8774 or visit seeingeye.org/raise for info.





MORE ABOUT PRO PLAN AND QUESTIONABLE PET FOOD INGREDIENTS

REPRINTED FROM PREVIOUS EDITION

Submitted by Patsy Nelson from The Wagging Tail

Immediately after my last article went into publication, I got an email from one company's representative with whom we deal-but not in commercial food products. This email was sent to all their retailers pertaining to the "rumors" about sick and dying pets who ate Pro Plan. Purina denied these rumors to be relevant, even suggesting some kind of conspiracy against the company. Even if they are rumors, which have not been proven yet, it does not negate the poor ingredients used, and the misrepresentation in their ads and packaging, beguilling customers into erroneous conceptions of nobie, clean (not full of crap), healthy pet food.

The bag of food pictured in the article last week was Purina Dog Chow on which there is a plate of sliced chicken, yet the bag only includes some "chicken flavor." And they state in their full-page ad in Reader's Digest that the food (more like feed) has high-quality protein, no fillers and is 100% complete nutrition. The truth is that gluten and grain-based ingredients like rice, corn, wheat, and soy and vegetable by-products are fillers which means that they don't add any nutritional value but increase the volume/bulk of the bag of food. Meat By-products are not used in better quality pet food, but they can provide protein in the form of lungs, kidneys, liver, brains, and fatty tissue. If an ingredient panel on a bag of food starts with a protein like chicken, it must contain 95 percent of chicken (or salmon etc.) This main product must be at least 70% of the total products when counting the added water. Any meat meal is made up of remaining animal parts like extra meat, connective tissue, and offal (internal organs) and cooked at high temperatures before being made into a protein-packed powder, then made into meal.

(According to JustFoodForDogs.) Corn and wheat can lead to allergies and obesity (becoming sugar.) Soy is a filler "responsible for a huge portion of pet allergies that can result in sneezing, itching, swelling, anaphylactic shock, and death." (From another source on fillers.) The ingredients in Pro Plan chicken formula includes Rice, Whole grain wheat, Poultry by-product meal, Corn gluten meal, Whole grain corn, Wheat bran-all within the first seven ingredients. The top three to avoid when feeding your dogs (or cats) are corn, wheat, and soy. According to my google quest, PetSmart charges \$69.48 for a 35lb bag of Pro Plan Adult Chicken formula, which contains all these negative fillers and allergen producers. We sell Fromm Adult Gold Chicken (30 lbs. of all good ingredients by a five-generation family-owned Wisconsin company.) They don't advertise so they don't spend money on anything but making great dog and cat food. (The same goes for the other foods we sell.) The ingredients do not have any corn, wheat, soy or by-products, or anything else that is not good quality pet food. And this grain-inclusive food, not like the Pro Plan mentioned above, has flaxseed, menhaden fish meal, Wisconsin cheese, duck, lamb, carrots, sweet potatoes, and probiotics. The price is \$52.99, more than fifteen dollars less, and we track your purchases, so your 13th bag is free. The Fromm Company has (and we carry) over 40 varieties in just cat and dog and in various sizes. And all our food, any brand, is 100% guaranteed that your pet will love it and thrive, or your money back.

AGAIN, PLEASE PROTECT YOUR PET FROM CHILLY RAIN, WINDS, SNOW AND TEMPERATURES (EVEN IF IT IS COOL IN YOUR HOUSE.) IF YOU COVER UP, YOUR DOG SHOULD BE COVERED-UP. A HOUSE DOG DOES NOT GROW A WINTER COAT. YOU NEED TO BE SMART. Dogs suffer from joint pain and in cold temperatures the joint fluid may thicken creating more pain and the onset of or degree of arthritis.

Thank you for helping a small business stay in business. Check out our on-premises cat shelter.







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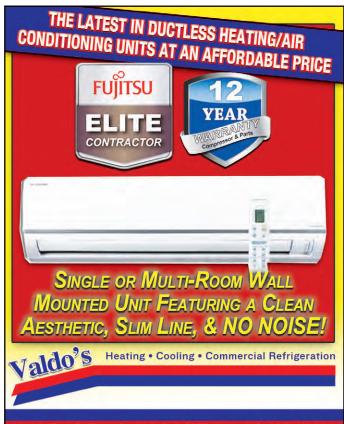
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