









1	2	3 *		4	5	6	7		8	9	10
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14	1		15					16			1
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		32		33 *	Q	=	34				
35	36				37	38	-	1		39	40
41				42	-	-			43		+
44	-	-	11	45	-	-	-		46		+

The solution to the question is found within the answers in the puzzle. In order to discover this hidden solution, unscramble the letters noted with asterisks within the puzzle.

#### Across

- 1. Family M.D.'s
- 4. What to do
- 8. Wager
- 11. Slangy turndown
- 12. Big bovines
- 13. Way back when
- 14. Terribly awkward
- 17. \_\_\_\_ constrictor
- 18. Monsoonal
- 19. Chew (on)
- 21. 45, e.g.
- 24. One of Jupiter's moons
- 25. "\_\_\_\_ Kill a Mockingbird" 26. B&O and Reading, e.g.: Abbr
- 27. Plug-in car, for short
- 28. Contacted privately on X, 33. Shadow for short
- 30. "Squid
- 32. Check for accuracy
- 34. Cannabis compound
- 35. Smart watches and step
- trackers, e.g.
- 41. On one's
- 42. "\_\_\_\_ Man" (Marvel movie)
- 43. Head of England?
- 44. Director Craven
- 45. Garish
- 46. Time in history

#### Down

- 1. Vitamin and supplement chain
- 2. Scorecard number
- 3. \_\_\_ Inu (Japanese dog)

- 4. Roman robe
- 5. Feller 6. Needle
- 7. Comprehend
- 8. Rock poet Smith
- 9. "That's terrible!"
- 10. Play (with)
- 15. "Well, that explains everything!"
- 16. Stop signal
- 19. Surround
- 20. "Cheers" habitue
- 22. Pipe part
- 23. Place to moor a boat
- 29. Chris who plays Captain America
- 31. Amtrak bullet train
- 34. Take care of
- 35. Bowl over
- 36. Member of the flock
- 37. "My man!"
- 38. Singer Rawls
- 39. Minor player 40. Cultivate

NIGhthawks :uoitulos







# HOROSCOPE

### ARIES (Mar. 21- April 20)

3

RA

徽

X

and the

1

To

X

6)

TUG OF WAR

VIPS

For ages you've put off dealing with certain tedious but essential matters. However, now your ruler Mars is positioned in the cautious and thorough Capricorn and, in fact, is accenting these. The secret? Ask somebody who has a knack for tackling such matters to lend a hand. You'll be glad you did. **TAURUS (Apr. 21- May 21)** 

Every New Moon brings a fresh perspective. While, often, it's on life itself, the current one is in the down-to-earth sigh of Capricorn, so is accenting certain practical issues. Explore every option, including those that seem unrealistic. Once you've learnt more, you'll realise this isn't just wise, it's essential. **GEMINI** (*May 22-June 21*)

Usually, you're the first to discover, and explore, new ideas, activities or potential plans for the future. However, judging by the current fast-paced planetary activity, you're better off leaping in, and seeing what happens next. Once you're involved, you'll realise how much you're enjoying every twist and turn. **CANCER** (June 22-July 22)

For ages you've been battling changes as unsettling as they'd be unwelcome. The real problem is others are unable to recognise this, so can't understand why your feelings are so intense. Forget about explanations. Get them involved. What they learn while facing those issues will result in a major change in their point of view.

### LEO (July 23-Aug 22)

You don't think of yourself as stubborn and, mostly, you aren't. On the contrary, as an inquisitive if not restless fire sign, you thrive on new ideas, meeting people and going to new places. Now, however, you need to keep certain arrangements as they are. If you try to reorganise them, you'll soon learn the reason why.

### VIRGO (Aug. 23 -Sept. 23)

True, your planet, Mercury, is no longer retrograde, ending the mix-ups you've been facing. Despite that, life's minor obstacles aren't about to vanish entirely. The secret? Approach these with patience, and be inquisitive. Many of these discussions will be as worthwhile as they are unexpected.

### LIBRA (Sept. 24 -Oct. 23)

When your ruler Venus moved into the inquisitive sign of Sagittarius in late December, you began a cycle of discussion, discovery and yet more discussion. This continues. However, now that you're better informed, you also know what to say, to whom, and when and better yet, you're getting your message across to others.

### SCORPIO (Oct. 24 - Nov. 22)

You think of it rarely, but as a Scorpio, you're far more intuitive than others. Not only do you sense what will work and what won't, you have a sense who is trustworthy and who isn't. The problem? Explaining this isn't easy. Actually, if asked, you're better off avoiding discussion, and simply changing the subject.

### SAGITTARIUS (Nov. 23 -Dec. 21)

Every once in a while, you realise that, in the enthusiasm of the moment, you committed to certain arrangements that are as demanding as they are dull. Yet, you rather enjoy the challenge, enough that you're thinking of tackling more. Don't even think of it. You've plenty of other things to do.

### CAPRICORN (Dec 22.- Jan. 20)

Being cautious when it comes to making your own plans comes naturally to you. While that's an admirable characteristic, others think and function from an entirely different point of view, and are often surprised at your thoroughness. Simply remind them of their commitments, day by day.

### AQUARIUS (Jan. 21 - Feb. 19)

As an inquisitive air sign, you enjoy the company of those who are happy to share their experiences of the world around them and what they've learnt from it. The problem? They sometimes mistake your interest for a desire to get involved. Explain, kindly but firmly, you're intrigued, nothing more. **PISCES** (*Feb. 20-Mar. 20*)

Judging by the clash between the communication planet Mercury and your ruler Neptune, minor mistakes could well blow up into major issues. Unsettling as this is, events are giving you a good excuse to untangle these ongoing misunderstandings once and for all. The sooner you talk these over, the better.

DOLLS

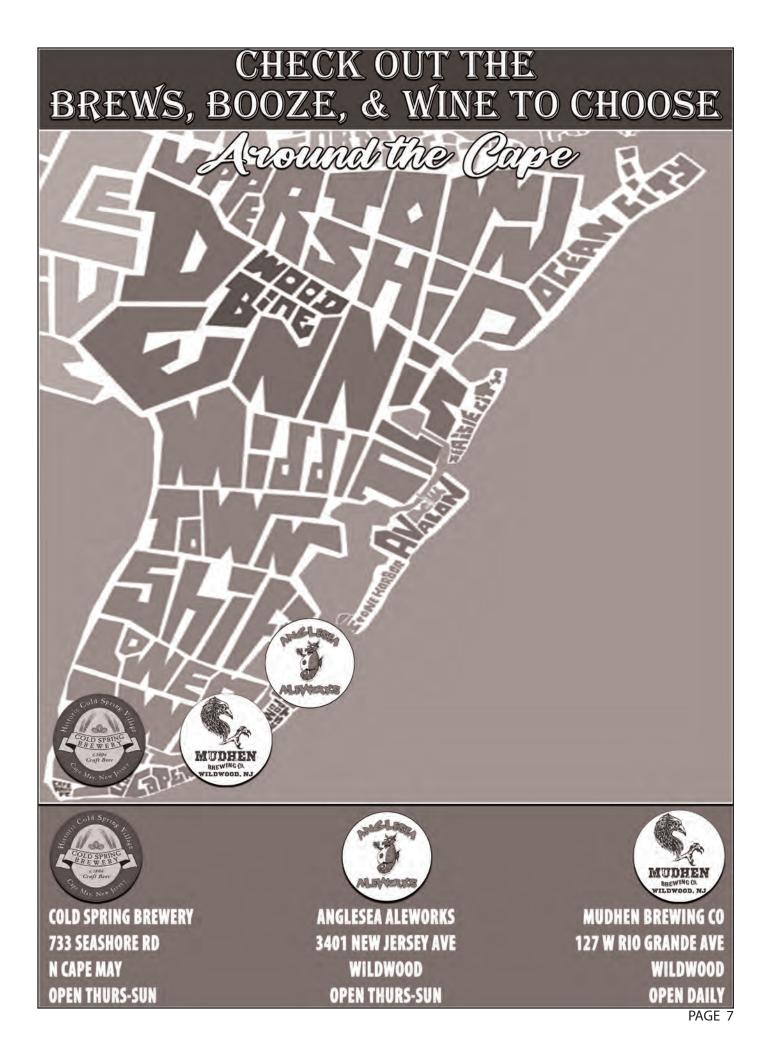
DYSTOPIAN

JUN-HO

KOREA

PLAYER

SACRIFICE











### **AROUND THE CAPE**

### Wildwoods

### Special Olympics Polar Bear Plunge - Sat., January 13 Wildwoods Convention Cen-

ter & beach. The Polar Bear Plunge in Wildwood is a unique Plunge in Wildwood is a unique opportunity for individuals, or-ganizations, and businesses to support Special Olympics New Jersey athletes by jumping into the frigid Atlantic waters on January 13. Registration begins at 10:00 a.m. and the plunge takes place at 1:00 p.m. on the Wildwood heach by the Wild Wildwood beach by the Wildwoods Convention Center. For more information or to register visit www.plungewildwood.org

Wild Con Jersey Shore Comic Book Show - Saturday, Jan 13 It's going to be WILD at Wild-woods Convention Center 10 a.m. - 5 p.m. on January 13. 2024 will feature new guests, vendors, artists, and so much more to kick off the Con Season! Admission is \$10; children ages 12 and under are free with a paying adult. Tickets avail-able at the door OR in advance. For more information visit JerseyShoreComicBookShow.com

#### Lower Township

# Cape Assist Starting Off the New Year with fun for our

New Year with fun for our youth!! Cape Assist is presenting a Doo Wop Dance Party on Fri-day, January 19 from 6 - 8 p.m. at the Lower Township Recre-ation Center at 2600 Bayshore Road in Villas. Registration is Dequired Visit wary three org/ Required. Visit www.lthyc.org/ dance to register or for more information.

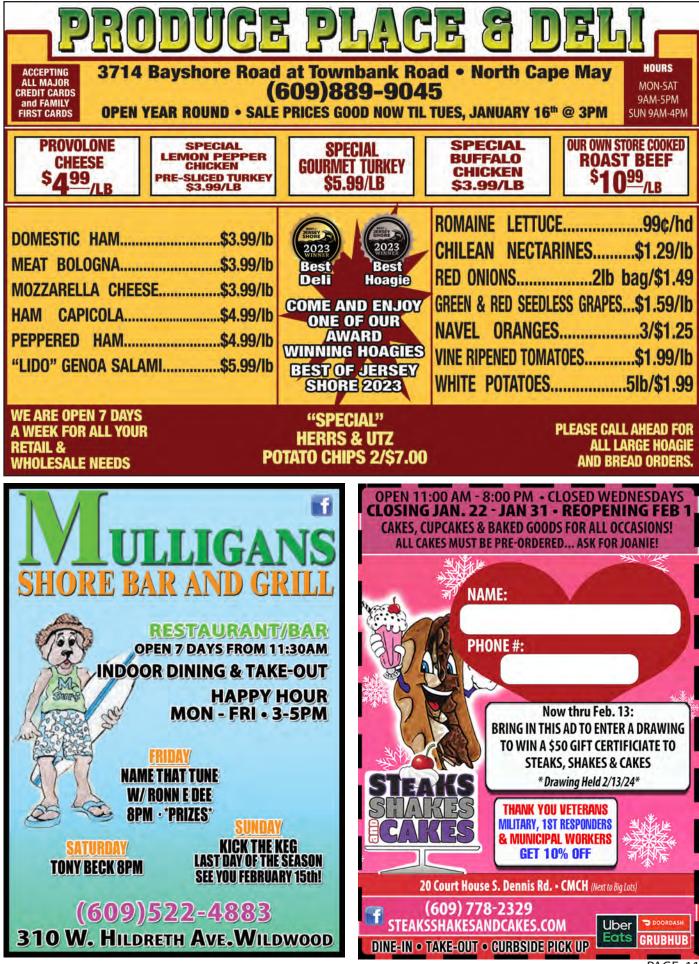
#### Cape May

Roller Skating at Cape May Convention Hall, 714 Beach Ave. Fridays from 4 - 6 p.m. and 6:30 - 8:30 p.m., plus Sat-urdays and Sundays from 1 - 3 p.m and 4 - 6 p.m. Admission is \$5 and skate and blade rentals are available. The full schedule is available at www.capemaycity.com. For more information. call 609-884-9565.

#### NATIONAL DRESS UP YOUR PET DAY

National Dress Up Your Pet Day on January 14th provides a special day to celebrate with your pet and show off their fash-ion style. Pets do become part of one's family. Whether you







MONDAY WING NITE • 3-10 \$3 Coors Lite & Bud Lite Drafts

HAPPY HOUR SPECIALS 3-6

**TUESDAY** \$8 Chicken Tinga Tacos \$8 Margaritas • \$4 Coronas

WEDNESDAY 1/2 Price Appetizer Menu \$8 Cosmos • \$6 Craft Beers

THURSDAY 1/2 Price Pizza • \$8 Poco Diablo \$3 Domestic Bottles

FRIDAY \$10 Mussels and Frites 1/2 Price Wine by the Bottle

SUNDAY FOOTBALL 7 BIG SCREENS FOOD & DRINK SPECIALS ALL DAY

> Serving Lunch & Dinner Daily Kitchen Hours: 11:30a-10p 3729 Bayshore Rd, N Cape May (609) 889-7000 • 5westpub.com

WES

take a visit to the groomer or take it a step further and dress up in matching outfits, be sure your pet companion is safe and comfortable.

### NATIONAL BAGEL DAY

Toast up your favorite flavor on National Bagel Day. On January 15th, don't forget to pick your favorite schmear, too. Make it for breakfast, lunch, snack, or all of the above!

## MARTIN LUTHER KING JR

On the third Monday in January, Martin Luther King Jr Day honors the American clergyman, activist, Civil Rights Movement leader. Dr. Martin Luther King Jr.(January 15, 1929 – April 4, 1968) is best known for his role in advancing civil rights using nonviolent civil disobedience. King has become a national icon in the history of American progressivism. Many schools, businesses, and government offices are closed during Martin Luther King Jr Day. However, schools hold programs or teach curricula engaging students in Civil Rights history and lessons throughout the week.





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# **Recipe of the Week**

### PAN SEARED SESAME TUNA

### INGREDIENTS:

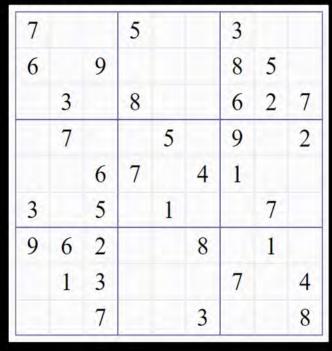
- · (2) 4-6 Oz Ahi Tuna Steaks
- 1 TBS COCONUT OIL
- · 3 TBS SESAME SEEDS



### PREPARATION:

Preheat oil in a nonstick saute pan, over medium high heat. Pour sesame seeds onto a small plate. Press one side of each tuna steak into the sesame seeds. When the oil is ready, place the steaks sesame side down into the pan. Sear each side until fish is rare. Remove from heat. Allow to rest about five minutes. Serve as is or over a nice bed of greens with a citrus type vinaigrette. Enjoy! The objective is to fill the grid so that each column, each row,

and each of the nine 3x3 boxes contains the digits from 1 to 9.



ANNUAL POLAR BEAR PLUNGE TO BENEFIT SPECIAL OLYMPICS NEW JERSEY RETURNS TO THE WILDWOODS SAT, JAN 13



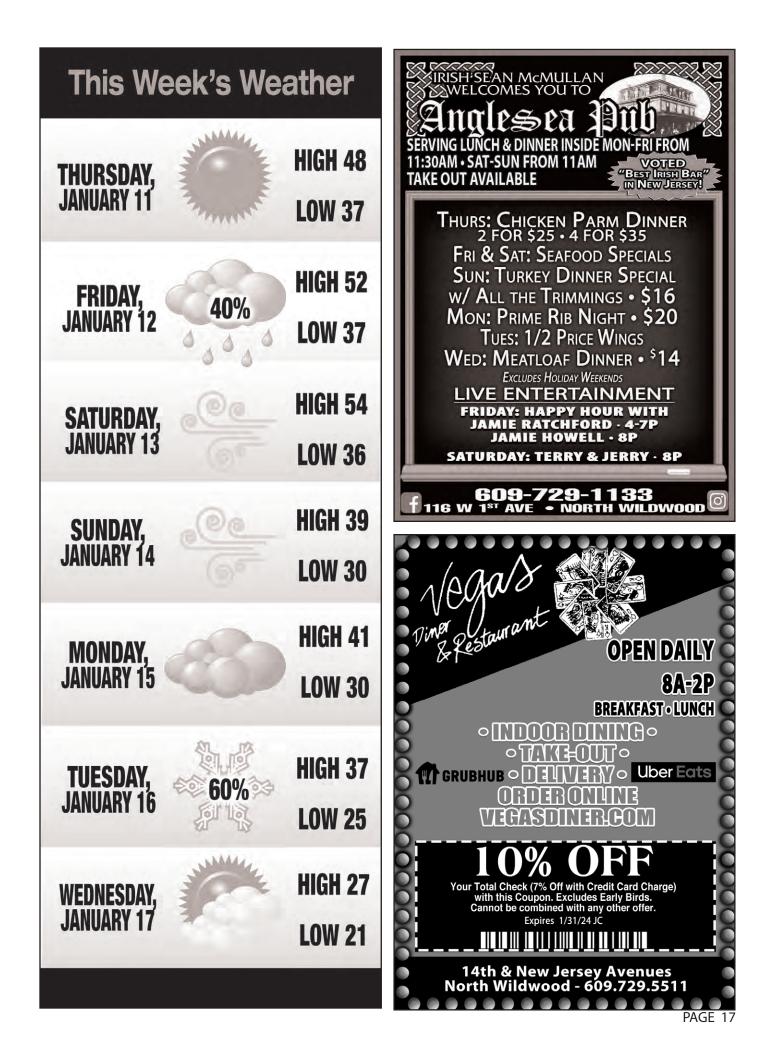


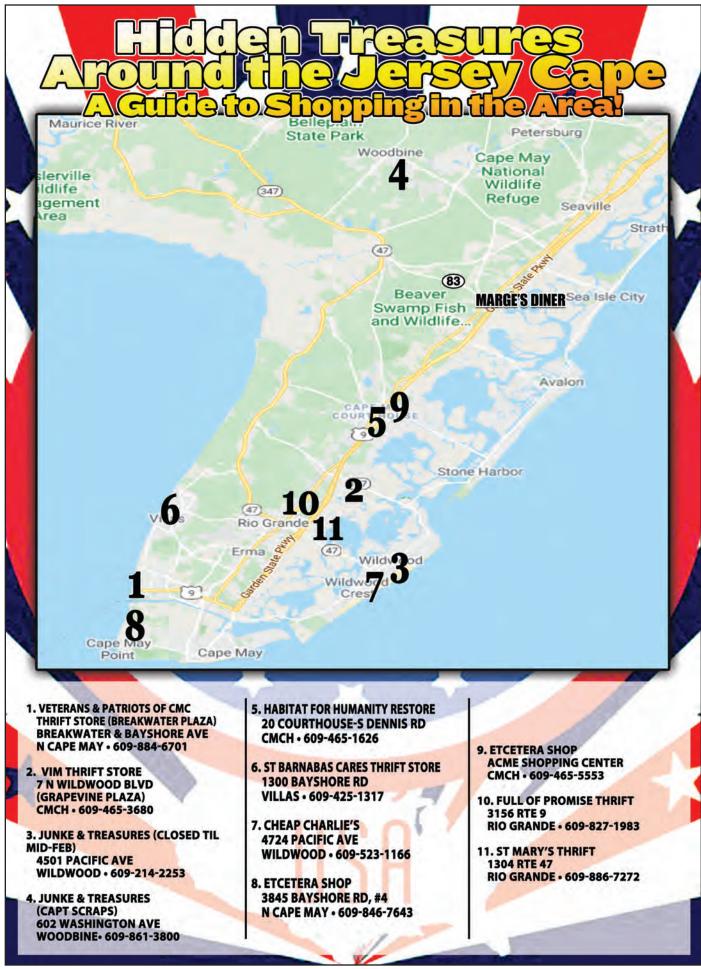


Get ready for a beach day in January! Dig out your bathing suit and join in the fun! Special Olympics New jersey returns to the Wildwoods to kick off 2024 with a chilling plunge into the Atlantic Ocean during the annual Polar Bear Plunge on Saturday, January 13, 2024 at 1 p.m. on the beach behind the Wildwoods Convention Center. The Polar Bear Plunge in the Wildwoods is a FREE event for spectators to watch, but plungers pay donations in tiered levels. Early Bear plungers must raise a minimum of \$100 to participate in the event by November 30, 2023. Now I'm Ready Bear plungers must raise a minimum of \$110 by December 31, 2023. The Better Late Than Never Bear plungers must raise \$120 minimum by January 12, 2024. Registration for the Almost Missed It Bear plungers will be available on-site the day of the event for a minimum donation of \$125. All plungers are encouraged to dress up in costume, break out the plunge props, make banners and signs, and most importantly, have FUN! Immediately following the plunge, participants and children under the age of 12 can enjoy a free lunch inside the warm Wildwoods Convention Center. The Polar Bear Plunge Wildwood is so much more than an icy swim in the ocean. Special Olympics New Jersey provides year-round sports training, competitions, leadership opportunities, and health screenings to thousands of athletes. All these programs and services are always completely FREE, thanks to fundraising events like the Polar Bear Plunge in the Wildwoods. The Polar Bear Plunge is a family-friendly event benefiting the athletes of Special Olympics New Jersey. There are incentives based on the total funds raised, and there will be special recognition for the top three people who raise the most money, as well as the top three highest fundraising teams. Check-in will take place from 10 a.m. to 12:45 p.m. inside the Wildwoods Convention Center. The plunge is at 1 p.m. with lunch immediately following. The New Jersey Law Enforcement Torch Run, along with the New Jersey Fraternal Order of Police, which is sponsoring the Polar Bear Plunge in the Wildwoods, is comprised of law enforcement officers who volunteer and are dedicated to raising funds and awareness for Special Olympics New Jersey. Each year the Law Enforcement Torch Run hosts major fundraising events across the state, along with hundreds of local events, and raises more than \$4 million for the athletes of Special Olympics New Jersey. Year after year, the Polar Bear Plunge at the Wildwoods Convention Center continues to grow in popularity and is just one of the many FREE events to attend in the Wildwoods. Beat the winter blues by showing support for a worthy cause and come join in the excitement of the January Polar Bear Plunge.

For additional information about Special Olympics New Jersey, visit www.sonj.org. For additional information about the Polar Bear Plunge at the Wildwoods Convention Center, visit www.PlungeWildwood.org or call 609-896-8000. For additional information about the Wildwoods, visit www.WildwoodsNJ.com or call 800-992-9732.















This elegant home was built by the renowned builder Anthony Christaldi using his stunning craftsmanship for crown molding, columns and intricate mill work throughout every room making the home an impeccable masterpiece. From the roof to the basement is nothing less than perfection. The entrance is enchanting with a large fover and sweeping horseshoe stairs, a large family room, booklined study, formal dining room with wainscotting, recessed lighting around the ceiling and lovely artwork. A gourmet kitchen with custom cabinets, Sub Zero and Wolf Pro appliances, dining area overlooking the patio, at the top of the stairs is a sun filled room, featuring large windows for views, gas fireplace and the ambience for peace and guiet. Each bedroom is en suite with the Master bedroom having cathedral ceilings, his/her walk in closets, a soaking tub, fireplace and glass enclosed shower. If you like to entertain, the lower level is the place to be with a bar area, cafe with booths, billiard table, card table and your own theater and a Sauna. The backyard is spacious and private with a large deck and patio area as well as a small fountain. Located steps away from the Union League National Golf Course, great for the golf enthusiasts. The description and pictures do not do justice to what a personal tour can provide, your eyes will be amazed at the elegance and craftmanship of this home. All furnishings are negotiable. There is an Home Owners Association and fees are \$450.00 a year. A copy of the HOA documents will be provided to Buyer. Seller is selling the home "AS IS" "WHERE IS", and needs to obtain suitable housing prior to closing,



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### "In My Opinion" by Nancy Adler



Nancy Adler Nutrition is the recipient of the Gold Award in The Best of the Press 2020, 2021 & 2022 Readers Choice Awards! Thank you to all who voted!

Nancy Adler is a Certified Nutrition and Fitness Instructor. She specializes in nutrition, weight loss control and sports specific nutrition for all ages.

Nancy will create a personalized nutrition plan just for you to help you reach your goals.

You may listen to Nancy every Saturday 11 am-1 pm: Nancy Adler Nutrition LIVE! NewsTalk 1400 WOND radio.

For more information, call Nancy at 609.653.4900 to schedule your one-on-one confidential consultation. www.NancyAdlerNutrition.com

## NUTRITION, WEIGHT LOSS & FITNESS

### SOUPS FOR HEALTH

Because soup is rich in fiber (if you get the ones packed with veggies) and contains a high amount of water, it's going to help you feel full and stay full. So use soup to help reduce your calorie intake, and eat other foods that supplement the soup like a salad or a meat. Soup broths have the fewest calories, as they also have the fewest ingredients. Other soups low in calories include chicken noodle, egg drop soup, vegetable soup, and wonton soup. Different recipes affect the caloric content of any of these soups.

Soups are an excellent bet for weight loss. In addition to being our best aides on a nippy day, soups help fill us up because of their high water content. Since it is so high in water, your soup makes for a yummy low-calorie appetizer. Unlike juicing, soups also help retain essential fibers of all veggies that are used.

Lose belly fat with these soups!

- Vegetable soup.
- Chicken and vegetable soup.
- Black bean soup.
- Lentil soup.
- Tomato soup.



Nancy Adler C.F.T./S.S.N./S.S.C. 1201 New Road • Suite 131 • (609)653-4900 Cornerstone Executive Suites • Linwood, NJ 08221 Follow Nancy Adler Nutrition on facebook

THE ANNUAL FISHING & DOATING EXPO WAS HELD ON SAT & SUN, JAN 6 & 7 AT THE WILDWOODS' CONVENTION CENTER



Division of Fish and Wildlife Bureau of Law Enforcement

SATU	RDAY	AFTER	RNOON								JANU	ARY 13	3, 2024
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Hope-Wild	To Be Ann	ounced	NFL Cham	<b>p.</b> (N)	Basketball	San Diego	State at Nev	v Mexico	PBR Bull F	Riding	To Be Ann	ounced
6-ABC	oh baby!	Hearts of	Vets-Pets	NHL Hocke	<b>y</b> New York	Rangers at	Washingtor	n Capitals (N	I) (Live)	Women's (	College Gyr	nnastics	
10-NBC	Wild Child	Paid Prog.	Soccer Nev	wcastle Unit	ed vs. Manc	hester City	Goal Zone	Football N	i <b>ght</b> (N) (Liv	e)	Football W	/ild Card: Te	ams TBA
17-MNT	Paid Prog.	Basketball	NC State at	Louisville (I	N) (Live)	(:15) Baske	tball Florida	a State at No	tre Dame (N	I) (Live)	Pawn Stars	Holiday	
23-PBS	(11:00) Last	t Breed	Aging Bacl	kwards 4	Just One T	hing		Moveable	Кеу	Taco Mafia	Taste	NJ Busin	State-Aff
29-FOX	Paid Prog.	NFL Tuesd	lay (N)	Basketball	St. John's a	t Creighton	(N) (Live)	Extra (N)		TMZ (N)		Special	Special
57-CW	Paid Prog.	CBS Sature	day Morning	g (N)		Raw Travel	World's	Sports	Basketball	Kentucky S	tate at Tusk	egee (N)	Athlete
A&E	(11:00) <b>Zo</b>	Everything	Everything	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.	Neighbor.
AMC	(10:15) 😤★→	★★ Jerry Ma	<b>aguire</b> ('96)	(:15) 號★★	The Guardia	<b>an</b> ('06) Asht	on Kutcher,	Sela Ward,	Kevin Costr	ner.	<b>*</b> ★★ Arma	ageddon ('9	8)
CNN	(11:00) <b>Ho</b>	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)	CNN News	room (N)
DISC	Caught!	MECUM Au	uto Auction	(N) (Live)		Expedition	Unknown	Expedition	Unknown	Expedition	Unknown	Digging Inte	o D-Day"
DISN	Hailey	Ladybug	Ladybug	Bluey	Bluey	Bluey	Bluey	Kiff	Kiff	Kiff	Kiff	Big City	Big City
ESPN	(10:00) <b>NF</b>	Basketball	Syracuse at	t North Caro	lina (N)	Basketball	Kentucky at	t Texas A&N	I (N) (Live)	Basketball	Arkansas a	t Florida (N)	(Live)
ESPN2	(11:00) <b>Ga</b>	Basketball	Tennessee	at Georgia (	N) (Live)	Basketball	Virginia at V	Nake Forest	(N) (Live)	Basketball	Kansas Sta	ite at Texas	Tech (N)
FNEWS	(11:00) <b>Ca</b>	Fox News	(N) (Live)	Fox News	(N) (Live)	Fox News	(N) (Live)	Journal Ed	litorial (N)	Fox News	(N) (Live)	The Five	
FX	ਝੇ★ The Wa	aterboy ('98	) Adam San	dler.	¥+★ Supe	r Troopers	('01) Jay		<b>*</b> ★★★ Fre	e Guy ('21)	Jodie Come	r, Ryan Rey	nolds.
HBO	(11:20) ❣★★	Get Smar	t ('08)	(:10) 🈤 Trac	<b>ers</b> ('14) (P	)	(:50) <b>₩★ Fa</b>	antastic Fou	ir ('15) Miles	s Teller.	😤 Going to	Mars: Nikki	Giovanni P
HIST	(11:00) <b>Mn</b>	The UnXpla	ained	The UnXpl	ained	The UnXpla	ained	The UnXpl	ained	The UnXpl	ained	The UnXpl	ained
ION	(11:00) <b>La</b>	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU
	(11:00) 🈤 <b>Gir</b>	I in Room	몇 Girl in th	e Bunker ('	17)	😤 Girl in the	Shed: Kidn	apping of Ab	by Herna	锌 Girl in th	e Basemen	t ('21) Stefa	nie Scott.
		(:05) 號★★ 1	The Compai	ny You Kee	<b>p</b> ('12)	(:10) <b>₩★ Ki</b>	lling Me So	ftly ('02)	(:50) 號★★	The Promis	<b>e</b> ('16) Osca	ır Isaac.	
NBCSPA	H2O X5	NBA Baske	etball			Basketball	Navy at Laf	ayette (N) (l	_ive)	World Pok	er Tour	Football	Benny vs.
NICK	(:45) 🐕★★★	Dora and t	the Lost Cit	y of Gold	(:45) 🐕 ★ ★ 🕏	Shrek Forev	ver After ('1	0)	ਝ਼ੈ★★ The /	Addams Fai	<b>mily</b> ('19)	😤 Madagas	car: Escap
PARMT	(11:00) <b>NC</b>	ਝੈ★★ Four	Brothers ('0	05) Mark Wa	hlberg.	ਝੈ★★★ Cre	ed ('15) Sylv	vester Stallo	ne, Michael	B. Jordan.	🍄 Movie		
TBS	<del>≌</del> ★★ Pinea	apple Expre	e <b>ss</b> ('08) Setl	h Rogen.	(:45) 🐕★★	Ted 2 ('15) S	Seth MacFar	lane, Mark \	Vahlberg.	ਞ਼ੈ★ What ⊦	lappens in	<b>Vegas</b> ('08)	
		11	n in the Sky	· ,		ਝੈ★★ Knigl			( )	(140)	Knute Roo	•	nerican
TNT	(11:00) <b>NC</b>	NCIS: N.O.	"Outlaws"	ື*,★★ Red (	'10) Morgan	Freeman, E	Bruce Willis.	<del></del> ਉ*★★ Red 2	2 ('13) John	Malkovich, E	Bruce Willis.		Movie
USA	Chicago Fi	re	College Ba	sketball VC	U at La Sall	e (N) (Live)	Basketball	Fordham at	St. Bonave	nture (N)	Chicago F	ire	Chi. Fire

#### SATURDAY EVENING **JANUARY 13, 2024** 6 PM 6:30 7 PM 7:30 8 PM 8:30 9 PM 9:30 10 PM 10:30 11 PM 11:30 12 AM CBS News CBS New.. TBA 48 Hours 3-CBS News (N) The Equalizer FBI-Wanted "Chains' News (N) (:35) Sports (:05) Draft Celebrity Jeopardy! News (N) News (N) WorldNe. Phil Auto Show (N) **Celebrity Jeopardy! Celebrity Jeopardy!** News (N) Jeopardy 6-ABC (4:30) Football Wild Card: Teams TBA (N) The Wall (N) America's Got "Qualifiers 2" News (N) Saturday Night Live 10-NBC I Am Paul Walker (N) Delco Duo Mom Mod Fam Mod Fam Big Bang Big Bang Action News at 10 (N) Philler 17-MNT Astrid "The Book' Reporters Chat Box NYC Arts State/Arts Old House Old House The Goes The Goes Celebrity Trip Doc Martin 23-PBS News (N) 29-FOX Special ClassH Special Tip-Off (N) Wm. Basketball Indiana at Iowa (N) (Live) Beat Shazam The Pulse FamFeud FamFeud FamFeud FamFeud Law & Order: SVU The Equalizer SEAL Team WOW - Women Neighbor 57-CW Neighbor. Neighbor. Neighbor. Neighbor. Neighbor. Neighbor. Neighbor. Neighbor. Buddy Valastro's (N) Neighbor. Neighbor. Neighbor. A&E AMC (4:30) 🛠 🛧 Armageddon ('98) Bruce Willis. Sam Worthington. \*\*\*\* 300 ('06) Lena Headey, Gerard Butler. CNN Newsroom (N) **CNN Newsroom** (N) CNN Spec **CNN Spec** CNN Spec CNN Spec CNN Spec CNN Expedition Unknown Expedition Unknown Expedition Unknown Expedition Unknown Expedition Unknown Expedition Unknown Expedition DISC Big City Big City Miraculous Ghost (N) Ghost (N) Miraculous World Ladybug Ladybug Ghost Ladybug Ghost DISN College Basketball Houston at TCU (N) (Live) Basketball Cincinnati at Baylor (N) (Live) Boxing Top Rank Boxing: Beterbiev vs. Smith SportCtr ESPN Basketball Oklahoma State at Iowa State (N) Basketball Drake at Southern Illinois (N) (Live) Basketball USC at Colorado (N) (Live) Aust. Open ESPN2 Fox Report (N) (Live) Weekend (N) (Live) Life, Liberty (N) One Nation (N) FOX Saturday (N) Gutfeld! Weekend FNEWS State Simpsons Movie ('07) \*★★★ The Bob's Burgers Movie ('22) (P) \*★★★ The Bob's Burgers Movie ('22) Movie FX. (:15) \*\*\* XXX: State of the Union ('05) ₩★★ The A-Team ('10) Liam Neeson. ★★ Meg 2: The Trench ('23) Jason Movie HBO The UnXplained The UnXplained (:05) UnBelievable (:05) UnBelievable The UnXplained The UnXplained UnXplain HIST Law & Order: SVU Law & Order: SVU Law & Order: SVU ION Law & Order: SVU Law & Order: SVU Law & Order: SVU Law-SVU F Girl in the Closet ('23) Remy Ma. . (P) Girl in the Video (24) Cush Jumbo. (:05) 😤 Black Girl Missing ('23) CIFE Movie (:35) <sup>•</sup> \* ★ ★ Paycheck ('03) Ben Affleck. to Kill ('14) Kevin Costner. (:35) \*\*\* \* Pathology MAX NHL Hockey Philadelphia Flyers at Winnipeg Jets (N) Postgame (N) (Live) Football NLL Lacrosse NBCSPA Birds Pregame (5:15) 😤 Madagascar: ... Friends Friends Friends Friends Friends Friends Friends NICK PARMT (4:30) 🐕 Movie ★★★★ The Italian Job ('03) Mark Wahlberg. Movie P What Happens in V... (:15) \*\*\* Bad Teacher ('11) Cameron Diaz. Big Bang Big Bang Big Bang Big Bang 👯★★ Bad Teacher ('11) TBS ★★ Up Periscope ('59) James Garner. ₩★★★ Mississippi Burning ('88) (:15) ♥★★★ The Boston Strangler ('68) Movie TCM (5:30) F ★★ The Accountant ('16) Ben Affleck. All Elite Wrestling: Collision (N) (Live) Wrestling (N) (SP) IND (5:30) Chi... Chicago Fire Chicago Fire (N) USA

SUND	AY AF	TERNO	DON								JANU	ARY 14	, 2024
	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
3-CBS	Kickoff	To Be Ann	ounced					Formula E	(N)	To Be Ann	ounced		
6-ABC	Inside	Action Nev	<b>ws</b> (N)	Red Carpet	Spanish Su	uper Cup So	occer Final:	Teams TBA	(N) (Live)	Phil Auto S	Show	Action Nev	vs 5PM (N)
10-NBC	Issue	Skating Eu	uropean Cha	mpionships,	, Exhibition	Supercros	s Monster E	nergy Serie	s, Round 2	PGA Golf S	Sony Open,	Final Round	(N) (Live)
17-MNT	Paid Prog.	Basketball	I Miami at No	otre Dame (N	N) (Live)	The Good	Doctor	Goldbergs	Goldbergs	Two Men	Two Men	Philler	Sheldon
23-PBS	Think Tank	State-Aff	Darley	Lidia	Milk	Kitchen	Sara's	Just One 1	hing		Aging Bac	kwards 4	Doo Wop
29-FOX	Draft	Paid Prog.	Paid Prog.	NFL Footb	all Wild Care	d: Teams TE	BA (N) (Live)	)		Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.
57-CW	Paid Prog.	World Cha	ise Tag	Storm of S	uspicion	SOS: How	to Survive	Paid Prog.	Paid Prog.	Fast: Home	e Rescue	CBS E-Tea	<b>m</b> (N)
A&E	(11:00) <b>Zo</b>	Zombie Fli	ip	Customer	Customer	Customer	Customer	Customer	Customer	The First 4	8 "Innocents	s Lost"	
AMC	(8:30) <b> Bra</b>	aveheart	∯★★ Clasl	h of the Tita	<b>ins</b> ('10) Sar	m Worthingto	on.	ਿ਼*★★★ 300	('06) Lena I	Headey, Gei	rard Butler.		Movie
	(, .	State of U	-	Fareed Zal	karia GPS	CNN News	room (N)	CNN News	( )	CNN News	( )	CNN News	( )
DISC	(11:00) <b>Mo</b>	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Naked and	Afraid	Homestead	d Rescue "D	Denali Doubl	e Rescue"
DISN	· · /	(:15) Ghost	, ,	, ,	, ,		Hailey	Hailey			υ,	<b>,</b>	Big City
ESPN	( )		<b>-L</b> (N) (Live)		0		( )		etball LSU a	( )	/ -/	Wm. Baske	
	(11:00) <b>Wo</b>		()())	Basketball	Memphis at	-	( )	Basketball	Liberty at Lo				
	( )	Fox News	()()	Fox News		Fox News	( )	Maria Bart		Fox News	()())	FOX Satur	,
	(10:00) <b>뿎 Ca</b>	•			e Avengers	· · /	'	,			engers: Age	,	,
			h ('23) Ezra l		¥★★★ Ava		<u> </u>	( )	· · · · ·		(:45) 😤 ★ ★ •		( )
	(11:00) <b>Buil</b>				When One E	,	r Begins"	Pawn Star	-	Pawn Stars	-	Pawn Star	-
ION	(11:00) <b>NC</b>			NCIS		NCIS		NCIS "Sun		NCIS "1mm		NCIS "The	
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	(11:00) <b>Bar</b>			Bar Rescu	-	Bar Rescu	-	Bar Rescu	-	Bar Rescu	-	Bar Rescu	-
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	Movie	( )	+ The Clock	· · · ·		1.1		s Wild ('36)		•	. ,		₩ Gypsy
	( )		b Raider ('18	,	,	-		ptain Ameri		( )			Movie
USA	Chrisley	Law-SVU "	'Intoxicated"	Law-SVU "	Haystack"	Law & Ord	er: SVU	Law-SVU "	Svengali"	Law & Ord	er: SVU	Law & Ord	er: SVU

SUND	AY EV	ENING									JANU	ARY 14	, 2024	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	CBS News	News (N)	60 Minutes	s (N)	Yellowstor	ne (N) (SP)	Yellowstor	ne (N)	Yellowstor	ne (N)	News (N)	(:35) <b>Sports</b>	Turning	
6-ABC	News (N)	WorldNe	Fun Videos	s (N)	Fun Videos	s	<u></u> ***★ The	Lion King	('94) Matthe	W	News (N)	Sports (N)	Auto Show	
10-NBC	News (N)	NBC News	Extended	Football	(:15) <b>NFL F</b>	ootball Wild	Card: Tean	ns TBA (N) (	(Live)			News (N)	(:05) Eagles	
17-MNT	Awards (N	) (Live)	29th Annua	al Critics' C	hoice Awar	ds (N) (Live	e)		Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Seinfeld	
23-PBS	(5:30) <b>Doo</b>	Wop, Pop			Black Broa	adway			Elvis Presl	ley		Just One T	hing	
29-FOX	Basketball	Georgetowr	n at Connec	ticut (N)	To Be Ann	ounced			News (N)		News (N)	Extra (N)		
57-CW	Mentoring	Kings (N)	FamFeud	FamFeud	CBS News Sunday Morning (N) Who Stole			Major Crim	nes	WOW - Wo	men	King		
A&E	First 48 "Th	ne Standoff"	First 48 "Fr	reestyling"	The First 4				The First 4	8	(:05) The F	irst 48	(:05) First48	
AMC	(5:30) 🐕★★	★ Gladiator	r Joaquin Ph	noenix, Russ	sell Crowe.		Spade "Epi	sode 1" (N)	(P)	(:35) ∰★★★	Gladiator	Russell Crov	we.	
CNN	CNN News	room (N)	CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec	
DISC	Homestead	d Rescue "⊺	exas Rift" (N	N)	Homestead	d Rescue "L	and of Fire	and Ice" (N)	Homestead	d "Trapped"	Homestea	d Rescue	Homestea	
	• •	Big City Big City Big City			^		<b>lovie</b> ('05)	Marvel's	Marvel's	Marvel's			Ladybug	
	· /	Basketball	2024 Austr	alian Open	Tennis Firs	t Round (N)	(Live)				SportsC. (	N) (Live)	SportCtr	
ESPN2	(5:30) <b>HS B</b>	asketball	ESPNFilms	Boy's High	School Ba	sketball	ESPN Film	-	-		Aust. Oper	n First Roun	d (N) (Live)	
FNEWS	Fox Repor	( ) ( )	Weekend (	, , ,	Life, Libert		Sunday Nig		Weekend		Life, Liber	ty & Levin	Sunday	
	(4:00) <b>😤 Ave</b>	-	11	•	• • •		s, Mark Ruffa		,			lgame ('19)		
HBO	(4:45) 🈤 <b>Jur</b>	assic World	(:55) 號★★★	Barbie ('2	, 0		True "Part		True "Part	1"	True "Part	(:05) <b>True</b>		
	Pawn Stars	-	Pawn Stars	-	Pawn Stars	-	Pawn Stars	6	(:05) <b>Pawn</b>		(:05) Pawn Stars		PawnStars	
	NCIS "True		NCIS "Wint		NCIS "Wate	0	NCIS		NCIS "Gut	Punch"	NCIS "San	gre"	NCIS	
		/ Seduced (	,				ol Murders	· / · /	(:05) <b>¥ Cru</b>		( )		Movie	
MAX	· · · ·	kstabbing f	· · · · · · · · · · · · · · · · · · ·	. ,	<b>**</b> ★★ Pre	( )			Black Mas	. ,	,	(:50) 🈤 Slic	( )	
		Go Racing		eld Sharks v					etball Stony			Poker Nigh	-	
		c the Hedge	<b>hog</b> ('20)			SpongeB		Friends		Friends	Friends		Friends	
	Bar Rescu		Bar Rescu	-	Bar Rescu		Bar Rescu	-	Bar Rescue		Bar Rescu		BarRescue	
	· / /	nger Game			Big Bang	0 0	Big Bang					*★★★ The Hunger Gam		
		★ Gypsy ('6	-								Bride ('91) Steve Martin. Movie			
A 111-A	(5.20) . ++	* Doctor S	trange (116)		. **★★ Thor: Ragnarok ('17) Chris Hemsworth.					(:45) <b>फ़ ★ ★ ★ Thor: Ra</b>				
	(3.30) ** * * Law-SVU "		Law-SVU "		Law & Ord	•	Law & Ord		Law & Ord		Law & Ord		Law-SVU	



### FOLKS STOPPED BY ANGLESEA ALEWORKS IN WILDWOOD TO PLAY SOME HONKY PONG & ENJOY SOME DELICIOUS BREWSI



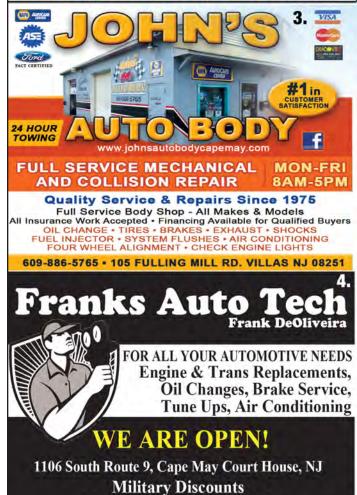
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### LIFE-SAVING TIPS TO SHARE WITH YOUR YOUNG DRIVERS

Heavy rains, sleet, driving snow? Winter can be a nail-biter for experienced drivers. According to the National Safety Council, teen & young drivers are particularly at risk since they generally lack experience of navigating inclement roads. They are not familiar with the risks of winter travel. Some preparation can help young & new drivers reduce their chances of becoming involved in a crash & help lower their risk of injury. For starters, NSC suggested having a winter driving conversation with your teen. Explain to teens about the dangers you have encountered, what they can expect, & help them make safe decisions. NSC offered the following tips to discuss with your teen & young drivers.

#### **Prepare for Inclement Weather:**

Preparation for winter driving begins with an emergency road kit. If you live or drive to an area with snow, include a snow shovel. Also make sure to bring an extra phone charger/brick, especially if you are traveling in areas where you may be stranded without power.

Winter-specific maintenance items every young driver should understand:

- · Test your Battery, battery power drops as the temperature drops.
- · Make sure the cooling system is in good working order.
- Have winter tires with a deeper, more flexible tread put on your car. If using all-season tires, check the tread on your tires & replace if less than 2/32 of an inch.
- All-season tires, check the tread on your tires & replace it less than 2/32 of an inc Check the tire pressure; tire pressure drops as the temperature drops.

Check your wiper blades & replace if needed. Look for frayed edges, hardened rubber, & scraping across the windshield. If you live or drive to cold regions, add wiper fluid rated for below freezing temperatures.

· Clear away ice & snow before every drive.

#### Avoid Unnecessary Errands:

Simple errands can turn into accidents in a hurry during a storm. Remind your teen & young drivers to avoid travel unless necessary.

· Keep the pantry full of supplies early.

• Take a few minutes to consider whether change of plans may be a better decision than forging ahead.

 For important trips, leave extra time & try to leave early in the day. Roads are generally clearer when the sun has had a chance to warm roads compared to driving in evening hours.

• Driving to a destination during a snowstorm, especially far from home, does not provide the safest environment for learning how to navigate winter driving. If they do encounter this, advise them to drive slowly even if in a hurry.

 Advise your teen to keep plenty of distance between their car & the vehicle in front of them. NSC advise 8-10 seconds of distance between wehicles during a storm.





MONE	DAY EV	ENING	à								JANU	ARY 15	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	NCIS "Hea	d Games"	NCIS "In th	e Spotlight"	NCIS		News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Countdo	NFL Footb	all Wild Car	d: Teams TE	BA (N) (Live	)			News (N)	J.Kimmel
10-NBC	News (N)	NBC News	News (N)	Hollywood	America's	Got "Qualifi	ers 3" (N)	ers 3" (N)		The Irrational		(:35) <b>J. Fall</b>	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Legacy	뿢 I Am ML	<b>K Jr.</b> ('18) (F	<sup>2</sup> )		Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Rivers "Da	nube"	Secrets of	the Dead	Searching	-Воу	NJ Spotl	One on O	Newsline
29-FOX	(5:00) <b>PBA</b>	Bowling	Extra (N)	TMZ (N)	75th Prime	etime Emmy	Awards (N	I) (Live)			News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	iia (N)	48 Hours (	urs (N) Law-SVU		Class"	Neighbor	Neighbor	King
A&E	The First 4	8 "M.I.A."	The First 4	8	Hoarders "	'Bob" (N)			Secrets of	(N)	(:05) The F	irst 48	Hoarders
AMC	(4:00) 😤 Star	Trek Into	<b>≌</b> ★★★ Mei	n in Black ('	97) Tommy	Lee Jones.	<b>柴★★</b> Men	in Black II (	('02) Tommy Lee Jones.		<pre>%★★ Men in Black 3 (*</pre>		12)
CNN	CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec		CNN Spec
DISC	Contraban	ontraband: Seized Contraband: Seized				d: Seized	Contraban	d: Seized	Caught!	Caught!	Caught!	Caught!	Contraba
DISN	(:15) ❣★★★	Tangled ('	Tangled ('10) Mandy Moore.			nds	Ghost	Ghost	Ladybug	Ladybug	LEGO Frie	nds	Ladybug
ESPN	Monday Ni	ght Countd	own (N) (Liv	ve)	NFL Footb	all Wild Car	d: Teams TE	BA (N) (Live	)		Postgame	SportsC. (1	N) (Live)
ESPN2	SportsCen	ter	SportCtr (N	N) (Live)	Football Super Wild Card with Peyton and Eli: Teams TBA					(N) (Live)	Postgame	Australian	Open
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (Live) Hannity (N) (Live)			Gutfeld! (N	1)	Fox News	(N) (Live)	The Five	
FX	(4:00) 🈤 <b>Gr</b>	een Book	₩★★★ Hid	den Figure	s ('16) Octavia Spencer, Taraji P. Henson. 🛛 😤★★					Hidden Figures ('16) Taraji P. H			
HBO	(5:25) 號★★	★★ The Da	rk Knight ('	08)	True "Part 1" (:05) 號★★★ Our Idiot				Brother (:40) ♥★★ Get Smar			'08) Steve C	arell.
HIST	History's-M	lysteries	History's-M	lysteries	History's-M	<b>/lysteries</b> "T	itanic's Lost	Evidence"	(:05) Myste	ries "Exped	ition Bermud	Mysteries	
ION	Criminal "E	Broken"	FBI "Outsid	ler"	FBI "Undise	closed"	FBI		FBI "Salvat	ion"	FBI "Ties T	'hat Bind"	FBI
	Castle		Castle "Hea	ad Case"	Castle		Castle		(:05) Castle	e "Demons"	(:05) Castle	)	Castle
MAX	(5:50) 😤★★	★ Knocked	<b>Up</b> ('07) Se	th Rogen.	¥*★ Life Λ	After Beth ('	14)	₩★ Buffy	the Vampire	e Slayer	(:55) <b>¥ Sca</b>	ry Movie	Movie
NBCSPA	Birds (N)	Fantasy Fo	ootball (N)	Pregame	NHL Hock	<b>ey</b> Philadelp	hia Flyers at	t St. Louis B	lues (N)	Postgame	(N) (Live)	Birds	Basketball
NICK	(4:30) 😤 Son	ic the Hed	Danger Fo	rce	SpongeB	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	(5:00) 🈤 Ind	liana Jones	and the La	st Crusade	<b>**</b> ★★★ Β	aiders of th	e Lost Ark	('81) Harriso	on Ford.	<del>≌</del> ★★★ Ind	iana Jones	and the Las	st Crusade
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	American	American	American	American	American
TCM	ື*★★ No ₩	ay Out ('50)	) Richard Wi	idmark.	<b>★★★★ King: A Filmed Record Montgomery to Memphis</b> ('70) (P)						(:15) ∰★★★ I am not your negro		
TNT	Basketball	Golden Sta	te Warriors a	at Memphis	Grizzlies In NBA (N) (Live) Shaq Life Shaq Life					£*★★ Bla	lack Panther ('18) Chadwick		
USA	9-1-1 "Blind	lsided"	9-1-1 "Pare	nthood"	WWE Mon	day Night R	AW (N) (Liv	ve)			Barmaged	don (N)	9-1-1

TUES	DAY E	VENIN	G								JANU	ARY 16	, 2024	
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	
3-CBS	News (N)	CBS News	Inside Ed.	<b>ET</b> (N)	NCIS: Sydi	n <b>ey</b> (N)	FBI "Sister	hood"	FBI: Int "Tr	ust"	News (N)	(:35) Colbe	rt (N)	
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Jeopardy!	(N)	Murders	Murders	(:20) Murde	ers (N) (SF)	News (N)	(:35) <b>J. Kim</b>	mel (N)	
10-NBC	News (N)	NBC News	News (N)	Hollywood	Night (N)	Extended	La Brea (N	)	Found (N)	(SF)	News (N)	(:35) <b>J. Fall</b>	on (N)	
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Inside NFL	Week 19	WhoseLine	WhoseLine	Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Two Men	
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Doc Martin	(:50) <b>River</b>	•	•	Great Perfe	ormances	NJ Spotl	Here's	Newsline	
29-FOX	The Six	The 215	Extra (N)	TMZ (N)	Name That	Tune (N)	The Floor	(N)	News (N)		News (N)	Phantastic	Person	
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	ia (N)	48 Hours (	N)	Law-SVU "	Venom"	Neighbor	Neighbor	King	
									Customer					
AMC	(5:15) <b>⅔★ G</b>	Gone in 60 S	Seconds Nic	olas Cage.	਼ੈ*★★ The ⊡	Day After To	omorrow ('C	94) Dennis C	uaid.	਼ੈ*★★ The	Fifth Elem	<b>ent</b> ('97) Bru	ice Willis.	
	Situation (	,,,,,	OutFront (	N) (Live)	•	( ) ( )		( ) ( )	<b>CNN</b> (N) (L	,	Laura (N) (	Live)	Cooper360	
	Moonshine		Moonshine			ers "Beer Be		(N)	Big Little (I	N)	Moonshine		Moonshine	
DISN	Kiff	Kiff	• •	3	-			Ladybug		Ladybug	Villains	Villains	Ladybug	
	SportCtr (N	, , ,			ennessee (N	, ( )			Oklahoma St	( )	SportCtr (1	N) (Live)	SportCtr	
ESPN2	ESPN BET	(N) (Live)	Basketball	Syracuse a	t Pittsburgh	(N) (Live)	2024 Austi	ralian Open	Tennis Sec	ond Round	(N) (Live)			
	Bret Baier	()()	Ingraham (		()((),			Gutfeld! (N	,	Fox News	()())	The Five		
	· //· •	der-Man: F				( )		( )	Fargo (N) (SF)		(:05) Fargo "Bisquik"		(:15) <b>Fargo</b>	
	(4:55) 🈤 Mai		(:10) Hard H		₩★★ Meg 2		( )		True "Part 1"		(:05) <b>* ★ ★ ★ Mad Ma</b>		Fury Road	
	Curse of O		Curse of O		Digging De	• • • •	Oak Island (N)		(:05) Bermuda (N)		(:05) Oak Is		Digging	
	Chicago Fi		Chicago Fi		Chi. Fire "F	Purgatory"	Chi. Fire "[	Deathtrap"	Chicago Fi		Chicago F		Chi. Fire	
	Castle "Kill		Castle "Cut		Castle		Castle		(:05) Castle		(:05) Castle		Castle	
			<b>ath</b> ('16) Joh		<b><del>≌</del>★★ Freed</b>	,			Hustle & F			(:50) 🛠★★		
	Birds (N)	Life (N)	Birds					phia Wings		Fantasy Fo	( )	The Best S		
NICK	LoudHou	LoudHou			SpongeB			Friends		Friends	Friends	Friends	Friends	
PARMT	Two Men	Two Men					,	s, Tom Cruis		😤 Movie	1	1		
	Big Bang	Big Bang	• •	0	• •	0	0 0	Big Bang	Big Bang	0 0		Mod Fam		
TCM	ü u		<b>r Gun</b> ('50)								e Enemy Below ('57) (:45) <b>∵ ★★ Anzio</b> ('68)			
TNT	(4:00) 🈤 Bla		,		ketball Denver Nuggets at Philadelphia 76ers (N) NBA Bask									
USA	Law & Ord	er: SVU	Law-SVU "	Class"	WWE NXT		(:10) <b>* ★★★ True Lies</b> ('94) Arnold Sch				00			

WEDN	IESDA	Y EVE	NING								JANU	ARY 17	, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	ET (N)	Price Is Rig	ght (N)	Raid the C	age (N)	FBI True (N	V)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	NBA (N)	Basketball	Dallas Mav	ericks at Los	s Angeles La	akers (N)	News (N)	(:35) <b>J. Kim</b>	mel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Chicago M	ed (N) (SP)	Chicago F	ire (N) (SP)	Chicago P	.D. (N) (SP)	News (N)	(:35) <b>J. Fall</b>	on (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Wild Cards	s (N) (P)	Family Lav	<b>v</b> (N) (SP)	Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Treasures	Table	Miss "Elysi	um"	All Creatur	res Great	NJ Spotl	Drive	Newsline
29-FOX	The Six	ClassH	Extra (N)	TMZ (N)	I Can See (	(N)	We Are Fa	mily (N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	ia (N)	48 Hours (	N)	Law-SVU "	Fault"	Neighbor	Neighbor	King
			Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Booked (N	)	CourtCam	CourtCam	CourtCam
AMC	(4:30) 😤 Day	After	<b>ື∺★★</b> Arma	<u> </u>	, ,	Thornton, Liv				X	r Trek Into	Darkness ('	13)
	Situation (		OutFront (	, ( )	•	<b>0</b> (N) (Live)		.,.,	-	( )	Laura (N) (	,	Cooper360
DISC	Expedition		Expedition	Unknown	Expedition	Unknown	Expedition		Expedition	Unknown	Expedition	Unknown	Expedition
DISN	Kiff	Kiff	Big City	Big City	Ghost	Ghost	Ghost	Ghost	, 0	Ladybug	Bunk'd	Bunk'd	Ladybug
ESPN	SportCtr (N	N) (Live)	NBA (N)	Basketball	Milwaukee	Bucks at Cle			-		SC at Arizon	a (N) (Live)	SportCtr
ESPN2	Around	Pardon			State at Ker		2024 Austi	ralian Open	Tennis Sec	ond Round			
	Bret Baier		Ingraham (		Jesse (N) (	,	Hannity (N	, ( ,	Gutfeld! (N	/	Fox News	()()	The Five
	(IO4)		an: No Way		~	om: Let The		<b>U</b> ( )		• • • •	Morena Ba	ccarin, Ryan	Reynolds.
	· / /	igs of New	(:55) <b>True</b> "		~	You See Me	. ,	0			. ,		Movie
	American I		American I		American I			Pickers (N)	· · /	( )	(:05) <b>Picke</b>		Pickers
	Blue Blood		Blue Blood	ls	Blue Blood		Blue Blood		Blue Blood		Blue Blood		Blue Blood
	Castle "Lin		Castle			First Sight	( )	(:35) Brides	( )	Married	(:05) <b>Prisor</b>		Married
	· / ··	Big Momma			ਞ਼+ Zookee	<b>eper</b> ('11) Ke	evin James.			. ,	. ,	Election (	,
		Birds	The Best S					·	Birds	In. Golf	Bensinger		Poker
NICK			Danger			SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men			¥ Movie						😤 Movie		
	•	•••	•		All Elite Wrestling: Dynamite (N) (Live) Mod Fam Mod Fan								Mod Fam
	· / ··	Soldiers Th	( )									Movie	
	Lucifer										<b>**</b> ★★ Tra	· · /	
USA	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU (N)	Law & Ord	er: SVU (N)	Law & Ord	er: SVU (N)	Law & Ord	er: SVU (N)	Law-SVU

THUR	SDAY	EVENI	NG								JANU	ARY 18	8, 2024
	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM
3-CBS	News (N)	CBS News	Inside Ed.	<b>ET</b> (N)	Sheldon	Ghosts	SEAL Tea	<b>m</b> (N)	SEAL Tear	<b>n</b> (N)	News (N)	(:35) Colbe	rt (N)
6-ABC	News (N)	WorldNe	Jeopardy!	Wheel (N)	Press You	r Luck (N)	New Hamp	oshire (N) (L	ive)		News (N)	(:35) <b>J. Kim</b>	imel (N)
10-NBC	News (N)	NBC News	News (N)	Hollywood	Law & Ord	ler (N) (SP)	Law-SVU (N) (SP) Law & O			<b>er</b> (N) (SP)	News (N)	(:35) <b>J. Fall</b>	<b>on</b> (N)
17-MNT	Goldbergs	Big Bang	Big Bang	Goldbergs	Son of a	Conners	Conners	Children	Action Nev	ws at 10 (N)	Mod Fam	Mod Fam	Two Men
23-PBS	America	NJ Spotl	One on O	NJ Spotl	Finding Yo	our Roots	Making "E	pisode 2"	Inheritance	e	NJ Spotl	State/Arts	Newsline
29-FOX	The Six	Kelly (N)	Extra (N)	TMZ (N)	Hell's Kitc	hen (N)	Gordon Ra	amsay's (N)	News (N)		News (N)	Phantastic	Person
57-CW	FamFeud	Puzzler	FamFeud	FamFeud	Philadelph	nia (N)	48 Hours (	N)	Law-SVU "	Fat"	Neighbor	Neighbor	King
A&E	The First 4	8	The First 4	8	The First 4	<b>18</b> (N)	Taking the	e Stand (N)	(:05) <b>Under</b>	cover (N)	(:05) The F	irst 48	(:05) First48
AMC	(3:30) 🈤 Arı	mageddon	<b>₩★★★</b> Gla	<b>diator</b> Joaq	uin Phoenix, Connie Nielsen, Russell Crowe.						e: Los Ang	<b>eles</b> ('11) Aa	iron
CNN	Situation (	N) (Live)	OutFront (I	N) (Live)	Cooper 36	<b>0</b> (N) (Live)	The Sourc	e (N) (Live)	CNN Spec		CNN Spec		CNN Spec
DISC	Sinkholes		Sinkholes		Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!	Caught!
DISN	Kiff	Kiff	Big City	Big City	Hailey	Hailey	Marvel's	Ladybug	Ladybug	Ladybug	Jessie	Jessie	Ladybug
ESPN	SportsCen	ter	College Ba	sketball Te	ams TBA (N	N) (Live)	2024 Aust	ralian Open	Tennis (N)	(Live)			
ESPN2	The Point		College Ba	i <b>sketball</b> Te	ams TBA (N	N) (Live)	Basketball	I Oregon Sta	te at Utah (N	N) (Live)	SportCtr (I	N) (Live)	SportCtr
FNEWS	Bret Baier	(N) (Live)	Ingraham (	N) (Live)	Jesse (N) (Live) Hannity (N) (Live) Gutfe				Gutfeld! (N	I)	Fox News	(N) (Live)	The Five
FX	(5:30) 🐕★★	★ Deadpoo	I ('16) Ryan	Reynolds.						<b>*</b> ★★★ Dea	adpool 2 ('1	8) Ryan Rey	nolds.
HBO	¥*★ Lawl	ess ('12) Sh	ia La Beouf.	(P)	True "Part 1" (:05) <b>**★★★ Avatar: Th</b>				ne Way of W	/ater ('22) S	am Worthin	Movie	
HIST	Swamp Pe	ople	Swamp Pe	ople	Swamp Pe	eople "Hot as	s Hell" (N) (:35) Swam		ip (N) (:35) Swan		mp "Cruel Summer"		Swamp
ION	Chicago "A	Way Out"	Chicago "H	lome Safe"	Chicago P	P.D. "Lies"	Chicago "To Protect"		Chicago "Still Water"		Chicago P.D.		Chicago
CIFE	Castle "47	Seconds"	Castle "The	e Limey"	Castle "He	adhunters"	Castle		(:05) Castle	e "Always"	(:05) Castle	9	Castle
MAX	ਝੇ <b>★★</b> 3 Day	/s to Kill ('1	4) Kevin Cos	stner.	<del>≌</del> ★★★ Kn	ocked Up ('0	07) Seth Ro	gen.	(:10) ❣★★★	l Love Yo	<b>u, Man</b> ('09)	Paul Rudd.	Movie
NBCSPA	Birds (N)	Pregame	NHL Hocke	ey Dallas Sta	ars at Philac	delphia Flyer	s (N) (Live)	Postgame	(N) (Live)	Birds	S. Joyner	Birds	NHLHock
NICK	LoudHou	LoudHou	SpongeB	SpongeB	SpongeB	SpongeB	Friends	Friends	Friends	Friends	Friends	Friends	Friends
PARMT	Two Men	Two Men	Two Men	Two Men	😤 Movie							😤 Movie	
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	<b>ਝ ★ Grown</b>	<b>Ups</b> ('10)	
TCM	(5:00) 號★★	★★ The Be	st Years of	Our Lives	The Power of Film (N) ♥★★★ The Big Lebowski ('98) Jeff Bridges.						(:15) <b>Power N</b>		Movie
TNT	(4:00) 😤 Tra	ansformers	Tip-Off (N)	Basketball	I Chicago Bulls at Toronto Raptors (N) (Live) Basketball Memphis G						Grizzlies at Minnesota Timberwolves		
											Sweet Home Alabama ('02)		





## DO YOU KNOW THIS PERSON?



LAST WEEK: DREW from HOLLAND'S WINNER: CANDICE MCCAFFERY

If so you could win a \$20 Gift Certificate to JOEY M'S La Piazza @ 3813 Pacific Ave in Wildwood!
Fill out the coupon below and mail to Jersey Cape Magazine, P.O. Box 885 Wildwood, N.J. 08260,
or email your guess to tvjerseycape@comcast.net - SUBJECT LINE "CHARACTER GUESS"
Each week, all coupons will be put into a drawing.
The winner's name will be printed in our next issue.
*DIFACE ONLY 1 WINNED DED HOUSEHOLD EVERY 20 DAVE*

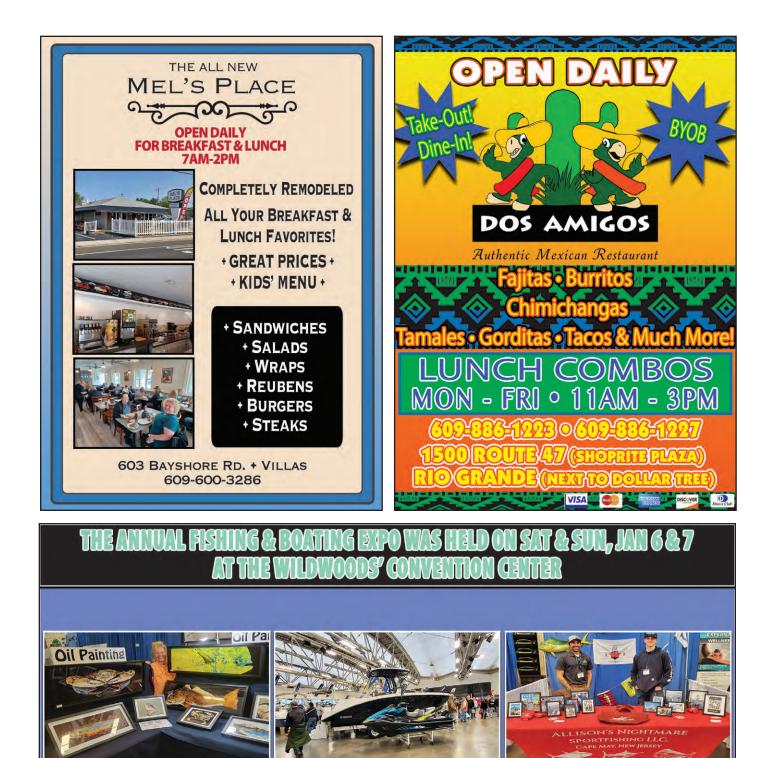
	*PLEASE ONLY 1 WINNER PER HOUSEHOLD EVERY 30 DAYS*
	Jersey Cape Character of the Week Contest
Name:	

Address:\_

City/State/Zip:\_

Guess for Character:\_

\_ from\_







FREEDOM BOAT CLUB



### CONSUMER REPORTS OF SICK & DYING DOGS & CATS LINKED TO PURINA Submitted by Patsy Nelson

from The Wagging Tail

Should that be surprising? Not to consumers who read the ingredient panels on the back of bags and have the curiosity and perseverance to analyze what all the jargon is revealing or hiding. And just because the food may say FDA approved, it is not necessarily a beneficial product. Remember how for over two years the FDA denounced grain-free foods as having a connection to Dilated Cardio Myopathy (enlarged hearts in dogs) and then finally declaring that they had NO CONCLUSIVE EVIDENCE. Some breeds are genetically prone to DCM. A yearly check-up can monitor a possible problem. Or just give your dog extra sardines to ensure the dog is getting enough taurine.

The other day I came across another Purina full-page ad in Reader's Digest and it inspired me to relay the recent uproar over Purina Pro Plan, a food which I have often blasted as well as all Purina Products in general, and why so many vets irresponsibly recommend them to their clients when there are more reliable and healthier product available. MONEY TALKS is the only answer I can come up with. This ad which I picture here misleads the consumer in so many ways. They lead one to believe that Purina sources all their products in the USA: under the map-Always Crafted in the USA. Does "crafted' make you think of artisans or beer? What a clever Purina ad campaign. The dictionary states that crafted means skilled in deception or evasion!

It cannot be confirmed that Purina is experiencing a problem because a RECALL has not yet been announced. But since the beginning of the new year, numerous pet owners reported sick or dead pets that had been eating Purina Dog Food, in these cases Pro Plan. One source stated that they had received messages about "82 dogs, and 14 cats" that were sick and "10" deaths. And Purina has a history of not always being cooperative with full disclosure. The Facebook group Saving One Pet @ A Time is documenting all complaints they receive (according to the blog I read.) Or check out www.Petsumer Report.com. This number has already increased to 151 sick dogs and cats and 51 deaths.

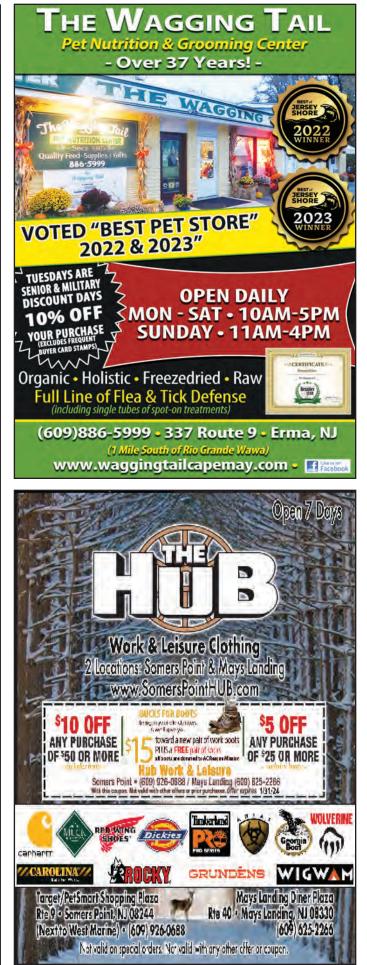
Ingredients are supposed to be listed in order of the most to the least in the amount you should find in the bag. The first ingredient in the Purina SKU in this ad is Whole Grain Corn. That means you would be feeding your dog a lot of corn, which is not easily digestible and a great cause of allergies, along with Corn Gluten Meal, Soybean Meal, Whole Grain Wheat and or artificial colors (some of which are banned in European countries which act responsibly toward humans and their pets.) No respectable pet food company would taint their food with any of the above ingredients. Or put in meat and bone meal from unnamed animal sources. Nor would they include any by-products or Animal Digest (which is the undigested food inside the stomach of the destroyed animal carcass.) Dogs, however, find this quite appealing and would even eat cardboard if sprayed with Animal Digest.

More about this concern with Purina Pro Plan as events develop. If your cat or dog is eating Purina Products and becomes sick report it to consumer affairs and see your vet immediately.

Voting for your favorite restaurant, auto mechanic, nail salon and of course pet store, begins Jan. 17th. Go to thebestofjerseyshore.com.



Thank you for being a continued customer even in these hard financial times. Better to feed better than spend on remedies or vet bills.





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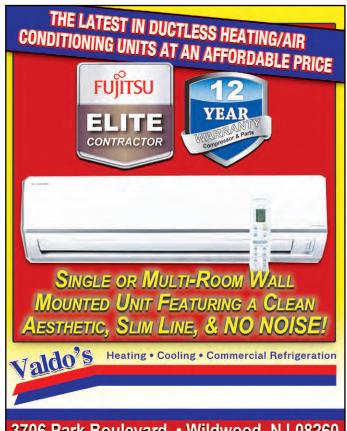
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