









615 Lafayette St. 
 Cape May 
 609-884-2111









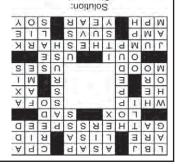
- 19. Congressional floor leader 22. Notoriety
- 21. Living-room furniture
- 24. That boy
- 25. Wood cutter
- 26. More \_\_\_ less
- 27. Note between re and fa
- 28. Attitude
- 30. Plays for a sap
- 32. Amiens answer
- 34. Put into practice
- 35. Pass its peak, slangily, as a TV series
- 41. Current unit
- 42. Yukon and Tahoe, for short
- 43. Fabrication
- 44. Radar gun meas.
- 45. "\_\_\_\_ of the Rabbit"
- 46. Veggie burger ingredient

#### Down

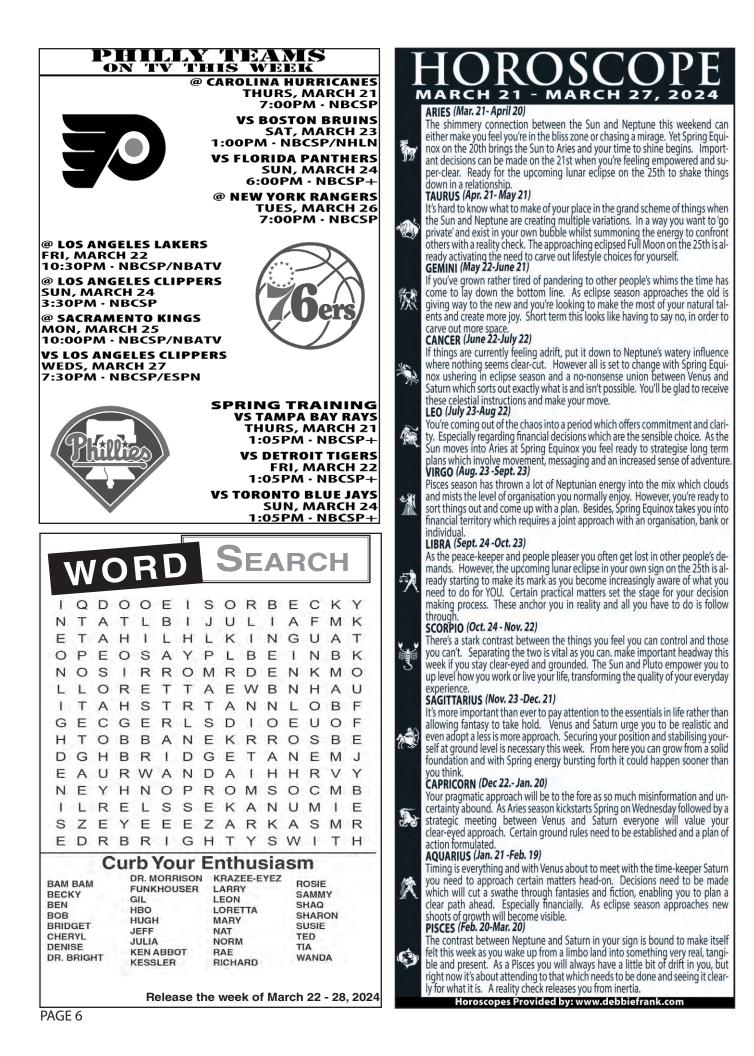
- 1. Hang back
- 2. Corselet part
- 3. "The Forbidden Kingdom"
- (2008) star
- 4. Trebek of "Jeopardy!"

- 23. Pole-to-pole link
- 29. Zing
  - 31. Closes tightly
  - 33. \_\_\_\_-bitsy
  - 34. Warsaw Treaty Org. member
  - 35. Spread out in the morning
  - 36. Diamond arbiter
  - 37. Shade
  - 38. "Penny Dreadful" actress Green
  - 39. Brazil metropolis, familiarly
  - 40. Ring thing

Chaparal











PAGE 8

### AROUND THE CAPE

#### Wildwoods

Special Olympics NJ Spring Basketball Competitions

Held at the Wildwoods Convention Center and other locations throughout the Wildwoods, including the Crest Pier Recreation Center, Wildwood High School, Wildwood Catholic Academy, North

& CO

SeeWhafks

AUTHENTIC SPANISH FOODS

**TOBACCO • CIGARETTES SPANISH & AMERICAN GROCERIES** OPEN 7 DAYS · 10AM-9PM

**Roberts & Pacific Aves. Wildwood** 

609-523-1113

Wildwood Community Center, and the Byrne Community Center. A multi-day event in which over 1,000 Special Olympics athletes from the Garden State will com-pete in basketball competitions. Play will take place at the Wildwoods Convention on Saturday from 10 a.m. - 6 p.m. & Sunday from 8:30 a.m. – 2 p.m.

# AT THE BAGEL DEPOT, WE ARE BUILDING BETTER BAGELS!







**DELTA 8** 

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HATS

LIGHTERS

TOBACCO

HOOKAHS

CIGARS

FRIDAY NAME THAT TUNE

w/ RONN E. DEE

8PM

(609)522-4883

310 W. HILDRETH AVE. WILDWOOD PAGE 10

## THE TOWN BANK VOLUNTEER FIRE CO. HOSTED A ST. PATRICK'S DAY PARTY ON SATURDAY, MARCH 16.



you like a fruity drink, blended or on the rocks, this day is for you. Mocktail, virgin, or the real thing, celebrate the lemon, lime, bitters, liquors, and liqueurs that make your favorite beverages the best in your bartender book.

### NATIONAL CHEESESTEAK DAY

National Cheesesteak Day on March 24th not only celebrates a fantastic sandwich but it recognizes one of this nation's greater debates; Who created this deliciousness? The credit is given to a hot dog vendor from the 1930s,



Pat Olivieri. According to Philadelphia's tourism site, Pat's King of Steaks sits on its original location and is still going strong.

### HOW TO OBSERVE NATIONAL CHEESESTEAK DAY

Invite your friends and head over to your favorite cheesesteak restaurant. Get it with cheese (it's cheesesteak day, not steak day) and add the onions, too. Make your own cheesesteak. Give a shout-out to the restaurant that makes your favorite cheesesteak.











So tasty you might be tempted to use both at once.



Serving Dinner Monday-Saturday from 4:30pm

## Indoor/Outdoor Dining

Lunch Returns Tues, March 26th Tues-Sat 11am-2:30pm

"As always, everything was outstanding! Our entrees were exceptional and the desserts are to die for!" - John McGrady CMCH, NJ



322 Washington St. Mall, Cape May 609-884-9119 www.tishasfinedining.com

MONDAY WING NITE • 3-10 \$3 Coors Lite & Bud Lite Drafts

## HAPPY HOUR SPECIALS 3-6

TUESDAY \$8 Chicken Tinga Tacos \$8 Margaritas • \$4 Coronas

WEDNESDAY 1/2 Price Appetizer Menu \$8 Cosmos • \$6 Craft Beers

THURSDAY 1/2 Price Pizza • \$8 Poco Diablo \$3 Domestic Bottles

**FRIDAY** \$10 Mussels and Frites 1/2 Price Wine by the Bottle







herbs over fillets. Prepare hot grill with nonstick spray. Place Mahi fillets on grill, flesh side down. When you achieve nice grill marks, flip the fillets & finish cooking through. Plate and serve with lemon wedges.

Hint: You can put the fish over a nice bed of greens & serve it with a citrus type vinaigrette for a meal.



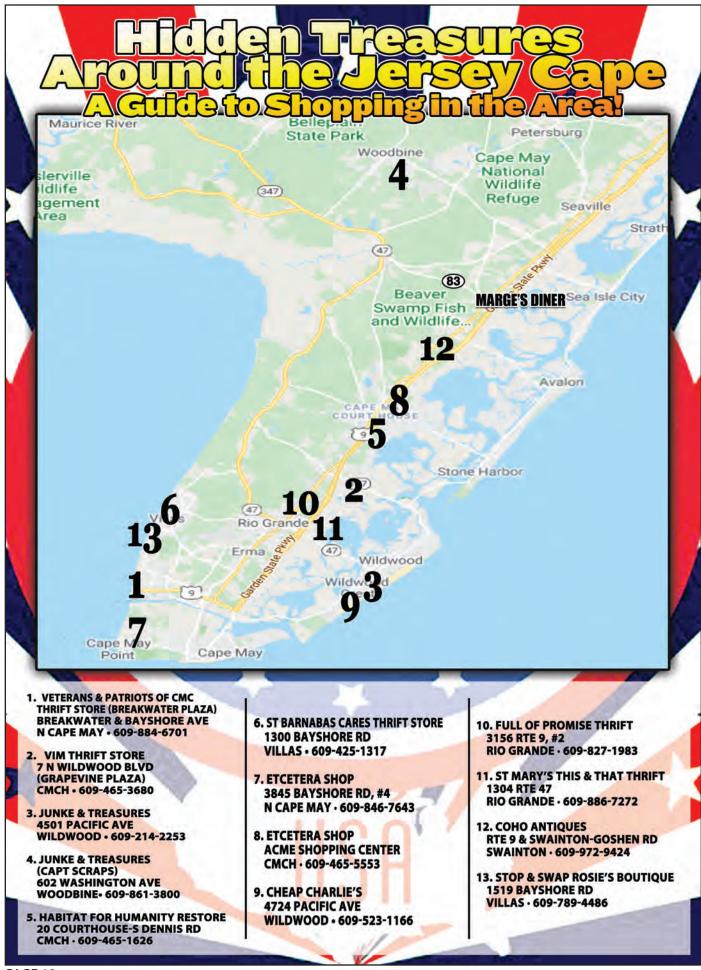


The objective is to fill the grid so that each column, each row. and each of the nine 3x3 boxes contains the digits from 1 to 9.

9 3			3					6
3	1		2	8		4		6 5
		2		7				9
1				6	3	7		
1 2								8
		7	9	2				3
4				1		9		
4 7		3		9	4		5	1
5					8			4









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## Warmer Weather. Hot New Deals.



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\*See your participating independent American Standard Customer Care Dealer or visit Americanstandardair.com for complete program eligibility, dates, details, and restrictions. Available through participating independent American Standard Dealers. Instant rebate up to \$650. All sales must be to homeowners in the United States. Void where prohibited. Valid on Qualifying Equipment only. Offer valid 04/01/2024 - 06/30/2024.

+ A national product testing and research magazine, found American Standard Gas Furnaces' Owner Satisfaction to be [Excellent] [Top Tier] in a 2018 Winter Survey and 2019 Summer Survey of 48,318 gas furnaces, owned by members who purchased a new gas furnace [unit] between 2003 and 2019.

SATU	RDAY	AFTER	NOON								MAI	RCH 23	8, 2024
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Athlete	NCAA Men	' <b>s</b> Second F	Round: Team	ns TBA (N) (	Live)	NCAA Mer	<b>n's</b> Second F	Round: Team	ns TBA (N) (	Live)	NCAA Mer	ı's
6-ABC	oh baby!	Hearts of	Vets-Pets	NCAA Wor	nen First Ro	ound: Teams	TBA (N)	NCAA Wor	<b>nen</b> First Ro	ound: Teams	TBA (N)	Action Nev	vs 5PM (N)
10-NBC	Wild Child	Paid Prog.	Paid Prog.	Swimming		PGA Tour	Special (N)	PGA Tour	Golf Valspa	r Champions	ship, Third F	Round (N) (L	ive)
17-MNT	Paid Prog.	Paid Prog.	Paid Prog.	Pawn Stars	Pawn Stars	Chicago P.	D.	Chicago P	.D.	S.W.A.T. "F	arewell"	Sheldon	Sheldon
23-PBS	Steves	How Great	Thou Art		Unlock the	Secret		Wine First	Farmer	Mary Berry	/'S	NJ Busin	State-Aff
29-FOX	Draft	Paid Prog.	Prostate	Steal	Paid Prog.	Paid Prog.	Friendly	M. Friendli	es England	vs. Brazil (N	) (Live)	Paid Prog.	Paid Prog.
57-CW	Paid Prog.	CBS Sature	day Mornin	g (N)		Raw Travel	World's	SOS: How	to Survive	Law-SVU "	Honor"	The Equali	zer "Boom"
A&E	(11:00) <b>Zo</b>	Lakefront	Lakefront	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	The First 4	8	The First 4	8
AMC	(11:15) ❣★★	k★ Crocodi	le Dundee	(:15) 號★★ ▮	Police Acad	<b>lemy</b> ('84) S	teve Gutten	berg.	Police A	cademy 2: T	heir First A	ssignment	Movie
CNN	(11:00) <b>Ho</b>	<b>CNN News</b>	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)
DISC	(11:00) <b>Co</b>	Contraban	d: Seized	Contraban	d: Seized	Contraban	d: Seized	Contraban	d: Seized	Caught!	Caught!	Caught!	Caught!
DISN	Hailey	Ladybug	Ladybug	Ladybug	Ladybug	Bluey	Bluey	Bluey	Bluey	Chibiverse	Big City	Big City	Big City
ESPN	(11:00) <b>Ga</b>	NCAA Wor	nen First Ro	und: Teams	TBA (N)	Basketball	/(:15) NCAA	Women	•	Basketball	NCAA Wo	m. Tournam	ent
ESPN2	2024 NIT Basketball Tournament (N) (Live) NCAA Wo					nen First Ro	ound: Teams	s TBA (N)	NCAA Wor	nen First Ro	ound: Teams	s TBA (N)	NCAAWo
FNEWS	(11:00) <b>Ca</b>	Fox News	(N) (Live)	Fox News	(N) (Live)	Fox News	(N) (Live)	Journal Ec	litorial (N)	Fox News	(N) (Live)	The Five	•
FX	(9:00) 🈤 <b>Fo</b> i	rd v Ferrari	<del>≌,★</del> Gone i	n 60 Secon	<b>ds</b> Angelina	Jolie, Nicola	as Cage.	<del>%</del> ★★★ Fre	e Guy ('21)	Jodie Come	r, Ryan Rey	nolds.	Movie
HBO	(10:40) 🈤 CI	razy Heart	(:35) 號★★★	Definitely,	Maybe ('08	5)	The Regim	ne	Enthusias	(:10) 號★★ /	Aquaman a	nd the Lost	Kingdom
HIST	(11:00) <b>Sw</b>	Ancient Ali	iens	Ancient Al	ens	Ancient Ali	iens	Ancient Al	iens	Ancient Ali	iens	Ancient Al	iens
ION	(11:00) <b>La</b>	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU
(IFE)	(11:00) 🈤 <b>Ja</b> i	ilbreak Lo	锌 Double [	Daddy ('15)		₩ Hunting	Housewive	<b>s</b> ('24)		😤 Reba Mc	Entire's Th	e Hammer (	('23)
MAX	Movie	(:15) 號★★★	Strange D	<b>ays</b> ('95) Ra	lph Fiennes		(:40) ♥★★	She's Out o	f My Leagu	<b>e</b> ('10)	(:25) ❣★★★	Let Me In	('10)
NBCSPA	Paid Prog.	Birds	Pregame	NHL Hocke	ey Boston B	ruins at Phila	adelphia Fly	ers (N)	Postgame	(N) (Live)	NBA Bask	etball	
NICK	(11:15) 😤 ★ 🕇	The Adda	ms Family	(:15) 號★★ (	Cloudy With	n a Chance	of Meatball	<b>s 2</b> ('13)	਼ੈ*★★ Hote	Transylvar	nia ('12) Ada	am Sandler.	Movie
PARMT	(11:00) 👯★ 🕇	★ Ocean's	Eleven ('01	)	<u>₩</u> *** Oce	ean's Twelv	e ('04) Brad	Pitt, Matt Da	amon, Georg	ge Clooney.	<b>**</b> ★★ Oc	ean's Thirte	<b>en</b> ('07)
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	<b>*∺★</b> Ride	Along 2 ('10	6) Ice Cube.	(:45) ♥★★★	Superbad	('07)
TCM	Movie	ਝ*★★ Bue	ena Vista So	cial Club (	99)	ື*+★ Interr	national Ve	lvet ('78) Ta	tum O'Neal.	(:15) 號★★ (	Courage of	Lassie ('46)	)
TNT	(10:30) 😤 ★ 🕇	★ The Hot	obit: The De	solation of	Smaug	State of the Hobbit: The Battle of the Five Armin				ies ('14)		NCAA (N) (Live)	
USA	(11:00) Chi	Chicago "F	abbit Hole"	Chicago "C	onfidential"	Chicago "C	aptive"	Skating W	orld Champi	onships: Fre	e Dance	<b>**</b> ★★ S.W.	<b>A.T.</b> ('03)

#### SATURDAY EVENING MARCH 23, 2024 6 PM 6:30 7 PM 8 PM 9 PM 9:30 10 PM 10:30 11 PM 12 AM 7:30 8:30 11:30 (5:00) NCAA Men's NCAA Men's Second Round: Teams TBA (N) (Live) InsideEd. 3-CBS 48 Hours (N) News (N) Equalizer FYI Philly NHL Hockey Florida Panthers at New York Rangers (N) (Live) News (N) News (N) WorldNe. Wheel News (N) Jeopardy 6-ABC NBC News Paid Prog. 1st Look Figure Skating Men's Free Skate (N) (Live) Saturday Night Live News (N) Saturday Night Live News (N) 10-NBC Action News at 10 (N) Philler Delco Duo Mom Mod Fam Mod Fam Big Bang Big Bang Freddie Mercury: The Final Act 17-MNT NYC Arts Old House Old House Agatha Christie's "Towards Zero" (:35) Luna & Sophie Celebrity Trip Reporters Chat Box State/Arts 23-PBS TMZ (N) Kelly MasterChef News (N) The Floor 29-FOX Special ClassH The Masked Singer 57-CW FamFeud FamFeud Lacrosse Vancouver Warriors at Philadelphia Wings (N) Gallen of SEAL Team WOW - Women (N) Neighbor The First 48 "Jackpot" The First 48 The First 48 First 48 "Snatched" The First 48 (:05) The First 48 (:05) First48 A&E Movie (:15) ₩★★ Beverly Hills Cop II ('87) AMC (5:30) ₩★★★ Trading Places ('83) State St CNN Spec CNN Newsroom (N) **CNN Newsroom** (N) CNN Spec CNN Spec CNN Spec CNN Spec CNN Caught! Caught! Caught! Caught! Caught! Caught! Caught! Caught! Caught! DISC Caught! Caught! Caught! Caught! **Big City** Big City **Big City** Big City 😤 Raya and the Last Dragon (:50) Hailey (:20) Hailey Zombies BigCity BigCity Ladybug DISN (4:30) NC.. Basketball Men's College Wrestling NCAA Championship: Final (N) (Live) UFC Fight Night: Ribas vs. Namajunas (N) (Live) ESPN (5:30) NCAA Wom. Tournament NCAA Women First Round: Teams TBA (N) NCAA Women First Round: Teams TBA (N) Playoff F1Racing ESPN2 Weekend Fox Report (N) (Live) Weekend (N) (Live) Life, Liberty (N) One Nation (N) Saturday Night (N) Gutfeld! FNEWS (5:30) <sup>9</sup>\*★★ Uncharted ('22) Tom Holland State Coon. State Coon. FX. (:20) \*\*\* X-Men Origins: Wolverine ('09) (:10) \*\*★★★ Deadpool ('16) Ryan Reynolds. State The Devil Wears Prada HBO Ramy Youssef (N) Ancient Aliens "Mystifying Relics" Ancient objects that leave archaeologists at a loss. (:05) Aliens Ancient Aliens Ancient Aliens HIST Law-SVU "Terrorized" NWSL- Pre NWSL Bay FC at Washington Spirit (N) (Live) NWSL-Sh. ION NWSL Soccer Bull ŒE Killing for Extra Credit ('24) Surviving the Sleepover ('24) (P) (:05) 😤 Boy in the Walls ('23) Movie (:20) 🛠★★ Baby Mama ('08) Tina Fey. ★★ Office Space ('99) 😤 How to Talk to Girls at Parties (:15) 😤 I Love You, Beth Cooper MAX (4:30) Bas. Birds NHL Hockey Wm. Lacrosse Cornell at Princeton (N) Women's BBL NBCSPA Brewing (5:30) ♥★★ Hotel Transylvania 2 ♥★★ Sonic the Hedgehog ('20) Sonic the Hedgehog Friends Friends Friends Friends Friends NICK State of the s PARMT (4:30) 😤 Ocean's Thirt... 😤★★★ Ocean's Eleven ('01) George Clooney. (4:45) **% Superbad** NCAA Men's Second Round: Teams TBA (N) (Live) NCAA Men's Second Round: Teams TBA (N) (Live) Inside (N) TBS Movie rannigan ('75) John Wayne. TCM NCAA Men's Second Round: Teams TBA (N) (Live) NCAA Men's Second Round: Teams TBA (N) (Live) Tournam.. Jokers Movie INT ₩★★ The Equalizer ('14) Denzel Washington. (5:00) **\*\*★★ S.W.A.T.** ('03) . Solution: Several S USA

	AY AF	TEDNO									МЛС		1, 2024
30110		12 PM		1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS			n's Second F								NCAA Men		
	-	Action Nev				d Round: Teams TBA NCAA Women Second R							
	Issue	Paid Prog.	IndyCar Ra	icing Therm	al \$1 Million	Challenge	(N) (Live)	PGA Tour	Golf Valspa	r Champion	Championship, Final Round (N) (Live)		
	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	This Week	Chicago P	.D.	Friends	Friends	Two Men	Two Men	Philler	Paid Prog.
	Think Tank	State-Aff	Darley	Lidia	Milk	Cook	Table	Unlock the	e Secret		You, Happ	ier With	
	(11:00) Dra	2024 Bass	master Clas	sic Day 3 (I	N) (Live)			RaceDay	NASCAR E	EchoPark Au	tomotive Gr	and Prix (N)	(Live)
							ague Baske	-			GameTime		
	(11:00) <b>Zo</b>	Zombie Fli	ip	Biography	: WWE Lege	ends "Sgt. S	Slaughter"	Biography	: WWE Leg	ends "Ultima	ate Warrior"	WWE Riva	ls
AMC	(10:15) <b>😤 Le</b>	thal Weap	. (:45) <b>♀★★ I</b>	Beverly Hill	s Cop III ('94	4)	(:45) 號★★★	Beverly H	ills Cop ('84	) Eddie Mur	phy.	♀ Beverly	Hills Cop II
CNN	(11:00) <b>Insi</b>	State of U	nion	Fareed Zal	aria GPS	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	sroom (N)
DISC	(11:00) Afr Naked and Afraid "The Death Ledge"						Afraid "The	ere Will Be E	Blood"	Naked and Afraid "Death by Crocodile"			odile"
DISN	(10:55) <b>Dra</b>	Miraculous	S	♀ Descend	l <b>ants</b> ('15) D	ove Camer	on.	Descend	Descend	Descend	(:50) 😤 Des	cendants 2	? ('17)
ESPN	(11:00) <b>Ga</b>	NCAA Wo	men Second	Round: Tea	ams TBA	NCAA Wo	men Second	Round: Te	ams TBA	NCAA Wor	nen Second	Round: Te	ams TBA
ESPN2	(10:00) <b>AP</b>	College Sc	oftball Kentu	cky at Floric	la (N) (Live)	SEC Inside	SEC Inside	2024 NIT E	asketball T	ournament	(N) (Live)	NCAA Wo	men
FNEWS	(11:00) <b>Me</b>	Fox News	(N) (Live)	Fox News	(N) (Live)	Fox News	(N)	Maria Bart	iromo	Fox News	(N) (Live)	Saturday I	Night
FX	(10:00) 🈤 <b>Go</b>	ne in 60 S	₩★★★ Fre	e Guy ('21)	Jodie Come	r, Ryan Rey	nolds.	<del>ਇ</del> ★★ Unch	narted ('22)	Mark Wahlb	erg, Tom Ho	lland.	Movie
HBO	Movie	ਝੈ★★ Now	You See Me	e ('13) Jesse	Eisenberg.	(:55) ❣★★	Now You Se	ee Me 2 ('16	i)	(:05) ❣★★★	Wonka ('2	3) Timothée	Chalamet.
HIST	(11:00) <b>Am</b>	America "F	Pop Stars"	Built Amer	ica	Built Ame	rica	Built Amer	rica	Built Amer	ica	Built Ame	rica
ION	(11:00) <b>NC</b>	NCIS "Dark	< Secrets"	NCIS "Fam	ily Ties"	NCIS		NCIS		NCIS		NCIS	
	Movie	😤 Survivin	g the Sleep	over ('24)		锌 Hall Pas	s Nightmar	e ('22) Andr	ea Bowen.	몇 Swim Ins	structor Nig	htmare ('22	2)
MAX	(11:20) 🈤 X	XX: State o	f the Union	ਝੈ★★ Unbr	eakable Bru	ice Willis.	(:50) ❣★★★	Election (	'99) Matthew	Broderick.	辩 House a	t the End o	f the Street
NBCSPA	Steal	Paid Prog.	Joint Gel	Relief	Pocket	Poker Nigl	ht (N)	Sixers (N)	Basketball	Philadelphi	a 76ers at Lo	os Angeles	Clippers (N)
NICK	(11:00) ❣★⁊	Sonic the	Hedgehog	('20)	SpongeBo	b SquarePa	ants		SpongeB	SpongeB	SpongeB	SpongeB	SpongeB
PARMT	(11:00) Bar	Bar Rescu	e	Bar Rescu	e	Bar Rescu	e	Bar Rescu	е	Bar Rescu	e	Bar Rescu	le
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	<b>*</b> ★★★ Sup	perbad ('07)	Jonah Hill.		(:45) <b>**★★  </b>	Pineapple B	Express
	( ) "		Time I Saw	( )		<pre>\$\Delta ★ ★ Sunday in New York ('63)</pre>					★★★ High Society ('56) Bing Crosby.		
TNT	(11:00) <b>**★★ John Q</b> ('02) Denzel Washington. NHL on T.					NHL Hock	ey Pittsburgl	h Penguins	at Colorado	Avalanche	()())		
USA	(11:00) <b>La</b>	Law-SVU "	'Authority"	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law-SVU "	Fault"	Law-SVU '	'Blinded"

SUND	AY EV	ENING	İ								MA	<b>RCH 2</b> 4	, <b>202</b> 4
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	(4:30) NCA	A Men's	60 Minutes	; (N)	Tracker (N	)	CSI: Vegas	; (N)	The Equal	izer	News (N)	(:35) Sports	Turning
6-ABC	News (N)	WorldNe	Fun Videos	s (N)	American	<b>Idol</b> "705 (Ai	uditions)" (N)	)	What Wou	ld (N)	News (N)	News	FYI Philly
10-NBC	News (N)	NBC News	Password		The Voice	"The Blind A	uditions, Pa	rt 5"	Dateline N	BC	News (N)	•	Bensinger
17-MNT	Goldbergs	Goldbergs	ਝ*★★ Gho	ostbusters	('84) Dan Ay	/kroyd, Bill N	lurray.	Conners	Action Net	ws at 10 (N)	Mod Fam	Mod Fam	Seinfeld
23-PBS	This Land	ls			Carole Kin	g		'70s Soul S	Superstars	(My Music)			You
29-FOX	(3:30) NASO	CAR	Next Level	Chef	Simpsons	Krapopolis	The-North	Grimsburg	News (N)		News (N)	Extra (N)	
57-CW	FamFeud	FamFeud	FamFeud	FamFeud	CBS News	Sunday Mo	orning (N)	H2O X5	Major Crin	nes	WOW - Wo	omen (N)	King
A&E	WWE Riva	ls	WWE Riva	ls	WWE Riva	ls	Biography	(N)	Biography	: WWE Leg	ends "Bret	Hart"	WWERiva
AMC	(5:00) 😤 Bev	erly Hills	ਝੈ★★★ Uns	stoppable (	10)		Dead "Becc	ome" (N)	(:10) <b>Dead</b>	"Become"	(:20) 號★★★	+ Unstoppa	<b>ble</b> ('10)
CNN	CNN News	room (N)	CNN News	room (N)	CNN Spec		United Stat	t <b>es</b> (N)	Vegas: Th	e Story (N)	CNN Spec	;	United
DISC	Naked and	Afraid "Rur	naway Bride	" (N)	Naked and	Afraid (N)	Naked and	Afraid "Tw	o is a Crow	d"	Afraid "Bli	ndsided"	Afraid
DISN	Movie	(:50) <b>Unde</b>	Chibiverse	😤 Descend	<b>lants 3</b> ('19)	Dove Came	eron.	Descenda	Dance	뚯 Cloud 9	('14) Dove (	Cameron.	Ladybug
ESPN	SportCtr (N	I) (Live)	NCAA Wor	nen Second	Round: Te	ams TBA	NCAA Won	nen Secono	d Round: Te	ams TBA	SportsCer	nter (N) (Live	e)
ESPN2	(5:00) NCA	A Women	NWSL Soc	cer							F1 Racing	Australian G	arand Prix
FNEWS	Fox Report	t (N) (Live)	Weekend (	N) (Live)	Life, Liber	t <b>y</b> (N)	Sunday Nig	ght (N)	Weekend		Life, Liber	ty & Levin	Sunday
FX	(5:30) 🐕★★	Ghostbust	ers: Afterlif	<b>e</b> ('21)	ਝੈ★★ Jura	ssic World:	Fallen King	<b>dom</b> ('18) C				World: Falle	0
HBO	(:05) <b>Real, I</b>	Bill Maher	(:05) 號★★★	Deadpool	('16) Ryan I	Reynolds.	The Regime (N)         Enthusias         (:35) The F				egime	(:35) The R	egime
	Built Amer	ica	Built Amer	ica	Built Amer	rica	Built Amer	ica (N)	(:05) <b>Built</b>	America	(:05) Built		America
ION	NCIS		NCIS		NCIS "Sigh	t Unseen"	NCIS		NCIS		NCIS "Fall		NCIS
	😤 Nightma	re Neighbo	rhood Mom	<b>s</b> ('22)	¥ My Actir	ng Coach Ni	ghtmare ('2	4) (P)	(:05) <b> Nig</b>	htmare Sch	ool Moms	('23)	Movie
	( ) !!	,	10) Adrien E	,		ergeist ('15)		(:35) 🐕★★	、 ,		( )	The Edge ('	,
	Sixers (N)		•	Go Racing					,	adelphia Ph	illies (N)	NHL Hocke	ey
			SpongeBo					Friends		Friends	Friends		Friends
	Bar Rescu		Bar Rescu				Bar Rescue		Bar Rescu		Bar Rescu	BarRescue	
	· / /					ns TBA (N) (	,			Round: Tean	( )	· · ·	Inside (N)
			the Founta	( )		ermezzo: A			(	, 0	<u> </u>	y Grant.	锌 Boob
			Round: Team	( ) (	,	NCAA Men					Jokers	Jokers	Movie
USA	Law-SVU "	Bombshell"	Law & Ord	er: SVU	Law-SVU "	911"	Law-SVU "\	Wildlife"	Law & Orc	ler: SVU	Law & Ord	ler: SVU	Law-SVU







JERSEY CAPE'S ROVING REPORTER, LOU LANZA CAUGHT UP WITH JUDY & ROD FOR THE ST PATRICK'S DAY FESTIVITIES AT THE MUDHEN IN WILDWOOD.













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STARGAZING AT NATIONAL PARKS: STELLAR SHOWS LIGHT UP THE NIGHT

Big Cypress National Preserve, Ochopee, FL - Water isn't the only part of the swamp that's dark--the night sky above the Florida Everglades can be pretty inky as well. Located in Florida's famous marshlands, Big Cypress National Preserve is specifically geared toward stargazers. Desig-nated by the International Dark-Sky Association as an International Dark-Sky Place, the south Florida hideaway is far from bright city lights and other visual pollutants. The preserve needed to retrofit its lighting systems to achieve the prestigious designation, and Big Cypress joins Kissimmee Prairie Preserve State Park as International Dark Sky Places in Florida. You don't need a tele-

scope to marvel at the Milky Way and other sky features visible with the naked eye. Bryce Canyon National Park: Bryce Canyon, UT - Located in Utah's southwest corner, Bryce Canyon National Park remains a destination for stargazers across North America. Park rangers and volunteer astronomers host classes and seminars in a place that sees roughly 7,500 stars on a moonless night. A popular attraction is the Night Sky Program, which features multimedia

Voyageurs National Park, MN - Experience the northern light and stargaze amid stunning lakes, shores and islands crusted over in natural ice sculptures. Viewing the Aurora Borealis is a popular winter activity in this little-visited park, sheltered from Lake Superior. For the cold season, the site lists resources of private snowmobile tours, winter sports gear suppliers and suppliers and stargaze to the start of th guides for day trekking. If you wish to get away from the scenic roadways to enjoy this astoundingly beautiful park, trails abound for novice to expert hiking, cross-country skiing, and snowshoeing. The website has guides for viewing the northern lights, specific trail updates and featured seasonal activities

Death Valley, Eastern CA/NV - Explore sparkling, snow-dusted dunes and vivid geologic colors towering over many walking trails. Famed among off-roaders, the park has routes accessible in the bracing cold of winter. For stargazers, sundown offers an entirely new experience for visitors. There is no closing time at Death Valley, hiking trails are open, and stargazing is a popular pastime. From the park, you can follow Highway 190 west from the lowest point in the US to a view of Mt. Whitney, the highest mountain in the lower 48 states.

Joshua Tree National Park: Joshua Tree, CA - This is a destination for stargazers all year long, especially on winter solstice. Stand among the sand dunes and stare at the celestial symphony. Rocky Mountain National Park: Estes Park, CO - Rocky Mountain isn't an official Interna-tional Dark Sky Park like the Western Slope's Black Canyon National Park, but the more than 12,000-foot elevation offers idyllic conditions for stargazing. Mt. Rainier National Park: Paradise, WA - Close to the Seattle metroplex, Mt. Rainer is the

largest active volcano in the continental US and a world away from the bright light of the city. 

Check the weather before beginning your stellar adventure! **Big Bend National Park, TX** - Listed as a "gold tier destination" and one of the top seven sites in the world for stargazing by the International Dark Sky Association, this giant park boasts thou-sands of stars visible per night. The park has wonderful hikes for day trips, hot springs to visit and bundent wild life an environment of the park has wonderful hikes for day trips, hot springs to visit and bundent wild life an environment of the park has wonderful hikes for day trips, hot springs to visit and bundent wild life an environment of the park has wonderful hikes for day trips, hot springs to visit and bundent wild life an environment of the park has wonderful hikes for day trips, hot springs to visit and bundent wild life and the park has wonderful hikes for day trips, hot springs to visit and bundent wild life and the park has wonderful hikes for day trips, hot springs to visit and bundent wild life and the park has wonderful hikes for day trips, hot springs to visit and bundent wild life and the park has wonderful hikes for day trips, hot springs to visit and bundent wild life and the park has bundent abundant wildlife on show. Camping is available year-round in the park; for astronomy enthusi-asts who like lots of comfort, some local hotels provide a telescope for guests.





MONE	DAY EV	/ENING	à								MA	RCH 25	5. 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Neighbor	Bob Heart	NCIS "The	Plan" (N)	NCIS: Haw	ai'i (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	The Bache	or "Finale a	and After the	Final Rose	' (N) (SF)		News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	The Voice	"The Battles	Part 3" (N)		Deal or No	(N)	News (N)	(:35) <b>J. Fall</b>	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Ride "Anda	alusians"	Wild Cards	S	Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Eye of the	Storm	NOVA		Train Jour	neys	NJ Spotl	One on O	Newsline
29-FOX	The Six	The Pulse	Extra (N)	TMZ (N)	MasterChe	ef (N)	So You Th	ink (N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	nia (N)	48 Hours (	N)	Law-SVU "	Lead"	Neighbor	Neighbor	King
A&E	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	RoadWars	RoadWars	RoadWars
AMC	(5:30) ∰★★	Mr. & Mrs.	Smith ('05)	Brad Pitt.	਼ੈ*★★ Bad	Boys ('95) V	Vill Smith, M	lartin Lawrer	nce.	ਝ਼ੈ★★ Bad	Boys II ('03)	Martin Law	rence.
CNN	Situation (	N) (Live)	OutFront (I	N) (Live)	Cooper 36	<b>0</b> (N) (Live)	The Sourc	e (N) (Live)	<b>CNN</b> (N) (L	ive)	Laura (N) (	(Live)	Cooper360
DISC	Contraban	d: Seized	Contraban	d: Seized	Contraban		Contraban	d: Seized	Contraban	d: Seized	Contraban	d: Seized	Contraba
DISN		Hamster &		Kiff	Kiff	Kiff	Kiff	Kiff	, ,	Ladybug	Jessie	Jessie	Ladybug
ESPN	NCAA Wor	men Second				men Second					Round: Te	ams TBA	SportCtr
ESPN2	SportCtr (N	N) (Live)	NCAA Wor	nen Second	Round: Te	ams TBA	NCAA Wo	men Second	l Round: Tea		SportCtr (I	N) (Live)	NFL Live
FNEWS	Bret Baier	()()	Ingraham (		Jesse (N)	· · /	Hannity (N	, , ,	Gutfeld! (N	,	Fox News	()()	The Five
FX	X · · ·	aterboy ('98	,		★★★ Hitch ('05) Eva Mendes, Kevin James,				<del>۳</del> ★★★ Hit	. ,			
HBO	. , .	<del>≌</del> ★★★ Fru	-	. ,	The Regin			e Color Pur		e ('23) (:25) Enth			Movie
HIST	History's-N		History's-N		History's-I		Mysteries (N)		(:05) <b>Myste</b>	ries	(:05) <b>Myste</b>		Mysteries
ION	Criminal "S		FBI "Privile	-	FBI "Torn"		FBI "God C	-	FBI "Pilot"		FBI "Green		FBI
	Grey's Ana		Grey's Ana		Grey's Ana		Grey's Ana		(:05) Grey's		(:05) Grey's		Anatomy
MAX		* Straight			਼ੈ*★★ Body	y of Lies ('08	<i>'</i>		· / /		<b>ss</b> ('15) Johr	, ,,	Movie
NBCSPA	. ,	5	The Best S				Birds	Sixers (N)				acramento k	<u> </u>
NICK			ਝੈ★★ The A		• • •	scar Isaac.	Friends	Friends		Friends	Friends	Friends	Friends
PARMT					號 Movie	-	•			(:35) 🈤 Mov			
TBS	0 0	• •	0 0	0			Pet Tricks Pet Tricks American						American
	· / /·	A Hard Da	, o (	'		-	. ,	-	1	Words ('50) Fred Astaire. Movie			
		Godzilla: K	-			zilla vs. Kon			gård.	ਝੈ★★★ Koi	ng: Skull Is	. ,	
USA	9-1-1		9-1-1 "Boste	on"	WWE Mon	day Night R	AW (N) (Liv	/e)			McBee "Bu	isted" (N)	McBee

TUES		VENIN	G								MAF	RCH 26	. 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM		12 AM
3-CBS	News (N)	CBS News	Inside Ed.	<b>ET</b> (N)	FBI "Unfore	eseen" (N)	FBI: Intern	ational (N)	FBI: Most \	Wanted (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Will Trent	(N)	The Rookie	e (N)	The Good I	Doctor (N)	News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Night (SF)	Extended	The Voice	(N)	Password	(N)	News (N)	(:35) J. Fall	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Crime Nati	on (N)	•		Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Doc Martin	ı	😤 Facing th	e Laughter:	Minnie Pearl	Marguerite	NJ Spotl	Kea's Ark	Newsline
29-FOX	The Six	The 215	Extra (N)	TMZ (N)	Cleaning (	N)	Alert "Maya	a" (N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	iia (N)	48 Hours (I	N)	Law-SVU "	Ballerina"	Neighbor	Neighbor	King
A&E	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.
AMC	(5:00) 號★★	Bad Boys	II ('03)		¥*★ Ace	Ventura: Pe	t Detective	('94)	¥*★ Ace \	/entura: WI	nen Nature	<b>Calls</b> ('95)	Movie
CNN	Situation (	N) (Live)	OutFront (	N) (Live)	Cooper 36	<b>0</b> (N) (Live)	The Source	e (N) (Live)	CNN (N) (Li	ve)	Laura (N) (	Live)	Cooper360
DISC	Moonshine	ers	Moonshine	ers	Moonshine		Moonshine	ers	Moonshine	rs	Moonshiners		Moonshine
DISN	Hamster &	Hamster &		Kiff		Kiff		Kiff		Ladybug		Villains	Ladybug
ESPN	SportCtr (N	N) (Live)		asketball T		(N) (Live)			l: Teams TB				SportCtr
ESPN2	Around	Pardon	CB Invitati	onal (N) (Liv	/e)		Basketball CB Invitational (N) (Live)					NFL Live	
	Bret Baier	.,.,	Ingraham (		Jesse (N) (	- /	• • • • •		Gutfeld! (N	,	Fox News	· / · /	The Five
FX	(4:30) <b>¥ Cap</b>			<u> </u>	•		Rings ('21) Simu Liu. Shogun (N)			ື¥★★ The Β	· · ·		
HBO	(5:35) <b>Real</b>		、 ,	<ul> <li>Deadpool</li> </ul>	. , ,	,			lones ('24) (	,	The Regime		Movie
HIST	Oak Island	ő	Curse of O		Curse of C		Oak Island	( )	(:05) U-Boats (N)		(:05) Oak Is		OakIsland
ION	Chicago Fi	re	Chi. Fire "A	Ambition"	Chicago F		Chicago Fi	ire	Chi. Fire "L		Chicago Fi		Chi. Fire
	Castle		Castle		Castle "Re		Castle		(:05) Castle	0	(:05) Castle		Castle
		-	('02) Ice Cu			herheads ('C	'		Major Leagu	· · /			
		Ŭ			,	t New York F	<u> </u>	•	( ) ( )	Birds	•		NHLHock
		SpongeB		-	. ,	am Sandler.				Friends	Friends		Friends
PARMT		Two Men				· · ·	,		ert Duvall, T				. ,
	3 3	Big Bang	0	0	• •	0 0	Big Bang Big Bang Big Bang Big Bang				Pet Tricks		
		•	in the Gras	. ,		e Catered A	( )		Affairs of D				. ,
	(4:30) <b>% Goo</b>		• • • •		. <u> </u>	s Lakers at I	Milwaukee B	Bucks (N)	Basketball				0 ( )
USA	Law-SVU "	Obscene"	Law-SVU "	Ripped"	WWE NXT	(N) (Live)			(:10) ∰★★ (	Criminal ('1	6) Gal Gado	,	tner.

WEDN	IESDA	Y EVE	NING								MA	RCH 27	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	<b>ET</b> (N)	Survivor "	- Tiki Man" (N)	)	The Amazi	ing Race (N	)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Conners	Not Dead	Abbott	Celebrity	9-1-1 "Rock	the Boat"	News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Chicago M	led (N)	Chicago Fi	i <b>re</b> (N)	Chicago P	. <b>D.</b> (N)	News (N)	(:35) <b>J. Fall</b>	<b>on</b> (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Walker		Walker		Action Nev	vs at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Drive-Hist	Look Up	Nolly on M	asterpiece	Alice-Mast	er	NJ Spotl	Darley	Newsline
29-FOX	The Six	ClassH	Extra (N)	TMZ (N)	Masked (N	)	Animal	Family Guy	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	iia (N)	48 Hours (	N)	Law-SVU "	Hell"	Neighbor	Neighbor	King
A&E	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Booked (N	)	CourtCam	CourtCam	CourtCam
AMC	(5:00) 🐕★★	+ Star Trek	Into Darkn	<b>ess</b> ('13)	<del></del> ਝ ★ ★ ★ Un	stoppable (	10)		ਞ਼+★ I, Rol	<b>bot</b> ('04) Bri	dget Moynal	han, Will Sm	ith.
CNN	Situation (	N) (Live)	OutFront (	N) (Live)	Cooper 36	0 (N) (Live)	The Sourc	e (N) (Live)	King Charl	<b>es</b> (N)	Laura (N) (	Live)	Cooper360
DISC	Expedition	Х	Expedition	X	Expedition	n X	Expedition	<b>X</b> (N)	Ghost Adv	. (N)	Expedition	Unknown	Expedition
DISN	Hamster &	Hamster &	Kiff	Kiff	Kiff	Kiff	•	Kiff	Ladybug	Ladybug	Bunk'd	Bunk'd	Ladybug
ESPN	SportCtr (N	N) (Live)	NBA (N)	Basketball	Los Angele	s Clippers a	t Philadelphi	ia 76ers (N)	Basketball	Phoenix Su	ins at Denve	er Nuggets (I	N) (Live)
ESPN2	(5:00) <b>CBI</b> (	N) (Live)	2024 NIT B	asketball T	ournament	(N) (Live)	NIT Tourn.	First Round	: Teams TB	A (N) (Live)	SportCtr (1	N) (Live)	SportCtr
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (	(Live)	Hannity (N	) (Live)	Gutfeld! (N	l)	Fox News	(N) (Live)	The Five
FX	(4:30) 😤 Tho	or: Dark W	₩ <b>★★ Doct</b>	or Strange i	in the Multi	verse of Ma	dness ('22) American			American	ℜ Antlers		
HBO	(:15) 號★★★	Sleepless	in Seattle (	'93)	¥★★★ Wo	onka ('23) Tir	nothée Cha	lamet.	The Regim	е	Enthusias	(:35) ❣★★ *	Ted 2 ('15)
HIST	American I	Pickers	American I	Pickers	American	Pickers	American	Pickers (N)	(:05) Picker	ſS	(:05) <b>Picke</b>	rs	Pickers
ION	Blue Blood	ls	Blue Blood	ls	Blue Blood	ds	Blue Blood	ls	Blue Blood	I "The End"	Blue Blood	ds	Blue Blood
	Castle		Castle		Married at	First Sight	(N)	Married	(:05) Castle	)	(:05) Castle	;	Married
MAX	(:15) <b>‱★★ l</b>	Unbreakabl	e Bruce Will	is.	锌 How to ⊺	Falk to Girls	at Parties	(:45) <b>¥ The</b>	Vanishing	of Sidney H	<b>lall</b> ('17)	(:45) 😤★★★	Election
NBCSPA	Birds (N)	Birds	Sixers (N)	Basketball	Los Angele	s Clippers a	t Philadelphi	ia 76ers (N)	Sixers (N)	(Live)	Birds	In. Golf	Basketball
NICK	SpongeB	SpongeB	ື∺★★ Hotel	l Transylva	nia 2 ('15)		Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	ਝ*★★ The	e Departed	('06) Matt Da	amon, Leona	ardo DiCapri	0.	(:10) ❣★★★	The Town	('10)
TBS	Big Bang	Big Bang	Big Bang	Big Bang	All Elite W	restling: Dy	namite (N)	(Live)	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam
TCM	(5:45) 😤★★	★ Mogamb	o ('53) Clark	Gable.	<b>**★★</b> Tar	nmy and th	ne Bachelor (:45) <b>फ़⊀★★</b> The Mating Game ('59)				🈤 The Ten	der Trap	
TNT	Lucifer		NHL on T	NHL Hocke	ey Boston B	ruins at Tam	pa Bay Lightning (N) (Live) Post-Game				ne ∰★★★ American Gangster ('07)		
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	ler: SVU	Law-SVU "	Jumped In"	Law-SVU "	Soldier Up"	Law-SVU "	Blood Out"	МсВее

### THURSDAY EVENING

### MARCH 28, 2024

non	SDAT		NG									1011 20	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	NCAA Men	' <b>s</b> Regional	Semifinal: T	eams TBA (	(N) (Live)	NCAA Men	<b>'s</b> Regional	Semifinal: T	eams TBA (	N) (Live)	News (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	9-1-1 "Caps	sized" (N)	Grey's Ana	tomy (N)	Station 19	(N)	News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	News (N)	•	NBC News	Somebody	Law & Order Law & Order: SVU			Law & Ord	er	News (N)	(:35) <b>J. Fall</b>	on (N)	
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Conners	Conners	Son of a	Son of a	Action Nev	vs at 10 (N)	Union	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Saints "Eliz	zabeth Ann	Seton"	Where I Be	ecame		NJ Spotl	State/Arts	Newsline
29-FOX	The Six	Kelly (N)	Extra (N)	TMZ (N)	Next Level	Chef (N)	Farmer (N)		News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	ia (N)	48 Hours (	N)	Law-SVU "	Baggage"	Neighbor	Neighbor	King
A&E	First 48 "T	hink Twice"	The First 4	8	Critical Mir	nutes (N)	The Stand	(N) (SF)	Interrog.	Interrog.	(:05) The Fi	irst 48	(:05) First
AMC	<del>≌</del> ★★★ Un	stoppable ('	10)		ਝ਼+ Gone i	n 60 Secon	ds Angelina	Jolie, Nicola	as Cage.	(:45) ∰★★★	Moneybal	I ('11) Brad I	Pitt.
CNN	Situation (	N) (Live)	OutFront (	N) (Live)	Cooper 36	0 (N) (Live)	The Source	e (N) (Live)	CNN (N) (L	ive)	Laura (N) (	Live)	Cooper36
DISC	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid "US	A vs. World"		Naked and	Afraid "We	lcome to An	nerica!"	Afraid
DISN	Hamster &	Hamster &	Kiff	Kiff	Kiff	Kiff	Kiff	Kiff	Ladybug	Ladybug	Jessie	Jessie	Ladybug
ESPN	SportCtr	Baseball (N	N) (Live)	MLB Basel	ball Chicago	Cubs at Te	xas Ranger	s (N) (Live)	1	SportsCen	ter (N) (Live	e)	SportCtr
ESPN2	(5:30) <b>ESP</b>	SportCtr	College Ba	seball LSU	seball LSU at Arkansas (N) (Live)					The Climb	E60	To Be Ann	ounced
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (	Live)	Hannity (N	) (Live)	Gutfeld! (N	)	Fox News	(N) (Live)	The Five
FX	(4:30) 😤 ★ ★	+ Ford v Fe	errari ('19) N	latt Damon.	<del>≌,★</del> Gone i	n 60 Secon	ds Angelina	Jolie, Nicola	as Cage.	<del></del> ∰★ Gone i	n 60 Secon	<b>ds</b> Nicolas C	Cage.
HBO	(5:25) 😤 Tra	ansformers:	Revenge of	the Fallen	Enthusias	(:35) ❣★★★	Dream Sc	enario ('23)	(:20) 號★★ \$	Sinister ('12	2) Ethan Hav	vke. (P)	Movie
HIST	Pawn Star	s	Swamp Pe	ople	Swamp Pe	ople	Swamp Pe	ople	(:05) <b>Swam</b>	p People	(:05) Swam	p People	Swamp
ION	Chicago "(	Good Men"	Chicago P.	.D.	Chicago "F	Pain Killer"	Chicago "T	his City"	Chicago P.	.D.	Chicago "S	Sacrifice"	Chicago
LIFE	Castle		Theresa Ca	aputo	Theresa Ca	aputo	Theresa Ca	aputo (N)	(:05) There:	sa Caputo	(:05) There	sa Caputo	T. Caputo
MAX	(:05) 號★★★	Let Me In	('10)		∯★★ The F	Promise ('16	6) Oscar Isaa	ac.	(:15) <b>₩★ Pa</b>	aranoia ('13	) Liam Hems	sworth.	Movie
NBCSPA	Phillies	Pregame	NHL Hocke	ey Philadelpl	hia Flyers at	t Montreal C	anadiens	Postgame	(N) (Live)	MLB Base	ball		
NICK	The Tidal 2	Zone	਼ੈ*★★ Cloue	dy With a C	hance of Me	eatballs 2	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	😤 Movie					ਝੈ★★ The l	Mummy ('99	) Brendan F	raser.
TBS	Big Bang	NCAA (N)	(Live)	NCAA Men	's Regional	Semifinal: T	eams TBA (	N) (Live)	NCAA Men	<b>'s</b> Regional	Semifinal: T	eams TBA (	N) (Live)
TCM	ਝੈ★★★ Ca	ptains Cour	<b>ageous</b> ('37	)	ਝ*★★ The	e Rat Race (	('60) Tony C	urtis.	<b>਼ਿ∺</b> ★ Goodb	ye Charlie	('64) Tony C	urtis. (P)	Movie
TNT	(5:30) <b>₩★★★ Ant-Man and The Wasp</b> ('18)								Chadwick E	Boseman.	<b>*</b> ★★★ Black Panther ('18)		('18)
USA	Law-SVU "	Name"	**** Pira	ates of the (	Caribbean:	The Curse	of the Black	<b>Pearl</b> ('03)	<b>*</b> ★★ Pirate	es of the Ca	aribbean: D	ead Man's C	Chest ('06)
AGE 36	1												









## **DO YOU KNOW THIS PERSON?**



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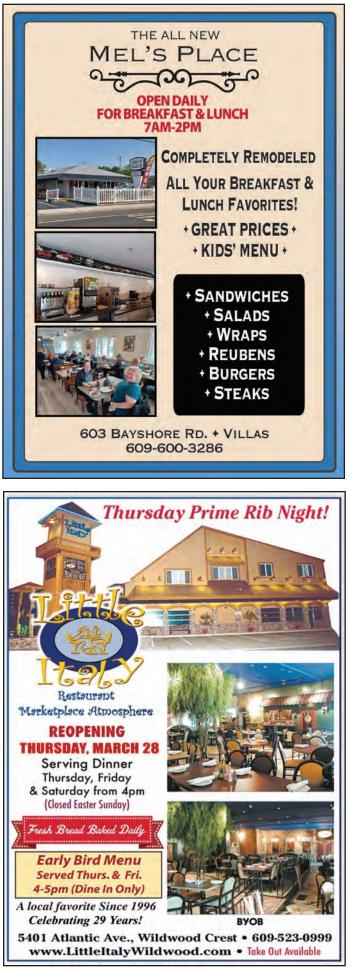
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### THE FIGHT BEGINS

Submitted by Patsy Nelson from The Wagging Tail

Spring is here. My favorite time of the year. Soon flowers & trees will be in glorious color or showing their potential blossoms. The bees, flies, ants, beetles, fleas, & ticks are in happy release from the relatively warm winter we had again this year. Which is why fleas & ticks, our pets' enemies are going to be in full abundance. Already customers are coming in complaining about ticks.

I suggest that the first thing you do is get a container of yard spray that does up to 5,000 SF., that attaches to the nozzle of your hose, and takes little effort on your part to shower, especially the perimeters of your yard. There are all-natural ones that use essential oils (like clover, lemon grass, cedar, among others). The ones we recommend are by Vet Best, Tropliclean, & Natural Chemistry. These products kill fleas & ticks, and Vet Best also kills and repels mosquitoes. There are stronger products like Adams Plus & Zodiac, which use synthetic chemicals and are not natural so more care concerning pets, birds, & fish is necessary. Caution must be used to not spray on blooms where bees are actively visiting, and not when it's windy. The best time would be very early in the morning or at dusk. But the Adams, for example, kills fleas, ticks, mosquitoes, ants, and crickets, as well as bagworms, aphids, spider mites, gnats, beetles, moles, and other insects that attack our plants, and of course - fleas & ticks, including the Deer Tick which carries Lyme Disease. Most of these products will be effective for 4 weeks. It may be necessary to reapply them monthly for best results. Do apply when you are certain it will not rain for at least 24-hours.

Since it's been a warm winter, I have been applying topical flea products on my dogs & cats non-stop and now will start with flea & tick topicals, plus Heartguard. I don't advise oral pest control because of the dangers of reactions while in the bloodstream. At least with topicals, they only penetrate the dermal oils & can be washed off if necessary. (With dogs like Ebby, oral may be the only way).

You should inspect your pets before, or as they enter your home, if they have been wandering in your yard, or have been taken for a walk where ticks can be lying in wait for the vibration of your pet. Run your hands lightly over your entire pet, and even use a flea comb which will snare the critters before they penetrate the skin. Check armpits and their inner thigh areas too.

Constant vacuuming of all areas of the house, sofas, between cushions, baseboards, closets, will help in controlling fleas. Make sure to empty the vacuum each time (outside in a bag). Spraying a reputable flea & tick spray will get under and behind things and will help wipe out flea populations. If using a fogger becomes necessary, by spraying first, you have increased the effects of fogging by 30-40%. And fog your crawl space too! We have free pamphlets which will help guide you to a safer pet environment.

Thank you for helping a small business stay in business. Check out our on-premises cat shelter.

HELP WANTED, FULL & PART-TIME. SOMEONE MATURE AND FAMILIAR WITH COMPUTERS, CAN LIFT 26 LB BAGS OF PET FOOD, & IS NOT ALLERGIC TO CATS. APPLY IN-STORE.





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